

2015 WESTERN NEW YORK

SUPPORT GROUP

DIRECTORY

SUPPORT
EDUCATE
CONNECT
EMPOWER



PARENT NETWORK OF WNY

 (716) 332-4170

 info@parentnetworkwny.org

 www.parentnetworkwny.org

 @ParentNetwork

 @PNWNY

WNY SUPPORT GROUP DIRECTORY 2015

The Support Group Directory is a resource for individuals with disabilities and their families, as well as service providers. This directory contains a wide variety of groups offering a range of supports. It can point you in the right direction, but it can't answer all your questions. For the groups that interest you, please call or email the contact listed. It is not a directory of "self-help" groups. Check websites to learn how a specific group could support the needs of a family or individual. We encourage you to speak with the group's contact person to ensure that you are comfortable with the group's format and topics.

Every effort has been made to make sure that the information in this directory is current and accurate. Support Group information changes frequently, however, and users should always verify meeting dates and times.

If you would like to add, update or remove information for any group, please use the form in the back of the directory and mail to:

Parent Network of WNY
1000 Main Street
Buffalo, NY 14202

For the electronic version of this change form and the electronic version of this directory, please go to:

www.parentnetworkwny.org

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ADOPTION/FOSTER CARE

Adoption Resource Center Support Group

Meet others who share the daily challenges & rewards of parenting adopted children & teens. Pre & post-adoptive parents welcome.

Erie

Karen Kelley

(716) 848-6419

kkelley@hillside.com

www.hillside.com

Garden View Restaurant, 1744 Union Road, West Seneca NY

Meeting Times:

6:30 pm-8:30 pm

Meeting Day of the Month:

Last Tuesday

or

Denny's on Delaware Avenue & Linden, Buffalo

Meeting Times:

11:00 am - 1:00 pm

Meeting Day of the Month:

2nd Wednesday

Adoptive Parents & Kids Support Groups

Adoptive parents come together & share common stories while supporting one another, while their adoptive children meet with other adoptive kids to help promote their social skills.

Erie

Leah Rush

(716) 834-9413 ext. 211

North Buffalo Community Center

203 Sanders Road, Buffalo NY 14216

Meeting Times:

5:30 pm-7:30 pm

Meeting Day of the Month:

2nd Wednesday

Erie County Foster & Adoptive Parents Advisory Board, Inc.

Membership is open to all Erie County foster/adoptive parents to discuss issues & concerns & to improve communication. Child care provided with one week notice.

Erie

(716) 858-1630

ecfapab@gmail.com

www.ecfapab.weebly.com

478 Main Street, Room 501, Buffalo, NY 14202

Meeting Times: Please contact for date and times

Adoption Support and Preservation (ASAP) Group

Niagara

Jeff Ribbeck

(716) 439-5436

66 Stevens Street, Lockport, NY 14064

Meeting Times:

6:00 pm-8:00 pm

Meeting Day of the Month:

3rd Wednesday

The Morlock Foundation

Foster Parent Advocacy through our focus programs.

Erie

Carmaletta Zandi

(716) 842-1300

President@morlockfoundation.org

www.themorlockfoundation.org

2323 Main Street, Buffalo, NY 14214

Meeting Times:

Call or email for updates

BEHAVIOR

Child & Family Support - Family Advocate

Erie

Jack Woodworth

(716) 886-1242 ext. 317

jwoodworth@eriemha.org

www.eriemha.org

Mental Health Association of Erie County, Inc., 999 Delaware

Avenue, NY 14209

Meeting Times:

Call or email for updates

Family Support Group

For families who have children with emotional or behavioral problems.

Erie

Carolyn Vujnovic (716) 677-7079

www.eriemha.org

WNYCPC Community Services Buffalo Outpatient Center, 575
Alberta Drive, Suite 2, Amherst, NY 14226

Meeting Times: 7:00 pm-9:00 pm

Meeting Day of the Month: 2nd & 4th Thursday

GLOW Family Support Program

GLOW offers support, respite, advocacy, information & referral, newsletters, a library, etc. For families of children birth to age 21 with an emotional and/or behavioral challenge.

