

# RECREATION<sup>AND</sup> LEISURE SERVICES

# DIRECTORY



 (716) 332-4170

 [info@parentnetworkwny.org](mailto:info@parentnetworkwny.org)

 [www.parentnetworkwny.org](http://www.parentnetworkwny.org)

 @ParentNetwork

 @PNWNY

# THE RECREATION & LEISURE SERVICES DIRECTORY

2016

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the Western New York community but have not been personally verified as to their cost and quality. It is best to call the program with any specific questions.

Enjoy your adventures. Play, laugh and dance once a day.

Recreationally,

Susan Barlow

Parent Network of Western New York

**To order more copies of the directory please call (716) 332-4175**

For a downloadable version of the directory visit  
[www.parentnetworkwny.org](http://www.parentnetworkwny.org)



Supporting families and professionals to empower individuals with disabilities to reach their full potential.

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## AQUATICS

### **WNY Adaptive Water Sports**

**Tom Nowak or Tony Anderson**

(Mail only) 3621 Stony Point Road, Grand Island, NY 14072

**Phone:** (716) 553-7670

**Fax:** RSVP (716) 364-8219

Erie

nowakrad@aol.com

[www.wnyadaptivewatersports.org](http://www.wnyadaptivewatersports.org)

[www.facebook.com/WNYAdaptiveWatersports](http://www.facebook.com/WNYAdaptiveWatersports)

**Age:** 10-70

Sailing and/or Fishing on Saturday Mornings: Begins Early June, 9am to 12pm, Erie Canal Harbor, Central Wharf in downtown Buffalo. Waterskiing Clinics at Gallagher Beach: See website.

**Dates:** Seasonal, By appointment

**Time:** Various. (SEE ACTIVITIES SECTION FOR DETAILS)

**Cost:** Varies with programs. Donations gratefully accepted.

**Wheelchair Accessibility:** Yes

## ART

### **Albright-Knox Art Gallery**

**Kara Nisbeth**

1285 Elmwood Avenue, Buffalo, NY 14222

**Phone:** (716) 270-8249 ext. 8249

**Fax:** (716) 882-1958

Erie

[Jcox@albrightknox.org](mailto:Jcox@albrightknox.org)

[www.albrightknox.org](http://www.albrightknox.org)

[www.facebook.com/Albright-KnoxArtGallery](http://www.facebook.com/Albright-KnoxArtGallery)

**Age:** Kindergarten and up

Creative Connection and Art Class for military, veteran, spouse or caregiver (call for details)

**Dates:** Tuesday -Friday

**Time:** By appointment for groups only

**Cost:** No fee

**Wheelchair Accessibility:** Yes

## **Burchfield Penney Art Center**

## **Education Department**

Rockwell Hall, Buffalo State College, 1300 Elmwood Ave, Buffalo, NY 14222

**Phone:** (716) 878-6011

Erie

burchfld@buffalostate.edu

[www.burchfield-penney.org](http://www.burchfield-penney.org)

[www.facebook.com/BurchfieldPenneyArtCenter](http://www.facebook.com/BurchfieldPenneyArtCenter)

**Age:** All ages

Museum art based program, Every 2nd Friday 5:30-7:30 PM free workshop, food and music

**Dates:** Various

**Time:** Various

**Cost:** \$3 Tour & \$3 Workshop

**Wheelchair Accessibility:** Yes

## **Locust Street Neighborhood Art Classes**

138 Locust Street, Buffalo, NY 14204

**Phone:** (716) 852-4562

Erie

locustst@verizon.net

[www.facebook.com/LocustStreetNeighborhoodArtClasses](http://www.facebook.com/LocustStreetNeighborhoodArtClasses)

**Age:** 3 years old and up

Painting, drawing, sculpting, black and white photography

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** No

## **Starlight Studio and Art Gallery Day Habilitation Program**

### **Carrie Marcotte**

340 Delaware Avenue, Buffalo, NY 14202

**Phone:** (716) 842-1525

Erie

cmarcotte@ldaofwny.org

[www.starlightstudio.org](http://www.starlightstudio.org)

[www.facebook.com/StarlightStudioandArtGallery](http://www.facebook.com/StarlightStudioandArtGallery)

Day Habilitation Program. Tours by reservation.

