

RECREATION & LEISURE DIRECTORY

2026



BROUGHT TO YOU BY:

PARENT
NETWORK
OF WESTERN NEW YORK

PARENT NETWORK
OF WESTERN NEW YORK

ABBOTT LANES



BOWL - INN PIZZERIA

**FRIDAY
JUNE 5TH**

ABBOTT LANES | 1840 Abbott Rd
Lackawanna,
NY, 14218

EVENT TIME: 6PM - 9PM

\$25 PER PERSON

**INCLUDES 3 GAMES, SHOE
RENTAL, SLICE OF PIZZA, & DRINK**

*"This fundraiser is to support
our FREE Family Fun Nights"*

**50/50 RAFFLE
BASKET RAFFLE
KIDS RAFFLE TABLE**



Abbott Lanes is fully
handicap accessible, so
all guests can join in on
the excitement!

Not bowling? No problem!
Guests can substitute their
games for an extra slice of
pizza and still enjoy the fun.

BUY YOUR TICKET TODAY:

WWW.GIVEBUTTER.COM/PN-BOWLING

OR CALL: 716-332-4170



Parent Network of WNY will be hosting our very own
Bowling Club at Abbott Lanes in June and July
for children with all abilities.

Email info@parentnetworkwny.org
for more information or if you are interested in joining.

THE RECREATION & LEISURE SERVICES DIRECTORY

2026

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and their families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the Western New York community but have not been personally verified as to their cost and quality. It is best to call the program with any specific questions.

Enjoy your adventures. Play, laugh and dance at least once a day.

Recreationally,

Kimberly Kadziolka
Parent Network of Western New York

For a downloadable version of the directory visit
www.parentnetworkwny.org

Supporting families and professionals to empower individuals with disabilities to reach their full potential.

TSG

The Singelyn Group McDonald's
is proud to support
Parent Network of WNY's
Recreational Festival!

**Scan to view
our New York
locations!**



TABLE OF CONTENTS

ART PROGRAMS		RECREATION DEPARTMENTS ...	33
FAMILY ACTIVITIES		RESPITE	39
AQUARIUM	2	SCIENCE	40
AVIARY	2	SPORTS	
BOATING	3	ALL SPORTS	41
BUTTERFLIES	3	BASEBALL	41
FARMS	4	BIKING	42
FOSSIL PARK	4	BOATING	43
GYM	4	BOWLING	43
MOVIES	5	CHEERLEADING	47
MUSEUMS	6	FOOTBALL	47
NATURE	11	GOLF	48
PLANTS & FLOWERS	11	GYM	48
SENSORY PLAY	12	GYMNASTICS	49
THEATER	13	HORSEBACK RIDING	49
TRAINS	16	ICE SPORTS	51
ZOOS	16	MARTIAL ARTS	53
MUSIC, DANCE & DRAMA		ROCK CLIMBING	53
DANCE	17	SCUBA DIVING	54
MUSIC	20	SKIING	54
THEATER	21	SOCCER	57
PARKS		SWIMMING	53
NATURE PRESERVES	22	SUMMER PROGRAMMING	
PARKS	25	CAMPS	57
PEER SOCIAL EVENTS	27	VACATIONS	62
PLAYGROUNDS			
INDOOR	28		
OUTDOOR	31		



**Everyone relies on someone
who relies on child care.**



Call Child Care Resource Network for
your child care needs at 716-877-6666

wnychildren.org

@WNYChildren

ART PROGRAMS

Arts for Learning WNY

Email: info@artsforlearningwny.org

Phone: (716) 881-0917

Address: 2495 Main Street, Suite 443, Buffalo New York 14214

County: Erie

Age Range of Participants: all ages

Cost: varies

Time: 9 am to 5 pm, Monday through Friday

Activities: Arts for Learning WNY's mission is to inspire, expand learning, and strengthen our community through engagement with the arts. Offers workshops, residencies and assembly performances.

Wheelchair Accessible: yes

Website: www.artsforlearningwny.org

INtandem - Creative Arts Program

Email: info@intandem.org

Phone: (716) 375-4747

Address: 1439 Buffalo Street, Olean New York 14760

County: Cattaraugus, Niagara

Age Range of Participants: adults

Criteria: Available to people with developmental or intellectual disabilities in Niagara and Cattaraugus Counties.

Activities: Offered at all three Day Habilitation locations, INtandem's Creative Arts program provides all participants with opportunities to explore the world of art through sight, touch, and sound. With vastly experienced personnel, all creative arts projects and activities are research based and designed specifically to meet the capabilities of all participants while helping them to realize their full potential. Such projects include but are not limited to small-group structured classes, performance troupes, and music and movement celebrations.

Wheelchair Accessible: Yes

Website: <https://www.intandem.org/programs-support/the-creative-arts-program/>

FAMILY ACTIVITIES

AQUARIUM

Aquarium of Niagara Falls

Email: info@aquariumofniagara.org **Phone:** (716) 285-3575

Address: 701 Whirlpool St., Niagara Falls New York 14301

County: Niagara **Age Range of Participants:** All ages **Dates:** Year round.

Cost: Adults \$25, seniors 60+ \$23, children ages 3-12 \$18, infants free

Time: Monday through Thursday 9 am to 3 pm; Friday through Sunday 9 am to 5 pm.

Activities: With our community and partners, we celebrate our natural wonders and inspire people to make a difference for aquatic life.

Wheelchair Accessible: Yes

Website: aquariumofniagara.org

Au-some Aquarium

Email: education@aquariumofniagara.org **Phone:** (716) 285-3575 Ext 20

Age Range of Participants: all ages **Cost:** free, registration required

Dates: Monthly event - check website as they announce monthly. <https://aquariumofniagara.org/experiences/ausome-aquarium/>

Time: 6 - 8 pm

Activities: Sensory friendly environment where families with children on the autism spectrum can meet. Touch tank, art activities, info & gluten free snacks are provided.

Website: <https://aquariumofniagara.org/experiences/ausome-aquarium/>

AVIARY

Bird Kingdom

Email: info@birdkingdom.ca

Phone: (905) 356-8888 or (866) 994-0090

Address: 5651 River Road, Niagara Falls Ontario L2E 7M7 CANADA

Age Range of Participants: all ages

Cost: Adults (16 and up) - \$20.95 online, \$22.95 at door; Children (3-15) \$13.95 online, \$15.95 at door (Canadian dollars)

Dates: all year round

Time: 9:30 am to 5:00 pm (last admission is 4:00 pm)

Activities: Bird Kingdom is the World's Largest Free-Flying Indoor Aviary.

Discover hundreds of tropical birds as you explore the pathways throughout the multi-level rainforest. Meet friendly parrots and exotic animals at Bird Kingdom's Animal Encounters.

Wheelchair Accessible: Yes

Website: <https://www.birdkingdom.ca/>

BOAT RIDES

Maid of the Mist

Phone: (716) 284-8897

Address: 1 Prospect St., Niagara Falls New York 14303

County: Niagara

Cost: \$30.25 adults; \$19.75 age 6-12; age 5 and under free with paid adult

Dates: Check website. Opening date dependent on ice in Lake Erie ~ usually Mid May

Time: Check website for details

Activities: A Maid of the Mist boat tour is perfect for groups of all sizes.

Wheelchair Accessible: Yes

Website: maidofthemist.com

Chautauqua Belle

Email: thechautauquabelle@gmail.com

Phone: (716) 269-2355

Address: Mayville Dock - 78 Water Street, Mayville 14757; Jamestown Dock - 14 Jones & Gifford Avenue, Jamestown NY 14701, Mayville New York 14757

County: Chautauqua

Age Range of Participants: all ages

Cost: \$37.50 adults; \$10 age 3-12; 2 and under free

Dates: Seasonal

Activities: Join us for a round-trip experiential boat ride touring the Chadakoin River and South end of Chautauqua Lake, regaling you with tales from the late 1800s.

Wheelchair Accessible: Yes

Website: 269belle.com

BUTTERFLIES

Butterfly Conservatory

Address: 2565 Niagara Parkway, Niagara Falls Ontario L0S 1J0 CANADA

Age Range of Participants: All ages

Cost: Adult (13+ years) \$25; Child (3-12 years) \$16.50 and (2 & Under) free (Canadian dollars)

Dates: Sunday - Saturday **Time:** 9 am to 5 pm Mon-Fri, 9 am to 6 pm Sat-Sun

Activities: Step inside one of the largest glass-enclosed butterfly conservatories in North America and discover a tropical garden oasis. The Niagara Parks Butterfly Conservatory features over 2,000 vibrantly colored butterflies fluttering freely throughout winding pathways adorned with lush vegetation and trickling waterfalls.

Wheelchair Accessible: yes

Website: <https://www.niagaraparks.com/visit/attractions/butterfly-conservatory/>

FARMS

Autumn's Gate

Email: Info@AutumnsGate.com

Phone: 716-791-5051

Address: 1956 Balmer Road, Ransomville NY

Age Range of Participants: Toddler through adult

Cost: Varies by event

Activities: Offers horseback riding, camps and uniquely themed clubs offer a wide range of activities that spark curiosity, foster imagination, and inspire a love for nature's wonders.

Website: <https://autumnsGate.com>

FOSSIL PARK

Penn Dixie Fossil Park & Nature Reserve

Email: sepenndixie@gmail.com

Phone: (716) 627-4560

Address: 4050 North Street (Mail: 3556 Lakeshore Rd, Ste. 230), Blasdell, NY 14219

County: Erie

Age Range of Participants: 2-102 +

Cost: Adults \$25 (Erie County residents (\$20); Seniors (62+), students and military \$17, children 3-17 \$15, members and children under 3 are free.

Dates: Open weekends May 2 - June 24, 2026; June 24- September 7, 2026
summer schedule - Closed to the public on Monday and Tuesdays

Time: 9:00 am to 4:30 pm

Activities: This classic geologic 54-acre site has been ranked the No.1 Fossil Park in the United States and provides opportunities to collect and keep all the fossils you find.

Wheelchair Accessible: Yes

Website: www.penndixie.org

GYM

Chautauqua Children's Gym

Phone: (716) 363-2151

Address: 3469 East Main Rd., Suite E, Dunkirk New York 14048

Age Range of Participants: All ages **Cost:** Check website for pricing

Time: Wednesday - Friday 10 AM - 1 PM, Saturday 10 AM - 3 PM

Activities: Chautauqua Children's Gym is a children's play gym that specializes in sensory based play. A place where children can be themselves and everyone is welcome.

Website: chautauquachildrengym.org

Family Open Gym

Email: recreation@villageoflewiston.net

Phone: (716) 754-1990

Address: 145 N. 4th Street (Onondaga St. entrance), Lewiston New York 14092

County: Niagara

Age Range of Participants: Families with children 8th grade and younger

Cost: Free

Criteria: Time slots available in 45 minute increments.

Activities: A space where children and their parents have time and room to interact with one another. It is appropriate for children with varying levels of disabilities but parents are expected to stay with their child.

Wheelchair Accessible: yes- enter through Onondaga Street entrance

Website: <https://villageoflewistonny.gov/family-open-gym>

MOVIES

AMC Theaters

Phone: (716) 833-9545

Address: AMC Maple Ridge 8, 4276 Maple Road, Suite C, Amherst New York 14226

Cost: Normal ticket pricing

Dates: 2nd and 4th Saturday (families) and Wednesday evenings for mature audiences.

Time: check website for films available. <https://www.amctheaters.com/programs/sensory-friendly-films>

Wheelchair Accessible: Yes

Website: www.amctheaters.com/programs/sensory-friendly-films

Sensory Friendly Films at FLIX 10

Email: larry@dipsontheatres.com

Phone: (716) 668-1888

Address: 4901 Transit Rd., Depew New York 14043

County: Erie

Cost: \$11 for both children and adults

Dates: First or second Saturday of each month

Time: 10:00 am

Activities: The lights will be left on and the sound will be turned down. A raffle will be held at each screening.

Wheelchair Accessible: Yes

Website: <https://flix10.dipsontheatres.com/content/Sensory+Friendly+Family+Film+Series>

MUSEUMS

Museums for All

Free or reduced admission for those receiving food assistance and presenting an EBT card and photo ID. Search website for participating locations.

www.museums4all.org

Buffalo & Erie County Naval & Military Park

Email: info@buffalonaivalpark.org

Phone: (716) 847-1773

Address: One Naval Park Cove, Buffalo New York 14202

County: Erie

Age Range of Participants: all ages

Cost: Adult \$23.00, Youth \$15.00, Senior \$18.00, Veterans \$16.00. Age 4 and under FREE.

Dates: Late March through end of November

Time: Hours vary by season. Check website for current hours.

Criteria: When touring most areas of the ships, visitors should expect to traverse narrow passageways, be able to step over significantly raised thresholds, and climb up and down very steep ladders.

Activities: A top family destination in Western New York, located on the waterfront in downtown Buffalo. The military park is the largest inland naval park in the country.

Wheelchair Accessible: No

Website: www.buffalonaivalpark.org

Buffalo Fire Historical Society

Email: bfhsmuseum@verizon.net

Phone: (716) 892-8400

Address: 1850 William Street, Buffalo New York 14206

County: Erie

Age Range of Participants: all ages

Cost: free

Time: 10 am - 3 pm Saturdays and by appointment

Activities: The society's mission is to collect, preserve, exhibit and provide access to information and artifacts relating to the firefighting profession in general, fire safety and fire prevention; and to teach the public about these subjects.

Wheelchair Accessible: Yes

Website: www.bfhsmuseum.com

Buffalo History Museum

Email: kreed@buffalohistory.org

Phone: (716) 873-9644

Address: 1 Museum Court, Buffalo New York 14216

County: Erie

Age Range of Participants: all ages

Cost: The Museum is offering Pay What You Wish admission, recommended admission is \$12 per person. Admission FREE on M&T Third Fridays.

Dates: Wednesday-Sunday - Closed on National holidays

Time: Wednesday - Saturday 10 am - 5 pm, Sunday 12 - 5pm

Activities: Major collections include the Holland Land Company, President Millard Fillmore, Seneca Indians, Buffalo Bills, the Pan-American Exposition, the Larkin Company, and more.