Genesee; Livingston; Wyoming; Orleans

Hillside Children's Center, 29 Liberty Street Suite 208, Batavia, NY
14020; 24 Main Street, Mt. Morris, NY 14150; 96 West Buffalo
Street, Warsaw, NY 14569

(585) 256-7500

info@hillside.com

www.hillside.com

24 Hours per Day

Niagara Frontier Family Network

Family Support Services are provided free to parents/guardians of a child with a social, behavioral or mental health issue and who are a resident of Niagara County.

Niagara

Laura Lloyd (716) 439-1179 ext 493

llloyd@ndyfs.org

www.facebook.com/Niagara-Frontier-Family-Network

Orleans Niagara BOCES Conference Center, 4124 Saunders
Settlement Road, Sanborn, NY 14132

Meeting Times: 6:00 pm-8:00 pm

Meeting Day of the Month: 3rd Wednesday of every Month

Town of Tonawanda Concerned Parents Group

A group for parents of children with behavioral or family issues.

You don't have to be a resident of the town to participate.

Erie

(716) 879-6631

Town of Tonawanda Police Department, 1835 Sheridan Drive,
Tonawanda, NY 14223

Meeting Times: 7:00 pm

Meeting Day of the Month: Thursday

BEREAVEMENT

Caregiver Support Group

Hosts many support groups for parents who have lost a child.

Erie

Life Transitions Center, 150 Bennett Road, Cheektowaga, NY 14227
(716) 836-6460 www.lifetransitionscenter.com

Meeting Times: 6:00 pm-7:30 pm

Meeting Day of the Month: 1st and 3rd Wednesday every month

Caring Arms, Perinatal Bereavement

For Parents, grandparents & other family members.

Erie

St. Gregory Ministerial Building, 1540 Maple Road, Williamsville,
NY 14221

(716) 568-3777 or (716) 568-6653

Meeting Times: 7:00 pm-9:00 pm

Meeting Day of the Month: 2nd Tuesday

Footprints on the Heart

For stillbirth and early infant death

Erie

Fran Kane (716) 862-1678

Piver Center, Sister's Hospital Seton Building

Meeting Times: 4:30 pm - 6:00 pm

Meeting Day of the Month: 4th Wednesday

Peer Support for Parents

To assist the community in meeting the needs of people facing perinatal death: the death of a baby due to miscarriage, ectopic pregnancy, still birth, or early infant death.

Erie

Christine Scott

(716) 626-6363

Christine@wnypbn.org

www.wnypbn.org

Western New York Perinatal Bereavement Network, Inc., 30 South Cayuga Road - Lower, Williamsville, NY 14221

Meeting Times:

7:00 pm - 8:30 pm

Meeting Day of the Month:

3rd Wednesday

Perinatal Bereavement Network

Assist the community in meeting the needs of people facing perinatal death; the death of a baby due to miscarriage, ectopic pregnancy, stillbirth, or early infant death.

Erie

Christine Scott

(716) 626-6363

christine@wnypbn.org

www.wnypbn.org

30 South Cayuga Road Lower, Williamsville, NY 14221

Telephone support from a trained parent & link to area support groups.

Storm Clouds and Rainbows

Artistic based family support group for children, teens and their caregivers after the death of a loved one.

Erie

(716) 836-6460

www.lifetransitionscenter.com

Life Transitions Center, 150 Bennett Road, Cheektowaga, NY 14227

Please call for dates and times of the next available session

Support for Grandparents

To assist the community in meeting the needs of people facing perinatal death: the death of a baby due to miscarriage, ectopic pregnancy, still birth, or early infant death.

Erie

Christine Scott

(716) 626-6363

Christine@wnypbn.org

www.wnypbn.org

Western New York Perinatal Bereavement Network, Inc., 30 South Cayuga Road - Lower, Williamsville, NY 14221

Meeting Times:

6:30 pm

Meeting Day of the Month:

4th Tuesday

CAREGIVER

Bornhava Men's Forum

For fathers & male caregivers of children with developmental delays.