**Dates:** Tours by appointment

**Time:** Various

**Cost:** No fee. See waiver enrollment.

**Wheelchair Accessibility:** Yes

## BASEBALL

### **Challenger Baseball, Mel Ott Little League**

**Jacqui Berger**

(Mail only) 181 Bernhardt Drive, Snyder, NY 14226

**Phone:** (716) 839-1224

Erie [jacqui.berger@gmail.com](mailto:jacqui.berger@gmail.com)

<http://melottlittleleague.org/>

**Age:** 4 and up

Provides an opportunity for adults and children 4 and up to play baseball, regardless of their challenges. Each player is encouraged to reach their individual highest level of play. Fields located behind Sweet Home Middle School, 377 Meyer Road, Amherst,

**Dates:** April - July

**Time:** Sunday mornings

**Cost:** \$55 a season.

**Wheelchair Accessibility:** Yes

### **The Miracle League of Grand Island & WNY**

**RJ Wynne**

P.O. Box 833, Grand Island, NY 14072

**Phone:** (716) 773-2943

Erie

[www.miracleleaguewny.org](http://www.miracleleaguewny.org)

The Miracle League program provides an opportunity for children with mental and/or physical challenges to play baseball. With a specially designed turf, this league makes dreams come true for children with special needs.

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** Yes

### **Touching Bases of Erie County, Inc.**

49 Hillside Parkway, Lancaster, NY 14086

**Phone:** (716) 681-4330

Erie

[h3r11s7@hotmail.com](mailto:h3r11s7@hotmail.com)

[www.touchingbases.org](http://www.touchingbases.org)

**Age:** 18 and up

Softball league of Erie County for adults with disabilities.

**Dates:** Monday & Tuesday evenings in August

**Time:** 6:00pm-8:00pm

**Cost:** Registration \$40 per player

**Wheelchair Accessibility:** Yes

## BOATING

### **Buffalo River Canoe & Kayak Outfitters**

**Allison Carr**

Mobile Unit -Mainly Departing, 900 Harlem Road, West Seneca, NY 14224

**Phone:** (716) 771-2995

Erie

paddlebuffalo@gmail.com

www.paddlingbuffalo.com

**Age:** 6+

Canoeing & Kayaking-groups & parties.

**Dates:** By appointment

**Time:** Various

**Cost:** Varies (\$20 and up) Discounts for groups & special needs

*Special needs group discounts*

**Wheelchair Accessibility:** Yes

### **Excalibur Leisure Skills Center, Inc.**

**James and Catherine Catalano**

90 North Drive, Buffalo, NY 14216

**Phone:** (716) 831-3188

Erie

jim@excaliburls.com

www.excaliburls.org

**Age:** All ages

Provides accessible boating and fishing opportunities for the developmentally challenged and disadvantaged.

The program site is located at the NFTA boat harbor, 1111

Fuhrmann Boulevard, Buffalo.

**Dates:** Various      **Time:** Various

**Cost:** Donations accepted

**Wheelchair Accessibility:** Yes

**WNY Adaptive Water Sports****Tom Nowak or Tony Anderson**

(Mail only) 3621 Stony Point Road, Grand Island, NY 14072

**Phone:** (716) 553-7670**Fax:** RSVP (716) 364-8219

Erie

nowakrad@aol.com

www.wnyadaptivewatersports.org

www.facebook.com/WNYAdaptiveWaterSports

**Age:** 10-70

Provides disabled veterans and individuals with physical disabilities the means, facilities and access to participate in water sports and other recreational activities to improve their quality of life. Water skiing, boating, fishing, and sailing.