Wheelchair Accessible: Yes

Website: www.buffalohistory.org

Buffalo Museum of Science

Phone: (716) 896-5200

Address: 1020 Humboldt Parkway, Buffalo New York 14211

County: Erie

Age Range of Participants: all ages

Cost: Adults \$23, Seniors 62+ \$19, Students & Military w. ID \$19, Children 2-17 \$19, Members and Children under 2 free; prices for cc slightly higher

Dates: all year round

Time: Monday to Friday 10 am-4 pm; Saturday & Sunday 10 am-5 pm

Activities: From exhibits that captivate to a staff that guides, guests of all ages are welcome to explore, discover, question, and FIND WHY.

Wheelchair Accessible: Yes

Website: www.sciencebuff.org

Buffalo Niagara Heritage Village

Email: guestservices@bnhv.org

Phone: (716) 689-1440

Address: 3755 Tonawanda Creek Road, West Amherst New York 14228

County: Erie

Age Range of Participants: all ages

Dates: May through September. Check website for special events.

Activities: Our mission is to preserve, interpret, and exhibit the agricultural history and rural heritage of the Buffalo Niagara region.

Wheelchair Accessible: Partially

Website: www.bnhv.org/bnhv-events

Chautauqua Institution

Email: ticketoffice@chq.org **Phone:** 1-800-836-ARTS (2787)

Address: One Ames Avenue, Chautauqua New York 14722

Time: Welcome Center - Tuesday-Friday 10:00 am - 4:00 pm

Activities: Travel and event information for the Chautauqua area. Find out about upcoming events, dining, retail and more here!

Wheelchair Accessible: Yes **Website:** chq.org

Darwin R. Barker Historical Museum

Phone: (716) 672-2114 **Address:** 7 Day Street, Fredonia New York 14063

Age Range of Participants: all ages

Dates: Tuesdays 4-8 pm, Fridays and Saturdays 1-5 pm

Activities: The Barker Historical Museum is located in the heart of Fredonia, New York. The Museum includes an archive, two research libraries, and rotating exhibitions.

Website: www.barkermuseum.org

Dunkirk Historical Museum

Email: contact@dunkirkhistoricalmuseum.org

Phone: (716) 366-3797

Address: 513 Washington Avenue, Dunkirk New York 14048

County: Chautauqua

Time: Mon - 9 am - 12 pm, Wed - 9 am - 12 pm and 4:30 pm - 6:30 pm, Fri - 9 am - 12 pm

Activities: Provides arts programs to its diverse cultural and ethnic community, including artistic expressions focusing on storytelling, quilting, painting, photography, puppetry, pottery, dancing and music, all of these seeking to improve the communication .

Wheelchair Accessible: No

Website: www.dunkirkhistoricalmuseum.org

SUMMER 2026



Danceability is a dance, fitness, theater & movement program serving the special needs community & their families

OPEN HOUSE & REGISTRATION

Wednesday May 20th, 2026

5 - 8 P.M.

Danceability Studios

2365 George Urban Blvd, Depew, NY

****All new Dancers should attend!**



Classes Offered:

• Dance
• Musical Theater
• Fitness Frenzy
• Caregiver & Me: 1st of its Kind!
*For ages 3-5 that love to dance but aren't ready to be on their own yet!
Dance with them!*

**Self-
Direction
Budgets
Accepted!**



(716) 651-0094
danceabilityinc.org
danceabilitywny@gmail.com
Facebook.com/Danceabilityinc

Explore & More Children's Museum

Phone: (716) 655-5131 **Address:** 130 Main Street, Buffalo New York 14202

Age Range of Participants: all ages

Cost: ages 1 - 59 \$16, Seniors (60+) \$15, under 1 FREE

Dates: Open Play Wednesday -Sunday

Time: 10 am to 4 pm Wed, Thurs, Fri, Sun; 10 am - 5 pm Sat

Activities: A world-class children's museum that celebrates the power of child-led play, Explore & More – The Ralph C. Wilson, Jr. Children's Museum features 43,000 sq. feet of fun in downtown Buffalo.

Wheelchair Accessible: Yes

Website: www.exploreandmore.org

Au-Some Evenings at Explore & More Museum

Email: accessibility@exploreandmore.org

Cost: Free **Dates:** 2nd Friday of month **Time:** 5:30 pm - 7:30 pm

Criteria: Registrations required

Activities: In addition to a fun night of play with access to the museum space and exhibits, we have special programming for families! The evening features themed Art Studio projects, sensory exploration in our Tinkering Tank, therapy animals from the SPCA and student volunteers from SUNY Buffalo State's Exceptional Education program.

Website: <https://exploreandmore.org/education/au-some-evenings/#register-now>

Genesee Country Village & Museum

Cost: Adults \$11, Youth (3-12) - \$8 and children under 3 are free. Also part of the Museums for All.

Dates: Winter weekends January 11 - March 16. May1 - August 31 - Wednesday through Sundays.

Time: 11 am to 3 pm Winter; May 2 - August 31 10 am to 4 pm. September 11 - October 12 10 am - 4 pm.

Activities: The Museum covers 600 acres and includes the Historic Village, the John L. Wehle Gallery, and the Genesee Country Nature Center, all of which provide interactive programs, fascinating exhibits, and special events to help you live and experience history.

Wheelchair Accessible: Yes

Website: <https://www.gcv.org/>

Herschel Carrousel Factory Museum

Email: info@carrouselmuseum.org

Phone: (716) 693-1885

Address: 180 Thompson Street, North Tonawanda New York 14120

County: Niagara

Age Range of Participants: all ages

Cost: Adults \$12, Students and Seniors (65+) \$9 Children 2-16 \$6 and under 2 are free. Admission includes 2 ride tokens.

Dates: April - December - check website for exact dates

Time: Wednesday - Saturday 10a m - 4 pm; Sunday 12 pm - 4 pm

Activities: Through educational, cultural, and recreational programming, visitors will experience the places, people, stories and artifacts associated with the production of carousels, band organs and amusement devices.

Website: www.carrouselmuseum.org

Jell-O Gallery Museum

Email: jellohistory@gmail.com **Phone:** (585) 768-7433

Address: 23 E. Main Street, Le Roy New York 14482 **County:** Genesee

Age Range of Participants: all ages

Cost: Adults \$7, Children age 6-11 \$2, Age 5 and under FREE

Dates: 1st Thursday in May to last Sunday before Christmas

Time: Thursdays - Saturdays 10 am - 4 pm, Sunday 1 - 4 pm

Activities: Follow the JELL-O brick road to the JELL-O Gallery and see where it all began! JELL-O was invented here in Genesee County in 1897 and this museum is dedicated to all things JELL-O, including the history and marketing of "America's Most Famous Dessert."

Website: jellogallery.org

Strong National Museum of Play

Email: info@museumofplay.org

Phone: (585) 263-2700

Address: One Manhattan Square, Rochester NY 14607

County: Monroe County

Cost: Varies. Check website for current pricing.

Dates: Open daily

Time: 10 am - 5 pm Sun - Thurs; 10 am - 8 pm Fri & Sat

Activities: The Strong is a highly interactive, collections-based educational institution devoted to the study and exploration of play. The Strong explores play in order to encourage learning, creativity, and discovery and to illuminate the American experience in particular and human experience in general.

Wheelchair Accessible: Yes

Website: www.museumofplay.org

NATURE

Junior Acorns

Email: Claudia.Nusstein@geneseeny.gov **Phone:** 585-344-1122

Address: Genesee County Park & Forest Interpretive Nature Center, 1410 Flint Hill Road, Mumford NY 14111

County: Monroe County

Age Range of Participants: 7 to 14 | **Cost:** \$25 annual program fee | **Dates:** Year round

Criteria: Junior ACORNS are young people ages 7 – 14 who care about nature and want to make a difference at the Genesee County Parks. They help at the parks by learning about plants, animals, forestry, aquatic ecosystems, and much more. Become a Junior ACORN today

Activities: The ACORNS (Association for Conservation of Recreational and Natural Spaces) are the volunteer friends group at the Genesee County Parks! Together with Genesee County Parks, Recreation & Forestry staff, ACORNS connect people with nature through outdoor learning, exploration and fun. You can join them by becoming a Junior ACORN.

Wheelchair Accessible: Yes

Website: <https://www.geneseeny.gov/Department-Content/Parks-Recreation-and-Forestry/Park-Programs-and-Education-Resources/Junior-ACORNS>

PLANTS & FLOWERS

Buffalo Botanical Gardens

Email: info@buffalogardens.com

Phone: (716) 827-1584

Address: 2655 South Park Avenue, Lackawanna New York 14218

County: Erie

Cost: \$19 Adults; \$17 Seniors (62+) and students (13+); children 3-12 \$9.50, Kids 2 and under free

Dates: Year round, Sunday-Saturday, closed on holidays

Time: 10 am - 4 pm (Last entry is at 3:30 p.m.)

Activities: The historic Buffalo Botanical Gardens is a premier cultural destination that engages visitors through a distinct and unique plant collection.

Wheelchair Accessible: Yes

Website: www.buffalogardens.com

SENSORY PLAY

Sensory Sensitive Sundays at Chuck E. Cheese's

Phone: Milestrip (716) 822-2221; Delaware (716) 270-5023

Address: 4408 Milestrip Rd. Buffalo 14219 and 2638 Delaware Ave. Buffalo 14216,

County: Other

Age Range of Participants: All ages

Dates: First Sunday of each month

Time: 9am-11am

Activities: Sensory Sensitive Sundays are special hours designed to provide children with sensory sensitivities and their families a quieter, more comfortable experience. With dimmed lighting, reduced noise levels, and a calm atmosphere, we've made it easier for everyone to enjoy our games, food, and activities in a setting that feels just right.

Wheelchair Accessible: Yes

Website: <https://www.chuckecheese.com/events/sensory-sensitive-sundays>

Achieve *With Us*

Now Enrolling Respite Services

We provide short-term, temporary relief for primary caregivers, allowing them to rest, travel, or manage personal tasks while ensuring their loved one continues to receive quality care. Ages 5-18 years old.

Recreational Respite:

- Nights & Weekends • After Program/After School
- Summer Fun Club & School Breaks/Days Off

In-Home Respite also available



1.833.ARC.ERIE x6011 • [ArcErieCounty.org/intake](https://www.ArcErieCounty.org/intake)



THEATERS

Alleyway Theatre

Email: email@alleyway.com

Phone: (716) 852-2600

Address: One Curtain Up Alley, Buffalo New York 14202

County: Erie

Time: year round

Activities: A professional theatre company and collaborative incubator for bold, visceral new theatre. Education & development programs foster the talents of emergent artists from Western New York and beyond ... embracing fearlessness, theatricality, humanity, & authenticity.

Wheelchair Accessible: Yes

Website: alleyway.com

Buffalo State Performing Arts Center - Rockwell Hall

Email: rockwellhallboxoffice@buffalostate.edu

Phone: (716) 878-3005

Address: 1300 Elmwood Avenue, Buffalo New York 14222

County: Erie

Time: Box office open 10 am - 4 pm Tues - Fri

Activities: The arts are the heart of a community. The Performing Arts Center (PAC), with more than 180 events and 50,000 patrons a year, is proud of the contribution it makes to the cultural vitality of SUNY Buffalo State and Western New York.

Wheelchair Accessible: Yes

Website: www.buffalostatepac.org

Irish Classical Theatre

Phone: (716) 853-4282

Address: 625 Main Street, Buffalo New York 14203

County: Erie

Dates: Check website for current schedule

Time: Box office hours (non-performance weeks) 11 am - 4 pm Thurs and Fri

Activities: The Irish Classical Theatre Company is a performing arts theatre located in Buffalo, NY. It presents outstanding productions at The Andrews Theatre, Western New York's only true theatre-in-the-round. In this intimate setting, you're never more than 12 feet from the stage.

Wheelchair Accessible: Yes

Website: www.irishclassical.com

Musicalfare Theatre

Email: info@musicalfare.com **Phone:** (716) 839-8540

Address: 710 Main Street, Buffalo New York 14202

Dates: Check website for current schedule - box office hours 10 am - 4 pm Tues & Thurs

Activities: MusicalFare Theatre is a not-for-profit professional musical theatre company dedicated to becoming a significant regional theatre with national prominence by developing and presenting world premiere musicals, re-imagined classic musicals and regional premieres.

Wheelchair Accessible: yes **Website:** musicalfare.com

Shakespeare in the Park

Email: info@shakespeareindelawarepark.org **Phone:** (716) 856-4533

Address: Delaware Park - 199 Lincoln Parkway, Buffalo New York 14222

Cost: Free (Donations accepted) **Time:** 7:00 PM

Dates: Pericles, Prince of Tyre - 6/18 - 7/12/26; The Taming of the Shrew - 7/13 - 8/16/26

Activities: Shakespeare in Delaware Park is a not-for-profit professional theatre company that provides free, high-quality public theatre to enrich, educate, and entertain diverse audiences through the works of William Shakespeare.

Wheelchair Accessible: Yes - Level seating by the sound stage - first come first serve basis.

Website: shakespeareindelawarepark.org

Shea's Performing Arts Center

Phone: (716) 847-1410 - Administration; (716) 847-0850 - Box Office

Address: 646 Main Street, Buffalo New York 14202

County: Erie

Activities: Shea's Performing Arts Center is a three-theatre campus - Shea's Buffalo, Shea's 710, and Shea's Smith Theatres - presenting Broadway tours, local productions, international artists, and arts education in the heart of Buffalo's Theatre and Entertainment District.

Wheelchair Accessible: Main floor only

Website: www.sheas.org

Theatre of Youth Sensory Performance Series

Email: admin@theatreofyouth.org **Phone:** (716) 884-4400 x304

Address: 203 Allen Street, Buffalo New York 14201

Age Range of Participants: all ages

Cost: \$7 including fees **Dates:** Check website for events

Criteria: Noise muffling headsets and a calming space are available. General seating.

Activities: Theatre of Youth (TOY) welcomes you to enjoy a performance in a sensory-friendly environment. Your children can sit where they are most comfortable and move around as they need, all while enjoying the magic of live theatre.