Erie, Niagara

Ellen Crawford

(716) 839-1655

info@bornhava.org

www.bornhava.org

25 Chateau Terrace, Amherst, NY 14226

Meeting Times:

7:30 pm one evening per month
during the school year (Oct-May)

Meeting Day of the Month:

Please call for current dates

Bornhava WOW MOMs

For women who care for children with special needs

Erie

Ann or Pat

(716) 839-1655

info@bornhava.org

www.bornhava.org

25 Chateau Terrace, Amherst, NY 14226

Meeting Times:

please call for current meeting dates

Dunkirk Parents-for-Parents Support Group

The Resource Center (TRC) and Chautauqua Opportunities Incorporated (COI) collaboratively offers a monthly parent/caregiver support group connecting and supporting families of individual with special needs. We offer support, information, speakers, and presentations on topics pertaining to parents and caregivers in Chautauqua County. This is an opportunity for parents/caregivers to come together to discuss common triumphs, challenges, issues, and concerns. Light refreshments will be served and the parent support group will follow after the presentation.

Chautauqua

Amber Burkholder

(716) 366-8176 ext 268

www.chautauquaopportunities.com

Chautauqua Opportunities, Connections North Building, 10825

Bennett Road, Dunkirk, NY 14048

Meeting Times:

Please contact for date and time

DDAWNY

(Developmental Disabilities Alliance of WNY) Family Committee

Group meets to educate and inform people about the unmet needs of individuals with developmental disabilities and ensure quality homes and services are available.

Erie

ddawny@ddawny.org

(716) 877-7007

7 Community Drive, Cheektowaga, NY 14225

Meeting Time:

7:00 pm - 8:30 pm

Meeting Day of the Month:

3rd Wednesday

Family Matters

An education & support group for parents of a child living with a chronic or serious medical condition.

Erie

Joanne Lana

(716) 878-7272

jlana@kaleidahealth.org

www.stonesbuddies.org

Gilda’s Club/Stone’s Buddies, 1140 Delaware Avenue, Buffalo, NY 14209

Must be a current Stone’s Buddies member and their family.

Family Matters application can be found on the website.

Family Partners for Change

A group of parents with adult children in group homes & agency representatives come together to discuss issues.

Erie

Angela Dubel

(716) 880-3834

adubel@people-inc.org

WNY DDRO, 1200 East & West Road, West Seneca, NY 14224

Meeting Times:

Please contact for date and time

Jamestown Parents-for-Parents Support Group

A monthly family member/caregiver support group which connects & supports families of individuals with special needs.

Chautauqua

Tess Kerzner

(716) 661-1057

tess.kerzner@resourcecenter.org

www.resourcecenter.org

The Resource Center Administration Building, 200 Dunham

Avenue, Jamestown, NY 14701

Meeting Times:

5:00 pm-7:00 pm

Meeting Day of the Month:

1st Wednesday

Old Fathers/New Dads Support Group - For Fathers..... By Fathers
Open to fathers, grandfathers, and other male caregivers raising a child with special behavioral challenges.

Erie

Families Child Advocacy Network

(716) 884-2599 Ext 303

www.fcanwny.org/meetings.html

135 Delaware Avenue, Suite 210, Buffalo NY 14202

Meeting Times:

6:30 pm - 8:30 pm

Meeting Day of the Month:

3rd Wednesday

Parent to Parent

Connecting parents 1-to-1 with other parents of children of like disabilities.

Erie

Tanja O'Brocta

(716) 517-3448

www.parenttoparentnys.org

WNY DDRO, 1200 East & West Road, West Seneca, NY 14224

Parent/Caregiver Support Group; Dad's Support Group

Join other parents/caregivers out there like yourself, create friendships, share information and tips, all while having a great time. Our Parent/Caregiver support groups are the perfect outing. New dates scheduled monthly, please check website.

Erie

Stacey Creighton

(716) 902-5025

www.makessenseproducts.com/parent-support-group.html

5428 Main Street, Williamsville NY 14221

Meeting Times:

2 Sessions 10:30 am-11:30 am

6:30 pm-7:30 pm

Meeting Day of the Month:

Please check website

Roundtable Discussion Mondays

Open invitation to parents, caregivers, foster parents, grandparents and other family members raising children with special social, emotional or behavioral needs. Join us in developing a network of family support partners.

Erie

Families Child Advocacy Network

(716) 884-2599

www.fcanwny.org

135 Delaware Avenue, Suite 307, Buffalo, NY 14202

Meeting Times:

6:30 pm - 8:00 pm

Meeting Day of the Month:

2nd Monday

SMILE Support Groups in Niagara County

To provide support, education & information on topics selected by group members & parent facilitators.