**Dates:** Seasonal, By appointment**Time:** Various**Cost:** Varies with programs. Donations gratefully accepted.**Wheelchair Accessibility:** Yes**BOWLING****AMF Lancaster Lanes****Amy Darling**

4913 Transit Road, Depew, NY 14043

**Phone:** (716) 668-1000

Erie

www.amf.com

**Age:** 16+

Special Olympics Training Club

**Dates:** Fall and Winter: Saturdays 12:30-2:30 p.m. Twice a month**Time:** Various**Wheelchair Accessibility:** Yes**AMF Mil-Sher Lanes****Dianne Farr**

1840 Military Road, Kenmore, NY 14217

**Phone:** (716) 873-3383

Erie

www.afm.com

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Dates:** Leagues on Fridays, Saturdays and Sundays**Time:** Various**Wheelchair Accessibility:** Yes



### **AMF Thruway Lanes**

1550 Walden Avenue, Cheektowaga, NY 14225 **Phone:** (716) 896-8507  
Erie

[www.amf.com](http://www.amf.com)

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** Yes

### **Kenmore Lanes**

1691 Kenmore Avenue, Kenmore, NY 14217

**Phone:** (716) 875-5340

**Fax:** (716) 875-1139

Erie

[kenmorelanes@yahoo.com](mailto:kenmorelanes@yahoo.com)

[www.kenmorelanes.net](http://www.kenmorelanes.net)

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** Yes

### **Springville Lanes**

53 West Main Street, Springville, NY 14141 **Phone:** (716) 592-2260

Erie

Bowling with adaptive equipment (bumpers and one wooden ramp available). Lanes have complete wheelchair accessibility (LIMITED ACCESS INTO BUILDING) \*\*Two steps into building\*\*

**Dates:** During Summer lanes are open by appt. only. Lanes available for groups of 15 or more.

**Time:** Various

**Wheelchair Accessibility:** Yes

### **Transit Lanes**

7850 Transit Road, Williamsville, NY 14221

**Phone:** (716) 632-3838

**Fax:** (716) 632-3942

Erie

[www.transitlanes.net](http://www.transitlanes.net)

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** Yes

**Voelker's Bowling Center**

686 Amherst Street, Buffalo, NY 14207

**Phone:** (716) 876-6020

Erie

www.voelkersbowling.net

32 lanes all equipped with: automatic scoring, gutter bumpers,  
a folding, aluminum wheelchair ramp & ten sets of blind rails.

Queen City Blind League bowls here. For handicapped parking &  
wheelchair access, with no steps, use Marion Street lot.

**Dates:** Various**Time:** Various**Wheelchair Accessibility:** Yes**Glenn Voelker****Fax:** (716) 873-6159**Wimbledon Lanes Annette Bueme**

220 Center Road, West Seneca, NY 14224

Erie

**Age:** All ages

Bowling with adaptive equipment (bumpers available). No ramp  
available - welcome to bring your own.

**Dates:** Various**Time:** Various**Wheelchair Accessibility:** No**Phone:** (716) 674-3333**CAMPS (DAY & OVERNIGHT)****Adapted Recreation Program & Summer Day Camps****Amy McMahon**

275 Alexander Avenue, Cheektowaga, NY 14211

**Phone:** (716) 897-7205

Erie

www.tocny.org

**Age:** Various

Sports, Saturday Recreation, Day Camp, & Community Outing

**Dates:** October through May; (Day Camp) July through August**Time:** Various**Cost:** Varies by program

No transportation

**Wheelchair Accessibility:** Yes**Fax:** (716) 897-7211

amcmahon@tocny.org

**Adult Fit and Fun****Keara Rupp**

2607 Niagara Street, Buffalo, NY 14207  
 Erie  
 www.sabahinc.org

**Phone:** (716) 326-9600 ext.18  
 kvacanti@sabahinc.org  
 www.facebook.com/SABAH\_inc

Adaptive sports & fitness programming for adults facing physical, mental, & emotional challenges. Adult day habilitation programs or groups homes with 20-40 individuals per session.

**Dates:** Various      **Time:** Various

**Cost:** Call for pricing information  
*20-40 individuals per session*

**Wheelchair Accessibility:** No

**Camp Crabapple****Amy McMahon**

275 Alexander Avenue, Cheektowaga, NY 14211  
 Erie

**Phone:** (716) 897-7205  
 amcmahon@tocny.org

**Age:** 4-14

Six week program designed for youth with a developmental or physical disability. Wheelchair access and transportation is limited.