Wheelchair Accessible: Yes

Website: <https://theatreofyouth.org/sensory-friendly/>

Unique Theatre Company

Email: contact@uniquetheatre.org

Phone: (716) 982-7755

Address: 155 Chandler St., Suite 4, Buffalo New York 14207

County: Erie

Age Range of Participants: All ages depending on needs of the theatre product

Criteria: Unique Theatre Co. enlists local actors to work with people of all abilities. We provide experience with backstage work, playwriting, costume and set design as well as acting. Our shows are performed annually, and our classes are held throughout the year

Wheelchair Accessible: yes

Website: <https://www.uniquetheatre.org/>



TRAINS

Arcade & Attica Railroad

Email: arcadeandatticarr@yahoo.com **Phone:** (585) 492-3100

Address: 278 Main Street, Arcade New York 14009 **County:** Wyoming

Age Range of Participants: all ages **Cost:** prices vary

Dates: Regular excursions run every weekend from Memorial Day weekend until the last full weekend of September. The month of October is Fall foliage month and an extended schedule is available.

Activities: Offering seasonal passenger excursions by one of their two World War II era diesel electric locomotives.

Wheelchair Accessible: Yes **Website:** www.aarailroad.com

Medina Railroad Museum

Email: medinarailroad@gmail.com **Phone:** (585) 798-6106 for tickets

Address: 530 West Avenue, Medina New York 14103

County: Orleans

Cost: Adults (ages 13-59) \$10, Seniors (60) \$8, Children (ages 2-12) \$7, Under 2 are free

Dates: Closed Mondays. Check website for special events.

Time: Sunday & Tuesday 12:00 pm - 4:30 pm; Wednesday-Saturday 10:00 am - 4:30 pm

Activities: Your Train Ticket also allows entry into our huge Train Museum. Our museum is filled with railroad artifacts. It has one of the biggest model-train layouts in the country. Check website for special events.

Website: www.medinarailroadmuseum.org

ZOOS

Buffalo Zoo

Phone: (716) 837-3900

Address: 300 Parkside Ave., Buffalo New York 14214

County: Erie

Age Range of Participants: all ages

Cost: \$22.50 13-64; \$16.50 2-12; seniors 65+ \$19.50; under 2 years free.

Dates: year round

Time: 10-4 daily (Grounds close at 5pm)

Activities: Social story and sensory bag available on request. Must provide license to borrow sensory bag.

Wheelchair Accessible: Yes

Website: buffalozoo.org

Hidden Valley Animal Adventure

Email: Info@HiddenValleyAdventure.com

Phone: (585) 535-4100 **Address:** 2887 Royce Road, Varysburg NY 14167

County: Wyoming

Cost: Costs vary. Check website for pricing and to purchase tickets.

Dates: May - October

Time: On days of operation, park grounds are open 10am - 5pm with tours running 10:30am - 3:30pm.

Activities: Bus guided tours, self-drive tour, small animal walk-through.

Website: www.hiddenvalleyadventure.com

MUSIC, DANCE & DRAMA

DANCE

Danceability, Inc.

Email: danceabilitywny@gmail.com **Phone:** (716) 651-0094

Address: 2365 George Urban Blvd., Depew New York 14043

County: Erie **Age Range of Participants:** 3+

Cost: Varies by program. Self Direction budget accepted.

Dates: September through May **Time:** 3-8 pm

Criteria: Willingness to move with music to promote physical, social, and emotional wellness. Dance & Movement classes, Full season fitness frenzy, 6-week caregiver & me and 6 week theater classes.

Activities: Danceability is an individualized dance, fitness and movement program serving the special needs community. Our studio is led by qualified staff and dedicated volunteers who create a nurturing environment that empowers our students to flourish and grow while promoting a healthy lifestyle and we have a little fun along the way.

Wheelchair Accessible: Yes **Website:** www.danceabilityinc.org

Graceful & Gifted Dance Program

Email: timetodancestudiof@gmail.com

Phone: (716) 946-7909 **County:** Niagara

Address: 2423 Hyde Park Blvd., Niagara Falls New York 14305

Age Range of Participants: All ages

Cost: Contact for pricing **Dates:** Tuesdays **Time:** Various

Activities: Our vision is to create an inclusive and welcoming studio where everyone can access the magic of dance. Our dance program utilizes dance movement therapy. Classes are offered for ambulatory and non-ambulatory individuals.

Wheelchair Accessible: yes

Website: timetodancestudios.com/classes/graceful-gifted

Moving Miracles Dance Program (Division of Sasi)

Email: info@movingmiracles.org

Phone: (716) 656-1321

Address: 954 Union Road Suite 1, West Seneca New York 14224

County: Erie

Age Range of Participants: all ages

Cost: Cost varies by class; monthly payment options available.

Dates: Full time program begins in September and runs through May. Dates and times depend on your choice of program.

Activities: Moving Miracles offers classes in tap, jazz, ballet, contemporary, hip-hop, and creative movement. We also provide an innovative non-ambulatory program for dancers who utilize wheelchairs.

Wheelchair Accessible: Yes

Website: www.movingmiracles.org

Star Legacy Dance Class

Email: legacydance17@gmail.com **Phone:** (716) 299-0146

Address: 7502 Porter Road, Niagara Falls New York 14304 **County:** Niagara

Age Range of Participants: Ages 5 and up **Cost:** Sliding scale

Dates: September - May **Time:** Monday - Friday 4:30 pm-8pm

Activities: We offer dance classes in the following styles: Tap, Jazz, Ballet, Hip Hop, Pom, Modern, Lyrical, Acro, Baby Groove, Tumble Tots, Musical Theater, Experience Class (for experienced dancers 16 and up) and Competition Team (ballet and jazz are required).

Website: legacydancewny.com

Jewish Community Center of Greater Buffalo

Email: support@jccbuffalo.org

Phone: 716-688-4033

Address: 2640 N Forest Rd., Amherst NY 14068 **County:** Erie

Activities: Our mission is to provide high-quality dance and music classes to enhance the overall development of our students. We provide a safe environment to encourage our students to explore dance and music with highly qualified, nurturing, knowledgeable teachers. We believe that music and dance encourages students to develop a positive self-image by increasing awareness of their physical being.

Wheelchair Accessible: Yes

Website: www.jccbuffalo.org



northtown

automotive companies

+ Servicing WNY for
50 YEARS



northtowncareers.com

Wherever you go in Western New York, it goes without saying that Northtown Automotive is a part of it.

We work here. We play here. We live here.

We take pride in our community by giving back and supporting it in many ways. With 20 brands and 12 locations, we are committed to serving our customers and neighbors, today and tomorrow to the nth degree!

Shop at northtownauto.com

northtown
Official Automotive Dealer



MUSIC

BPO Kids for Exceptional Kids

Email: rpudlewski@bpo.com

Phone: (716) 242-7822

Address: 3 Symphony Circle, Buffalo New York 14201

County: Erie

Activities: BPO Kids for Exceptional Kids works to make the BPO Kids family concerts more acceptable and comfortable for all children, specifically those with autism spectrum disorders.

Wheelchair Accessible: Yes

Website: bpo.org - check calendar for BPO Kids events

Community Music School of Buffalo

Phone: (716) 884-4887

Address: 217 East Delevan Avenue, Buffalo New York 14208

County: Erie

Age Range of Participants: All ages

Cost: Annual registration \$30; \$35/30 minute lesson; \$68/60 minute lesson. Financial aid is available.

Time: Mon-Thurs 10 am - 8 pm; Fri 10 am - 5 pm

Criteria: Our board-certified music therapists offers the following individual adaptive lessons that are inclusive for all people with varying abilities for the following instruments: piano, voice, guitar, ukulele, electric bass, saxophone, and clarinet.

Activities: Individual and group classes and lessons in music, adult and teen classes, active ensembles and music therapy. Summer camps are also available.

Wheelchair Accessible: yes

Website: <https://communitymusicbuffalo.org/programs/individual-adaptive-lessons/>

Drum 4 Health

Email: carolyn@drum4health.net **Phone:** (716) 491-0031

Address: Kenmore, New York **County:** Erie

Age Range of Participants: Kids of all ages, 2 - 102+

Dates: By appointment **Cost:** Varies

Activities: Recreational music making/drum circles via a variety of drums and percussion instruments.

Wheelchair Accessible: Yes

Website: www.drum4health.net

Music Therapy & BCA Preschool Program

Bloom Creative Arts & BloomiVerse

Email: online form - <https://www.bloomcreativearts.com/inquiry>

Phone: 716-422-0070

Address: Locations in Derby, Grand Island, Ken Ton and Hamburg

Age Range of Participants: Pre and School Age Children

Time: Mon-Friday 8 am to 5 pm, Saturday 8 am to noon

Criteria: Provide Special Education Services, Speech Therapy, Occupational Therapy, Physical Therapy and Music therapy, with Wellness and Sensory Support Programs for our students. With a strong focus for children with autism, sensory needs, or of unique abilities we strive to provide the best we can offer for your family as you transition into the school system. Our integrated preschool classrooms are housed inside Care-A-Lot Childcare Centers, and our newest location, Bloom Early Learning Center.

Activities: At Bloom, we provide a gentle and loving approach in interactions with all living things. Whether we are communicating with tiny humans, older adults, our fellow team members, or a worm on the sidewalk, our correspondence stems from love. We believe that the foundation of all relationships should be reflective of a cared for and nurtured connection. Every person is unique. Every day is different. Our job is to be patient and empathetic, curious and understanding, accepting and loving. We expect BIG emotions and ready ourselves to support the person experiencing them. We celebrate differences and encourage change and growth. Just as a flower blooms when it is ready, so do the people we care for. Until then, we delight in planting the seed, nurturing the roots, watching and loving that flower as it grows.

Wheelchair Accessible: Yes

Website: www.bloomcreativearts.com

THEATERS

Art Park of Lewiston

Email: boxoffice@artpark.net **Phone:** (716) 754-4375 box office

Address: 450 South 4th Street, Lewiston New York 14092 **County:** Niagara

Age Range of Participants: all ages **Dates:** Various throughout the year.

Time: Mon-Fri 10am-4pm, park/trails - dawn to dusk

Activities: For more than fifty consecutive summers, world-class artists and performers, Western New Yorkers, and visitors from across the globe have come together on the edge of Niagara Gorge to shape unforgettable encounters. These experiences could only happen at Artpark - a natural and cultural treasure unlike any other.

Wheelchair Accessible: Yes

Website: artpark.net

Inclusive Theater of WNY

Email: inclusivetheaterofwny@gmail.com **Phone:** (716) 218-8129

Address: Buffalo New York 14208 **County:** Erie

Age Range of Participants: all ages

Criteria: ITOWNY depends on Volunteers in different aspects of the production and administration including ushering, backstage, marketing, directing, and fundraising.

Activities: Inclusive Theater of WNY (ITOWNY) is a performing and visual arts company that is dedicated to advancing artists of all forms and levels of ability, including artists with disabilities, to encourage the change of socially constructed images and misconceptions that exist of people from diverse backgrounds and groups.

Wheelchair Accessible: Yes

Website: inclusivetheaterofwny.com

PARKS

NATURE PRESERVES

Audubon Community Nature Center

Email: info@auduboncnc.org **Phone:** (716) 569-2345

Address: 1600 Riverside Road, Jamestown New York 14701

County: Chautauqua

Age Range of Participants: all ages

Cost: Adults \$6, children age 3-15 \$2, maximum cost for families \$15, members and children under 2 are free.

Time: Monday - Saturday 10-4:30pm, Sunday 1-4:30pm

Activities: The Audubon Community Nature Center is a 600-acre wetland preserve that includes over five miles of trails, a native tree arboretum, picnic areas, a natural play space, and educational gardens for you to explore daily from dawn until dusk.

Wheelchair Accessible: Yes

Website: www.auduboncnc.org

Buffalo Audubon at Trillium Nature Center

Email: info@buffaloaudubon.org **Phone:** (585) 457-3228

Address: 1610 Welch Road, North Java New York 14113 **County:** Wyoming

Dates: Nature Center open Tuesday-Saturday 10 am - 4 pm (closed on major holidays) Trails open daily sunrise to sunset **Time:** 10am-4pm

Activities: Beaver Meadow is a 364-acre nature preserve in North Java, NY. It features ponds, wetlands with a boardwalk trail, wooded uplands, meadows, an arboretum, and eight miles of well-marked trails. It is the only Buffalo Audubon property with a fully staffed Nature Center.

Wheelchair Accessible: Yes

Website: www.buffaloaudubon.org

Losson Trails

Phone: (716) 656-2220

Address: Stiglmeier Park, 810 Losson Road, Cheektowaga New York 14227

County: Erie

When: Dates and times of programs vary. Trails are open daily from dawn to dusk.

Activities: Stiglmeier Park is a 308 acre recreation facility in the Southeastern quarter of the town of Cheektowaga which hosts 15 nature trails, each with varying distances. There is a wooden boardwalk that is wheelchair accessible. Open to the public.

Wheelchair Accessible: Yes

Website: <https://tocny.org/documents/losson-nature-trails/>

Pfeiffer Nature Center Eshelman Property

Email: naturalist@pfeiffernaturecenter.org

Phone: (716) 933-0187

Address: 1420 Yuba Dam Road, Portville New York 14770

County: Cattaraugus

Cost: free, donations welcomed

Dates: January through September

Time: dusk til dawn

Activities: The Eshelman Property has 488 acres and has nearly 4 miles of trails through wetlands and secondary growth forest. Historically a small farm, this property has a variety of habitat, successional forest, wetlands, and mixed areas. Birders especially enjoy this property during migration events.

Wheelchair Accessible: yes - one trail on the Lillibridge property

Website: www.pfeiffernaturecenter.org

Reinstein Woods Nature Preserve

Email: reinsteinwoods@dec.ny.gov

Phone: (716) 683-5959

Address: 93 Honorine Drive, Depew New York 14043

County: Erie

Cost: Free, donations welcome

Dates: Year Round. Trails open from sunrise to sunset.

Time: Education Center M-F 9am-4:30pm, Sat 1-4:30pm; Closed Sundays and state holidays.

Activities: Reinstein Woods is a 292-acre complex of forests, ponds and wetlands. We offer a variety of opportunities to explore and learn about nature for people of all ages and abilities. Free guided tours of the woods are available.