Niagara

Lydia Szafranski

(716) 433-4487

www.ndyfs.org

Wheatfield Community Senior Center

2790 Church Road, North Tonawanda, NY 14120

Meeting Times:

7:00 pm-8:30 pm of each month

Meeting Day of the Month:

2nd & 4th Friday

Southtowns Roundtable Meeting

Open to all parents and caregivers raising children with special social, emotional or behavioral needs to attend our Southtowns Roundtable Meeting. This group will give you a chance to share your experiences and learn from others.

Erie

(716) 884-2599

www.fcanwny.org

Families Child Advocacy Network

Wesleyan Church of Hamburg, 4999 McKinley Parkway, Hamburg

NY 14075 Meeting Times:

6:00 pm - 8:00 pm

Meeting Day of the Month:

1st Tuesday

Vision Impairment Support Group

Focus will be on children with visual impairments ages 0-5; however, this group also welcomes parents and caregivers of children with any developmental delays or disabilities in that age range.

Erie

Liza Rudroff/Sue Treantis (716) 777-0870 Liza (716) 836-7556 Sue
lrudroff@olmstedcenter.org or streantis@olmstedcenter.org
700 Sweet Home Road, Amherst, NY 14226

Meeting Times:

6:30 pm - 7:30 pm

Meeting Day of the Month:

1st Thursday of the month

DISABILITY SPECIFIC - AUTISM

ACCEPT Parent Facilitated Group

Please email if interested in joining this suport network for parents and a play group for the kids.

Erie

Rachel Saeger

acceptfamilies@gmail.com

Brighton Community Church, 1225 Brighton Road,

Tonawanda NY 14150

Meeting Times:

6:30 pm-8:00 pm

Meeting Day of the Month:

3rd Thursday

ASA WNY Daytime Chapter Support Coffees & Occasional Evening Information Meetings

Erie

Kathy or Karen

(716) 633-2275

info@autismwny.org

www.autismwny.org

Southtowns & Northtowns Locations

Please call for current meeting dates

Asperger’s Group

For people with high-functioning Autism or Asperger’s and people who know them.

Erie

Veronica Federiconi (716) 631-5777 ext 318
vfedericoni@autism-services-inc.org www.friendsofasi.org
Autism Services, Inc., 699 Hertel Avenue, Buffalo NY 14207
Meeting Times: 4:30 pm - 6:00 pm
Meeting Day of the Month: 1st Thursday of the Month

Children’s Guild Parent Support Group

Group provides a welcoming environment for parents & other caregivers to meet, share experiences, ask questions & receive support.

Erie

Jana Mertz (716) 878-7600
jmertz@kaleidahealth.org
People Inc., 3131 Sheridan Drive, Amherst NY 14226
Meeting Times: 6:30 pm-8:30 pm
Meeting Day of the Month: 2nd Wednesdays

Connections Program Parent Support Group for Families of Children with HF ASD

Share ideas, information, treatment options & advocacy strategies.

Erie, Niagara

Sandy Cherre (716) 629-3400 ext. 3422
Summit Ed Resources, 150 Stahl Road, Getzville, NY 14068
Meeting Times: 7:00 pm-8:30 pm
Meeting Day of the Month: 1st Monday

Grand Island Parent & Provider Support Group

Mission is to supply and share information & support to providers, parents, and caregivers of family & friends with developmental disorders. The group is peer-run and non-for-profit. Light refreshments are served and your children are welcome!

Erie, Niagara

Vienna Haak

(716) 430-5118

grandislandnyautismgroup@gmail.com

www.facebook.com/GrandIslandNYSupportGroup

2139 Grand Island Boulevard, Grand Island, NY 14072

Meeting Times:

6:30 pm - 8:00 pm

Meeting Day of the Month:

1st Tuesday

Group for Parents of Teenagers with Autism Spectrum Disorders

Provides a welcoming environment for parents and caregivers of children with autism spectrum disorders to meet, share experiences, ask questions & receive support. All are welcome to attend but group is geared towards parents of children who are tweens and transitioning - 12 years old and up.