**Dates:** July - August (Monday - Friday)      **Time:** 8:30 am - 3:30 pm

**Cost:** Chktg res. \$644/ 6 wks or \$119/ wk  
 Non-res. \$795/ 6 wks or \$146/ wk  
*No one-on-one assistance available.*

**Wheelchair Accessibility:** Yes

**Camp Eager****Cheryl Best**

Epilepsy Association of WNY Inc., 339 Elmwood Ave, Buffalo, NY 14201

**Phone:** (716) 883-5396

**Fax:** (716) 883-5403

Erie

info@epilepsywny.org

www.epilepsywny.com

**Age:** 8-15

Residential summer camp for boys and girls who have epilepsy, regardless of seizure control; however, must be ambulatory and manage own personal care needs.

**Dates:** One week in mid August

**Time:** Various

**Cost:** \$250 for seven days.

*Application should be in by April or May and can be picked up at the agency.*

**Wheelchair Accessibility:** Yes

**Camp Jil-IK-DO-WAH-GAH**

275 Alexander Ave, Cheektowaga, NY 14211  
Erie

**Amy McMahon**

**Phone:** (716) 897-7205  
amcmahon@tocny.org

**Age:** 4-13

Seven week program for children who may have a learning disability, speech impairment, ADHD and/or are emotionally disturbed.

**Dates:** July - August (Monday - Friday)      **Time:** Various

**Cost:** Chktg res. \$763/ 7 wks or \$119/ wk  
Non-res. \$940/ 7 wks or \$146/ wk

**Wheelchair Accessibility:** Yes

**Camp Kiwanis**

2643 Main Street, Buffalo, NY 14214  
Erie

**Erin Csuha**

**Phone:** (716) 833-8603 ext. 2279  
ecsuha@heritagecenters.org

www.heritagecenters.org

**Age:** 7-21

Overnight camp held at Cradle Beach

**Dates:** End of August

**Time:** Various

**Cost:** \$250

*Children are picked via lottery system. Must be ambulatory.*

**Wheelchair Accessibility:** Yes

**Camp Special Place**

299 Decatur Road, Tonawanda, NY 14223  
Erie

**Nicole Fields**

**Phone:** (716) 831-1001  
nfields@tonawanda.ny.us

www.tonawanda.ny.us

**Age:** 5-15

This day camp for children with special needs is available for residents ages 5 to 15 that have a condition preventing them from attending a regular day camp. Activities include arts, crafts, games, swimming, field trips and more.

**Dates:** We plan on three two-week sessions from July 11 to August 19

**Time:** Monday-Friday (9am-3pm)

**Cost:** Space limited to 36 campers/session, apply ASAP, res \$110/1 wk session & non-res \$160/1 wk session.

**Wheelchair Accessibility:** Yes

**Camp Turner**

PO BOX 264, (9150 ASP 3), Salamanca, NY 14779  
 Cattaraugus  
 www.campturner.com

**John Mann**

**Phone:** (716) 354-4555  
 campturner@gmail.com

**Age:** 7-16

Overnight summer camp activities for boys and girls in a Catholic environment. Operated by the Department of Youth and Young Adult Ministry of the Catholic Diocese of Buffalo, Camp Turner is open to all regardless of affiliation.

**Dates:** Sunday afternoons through Friday evenings, early July to mid August

**Time:** Various**Cost:** Offers off season rentals.

*Ask about roundtrip bus transportation from Williamsville and Hamburg.*

**Wheelchair Accessibility:** Yes**Cradle Beach Camp**

8038 Old Lake Shore Road, Angola, NY 14006

**Phone:** (716) 549-6307 ext. 205

Erie

admissions@cradlebeach.org

www.cradlebeach.org

**Age:** 8-16

Residential camp designed for children with disabilities and those who come from economically disadvantaged backgrounds. Provides a healthy environment and organized activities to promote socialization, self-worth, and decision making.