Wheelchair Accessible: Yes

Website: reinsteinwoods.org

Roger Tory Peterson Institute of Natural History

Email: info@rtpi.org

Phone: (716) 665-2473

Address: 311 Curtis Street, Jamestown New York 14701

County: Chautauqua

Cost: Adults \$12, Seniors/Military/Students \$10, Children under 10 \$6, Arts Access Pass accepted

Time: Wednesday-Saturday 10 am - 4 pm, Monday and Tuesday by appointment

Activities: Home to the largest collection of Roger Tory Peterson's work, the Roger Tory Peterson Institute is a leader for the study, exhibition and nurturing of art that matters to the planet.

Website: www.rtpi.org

Tift Nature Preserve

Email: tiftreservations@sciencebuff.org

Phone: (716) 825-6397

Address: 1200 Fuhrmann Boulevard, Buffalo New York 14203

County: Erie

Cost: No fee - donations appreciated.

Dates: Trails open daily from dawn until dusk

Time: Visitor Center Wednesday-Sunday 10am-4pm

Activities: Tift Nature Preserve is a 264-acre nature refuge dedicated to conservation and environmental education. Guided walks, groups, and workshops.

Wheelchair Accessible: Yes

Website: tift.org

ACCESS PASS

The lifetime Access Pass provides a **50 percent discount** on some amenity fees charged for facilities and services such as camping, swimming, boat launch, and specialized interpretive services.

Cost: \$10 for passes purchased online or via mail

Available for: U.S. citizens or permanent residents of the United States who have been medically determined to have a permanent disability.

(This need not be a 100 percent disability.)

Website: <https://www.fws.gov/service/federal-recreation-passes>

PARKS

Allegany State Park

Phone: (716) 379-6450 **Address:** Salamanca New York 14779

County: Cattaraugus **Cost:** Vehicle fee \$7

Dates: Sunrise to Sunset

Activities: The Red House Area is known for the historic Tudor-style Administration Building, with everything centrally located around Red House Lake. It offers 5 miles of paved bike paths, boat and bike rentals, a sandy beach for swimming, fishing, and snowmobiling. Camping also in Cain Hollow Area.

Wheelchair Accessible: Yes

Website: <https://parks.ny.gov/visit/state-parks/allegany-state-park-red-house-area>

Fort Niagara State Park

County: Niagara **Phone:** (716) 218-7904

Address: 1 Maintenance Ave., Youngstown New York 14174

Cost: Vehicle entrance fee - \$8/car, \$35/bus. Additional \$3 cost for pool

Dates: Open year-round **Time:** Sunrise to sunset

Website: <https://parks.ny.gov/visit/state-parks/fort-niagara-state-park>

Iroquois National Wildlife Refuge

County: Genesee **Email:** iroquois@fws.gov **Phone:** (585) 948-5445

Address: 1101 Casey Road, Basom New York 14013

Cost: free **Time:** sunrise to sunset

Criteria: To plan for your trip you should contact the refuge headquarters to gather pertinent information on the refuge and surrounding area.

Activities: Iroquois National Wildlife Refuge, located mid-way between Rochester and Buffalo, NY has been described as one of the best kept secrets of Western New York. Teeming with wildlife and wild lands the refuge offers opportunities for the public to experience. Activities include biking, cross country skiing, hunting, ranger-led programs, birding, fishing, ice fishing, show-shoeing, boating, hiking photography and more.

Website: www.fws.gov/refuge/iroquois

Lake Erie State Park

Phone: (716) 379-6862 **Address:** 5838 Rt. 5, Brocton New York 14716

County: Chautauqua **Cost:** Vehicle fee \$7

Dates: Trails open daily from dawn until dusk

Activities: High bluffs overlooking Lake Erie provide a breathtaking view for the visitor to Lake Erie State Park. Lake Erie features a shoreline covering over three quarters of a mile bordering the shallowest of the Great Lakes

Wheelchair Accessible: Yes

Website: <https://parks.ny.gov/visit/state-parks/lake-erie-state-park>

Letchworth State Park

County: Wyoming **Phone:** (585) 493-3600

Address: 1 Letchworth State Park, Castile New York 14427

Cost: \$10 per vehicle; All buses \$35 **Dates:** Trails open daily from dawn until dusk

Time: Daily hours 6am-11pm check website for specific opening/closing dates

Criteria: The A.N.T. provides a safe and inclusive area for individuals with autism or other related disabilities. The accessible mile long trail hosts eight different sensory stations for individuals and families of individuals to experience and explore nature.

Activities: Letchworth State Park, renowned as the “Grand Canyon of the East,” is one of the most scenically magnificent areas in the eastern U.S. The Genesee River roars through the gorge over three major waterfalls between cliffs--as high as 600 feet in some places--surrounded by lush forests.

Wheelchair Accessible: Yes

Website: <https://parks.ny.gov/visit/state-parks/letchworth-state-park>

Olcott Beach Carousel Park

County: Niagara **Email:** olcottbeachcarouselpark@gmail.com

Address: 5979 Main Street, Olcott New York 14126

Cost: All rides \$0.25 (1 ticket); duck pond requires 2 tickets CASH ONLY

Dates: Memorial Day weekend through Labor Day

Time: June: Saturday & Sunday 12 pm- 6 pm; July-Labor Day: Friday - Sunday 12 pm-6 pm

Criteria: Kiddie rides are for children up to 52 inches, no exceptions.

Activities: Vintage kiddie park with Magic Show at 2 pm onstage

Website: <https://olcottbeachcarouselpark.org/>

Reserve America

ReserveAmerica.com provides convenient access to all things outdoors. A leading destination for discovering, exploring, and booking campsites, cabins, yurts, and other rental options, the site guides millions of visitors in planning their outdoor adventures each year.

Website: www.reserveamerica.com

PEER SOCIAL EVENTS

Collaborative Community Mission

Email: collabcomm.mission@gmail.com

Date/Time: Check website for more details.

Activities: To foster relationships among a diverse community of caregivers and professionals that promote learning and child development through accessible programming, resources, and expertise. Activities such as social groups, yoga, musicconnection, and more! Check website for new monthly events.

Website: www.collaborativecommunitymission.org

Fantastic Friends of Western New York

County: Erie **Email:** fantasticfriendswny@gmail.com **Phone:** (716) 703-3969

Address: 4000 California Road, Suite D, Orchard Park New York 14127

Age Range of Participants: 10+ **Criteria:** Programs are for ages 10 through adults.

Activities: Children and adults have a great time at events and programs, socializing and making friends. Parents are able to enjoy respite or socialize with other parents during programs.

Wheelchair Accessible: yes

Website: www.fantasticfriendswny.org

Friends United of WNY

County: Erie **Email:** friendsunited192@gmail.com **Phone:** (716) 421-9974

Address: PO Box 1154, West Seneca New York 14224

Age Range of Participants: Adults **Date/Time:** Check website for calendar.

Activities: Friends United Together, Inc. (FUTI) was created to help promote inclusion of athletes with different abilities. Friends United of WNY has now become so much more - league bowling, culinary class, social skills, games, and seasonal events.

Website: futiwny.org

Sensational Fun

County: Erie **Email:** otcheryl@sensationalfun.org **Phone:** (716) 674-7001

Address: 2881 Southwestern Blvd., Unit 1, Orchard Park New York 14127

Age Range of Participants: no age limits

Cost: Varies by program - from \$8 and up **Date/Time:** Check website for details.

Criteria: Equipment has weight limits of 175-320 lbs.

Activities: Sensational Fun, Inc. is a non-profit community organization proudly serving the Western New York area since 2016. We offer a wide range of inclusive programs, skills classes, clubs, sports, respite care, and family events, all thoughtfully adapted to meet the unique needs of those we serve.

Wheelchair Accessible: Yes

Website: www.sensationalfun.org

PLAYGROUNDS

INDOOR PLAYGROUNDS

Billy Beez

County: Erie **Phone:** (716) 989-5012

Address: 1 Walden Galleria, Unit TH271, Cheektowaga New York 14225

Age Range of Participants: All ages

Cost: Ages 1-17 \$22.95, Infant (0-11 mo) Free with paid child or \$13.95 Infant & Adult; Adult 1st \$4.95, Adult 2nd \$6.95, Senior (65+) Free with paid child

Dates: Monday - Thursday, 11 am to 6:30 pm; Friday 11-8 pm; Saturday 10-9 pm; Sunday 10-7 pm

Activities: Slides, Ballistics Arena, Sports courts, Mini Beez, Games, Tunnels & More

Website: <https://billybeezus.com/location/walden-galleria/>

Climb & Play Café

Phone: (716) 398-5649

Address: 3701 McKinley Parkway, McKinley Mall, Blasdell New York 14219

County: Erie

Cost: \$10 open play; \$25 monthly pass, \$59 3-month pass

Dates: Monday to Sunday

Time: Sunday - Thursday, 9 am - 5 pm; Friday & Saturday 9 am - 7 pm

Activities: Indoor maze and climbing play structure with ball pits, an area for little climbers and a cozy lounge with TVs. Video game zone for kids 8+

Website: <https://www.climbandplaybuffalo.com/>

Friendship Fortress

Email: friendshipfortresswny@gmail.com

Phone: (716) 276-8461

Address: 1590 Hopkins Road #199, Williamsville New York 14221

County: Erie

Age Range of Participants: children up to 8 years old

Cost: \$15 / child and \$5 per adult

Dates: Monday - Thursday 9 am to 6 pm, Friday 9 am to 7:30 pm, Saturday 9 am to 7:30 pm, Sunday 9 am to 4:30 pm

Activities: Visit Friendship Fortress Play Cafe for a couple hours or a whole day of fun! At Friendship we have areas for Children up to 8 years old, where parents can enjoy a wonderful cup of coffee, treats, and lunch fare while they supervise their little ones. We have areas for all ages of development that are designed for independent or social play.

Website: www.wnyfriendshipfortress.com

Friendship Village Play Café

Address: 5450 Camp Road, Hamburg New York 14075

County: Erie

Cost: \$20 per child for open play, includes 1 adult; \$5 for each additional adult.

Dates: Monday-Thursday 10 am -\to 1 pm; Friday-Sunday 10 am to 3 pm.

Activities: We offer a variety of different services including Weekly Gymnastics classes for the little ones and all-day open play for all ages, whether they want to bounce around in our bounce houses, climb our indoor tree house, or play in our village shops.

Website: <https://www.friendshipvillageplay.com/>

FunCity Adventure Park

County: Erie **Phone:** (716) 288-7075

Address: 3781 Union Road, Cheektowaga New York 14225

Cost: 2 hours \$28.99/Toddler 2 hour \$21.99; All day General \$33.00/Toddlers \$24.99. Jump socks \$3.50

Dates: Sun-Thurs, 12 pm to 9 pm; Friday 12 pm - 10 pm; Saturday 10 am to 10:30 pm

Activities: Trampoline Courts, Dodge Ball, Arcade Machines, Bumper Ball, Basketball, Battle Beam, Ninja Course, Foam Pit, Climbing and Playground.

Website: <https://www.funcitybuffalo.com/>

Get Air

County: Erie **Phone:** (716) 205-3794

Address: 3637 Union Road, Cheektowaga, New York 14225

Cost: Big Jumpers - \$28.99 3 Hour Jump; \$25.99 2 Hour Jump; \$18.99 1 Hour Jump, \$21.99; 3 Hour; Little Air (under 46 inches); \$22.99 3 Hours.\$19.99 2 Hour Little Air; \$12,99 1 Hour Little Air \$4 socks

Time: Monday - Thursday, 10 am to 8 pm; Friday & Saturday 10 am to 10 pm; Sunday 8 am to 8 pm

Activities: Trampolines, dodgeball, ninja activities, kiddie court, foam pit, slamball, jackline, fidget ladder and massage chairs.

Website: <https://getairsports.com/buffalo/>

Little Buffalo

Phone: (716) 427-3668 **Address:** 633 Hertel Avenue, Buffalo New York 14207

Cost: Must reserve on website - \$15/1.5 hour of play or \$295 per month; Classes start at \$30, Camps \$295, Parties available to book. Check online fore updated pricing.

Dates: Monday - Saturday, check website calendar for more information.

Criteria: Children 0-7 years of age.

Activities: Boutique indoor play space for kids. Gross motor playground, pretend and dramatic play, sensory play. Open Play Time, Play School Drop-Off Program (2.5-5 years); Summer camps and special events

Website: <https://www.littlebuffaloplay.com/>

Sweet Charlotte's Open Play

County: Erie **Email:** sweetcharlottes@yahoo.com

Phone: (716) 320-5848 - main number; (716) 320-0661 - for parties

Address: 10255 Main Street, Suite 9, Clarence New York 14031

Age Range of Participants: children up to age 7

Cost: \$15 for first child. Discount for each additional child

Time: Tuesday through Saturday 9:30 - 11 am.

Criteria: Reservations required. All children must be accompanied & closely supervised by a parent or guardian at all times

Activities: A relaxed and safe environment where ALL children are welcome and encouraged to explore our space using their own imagination and creativity to play in a way that makes them happy. Crafts are also available for busy little hands.

Website: www.sweetcharlottes.org/play

Urban Air

Phone: (716) 568-7083 **Address:** 1 Walden Galleria, Cheektowaga NY 14225

County: Erie

Cost: \$14.99 under 5 with height requirements, \$27.99 Deluxe Ticket, \$36.99 Ultimate Ticket, Socks (required) \$3.99

Time: Monday - Friday 4:00 pm - 8:00 pm; Saturday & Sunday 10:00 am - 8:00 pm

Activities: Trampoline courts, Mini-golf, Trapeze, Spin Zone Bumper Cars, Virtual Reality, Go-Kart Trac, Bowling, Climbing Walls, Playground, Warrior Course

Website: <https://www.urbanair.com/new-york-buffalo/>

Village Play

County: Erie **Email:** info@village-play.com **Phone:** (716) 544-2188

Address: 651 Oakwood Avenue, East Aurora New York 14052

Cost: \$10 for one hour; \$18 for 2 hours of play

Dates: Check website for availability

Time: 1 or 2 hour blocks of time are available to book through the website

Criteria: Open play requires adults to stay on site. *Socks are required for adults and children, grippy socks encouraged.