Erie

Jana Mertz

(716) 878-7600

jmertz@kaleidahealth.org

City Honors High School, 186 East North Street, Buffalo NY 14204

Meeting Times:

5:30 pm-7:30 pm

Meeting Day of the Month:

3rd Tuesday

Iroquois Area Parent Support Group

Open to all parents of special needs children, do not have to be in district. Currently most families have children with ASD. Please contact Jeanne for up-to-date meeting times as they change.

Erie

Jeanne Kacprowicz

(716) 652-8001

Jeanne@rochester.rr.com

Iroquois High School, 2111 Gridle Road, Elma, NY 14059

Niagara County Parent Group for Parents of Children with Autism Spectrum Disorders

Our purpose is to provide a welcoming environment for parents and other caregivers of children with autism spectrum disorders to meet, share experiences, ask questions and receive support.

Niagara

(716) 880-3875

ecdc@kaleidahealth.org

Niagara Falls High School, 4455 Porter Road, Room 113,
Niagara Falls, NY 14305

Meeting Times:

6:00 pm - 8:00 pm

Meeting Day of the Month:

1st Monday

Olean Area Parent Networking

A network for parents who have agreed to be a resource for other parents of children on the spectrum will work one-on-one with families.

Cattaraugus

Karen O'Dell

(716) 307-9905

www.autismwny.org

Rehabilitation Center, 410 West Sullivan Street, Olean, NY 14760

DISABILITY SPECIFIC - DEAF/HARD OF HEARING

St. Mary's School for the Deaf

Parent support group for families who have children who are deaf or hard of hearing.

Erie

(716) 834-7200

info@smsdk12.org

www.smsdk12.org

2253 Main Street, Buffalo, NY 14214

Meeting Times:

Call for schedule

DISABILITY SPECIFIC - DOWN SYNDROME

Down Syndrome Parent Group

For families of children with Down Syndrome; provides individual support services as needed.

Erie

Amy Monson (716) 832-9334

547 Englewood Avenue, Buffalo, NY 14223

dspg@dspgwny.org

www.dspgwny.org

Meeting Day of the Month:

Wednesday

DISABILITY SPECIFIC - FETAL ALCOHOL SYNDROME DISORDER

WNY Fetal Alcohol Syndrome Disorders Family Support Group

Meet with other families, share experiences, ideas and information.

Erie

Helen Weinstein

(716) 831-2298 ext. 103

helenw@eccpasa.org

www.eccpasa.org

Erie County Council on the Prevention of Alcohol & Substance Abuse (ECCPASA), , Buffalo, NY 14216

Meeting Times: 9:30 am -11:00 am & 7:00 pm-9:00 pm

Meeting Day of the Month:

3rd Wednesday

DISABILITY SPECIFIC - FOOD

Greater Buffalo Food Allergy Alliance

To share information and give support to people who live with food allergies.

Erie

Kim Pasierb

(716) 681-6506

www.gbfoodallergy.org

Cleveland Hill Fire Hall, 440 Cleveland Drive, Cheektowaga, NY 14215

Meeting Times:

7:00 pm-9:00 pm

Meeting Day of the Month:

3rd Monday

Spoonful of Love - Parent Support Group

Parents of children of all ages with feeding difficulties. Here you'll find a safe, caring environment where parents are empowered by giving and receiving support as they share their concerns face-to-face.

Erie

Teresa Marioles

(716) 631-7503

tmarioles@hscwny.com

www.facebook.com/SpoonfulofLoveWNY

Hearing & Speech of WNY, 2733 Wehrle Drive, Williamsville NY

Meeting Times:

7:00 pm - 9:00 pm

Meeting Day of the Month:

3rd Thursday of every month
excluding July, August and December

DISABILITY SPECIFIC - FRAGILE X

Fragile X Resource Group of WNY

Erie

Janet Fisher(716) 741-7192

Janfish5@gmail.com

8373 Black Walnut Drive, East Amherst, NY 14051

Meeting Times:

7:00 pm

Meeting Day of the Month:

Please call or email for
current meeting dates

DISABILITY SPECIFIC - SPINAL CORD INJURY

Spinal Cord Injury Support Group

Rehabilitation for spinal injuries.