**Dates:** June - August (sessions vary in length)

**Time:** Various**Cost:** Based on family income/sliding fee scale

*Children must be able to take care of personal needs*

**Wheelchair Accessibility:** Yes**Administration**

**Heritage Centers Recess Program****Erin Csuha**2643 Main Street, Buffalo, NY 14214  
Erie**Phone:** (716) 833-8603 ext. 2279  
ecsuha@heritagecenters.org

www.heritagecenters.org

**Age:** 5-21

Five day program during the winter and spring school breaks for children with a developmental disability

**Dates:** Various**Time:** Various**Cost:** No fee*Child must be Medicaid waiver enrolled. Must be ambulatory.***Wheelchair Accessibility:** No**Heritage Centers Summer Fun Club****Erin Csuha**2643 Main Street, Buffalo, NY 14214  
Erie**Phone:** (716) 833-8603 ext. 2279

www.heritagecenters.org

**Age:** 5-21

Six week day camp during July and August for children with a developmental disability.

**Dates:** July and August**Time:** Various**Cost:** No Fee*Must be ambulatory.***Wheelchair Accessibility:** No

## **Kindergarten Readiness Camp**

6445 West Quaker Street, Orchard Park, NY 14127

**Phone:** (716) 972-0356

Erie

[www-foundationspreschool.net](http://www-foundationspreschool.net)

Students entering kindergarten this school year will attend a camp emphasizing kindergarten readiness skills. Children will use fun and creative games and activities, to practice the fine motor and gross motor skills needed for kindergarten. The students start or finish with lunch to work on independence with lunch items (ADL's) to help with the transition to the cafeteria. Occupational Therapists, Kindergarten and Pre-K teachers have developed this camp to reinforce areas of gross motor, fine motor, sensory motor, cognitive, and pre-writing skill development.

**Dates:** August 1– 5th, M – F, 9:30am-12:30pm and  
August 8th -12th, M – F, 12:00pm-3:00pm

**Cost:** Tuition for all summer camps are \$ 149.00, this includes all materials, supplies, workbooks and a light snack.

*Tuition for all summer camps is due by July 1st. Sibling discounts are available. Class sizes are kept small for quality instruction. Call to reserve a position for your child.*

## **Make, Bake & Eat Camp**

6445 West Quaker Street, Orchard Park, NY 14127      **Phone:** (716) 972-0356  
Erie

[wwwFOUNDATIONSpreschool.net](http://wwwFOUNDATIONSpreschool.net)

The program itself is all based on exploration and learning through cooking. Kids will love to explore the ingredients as they mix them together to make, bake, and eat many wonderful and yummy creations. Time will fly as we sing songs, read stories, and make crafts that are all related to the treat of the day. The kids will have fun developing fine motor, language, thinking and social skills as we make, bake and eat our creations! Four sessions

**Dates:** T/TH lunchtime in July: 12, 14, 19, 21

**Time:** 11:30am-2:00pm

*Themed food will be served with lunch! (All you need to send is a healthy snack and drink)*

**Cost:** \$80 plus a \$5 supply fee.

*Tuition for all summer camps is due by July 1st. Sibling discounts are available. Class sizes are kept small for quality instruction. Call to reserve a position for your child.*

## **Pioneer Camp & Retreat Center**

9324 Lake Shore Road, Angola, NY 14006

**Phone:** (716) 549-1420

Erie      [info@pioneercamp.org](mailto:info@pioneercamp.org)

[www.pioneercamp.org](http://www.pioneercamp.org)

**Age:** 10+

A year round Christian camp that can help you customize an event to your specific needs. Ask about our "Agape" Camp.