Activities: We offer a screen free play space full of natural wood toys and décor with soft colors to harness organic creativity. Village Play encourages active and imaginative play. Birthday party rentals and camps are available as well.

Website: <https://www.village-play.com/>

OUTDOOR ADAPTIVE PLAYGROUNDS

A Playground for All at Chestnut Ridge Park

Email: gpanek@chestnutridgeconservancy.org

Address: 6121 Chestnut Ridge Road, Orchard Park New York 14127

County: Erie

Activities: Together with the Erie County Parks Department, the Chestnut Ridge Conservancy is engaging in a very ambitious project for the purchase and installation of a significant new playground at Chestnut Ridge Park which will be fully accessible for children of all needs and abilities and have play equipment for children of all ages and abilities.

Wheelchair Accessible: Yes

Website: chestnutridgeconservancy.org

Billy Wilson park

Email: parksadmin@amherst.ny.us

Address: 1290 Hopkins Road, Williamsville New York 14221

County: Erie **Dates:** Year round **Time:** Dawn till dusk

Wheelchair Accessible: Yes

Website: www.amherst.ny.us

Ellicott Creek Park

Address: 1 Ellicott Creek Drive, Tonawanda New York 14150

County: Erie

Mason's Mission Playgrounds

Activities: All children, not just those with special needs, can use all the equipment. We're creating a playground where none otherwise exists adding to the quality of life of all WNY families. Disabled other adults can use the equipment, too. So wheelchair-bound parents can still enjoy a day at the park with their kids!

Locations:

- 6570 Campbell Blvd, Lockport New York 14094, Niagara County
- Green Acres School, 205 Yorkshire Road, Tonawanda New York 14150, Erie County
- H.O. Brumsted Elementary School, 173 Canada Street, Holland New York 14080, Erie County
- 2640 Outhouse Road, Canandaigua NY 14424, Ontario County

Wheelchair Accessible: Yes

Motion Junction

Phone: (585) 394-1120

Address: County: Ontario County

Activities: Motion Junction @ Richard P. Outhouse Memorial Park offers a fully inclusive play experience.

Wheelchair Accessible: yes

Website: http://www.townofcanandaigua.org/portfolio_detail_page.asp?id=42
playgrounds

West Dawson Park

Address: Columbia Avenue off of Transit Road, Depew New York 14043

County: Erie **Activities:** All children, not just those with special needs, can use all the equipment. We're creating a playground where none otherwise exists adding to the quality of life of all WNY families.

Wheelchair Accessible: Yes

Winchester Academy Inclusive/Adaptive Playground

Address: 650 Harlem Road, West Seneca New York 14224

County: Erie



Cradle Beach
Offering Year-Round Inclusive Programming for
Children & Adults on the beautiful shores
of Lake Erie



Summer Camp Respite Programs
Senior Services Retreats & Conferences

716-549-6307
CradleBeach.org

8038 Old Lakeshore Road | Angola, NY 14006

Recreation Departments

Aurora Dept. of Parks & Recreation

Email: recreation@townofaurora.com

Phone: (716) 652-8866

Address: 575 Oakwood Avenue, East Aurora New York 14052

County: Erie

Criteria: Check website for more detailed information on programs available.

Activities: Recreation programs for the Town of East Aurora.

Website: <https://aurorany.myrec.com/info/default.aspx>

Cattaraugus County Youth Recreation

Phone: (716) 701-3233

Address: 1 Leo Moss Drive, Suite 7610, Olean New York 14760

County: Cattaraugus

Age Range of Participants: 0-21 years

Criteria: Check website for more detailed information on programs available.

Website: www.cattco.org/youth-bureau/youth-bureau

Cheektowaga Adapted Recreation Program

Email: cheekarp@gmail.com

Phone: (716) 897-7205

Address: 275 Alexander Ave., Buffalo New York 14211

County: Erie

Age Range of Participants: Vary by program

Cost: Various; Rates are OPWDD eligible.

Activities: A variety of adapted recreational activities and social opportunities for youth with developmental and learning disabilities.

Wheelchair Accessible:

Website: <https://tocny.org/departments/youth-recreational-services/>

City of Lackawanna Recreation Department

Email: recreation@lackny.com

Phone: (716) 827-6457

Address: 714 Ridge Road, Room 219, Lackawanna New York 14218

County: Erie

Age Range of Participants: all ages

Criteria: Check website for more detailed information on programs available.

Website: www.lackawannany.gov/government/recreation/



Scan here for more information on recreation respite, weekend respite and afternoon respite programs.



We provide health & human services that enrich lives & communities.

Dunkirk Youth and Recreation Department

Email: atofil@cityofdunkirk.com

Phone: (716) 366-9877

Address: 338 Central Avenue, 2nd Floor, Dunkirk New York 14048

County: Chautauqua

Age Range of Participants: youth

Criteria: The Dunkirk Recreation Department offers a variety of leagues and activities for all ages to enjoy.

Website: https://www.cityofdunkirkny.gov/government/departments/youth_and_recreation/index.php

Erie County Recreation Department

Phone: (716) 858-8355

County: Erie

Activities: See website for listing of parks and activities.

Website: erie.gov/parks

Genesee County Youth Bureau

Email: genesee.youthbureau@dfa.state.ny.us

Phone: (585) 344-3690

Address: 5130 E Main Street, Batavia New York 14020

County: Genesee

Criteria: Check website for more detailed information on programs available.

Activities: Programs and activities are provided in the area of Youth Empowerment, Cultural Enrichment, Recreation, and Education.

Website: <https://www.geneseeny.gov/Department-Content/Youth-Bureau>

Grand Island Parks & Recreation

Email: recreation@grandisland.ny.us

Phone: (716) 773-9680

Address: 3278 Whitehaven Road, Grand Island New York 14072

County: Erie

Criteria: Adaptive programs include bowling, creative crafters and creative movement fit and fun.

Activities: Swimming, volleyball, basketball, holiday events and more

Website: <https://grandislandny.myrec.com/info/default.aspx>

North Tonawanda Department of Youth, Recreation and Parks

Email: mbernas@northtonawanda.org

Phone: (716) 695-8520 ext 5500

Address: 383 Vandervoort St, North Tonawanda New York 14120

County: Niagara

Time/Dates: varies by program and if you are a resident of North Tonawanda

Activities: Year round sports activities and community events.

Website: <https://www.ntyouthcenter.com/>

Olean Recreation Department

Email: kshewairy@cityofolean.org

Phone: (716) 376-5698

Address: 101 East State Street, Olean New York 14760

County: Cattaraugus

Age Range of Participants: all ages

Criteria: Check website for more detailed information on programs available

Activities: Various sports and events.

Website: <https://cityofolean.org/departments/youth-recreation/>

Orchard Park Recreation Department

Email: oprec@orchardparkny.org

Phone: (716) 662-6450

Address: 4520 California Road, Orchard Park New York 14127

County: Erie

Criteria: Check website for more detailed information on programs available.

Activities: Various sports and events available. Adaptive swim offered, Special olympics developmental program.

Website: <https://www.oprec.org/Youth-Teen-Programs>

Tonawanda Youth, Parks & Recreation Dept.

Phone: (716) 831-1001

Address: 299 Decatur Road, Town of Tonawanda New York 14223

County: Erie

Criteria: Check website for more detailed information on programs available.

Activities: Check website for current activities.

Website: <https://www.tonawanda.ny.us/youth-parks-recreation.html>

Town of Alden Recreation

Email: michelle.gadd@erie.gov

Phone: (716) 937-7393

Address: , Alden NY 14004

County: Erie

Criteria: The Alden Recreation Department provides a year round recreation program for youth, adults and Sr. citizens using Alden Town Parks, Alden Community / Sr. Center, Town Hall and Alden Central School facilities.

Activities: Year round sports activities and community events.

Website: <https://www4.erie.gov/alden/recreation>

Town of Amherst Youth & Recreation Department

Email: jburns@amherst.ny.us

Phone: (716) 631-7132

Address: 1615 Amherst Manor Drive, Williamsville New York 14221

County: Erie

Activities: Check website for current information on programs and activities.

Wheelchair Accessible: Yes

Website: www.amherstyouthandrec.org

Town of Cambria Parks and Recreation Department

Email: cdineri@townofcambria.com

Phone: (716) 433-7664

Address: 4160 Upper Mountain Road, Sanborn New York 14132

County: Niagara

Criteria: Check website for more detailed information on programs available.

Activities: The Town of Cambria offers Summer Day Recreation and Baseball Programs for the youth of our community ages 5 years through 15 years.

Website: townofcambria.com/Parks-Recreation

Town of Clarence Recreation Department

Email: ctrapper@clarence.ny.us

Phone: (716) 407-2162

Address: 10510 Main Street, Clarence New York 14031

County: Erie

Criteria: The Recreation Department provides a wide variety of opportunities for indoor and outdoor activities.

Activities: Year round sports activities and community events.

Website: <https://www4.erie.gov/clarence/recreation-department>

Town of Collins

Phone: (716) 532-2006

Website: <https://www.townofcollins.com/Departments/Youth-Recreation>

Town of Hamburg Adaptive Sports & Activities

Email: recreation@townofhamburgny.gov

Phone: (716) 646-5145, ext. 4332

Address: 4041 Southwestern Blvd., Bldg. 4, Orchard Park New York 14127

County: Erie

Activities: Saturday recreation program, social nights, football clinic at Buffalo Bills Field House, Softball, Golf Clinics, Adaptive swimming

Website: <https://www.townofhamburgny.gov/203/Youth-Recreation-Senior-Services>

Town of Lewiston Recreation Department

Email: tsmith@townoflewistonny.gov

Phone: (716) 754-8213

Address: 1375 Ridge Road, Lewiston New York 14092

County: Niagara

Criteria: Check website for more detailed information on programs available.

Activities: Year round sports activities and community events.

Website: <https://townoflewistonrec.us/>

Town of Porter Recreation

Email: Toprecdirector@gmail.com

Phone: (716) 334-2183

Address: 3265 Creek Road, Youngstown New York 14174

County: Niagara

Age Range of Participants: youth

Criteria: Check website for more detailed information on programs available.

Activities: Year round sports activities and community events.

Website: <https://www.townofporterny.gov/recreation>

Town of Wheatfield Recreation Department

Email: miker@wheatfield.ny.us **Phone:** (716) 731-3942

Address: 6812 Nash Road, Wheatfield New York 14120

County: Niagara

Criteria: Check website for more detailed information on programs available.

Activities: Year round sports activities and community events.

Website: <https://www.wheatfield-ny.gov/159/Recreation>

West Seneca Recreation Department

Email: recreation@westseneca.gov

Phone: (716) 674-6086 **Address:** 1300 Union Rd., West Seneca NY 14224

County: Erie

Criteria: Check website for more detailed information on programs available.

Activities: Softball, swimming, camps, basketball, and many other sports and holiday activities

Website: <https://westsenecany.myrec.com/info/default.aspx>

Wyoming County Youth Bureau

Phone: (585) 786-8850 **Address:** 8 Perry Avenue, Warsaw New York 14569

County: Wyoming

Criteria: Check website for more detailed information on programs available.

Website: <https://www.wyomingcountyny.gov/226/Youth-Bureau>

YMCA Challenger Sports - Genesee County Sports

County: Genesee **Email:** jbender@glowymca.org **Phone:** (585) 344-1664

Address: 211 East Main Street, Batavia New York 14020

Age Range of Participants: ages 5-21 **Cost:** \$25 per participant

Activities: Challenger Sports is a program for kids ages 5-21 with both physical and learning disabilities. Challenger Baseball began in 2005, and has expanded to include 8 sports and activities offered through out the year.

Wheelchair Accessible: yes

Website: glowymca.org/programs/sports/challenger-sports/

Village of Youngstown

Email: jgruarin@youngstownnewyork.us

Phone: 716-696-2757

Address: 240 Lockport Street, Youngstown NY 14174

Age Range of Participants: Varies by program. Check website for more details.

Dates: Check website for more details.

Activities: We offer a sensory space, disc golf and a summer recreation program.

Website: <https://www.youngstownny.gov/204/Recreation>

RESPITE

Aspire Respite Programs

County: Erie **Email:** intake@aspirewny.org **Phone:** (716) 838-0047

Address: 2356 North Forest Road, Getzville New York 14068

Activities: Offers after-school, Saturday, and hourly respite opportunities.

Wheelchair Accessible: Yes

Website: <https://www.aspirewny.org/services/respite/>

Boys & Girls Clubs of Buffalo

County: Erie **Email:** info@bgcbuffalo.org **Phone:** (716) 825-1016

Address: 282 Babcock Street, Buffalo New York 14210

Age Range of Participants: 5 to 13

Cost: \$250 per semester **Time:** Afterschool program

Criteria: Check website for more detailed information on programs available.

Activities: The Clubs provide a safe, structured environment for socializing and play, learning and growing and fostering positive character values and attitudes.

Website: bgcbuffalo.org

Community Services for Every 1

County: Erie **Email:** info@csevery1.com **Phone:** (716) 883-8888

Address: 180 Oak Street, Buffalo New York 14203

Criteria: Must be waiver enrolled. Did not see on website; cannot confirm

Activities: Our Respite Programs offer planned short-term and time-limited opportunities for families and care providers to have some personal time.

Wheelchair Accessible: Yes

Website: <https://www.csevery1.com/referrals/children-and-youth-services/respite-2/>

Cradle Beach Respite (Weekend Program)

County: Erie **Email:** gclark@cradlebeach.org **Phone:** (716) 549-6307

Address: 8038 Old Lakeshore Road, Angola New York 14006

Age Range of Participants: 8+

Cost: Home & Community Medicaid Waiver Program

Dates: January - May, September - December, August (18+)

Time: 7pm Friday-3pm Sunday

Criteria: Developmentally disabled individuals living with family in WNY.

Activities: Weekend respite and recreation; various sessions throughout the year.