Erie

Daryl & Jack Trenchard

(716) 898-3227

jasutrench@hotmail.com

www.ecmc.edu

ECMC Outpatient Rehabilitation Clinic, 462 Grider, Buffalo, NY 14215

Meeting Times:

3:00 pm-4:00 pm

Meeting Day of the Month:

3rd Thursday

DISABILITY SPECIFIC - SPINAL MUSCULAR ATROPHY

WNY Chapter of Families of Spinal Muscular Atrophy (SMA)

To help cope with SMA through information & support.

Niagara

Bonnie Shiesley

(716) 622-0804

bonnie@wnyfsma.org

P.O. Box 444, North Tonawanda, NY 14120

www.wnyfsma.org or www.facebook.com/wnyfsma

Meeting Times:

Please call for current meeting dates

MENTAL HEALTH

Coping Through Christ Anxiety & Depression “All are Welcome”

For those with a mental health diagnosis, their families, caregivers, supporters & friends.

Erie

(716) 833-0298

St. Joseph University Parish Library, 3269 Main Street, Buffalo, NY 14214

Meeting Times:

7:00 pm-8:30 pm

Meeting Day of the Month:

Every Tuesday

National Alliance for the Mentally Ill (NAMI)

Mutual support for families of the mentally ill.

Erie

Ann Venuto

(716) 877-2076

St. Paul's Lutheran Church, 4007 Main Street, Amherst, NY 14226

namibuffalo@aol.com

www.namibuffalony.org

Meeting Times:

7:00 pm

Meeting Day of the Month:

3rd Wednesday

National Alliance for the Mentally Ill (NAMI)

Mutual support for families of the mentally ill.

Erie

Lynn Matthews

(716) 226-6264

namibuffalo@aol.com

www.namibuffalony.org

Lakeshore Behavioral Health, 3176 Abbot Road, Orchard Park, NY 14127

Meeting Times:

6:30 pm

Meeting Day of the Month: 3rd Wednesday

National Alliance for the Mentally Ill (NAMI)

Family Education Meeting

Erie

Marcy Rose

(716) 688-4125

namibuffalo@aol.com

www.namibuffalony.org

St. Paul’s Lutheran Church, 4007 Main Street, Amherst, NY 14226

Meeting Times:

6:30 pm

Meeting Day of the Month:

2nd Wednesday

Over Eaters Anonymous

Meeting

Erie

(716) 895-6700

Mid-Erie Counseling & Treatment, 1520 Walden Avenue,

Cheektowaga, NY 14225

Meeting Times:

7:00 pm-8:00 pm

Meeting Day of the Month:

Every Wednesday

MILITARY

Operation C.O.M.

A free interactive program to support children of the military & to establish positive coping skills to deal with the stress of deployment, to express feelings & strengthen self-confidence.

Erie

Mary McParlane

(716) 886-1242 ext. 313

www.eriemha.org

999 Delaware Avenue, Buffalo, NY 14209

Meeting Times: Please contact for date and time

NEUROLOGICAL IMPAIRMENT - BRAIN INJURY

Headway of Western New York, Inc.

Several support groups are available for survivors of brain injury & their families.

Erie

(716) 408-3100

headway@headwayofwny.org

www.headwayofwny.org

2635 Delaware Avenue, Suite E Buffalo, NY 14216

Meeting Times: 6:30 pm-8:00 pm (peer support and caregivers)

1:00 pm-2:30 pm (caregivers support)

1:00pm-2:30pm (Women Survivors of TBI)

Meeting Day of the Month: 1st & 3rd Tuesday (peer)

1st Wednesday (caregivers)

1st Tuesday (Women Survivors)

NEUROLOGICAL IMPAIRMENT - TOURETTE SYNDROME

WNY Chapter Tourette Syndrome Association

Adult rap group & children's rap group; support for families

Erie

Sue Conners

(716) 839-4430

conners@roadrunner.com

www.tsa-gnys.org

Greater New York State Chapter

20 Thomas Jefferson Lane, Snyder, NY 14226

Meeting Times:

7:00 pm

Meeting Day of the Month:

1st Wednesday

SIBLINGS

Sibling Support Group

Having a sibling with a disability is often a challenge for many children. Sibling Support Group offers these children a safe and encouraging environment to express themselves and their unique experience.

