

MY HEALTHCARE PASSPORT

NAME: _____ **I LIKE TO BE CALLED:** _____

BIRTHDATE: _____ **AGE:** _____

THE PEOPLE WHO KNOW ME WELL AND SUPPORT ME:

EMERGENCY PHONE NUMBER: _____

PRIMARY PHYSICIAN: _____ **PHARMACY:** _____

SPECIAL ALERTS:



MY DIAGNOSES/MEDICAL HISTORY:



DESCRIPTION OF MY BASELINE/WHEN I AM AT MY HEALTHIEST:



ABOUT ME

**YOU CAN TELL THAT
SOMETHING IS WRONG:**



HOW I SHOW/MEASURE PAIN:



**YOU CAN HELP ME FEEL
COMFORTABLE BY:**



STRATEGIES FOR SUCCESS:



SENSITIVITIES/TRIGGERS:



BEHAVIOR CHALLENGES:



SENSORY NEEDS/TOOLS:



HOW TO KEEP ME SAFE:



DAILY LIFE

**THINGS THAT I ENJOY/HELP TO
PASS THE TIME:**



MY DREAMS AND GOALS:



**LEARNING STRENGTHS AND
CHALLENGES:**



MOBILITY NEEDS:



WASHING NEEDS:



DRESSING NEEDS:



HOW I COMMUNICATE:



EATING/DRINKING NEEDS AND/OR FEEDING REGIMEN:



MEDICAL

CHALLENGES WITH MEDICAL PROCEDURES AND WHAT HELPS:



SPECIALISTS I REGULARLY SEE:



CURRENT THERAPIES:



CURRENT MEDICATIONS:



MEDICINES THAT I'VE TRIED AND AM ALLERGIC TO OR THAT DON'T WORK FOR ME AND WHY:



HOW I TAKE MY MEDICATIONS:



ADDITIONAL INFORMATION