Wheelchair Accessible: Yes

Website: www.cradlebeach.org

People Inc.**County:** Erie **Phone:** (716) 817-7400**Address:** 1219 North Forest Road, Williamsville New York 14221**Age Range of Participants:** Some Respite Programs serve limited age groups.**Cost:** Most respite programs are funded by the Medicaid Waiver and for people enrolled in the HCBS Waiver there is no charge.**Criteria:** Families of people who have documented developmental disabilities are eligible for respite services.**Activities:** Afterschool, after work, vacation, and recreation respite available. Please check website for more details.**Wheelchair Accessible:** Yes **Website:** <https://www.people-inc.org/respite/>**sasi Recreation Respite****County:** Erie **Email:** info@sasinc.org **Phone:** (716) 805-1555**Address:** 960 W Maple Ct., Elma New York 14059**Criteria:** Recreation is offered on both weekday evenings and weekends.**Activities:** Recreation respite offers a variety of evening and weekend activities around WNY. Transportation is provided to and from the event from central meeting locations. Past outings include dances, bowling, festivals, movies, and shopping. This program allows people to have opportunities for socialization and recreation in various community settings.**Website:** www.sasinc.org/Services/Community-Services/**The Arc Erie County Respite Services****County:** Erie **Email:** intake@arceriecounty.org **Phone:** (833) 272-3743**Address:** 30 Wilson Road, Williamsville New York 14221**Activities:** Offers after school, in-home, recreation, and after program respite services.**Wheelchair Accessible:** Yes**Website:** <https://www.arceriecounty.org/home-and-community-based>**SCIENCE****Challenger Learning Center****County:** Niagara **Phone:** (716) 434-3196**Address:** 160 Washburn St, Lockport NY 14094**Cost:** Please check website for more information o programs, dates and cost.**Activities:** The mission of the Challenger Learning Center is to engage students and teachers in dynamic, hands-on exploration and discovery opportunities that strengthen knowledge in science, technology, engineering, mathematics (STEM), inspire students to pursue careers in these fields, and provide an outlet to learn and apply important life skills.**Website:** <https://www.clclockport.org/>

SPORTS

ALL SPORTS

Young Athletes Program - Special Olympics Western Region

County: Erie **Email:** dkuberka@nyso.org **Phone:** (716) 580-3346

Address: 2821 Wehrle Drive, Suite 7, Williamsville New York 14221

Age Range of Participants: up to age 7

Activities: A sport and play program for children with and without intellectual disabilities (ID), up to age 7. It introduces basic sport skills and offers families, teachers, caregivers and people from the community the chance to share the joy of sports with all children.

Wheelchair Accessible: yes

Website: www.specialolympics-ny.org/regions/western/

Challenged Athletes Participating in Sports (CAPS)

Email: zero7kevin@verizon.net

Phone: (716) 418-3698

Address: 240 Glencove Rd., Town of Tonawanda New York 14223

County: Erie

Age Range of Participants: All ages

Activities: C.A.P.S. offers a year long sports and social program for physically and mentally challenged children and young adults

Wheelchair Accessible: Yes

Website: www.capswny.com

BASEBALL

Central Amherst Little League Challenger Baseball

County: Erie **Email:** challenger@centralamherst.com

Phone: (716) 286-7355 **Address:** 480 Wehrle Drive, Amherst New York 14226

Age Range of Participants: Minors - 4-9 years; Majors - 10-18 years; Seniors 19+ years

Cost: Registration is \$75 **Dates:** Season May through July

Activities: We are WNY's only recognized baseball program for players with disabilities by Little League Baseball (Williamsport, PA). We play baseball that allows athletes to experience the game as it's intended to be played in a safe, comforting, fun environment.

Wheelchair Accessible: yes

Website: <https://www.centralamherst.com/Default.aspx?tabid=1996804>

EMW Elma/Marilla/Wales “Dream League”

Email: sarahruth90@gmail.com **Phone:** (716) 907-9313

Address: Creek Road Park, Elma New York 14059

County: Erie **Age Range of Participants:** ages 5 to 21

Activities: In the Dream League, every player bats every inning, batters swing until they get a hit (with or without assistance), players are safe on the bases, there are no outs and every player scores a run each inning.

Website: www.emwbaseball.org

BIKING

iCan Bike

Email: adrienne@thechampionprojectwny.com

Phone: (716) 677-9100

Address: The R.O.C.K., 425 Meyer Road, West Seneca New York 14224

County: Erie

Age Range of Participants: 8+

Cost: \$250

Dates: June 29 - July 3 2026

Time: 75 minutes each day - varies

Criteria: Have a diagnosed disability, a minimum inseam of 20 inches, weigh less than 220 pounds, be able to walk without assistive devices, be able to side-step quickly, and be able to willingly wear a properly fitted helmet.

Activities: Using adaptive bicycles, a specialized instructional program and trained staff to enable individuals with disabilities to learn to ride a two-wheel bicycle.

Website: www.thechampionprojectwny.com/high-five

WNY Trendy Trikes - AMBUCS

County: Erie

Email: wnytrendytrikes@gmail.com

Adaptive trikes are a go-to tool in therapy because kids see pedaling as play, not work. Bringing home means daily opportunities to build strength and endurance, roll alongside family and friends, and soak up fresh air and sunshine.

Website: <https://www.facebook.com/wnytrendytrikes>

BOATING

Excalibur Leisure Skills Center, Inc.

Email: jim@excaliburl.com **Phone:** (716) 831-3188

Address: 1111 Fuhrmann Blvd., Buffalo New York 14203

County: Erie **Dates:** Monday-Friday

Time: 2-hour excursions at different times throughout the day

Activities: Excalibur is dedicated to providing adaptive boating and fishing opportunities for developmentally challenged and disadvantaged persons. Fishing and boating excursions available. Please tell our office which you are interested in.

Wheelchair Accessible: Yes

Website: <https://excaliburl.com/boating-excursions/>

BOWLING

Abbott Lanes

Phone: (716) 822-4000

Address: 1840 Abbott Road, Lackawanna New York 14218

County: Erie **Cost:** Check website **Dates:** Open year-round

Criteria: Reservations recommended for open bowling. Call for availability.

Activities: We have 24 lanes of fun for the whole family and tons of kids bowling specials.

Website: <https://abbottlanesbowlinnpizzeria.com/>

Allie Brandt Lanes

County: Niagara **Email:** alliebrandtlanes@gmail.com **Phone:** (716) 433-5976

Address: 6510 Lincoln Avenue, Lockport New York 14094

Age Range of Participants: all ages **Cost:** Check website for updated pricing
Check website for current schedule.

Activities: Allie Brandt Lanes is a great place to have fun times with family and friends. We have plenty of bumper bowling lanes just for kids!

Wheelchair Accessible: Yes

Website: www.alliebrandtlanes.com

AMF Airport Lanes

Phone: (716) 632-0655 **Address:** 3754 Genesee Street, Cheektowaga NY 14225

Activities: With 66 polished lanes, we welcome guests of all ages and skill levels, providing an exceptional Cheektowaga bowling experience.

Wheelchair Accessible: Yes

Website: www.amf.com/location/amf-airport-lanes

AMF Lancaster Lanes**Phone:** (716) 668-1000**Address:** 4913 Transit Road, Depew New York 14043**County:** Erie**Activities:** Discover AMF Lancaster Lanes, the ultimate entertainment destination for classic, family-friendly bowling in Depew, NY. With cosmic bowling and 36 polished lanes, we offer an unmatched bowling experience for guests of all ages and skill levels at competitive prices.**Wheelchair Accessible:** Yes**Website:** www.amf.com/location/amf-lancaster-lanes**Bennington Lanes****Email:** frostyacres119@yahoo.com **Phone:** (585) 591-2314**Address:** 1374 Clinton Street Road, Attica New York 14011**County:** Wyoming **Age Range of Participants:** All ages

Check website for events and registration for bowling

Activities: Bowling ramp available**Wheelchair Accessible:** Yes**Website:** <https://www.facebook.com/BenningtonLanesNY/>**Bowling League for Special Needs****County:** Erie **Phone:** (716) 773-0062**Address:** Mallwitz's Island Lanes - 1887 White Haven Rd., Grand Island NY 14072**Cost:** Check website **Dates:** September - April **Time:** Saturdays 11 am - 12:30**Criteria:** Any age individual with special needs**Wheelchair Accessible:** yes**Website:** www.islandlanes.com/junior.htm**Classic Lanes****County:** Erie **Phone:** (716) 873-3383**Address:** 1840 Military Road, Kenmore New York 14217**Activities:** Bowling with adaptive equipment (bumpers and ramps available).

Lanes have wheelchair accessibility.

Wheelchair Accessible: Yes**Website:** www.classiclanesny.com**Good Times of Olean****County:** Cattaraugus **Email:** Christine@goodtimesolean.com **Phone:** (716) 379-8210**Address:** 1 Leisure Lane, Olean New York 14760**Activities:** Bumper bowling, arcade, mini-golf available**Wheelchair Accessible:** Yes**Website:** <https://gtobowl.com/>



Community Services FOR EVERY1



Supporting people with intellectual/developmental disabilities, chronic health conditions and complex mental health concerns, and victims of domestic violence.

- **Children's Services**
- **Care Coordination Services**
- **Family Support Services**
- **Respite Services**
- **Behavioral Support Services**
- **Employment Services**
- **Residential Services**

csevery1.com

716-883-8888

Jamestown Bowling Co.**Email:** management@jamestownbowling.com**Phone:** (716) 483-1818**Address:** 850 Foote Avenue, Jamestown New York 14701**County:** Chautauqua

Check website for updated pricing and dates

Activities: Bumper bowling is available**Wheelchair Accessible:** Yes**Website:** <https://www.facebook.com/people/Jamestown-Bowling-Co/100057657151322/>**Kenmore Lanes****Email:** kenmorelanes@yahoo.com**Phone:** (716) 875-5340**Address:** 1691 Kenmore Avenue, Kenmore New York 14217**County:** Erie**Age Range of Participants:** all ages**Activities:** Bowling with adaptive equipment (bumpers and ramps available).**Wheelchair Accessible:** Yes**Website:** <https://www.facebook.com/kenmorelanesny/>**Letchworth Pines****Email:** kevin@letchworthpines.com**Phone:** (585) 468-2166**Address:** 6985 Fillmore Road, Portageville New York 14536**County:** Wyoming**Cost:** Check website for updated pricing**Activities:** Bumper bowling and ramps available for bowlers**Wheelchair Accessible:** Yes**Website:** <https://www.facebook.com/LetchworthPinesNY>**Transit Lanes****County:** Erie **Phone:** (716) 632-3838 **Address:** 7850 Transit Road, Williamsville NY 14221**Activities:** Bowling with adaptive equipment (bumpers and ramps available).**Wheelchair Accessible:** Yes**Website:** www.transitlanes.net

Wimbledon Lanes

County: Erie **Email:** wimbledonlanes@gmail.com **Phone:** (716) 674-3333

Address: 220 Center Road, West Seneca, New York 14224

Dates: Please call the Lanes for availability, open bowling may NOT always be available.

Activities: Bowling with adaptive equipment (bumpers available). No ramp available - welcome to bring your own.

Wheelchair Accessible: No

Website: www.wimbledonlanes.com

CHEERLEADING

Buffalo Envy All Stars Adaptive Cheerleading

Email: buffalo.envy@aol.com

Phone: (716) 822-2572

Address: 2600 Hamburg Turnpike, Space "H", Lackawanna New York 14218

County: Erie

Age Range of Participants: No age limit

Cost: check website for current information

Dates: Check website for current schedule

Time: Fridays from 6:00-7:30pm

Activities: At Buffalo Envy our compassionate, and knowledgeable staff will begin training your athlete in the basics of cheerleading.

Wheelchair Accessible: Yes

Website: <https://www.buffaloenvy.com/adaptive-cheer-program.html>

FOOTBALL

Huddleup!

Email: huddleupkids@gmail.com

Age Range of Participants: 3 and up

Cost: check website for more details for 5 week programming.

Activities: Players will learn the fundamentals of football and the characteristics of teamwork needed to play any sport, which will in turn prepare them to be future leaders.

Website: <https://www.teamhuddleupkids.com/huddleup-buffalo>

GOLF

The First Tee of WNY

Phone: (716) 250-3355 **Address:** P.O. Box 273, Bowmansville New York 14026

County: Erie

Activities: A comprehensive youth development program that offers learning opportunities to WNY youths. Programs are conducted in partnership with local golf facilities, elementary & middle schools and organizations serving youth.

Wheelchair Accessible: Yes

Website: <https://firstteewesternny.org/>

GYM

Fitness Ability

County: Erie **Email:** fitnessabilityinc@gmail.com **Phone:** 716-249-2010

Address: 1940 Kenmore Avenue, Buffalo New York 14216

Cost: \$10 per class - basic drop in; Online & in person classes \$40/month or Elite Personal Training & Exercise Classes \$100/month.

Dates: Check their online calendar - <https://fitnessability.org/schedule/>

Criteria: Our goal at FitnessAbility Inc., is to make every gym visit a positive and effective workout with the objective that everyone one feels included, and with a desire to return to our universally integrated fitness facility. We will enhance the participants

Activities: Zumba, Cocoon Meditation, Cardio Kickboxing, Fierce Barre, and Bungee Fitness.

Wheelchair Accessible: yes

Website: www.fitnessability.org

Flips Gymnastics & Sport

County: Niagara **Phone:** (716) 433-8811

Address: 6017 S. Transit Rd, Lockport NY 14094

Age Range of Participants: varies by program

Cost: Varies by program **Dates:** Year round

Activities: Flips Gymnastics has five different programs that are founded on gymnastics and fitness. It's certain that your children will find an activity they love.

Website: <https://www.flipkids.com/>

GYMNASTICS

Buffalo Turners Gymnastics

County: Erie **Email:** bfloturners@aol.com **Phone:** 716-877-2700

Address: 3200 Elmwood Avenue, Kenmore New York 14217

Activities: Buffalo Turners Gymnastics offers a variety of programs to keep your little ones active and learning.

Website: <https://www.buffaloturnersgymnastics.com/>

HORSEBACK RIDING

Buffalo Therapeutic Riding Center, Inc. (BTRC)

County: Erie **Email:** becandbtrc@aol.com

Phone: (716) 877-9295

Address: 950 Amherst Street, Buffalo New York 14216

Age Range of Participants: 5-18 years cannot exceed 150 pounds

Cost: Scholarships are available

Dates: Monday afternoons 3:30 pm to 7:30 pm, April through November

Activities: The only indoor riding facility in the City of Buffalo, the BTRC currently offers programs for children with emotional, developmental, or/and physical challenges ages 5 to 18.

