



# The Basics of Supported Decision Making

Supported Decision-Making (SDM) allows individuals with intellectual/developmental disabilities (I/DD) to make choices about their own lives with support from a team of people they choose.

People with I/DD will choose people they know and trust to be part of a support network to help with decision-making. SDM can be an alternative to guardianship and allows the person with the disability to make his or her own decisions. Learn the basic process for SDM and resources available.

**February 8**  
6 :00 - 8:00 pm

**Live Webinar**

**REGISTER TODAY! FREE EVENT**

email: [info@parentnetworkwny.org](mailto:info@parentnetworkwny.org) | call: 71.332.4170  
[www.parentnetworkwny.org/events](http://www.parentnetworkwny.org/events)

Sponsored by:



Office for People With  
Developmental Disabilities