Erie

Stacey Creighton

(716) 902-5025

makessenseproducts@gmail.com www.makessenseproducts.com

5428 Main Street, Williamsville NY 14221

Meeting Times:

Limit of 8 per session

check website for more information

Meeting Day of the Month:

Wednesday

Sibshops

Sibshops are lively, action packed, 3 hour workshops and support for siblings. Sibshops celebrate the many contributions made by brothers & sisters of kids with special needs.

Erie

Tess Kerzner

(716) 661-1057

tess.kerzner@resourcecenter.org

www.resourcecenter.org

The Resource Center, 200 Dunham Avenue, Jamestown, NY 14701

Meeting Times:

Varies; Does a summer program & most holidays

Sibshops at Canisius College

These support groups are designed to meet the needs of brothers & sisters of children diagnosed with special needs.

Erie

Dr. Susan Putnam

(716) 888-2895

putnams@canisius.edu

www.canisius.edu/sibshop

Canisius College, 2001 Main Street, Buffalo, NY 14208

Meeting Times:

1:00 pm-5:00 pm

Meeting Day of the Month:

Saturdays

SPECIAL EDUCATION

Special Education Parents Advisory Committee (SEPAC)

All meetings are open to parents of children receiving special education services in the Buffalo Public School District.

Erie

Rosemary Arnone

(716) 816-4747

Rarnone@buffaloschools.org

www.buffaloschools.org

School #12 Central CSE, 33 Ash Street, Buffalo, NY 14204

Meeting Times:

Please visit websites for meeting dates and times as they change regularly

Starpoint Special Education Group (SSEG)

A group for parents of children in Special Education.

Niagara

Sara Siracuse or Brian Farrell or April Breen

(716) 625-8922 or (716) 210-2321

aprilbreen@yahoo.com

4363 Mapleton Road Driveway C Middle School, Lockport, NY 14094

Meeting Times: 7:00 pm-9:00 pm October-June

Meeting Day of the Month: 2nd Tuesday

TEEN SUPPORT

Teen Peer Support Group

This youth & teen peer support group is run by the Mental Health Association of Erie County, Inc, and is open to youth between the ages of 13-18. This group gives teens the opportunity to connect with peers to discuss and explore pathways to recovery. The group offers a safe place for youth to receive support as well as to celebrate accomplishments and practice self-care skills under the facilitation of a Youth Peer Mentor.

Erie

Jenny Laney

(716) 886-1242 ext 313

laney@eriemha.org

www.eriemha.org

Mental Health Association of Erie County, Inc.

999 Delaware Avenue, NY 14209

Meeting Times:

6:00 pm - 7:00 pm

Meeting Day of the Month:

1st and 3rd Friday

ADDITIONAL SUPPORT



Parent Network specializes in empowering families to learn about services, communicate effectively with professionals, and to successfully advocate for their children. Parent Network also works with professionals by providing continuing education opportunities, resources and referral services.



The ECDC provides free information, referral, technical assistance and support to families, professionals, and community agencies concerned with children birth to five with suspected or diagnosed delays or disabilities. They provide ongoing community training programs for both the parents and professionals.

WNY SUPPORT GROUP DIRECTORY CHANGE FORM

The form below is used to update information about any changes to support groups. Please complete the information requested below for all changes.

Please circle one option for the information provided on this form:

ADD UPDATE REMOVE

Name of Group: _____

Description: _____

Contact Person: _____

Address: _____

Support Group Phone Number: _____

Email: _____

Website: _____

Meeting Times: _____

Meeting Day of Each Month: _____

Category: _____

Please send to plk@parentnetworkwny.org or mail to:

Parent Network of WNY

1000 Main Street

Buffalo, NY 14202

Attention: Peg

USEFUL WEBSITES

www.parentnetworkwny.org	Parent Network of Western New York
www.wchob.org/ecdc	Early Childhood Direction Center
www2.erie.gov/ecod	Erie County Office for the Disabled
www.buffaloplace.com	The Buffalo Place
www.beenews.com	The Bee News
www.ddawny.org	The Developmental Disabilities Alliance of Western New York

Central Referral Services website for locating services for people with developmental disabilities: www.ddinfolink.org