Wheelchair Accessible: Yes

Website: www.thebtrc.org

Centaur Stride Therapeutic Riding Facility

County: Chautauqua **Email:** info@centaurstride.org **Phone:** (716) 326-4318

Address: 8488 Jones Road, Sherman New York 14781

Time: Scheduling by appt. only

Criteria: Programs are open to all in an integrated setting (some restrictions apply).

Activities: Horseback riding to accommodate various disabilities, while focusing on safety, integration and challenge. Experiential learning to focus on social skills and group dynamics in a natural environment.

Wheelchair Accessible: Yes

Website: www.centaurstride.org

High Hurdles Therapeutic Riding

County: Erie **Email:** shelby.dytschkowskyj@sasinc.org **Phone:** (716) 436-3935

Address: 13339 Route 39, Sardinia New York 14134

Age Range of Participants: 4 and up

Cost: 8-week session: \$480; Full season (4 sessions): \$1,920; funding/assistance may be available

Dates: Sessions run March through November

Activities: Therapeutic riding and horsemanship for individuals who are physically, cognitively and emotionally challenged. Also, hands on field trips are available.

Wheelchair Accessible: Yes

Website: <https://highhurdlestrc.org/>

Lothlorien Therapeutic Riding Center

Email: program.ltrc@gmail.com **Phone:** (716) 655-1335

County: Erie **Address:** 15 Reiter Road, East Aurora New York 14052

Age Range of Participants: 3+

Cost: 4 week session \$260; 6 week session \$390; 8 week session \$520 Tuition assistance and family discounts may be available.

Dates: Check website for current schedule

Criteria: Must have the ability to ride

Activities: Lothlorien Therapeutic Riding Center, Inc. (LTRC) offers inclusive horsemanship and horseback riding opportunities for individuals of all abilities. While many of our riders have cognitive, physical, emotional, or learning disabilities, no diagnosis is required to participate; our doors are open to everyone!

Wheelchair Accessible: Yes

Website: www.lothlorientrc.org

Strides of Grace Equestrian

Email: cbbooth@aol.com **Phone:** 716-908-5436

County: Erie **Address:** 5940 Newhouse Road, East Amherst NY 14051

Age Range of Participants: 3 and up

Cost: Varies by program, check website

Criteria: We aim to create a space where all riders feel supported, encouraged, and excited in their equestrian journey. Through our comprehensive curriculum, we teach horsemanship skills and instill essential life skills such as responsibility, independence, and perseverance.

Activities: At Strides of Grace we teach not only riding, but foster meaningful connections and a sense of community among our students. By creating a positive and motivating environment, our students can thrive and grow into confident, compassionate individuals. We recognize the importance of hard work and determination and strive to instill these values in our students. Our goal is to empower them to overcome challenges, explore their potential, and achieve their dreams.

Website: <https://stridesofgrace.as.me/schedule/cf9873a5>

ICE SPORTS

Buffalo Sabres Sled Hockey

Phone: (716) 704-5355 **Address:** Northtown Center, Amherst or Cornerstone Arena, Lockport, or Buffalo State Arena

Age Range of Participants: 5 and up **Criteria:** Must be able to sit upright

Cost: check website for current information **Dates:** September through March Saturdays and Sundays with travel for games and tournaments

Activities: Alternative style of hockey for those with disabilities is played on a sled with the same rules of ice hockey.

Wheelchair Accessible: Yes **Website:** www.buffalosabressledhockey.org

Buffalo Sabres Thunder Ice Hockey

County: Erie **Email:** bsthockey2008@gmail.com

Address: North Buffalo Rink, 156 Tacoma Avenue, Buffalo New York 14216

Age Range of Participants: Dependent on skating ability and experience

Cost: Varies by birth year **Dates:** October - April

Criteria: To play hockey for the Buffalo Sabres Thunder, a player should be comfortable skating on ice and be able to feel comfortable in the use of the protective hockey equipment. Previous skating experience is recommended.

Activities: Provides individuals with developmental disabilities the unique opportunity to play ice hockey. A coed, non-checking ice hockey team with individuals who love hockey and have some ice skating experience.

Wheelchair Accessible: Yes

Website: www.wnyspecialhockey.com

Cornerstone Ice Arena

Phone: (716) 438-7698

Address: 1 Grigg Lewis Way, Lockport New York 14094

County: Niagara

Age Range of Participants: all ages

Cost: check website for more details

Dates: check website for current programs

Activities: Offers public skating, learn to skate for adults and kids, figure skating, sled hockey, youth and adult hockey and ice bumper cars.

Website: cornerstoneicearena.com

Gliding Stars of WNY

Email: infogs@glidingstars.org

Phone: (716) 608-8345

Address: 1307 Military Road, Buffalo New York 14217

County: Erie

Age Range of Participants: 18 months+

Cost: Contact for cost (OPWDD Eligible)

Dates: September through March

Criteria: Gliding Stars is a non-profit organization that provides adaptive ice skating programs to individuals of all ages with physical, mental, and/or emotional challenges.

Activities: Adaptive Ice Skating Program that serves individuals with disabilities in WNY. Nationwide including chapters in OH, PA, NY and FL.

Wheelchair Accessible: Yes

Website: www.glidingstars.org

Greater Buffalo Adaptive Sports (formerly The Sled Hockey Foundation)

Email: community@greaterbuffaloadaptivesports.org

County: Erie **Phone:** (716) 984-2585

Address: 9 Sagebrush Lane, Lancaster New York 14086

Age Range of Participants: Youth, Adults and Veterans

Criteria: Youth, Adults and Veterans welcome. Sports include Sled Hockey, Lacrosse, Curling, Tennis and wheelchair football.

Activities: Greater Buffalo Adaptive Sports was formed to provide individuals with disabilities in Western New York the opportunity to participate in sports and promote positive physical, social, and emotional well being.

Wheelchair Accessible: Yes

Website: greaterbuffaloadaptivesports.org

SABAH

Email: SABAH@sabahinc.org **Phone:** (716) 362-9600

County: Erie **Address:** 2607 Niagara Street, Buffalo New York 14207

Cost: Varies depending on sport, check website for specifics

Criteria: SABAH continues to be dedicated to the mission of enriching the quality of life for individuals challenged by physical, cognitive, and/or emotional disability by providing education and therapeutic recreation, promoting fitness, and developing social and

Activities: Adaptive Ice Hockey, Ice Skating, Summer Skates, Fit & Fun for Adults with Disabilities, Summer Athletes Bold at Heart and other events. Check website for more detail.

Wheelchair Accessible: Yes

Website: www.sabahinc.org

MARTIAL ARTS

Master Khechens Martial Arts Academy

Email & Phone: Check website for info on location near you

Address: Various locations - Buffalo, Cheektowaga, Hamburg, Niagara Falls and Williamsville

Age Range of Participants: 3+ **Cost:** Please contact for more information.

Criteria: Can work with individuals with behavior needs and disabilities.

Activities: Master Khechen's Martial Arts Academy offers cutting edge martial arts, self-defense and fitness classes in the Buffalo, NY and Charlotte, NC areas. We have programs and classes to suit all ages from our Preschoolers and Children's Martial Arts classes, to our Teen and Adult Kickboxing and Self Defense classes.

Website: <https://buffalokicks.com/>

Reiderer's Kemp Self-Defense Studio

Email: kenposelfdefensestudio@gmail.com **Phone:** 716-694-1600

County: Erie **Address:** 2468 Niagara Falls Blvd., Tonawanda NY 14150

Age Range of Participants: 4 through Adult

Criteria: Kenpo Eagles classes are for children with special needs that focuses on self control, self-defense, coordination and fitness!

Wheelchair Accessible: yes

Website: www.kenpodefense.com

ROCK CLIMBING

Niagara Climbing Center

Email: climb@niagaraclimbingcenter.com

Phone: (716) 695-1248

Address: 1333 Strad Avenue, North Tonawanda New York 14120

County: Niagara

Age Range of Participants: All ages

Cost: Check website for current pricing.

Activities: Stretch your mind and body in a controlled and fun indoor rock climbing environment. Niagara Climbing Center can bring the 24 foot high portable climbing wall to you. Professionally trained staff is provided by the Center. Yoga program and training program available as well. Check website for more details.

Wheelchair Accessible: Yes

Website: www.niagaraclimbingcenter.com

SCUBA DIVING

Phoenix SCUBA & Water Sports

County: Erie **Email:** dive@phoenixscuba.com **Phone:** (716) 939-3889

Address: 2198 South Park avenue, Buffalo New York 14220

Time: Pool session times vary - check website. Store hours - Tues-Fri 2pm-6pm, Saturdays 10am-2pm

Activities: Adaptive SCUBA Diving for the physically disabled with cognitive challenges.

Wheelchair Accessible: Yes

Website: www.phoenixscubabuffalo.com

WNY Adaptive Water Sports

County: Erie **Phone:** (716) 364-8219

Address: 3621 Stony Point Road, Grand Island New York 14072

Cost: No charge however, some SCUBA instruction may have associated fees and donations are graciously accepted.

Criteria: All of our activities are open to people with a physical or mental disability as well as their families and/or caretakers.

Activities: Programs include Sailing, Paddling (Kayak and Canoe), Waterskiing (including Tubing, boating, and a day at the beach), SCUBA and Fishing.

Wheelchair Accessible: Yes

Website: <https://wnyadaptivewatersport.org/wp/>

SKIING

Bill Lounsbury Adapted Ski Program

Email: info@lounsburyadaptive.org

Phone: (716) 699-3504 (ski season only)

Address: 6557 Holiday Valley Road, Ellicottville New York 14731

County: Cattaraugus

Age Range of Participants: 5+

Cost: 2 hour lesson is \$100

Dates: December 26th through mid-March (The Penguin Paddle is held in February)

Time: We offer morning (9:30 – 11:30) and afternoon (1:00 – 3:00) lessons daily.

Criteria: Call for details; cost includes lift ticket, two hours of private instruction and equipment use

Activities: Adapted ski programs for physically and mentally challenged individuals. We can accommodate a wide variety of disabilities, including people with wheelchairs.

Wheelchair Accessible: Yes

Website: lounsburyadaptive.org

Buffalo Ski Club

Email: office@buffaloskiclub.com **Phone:** (716) 941-5654

County: Erie **Address:** 7414 State Road, Colden New York 14033

Cost: Costs vary. Check website for current pricing.

Activities: Buffalo Ski Club brings together three ski areas Sitzmarker Ski Club, Ski Tamarack and Buffalo Ski Club and covers 300 acres with 43 trails ranging in terrain from expert to beginner.

Website: www.buffaloskicenter.com

Hills Angels Adaptive Snow Sports Program

County: Erie **Email:** office@buffaloskiclub.com **Phone:** (716) 941-5654

Address: Buffalo Ski Club PO Box 608 (Mail Only), Orchard Park New York 14127

Cost: 7 week sessions - \$300 members, \$400 non members

Time: All registrations will take place via the office.

Criteria: Join the Hills Angels adaptive coaches for two hour sessions designed for children and adults with physical disabilities and developmental delays.

Activities: Staff work with participants and their companions to tailor sessions to the skier or snow boarders needs. Our goal is to train participants and companions with the skills to ski independently.

Website: <https://www.buffaloskicenter.com/hills-angels/>

Holimont's Phoenix Adaptive Program

Email: snowsports@holimont.com **Phone:** (716) 699-8159

Address: Holimont - 6921 Route 242, Ellicottville New York 14731

County: Cattaraugus **Cost:** Various (Lift and equipment rentals)

Dates: Lessons offered during the season, open to members and non-members, a special 4-day Christmas Camp

Time: Various, Single lessons offered Saturdays and Sundays

Criteria: Adaptive ski/snowboard program focusing on the instruction and guidance for adults and children with disabilities.

Activities: Staffed by dedicated volunteers and trained instructors, this program provides a safe, compassionate skiing environment. Each student is matched up with an instructor and a volunteer.

Wheelchair Accessible: Yes

Website: <https://holimont.com/programs/phoenix-adaptive/>

Kissing Bridge Adaptive Ski Program

County: Erie **Email:** info@kissingbridge.com **Phone:** (716) 592-4963 ext 2230

Address: 10296 State Road, Glenwood New York 14069

Age Range of Participants: all ages

Cost: seasonal passes and lessons offered, prices vary

Activities: Kissing Bridge has 39 slopes across 700+ acres. There's terrain that caters to all skill levels, from beginner to intermediate riders, plus several challenging slopes for expert levels. Our nine lifts provide the opportunities to explore the hillside trails and shred through several terrain parks.

Website: www.kbski.com

SOCCER

Soccer Shots Empower Program

County: Erie **Email:** buffalo@soccershots.com **Phone:** (716) 408-3071

Address: 225 Delaware Avenue, Buffalo New York 14202

Age Range of Participants: ages 2-8 **Cost:** Programs start at \$136

Dates: Check website for different locations, pricing, and timeframes.

Criteria: Programs may vary by location. Check your local Soccer Shots for class availability.

Activities: Soccer Shots offers three core programs to meet the developmental needs of children ages 18 months to 8 years old. It's way more than just learning the game of soccer. We aim to build character, skills and confidence while also having a whole lot of FUN.

Website: www.soccershots.com/buffalo/

West Seneca Soccer Club

Email: wsscboard@westsenecasoccer.org

Address: 3747 Seneca Street, West Seneca New York 14224

County: Erie

Age Range of Participants: 4 and older

Cost: Contact program

Dates: Season begins the first week of May or as soon as the fields are playable. Season ends the last week of July or the first week of August depending weather events and other delays.

Activities: Our House League program is a recreational soccer program which focuses on learning the game of soccer and developing skills through training and game play.

Website: <https://westsenecasoccer.org/house-league/>

SWIMMING

Au-Some Swimmers

Address: Jewish Community Center of Greater Buffalo

County: Erie

Criteria: A learn to swim program for children with autism spectrum disorders. Offers one-on-one and small group lessons

Activities: Through personalized instruction, sensory-aware techniques, and a nurturing environment, Au-some Swimmers empowers kids to gain confidence in the water while building social and motor skills.

Website: <https://www.jccbuffalo.org/swim-lessons/>

Niagara Aquatics Adaptive LTS

Email: danielleandalora@gmail.com **Phone:** (716) 857-0755

Address: Sweet Home High School, 1901 Sweet Home Rd, W Amherst NY 14228

County: Erie **Age Range of Participants:** all ages **Cost:** Call for pricing

Criteria: Our mission is to teach children with special needs how to be safe in the water.

Activities: Adaptive swim classes

Website: niagaraaquatics.com

SUMMER PROGRAMMING

CAMPS

Camp Abilities

Email: campabilitiesbrockport01@gmail.com **Phone:** (585) 395-5361

County: Monroe **Address:** 350 New Campus Drive, Brockport NY 14420

Age Range of Participants: ages 9-19 **Dates:** 2026 dates - June 28-July 4

Activities: Empower children and teens with visual impairments to be physically active and productive members of their schools, towns, cities, and communities, as well as to improve the health and well-being of people with sensory impairments.

Wheelchair Accessible: Yes

Website: www.campabilities.org

Camp Eagr

Email: mradell@epiwny.org - Michael Radell, Camp Director

Phone: (585) 442-4430 Ext. 2741

Address: Rochester Rotary Sunshine Camp, 809 Five Points Road, Rush NY 14543

County: Monroe **Age Range of Participants:** 8-17 and siblings

Cost: Overnight \$950 with scholarships available; Day Camp \$300; \$35 registration fee

Dates: July 19-25, 2026 - overnight camp; July 20 - 24, 2026 Day Camp

Time: Day camp hours: 8:30 am - 4:30 pm (flexible) **Criteria:** Registration on website

Activities: Children from all over the Northeast, regardless of their seizure control, can experience a camp complete with swimming, hiking, canoeing, arts and crafts, nature, wall climbing and horseback riding with other kids with epilepsy.

Website: <https://www.epiny.org/epilepsy/camp-eagr/>

Camp Get-A-Way (Camp Bristol Hills)

Email: hello@cgaw.org

County: Ontario **Address:** 4437 Kear Road, Canandaigua NY 14424

Age Range of Participants: families of all ages

Criteria: Offering Day and Overnight sessions for families to connect and recharge.

Activities: Camp Get-A-Way is structured with family in mind. Along with individual activities, we plan time for the whole family to do things together like movie nights, bingo, and—of course—campfires.

Wheelchair Accessible: Yes

Website: www.cgaw.org

Camp Turner

Email: campturner@olvcharities.org

Phone: (716) 354-4555

County: Cattaraugus **Address:** PO BOX 264, (9150 ASP 3), Salamanca NY 14779

Age Range of Participants: ages 7-16

Cost: Varies. Check website for more info. Financial assistance through www.friendsofcampturner.org

Dates: July to Mid August. Check website for list of current sessions.

Activities: Here, kids unplug and dive into horseback riding, archery, hiking, arts and crafts, nature study, campfires, creek-walking, and games like GaGa ball and 9-Square. Many sessions also offer activities like fishing, drama, Zumba, and digital photography. And older campers enjoy high-ropes adventures, backpacking, off-site outings and leadership development programs.

Wheelchair Accessible: Yes

Website: www.campturner.com

Cheektowaga Summer Day Camps

Email: yrservices@tocny.org

Phone: (716) 897-7205

Address: 275 Alexander Avenue, Buffalo New York 14211

County: Erie

Age Range of Participants: 4-12, teen club 13-15

Cost: Chktg res. \$960/ 6 wks or \$175/ wk, Non-res. \$1195/ 6 wks or \$246/ wk; OPWDD Eligible (Pricing from 2025 - please check website for current rates.

Dates: July - August (Monday - Friday) **Time:** 8:30 am - 3:30 pm

Criteria: Limited availability for one-on-one assistance.

Activities: Six week Integrated Day Camp and Teen Club at Alexander Community Center, Neighborhood Day Camp at Dartwood Community Center.

Wheelchair Accessible: Yes

Website: <https://tocny.org/departments/youth-recreational-services/>

Cradle Beach Camp

Email: gclark@cradlebeach.org

Phone: (716) 549-6307 ext. 206

County: Erie **Address:** 8038 Old Lake Shore Road, Angola New York 14006

Age Range of Participants: ages 8-17 with and without disabilities

Cost: Based on family income/sliding fee scale

Dates: Sessions are 5 days a week starting at the end of June through August. Children can attend two non-consecutive sessions per summer season.

Time: Drop off Monday at 9:00 a.m.; pick up Friday between 4:00 & 5:00 p.m.

NOTE: session 5 drop off Sunday at 9:00 a.m., pick up Thursday between 4 & 5 p.m.

Activities: Our inclusive summer camp provides skillbuilding, friendships and fun within nature. Our specialized programming serves a variety of complex diagnoses, including physical, medical, social, emotional and neurological conditions.

Wheelchair Accessible: Yes

Website: www.cradlebeach.org

Rochester Rotary Sunshine Camp

Email: Brandi Koch, brandi@rochesterrotary.org **Phone:** 585-533-2080

County: Monro **Address:** 809 Five Points Road, Rush NY 14543

Age Range of Participants: 7 to 21 & up

Cost: \$400 per week

Dates: June 29-July 3; July 20-July 24; Aug 17-21 (more to come- check website)

Time: Day camp hours: 8:30 am - 4:30 pm

Activities: Sunshine day camp offers outdoor games and sports, creative arts and crafts and nature exploration.

Wheelchair Accessible: Yes

Website: <https://www.sunshinecamp.org/sunshine-day-camp/>

Camp Centerland

Email: campcenterland@jccbuffalo.org **Phone:** 716-444-8901

County: Erie **Address:** 2640 N Forest Rd., Amherst NY 14068

Dates: 6 Weeks during the summer months

Time: Day Camp Program - 8:30 am -4:30 pm

Activities: Welcome to Camp Centerland! We are proud to be the premier summer day camp in Western New York, where every child is welcomed, valued, and celebrated for who they are. At Camp Centerland, our mission is simple: to create a safe, inclusive, and joy-filled environment where campers build confidence, form lasting friendships, and make unforgettable summer memories.

Wheelchair Accessible: yes

Website: www.jccbuffalo.org/camp-centerland/

LE3, Inc.

Email: mainoffice@le3-inc.org **Phone:** 716-430-9322

County: Erie **Address:** check website for locations in Erie County & pricing

Age Range of Participants: 6 weeks to 12 years old

Criteria: LE3 is a nonprofit organization with the mission to Locally Enrich Educational Experiences for all children through academic programming.

Activities: We work to provide students with academic experiences that support their school day. Children can drop in after school for homework help, participate in engaging lessons, hang out with friends, and just socialize.

Wheelchair Accessible: Yes

Website: www.le3inc.org

Associated Physical & Occupational Therapists

Email: contact@apot-wny.com - general info; summercamp@apot-wny.com - summer camp info

Phone: (716) 874-6175

County: Erie **Address:** 3767 Delaware Road, Kenmore New York 14217

Age Range of Participants: 4-12 years

Cost: Summer Camp is \$375/week; Kindergarten Readiness Classes offered free

Dates: Check website for more details **Time:** Mon-Fri 9am-4:30pm

Criteria: Summer programming, kindergarten readiness and parent education

Activities: APOT is a local, women-owned, therapist-owned PT & OT organization working with kids across WNY. In addition to PT and OT therapies, kindergarten readiness and parent education groups, and summer programs are available.

Wheelchair Accessible: Yes

Website: <https://www.apot-wny.com/services>

Rooted Beginnings

Email: Kate Coffman - rootedbeginningswny@gmail.com

Phone: 716-335-2601

Address: 10593 Main Street, Clarence New York 14031

County: Erie

Age Range of Participants: All ages

Cost: Blocks Pricing: \$350 for 4 Blocks per month. Each Block is 3 hours in length.

Dates: Check calendar: <https://rootedbeginnings.org/current-calendar-and-pricing>

Criteria: Rooted Beginnings is a home-like, inclusive community guided by DIRFloortime® principles, where learners of all ages and abilities can belong, explore, and thrive. We focus on relationship-based, flexible, and joyful learning rather than rigid, industrialized systems.

Activities: Our programs are designed for learners who need neuroaffirming, low-demand approaches, including: Children with PDA (Pathological Demand Avoidance) profiles Nonspeaking or minimally verbal autistic learners; Twice-exceptional or complex learners who struggle in traditional school or therapy; Children with ADHD, sensory sensitivities, or heightened anxiety Families seeking individualized support, authentic connection, and environments that honor nervous system differences find a welcoming home here.

Wheelchair Accessible: yes

Website: www.rootedbeginnings.org

VACATIONS

Exceptional Vacations

Email: info@exceptionalservices.net

Phone: (866) 748-8747

Address: 9250 Glades Rd., Suite 111, Boca Ration FL 33434

Age Range of Participants: 18 and up

Cost: check website for events and pricing

Criteria: Individuals with intellectual & developmental disabilities who are 18 years or older, ambulatory, able to travel in a 4:1 traveler to staff ratio, able to care for their own personal hygiene needs independently or with minimal staff supervision and cooperation.

Activities: We provide a wonderful opportunity for personal growth and socialization in a safe and fun atmosphere. We have professional staff committed to providing our travelers with the experience of a lifetime.

Wheelchair Accessible: Yes

Website: <https://www.exceptionaltrips.com/>

New Directions Travel

Email: hello@newdirectionstravel.org

Phone: (805) 967-2841 (888) 967-2841 toll free

Address: 5276 Hollister Ave., Suite 207, Santa Barbara CA 93111

Activities: New Directions for people with disabilities, inc. (New Directions Travel) is a non-profit organization providing leisure and educational travel opportunities for adults who have mild to moderate intellectual and or developmental disabilities.

Website: www.newdirectionstravel.org

People and Places

Email: vacations@people-and-places.org **Phone:** (716) 937-1813

County: Erie **Address:** P O Box 117, Marilla New York 14102

Age Range of Participants: Age 18 and older

Dates/Cost: Check website for catalog of available dates, trips and pricing.

Criteria: We provide small group, year-round vacation opportunities for persons with developmental and intellectual disabilities. On each trip eight vacationers travel the world along with two People and Places escorts.

Activities: We encourage adults with developmental and intellectual disabilities to realize their potential as individuals.. to grow.. to change.. and to experience a life with a full range of opportunities.

Website: www.people-and-places.org

Search Beyond Adventures

Phone: (800) 800-9979 **Age Range of Participants:** 18+

Address: 4603 Bloomington Avenue, Minneapolis 55405

Criteria: To join Search Beyond Adventures tour participants must be at least 18 years of age and capable of traveling in the community. We are unable to accept people who are medically unstable or physically violent.

Activities: We have five program divisions. Our main Search Beyond Adventures tours is the largest and offers tours all over the world.

Wheelchair Accessible: Yes

Website: www.searchbeyond.com

The Guided Tour, Inc.

Email: director@guidedtour.com **Phone:** (215) 782-1370

Address: 7900 Old York Road - Ste 111-B, Elkins Park PA 19027

Age Range of Participants: 17+

Dates: See website for current schedule and pricing

Activities: Men and women with developmental challenges, autism, down syndrome, and other special needs have achieved greater independence through travel experiences provided by The Guided Tour, Inc.

Website: www.guidedtour.com



PERSON
CENTERED
SERVICES

Reach Your

POTENTIAL



Whether it's the over 18,000 people with intellectual and developmental disabilities we support or our over 900 team members across 18 counties: *people* are always at the center of everything we do.



Scan the code to
learn more below!



PEOPLE. INTEGRITY. TRUST

560 Delaware Ave Buffalo, NY 14202

| 1-888-977-7030 |

www.personcenteredservices.com

USEFUL WEBSITES

www.parentnetworkwny.org

The Parent Network of Western New York

www.erie.gov/ecod

Erie County Office for People with Disabilities

www.buffaloplace.com

The Buffalo Place

KidsOutAndAbout.com

Activities: Find local adventures and events for the the whole family.

Website: <https://buffalo.kidsoutandabout.com/>

www.beenews.com

The Bee News

www.iloveny.com

I Love New York

www.ddawny.org

The Developmental Disabilities Alliance of Western New York

Find the help you need throughout Western New York.

Use our search form to filter results by keywords, and/or location.

211wny.org

Thank you for Exhibiting!

Child Care Resource Network
Unique Theater
Aquarium of Niagara
Person Centered Services
Reinstein Woods Nature Preserve
Arc of Erie County
Prime Care
DDAWNY
People Inc.
APOT
New York Deaf & Blind Collaborative
Proud Moments ABA
Danceability
Community Services for Every1
STEPS2
Strive High ABA
Epilepsy Association of WNY
United Health Care
Cradle Beach
Help Me Grow
McDonald's
Buffalo & Erie County Public Library
The ROCK

Thank you

McDonald's

Golisano Children's Hospital

Northtown Automotive

Lumsden McCormick

For your Sponsorships!

Recreation & Leisure Service Directory Changes, Additions and Deletions

The Recreation & Leisure Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the WNY community but have not been personally verified as to their quality. It is best to call the program with any specific questions. Parent Network of WNY maintains the Recreation & Leisure Directory which is distributed to families, individuals and service providers.

Please send any changes, additions or if the program is no longer in service to admin@parentnetworkwny.org.

Thank you!



We get kids **back** to being kids.
GCHBuffaloFORkids.org





Support · Educate · Connect · Empower



We support families and professionals who empower individuals with disabilities to reach their full potential through education and resources.

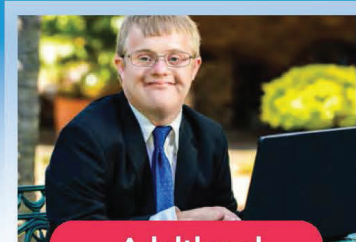
We understand the needs of families for every milestone; from early childhood and school age development, to adulthood.



Early Childhood



School Age



Adulthood

parentnetworkwny.org

 ParentNetwork  PNWNY