**Dates:** Summer, Week and Weekend Programs

**Time:** Various

**Cost:** Varies with length of program

*Individuals with disabilities who have self care skills, non ambulatory individuals are welcome, evaluation of written application.*

**Wheelchair Accessibility:** Yes

**Maria Inglut-Fetto**

**Fax:** (716) 549-6018



## **Pre-K Multi-Sensory Camp**

6445 West Quaker Street, Orchard Park, NY 14127      **Phone:** (716) 972-0356  
Erie

[wwwFOUNDATIONSpreschool.net](http://wwwFOUNDATIONSpreschool.net)

For students 3 – 5 yrs. of age. Great camp for sensory integration! Children will attend a morning camp filled with fun, hands-on activities addressing sensory and academic foundation skills. A variety of multi-sensory techniques will be used to encompass “whole body learning” including tactile, vestibular, proprioceptive, kinesthetic, and oral motor games and play.

**Dates:** July 11-22 (MWF) 9:00- 11:30A.M & July 25-29 (M-F) 9:00-11:45 A.M

**Cost:** Tuition for all summer camps are \$ 149.00, this includes all materials, supplies, workbooks and a light snack.

*Tuition for all summer camps is due by July 1st. Sibling discounts are available. Class sizes are kept small for quality instruction. Call to reserve a position for your child.*

## **SABAH Football Camp      Keara Rupp**

2607 Niagara Street, Buffalo, NY 14207      **Phone:** (716) 326-9600 ext.18  
Erie      [kvacanti@sabahinc.org](mailto:kvacanti@sabahinc.org)

[www.sabahinc.org](http://www.sabahinc.org)

[www.facebook.com/SABAH\\_in](http://www.facebook.com/SABAH_in)

Adaptive football camp

**Dates:** Saturday June 22,      **Time:** 10am-12pm

**Cost:** \$20

**Wheelchair Accessibility:** No

## **SABAH School Day Adaptive Physical Education Recreational Program**

### **Keara Rupp**

2607 Niagara Street, Buffalo, NY 14207      **Phone:** (716) 326-9600 ext.18  
Erie      [kvacanti@sabahinc.org](mailto:kvacanti@sabahinc.org)

[www.sabahinc.org](http://www.sabahinc.org)

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

Each school is designated their own time slot each week to participate in adaptive sports programming.

**Dates:** Various (May 1st through end of school year)      **Time:** Various

**Cost:** Free

*Free for School day students, transportation must be provided by the district*

**Wheelchair Accessibility:** No

## **Star Wars Printing Camp**

6445 West Quaker Street, Orchard Park, NY 14127      **Phone:** (716) 972-0356  
Erie

[wwwFOUNDATIONSpreschool.net](http://wwwFOUNDATIONSpreschool.net)

Fun, interactive Star Wars themed activities are used to practice handwriting skills in exciting and motivating ways! Writing can often be demanding for many students of all grade levels. Your child will attend a 6-session camp to help make writing an easier and more enjoyable part of school, using colorful Star Wars themed printing books. Taught by an Occupational Therapist, emphasis is placed on proper letter formation and sizing, by participating in a variety of sensory-motor and paper/pencil activities, using fun & active methods. Both students and parents will notice the difference!!!!!!

**Ages:** For students entering the first, second, or third grade this Fall.

**Dates:** Aug 15,16,17 (M,T,W), 22,23,24 (M,T,W) and

The Force Finale Monday, August 29th! Time: 9:30 – 11:30 a.m.

**Cost:** Tuition for all summer camps are \$ 149.00, this includes all materials, supplies, workbooks and a light snack.

*Cursive: Private/small group cursive tutoring available upon request Tuition for all summer camps is due by July 1st. Sibling discounts are available. Class sizes are kept small for quality instruction. Call to reserve a position for your child.*

## **Town of Amherst Youth & Recreation Department**

**Janice Zapfel**

1615 Amherst Manor Drive, Williamsville, NY 14221

**Phone:** (716) 631-7132

**Fax:** (716) 626-9087

Erie

[jzapfel@amherst.ny.us](mailto:jzapfel@amherst.ny.us)

[amherstyouthandrec.org](http://amherstyouthandrec.org)

Summer day camp for youth ages 5 - 11 (five sites) and ages 12-14 (one site). Staff works with families to develop individualized implementation plans for each child with special needs.

**Dates:** June 27 - August 19      **Time:** Monday-Friday (8am-5:30pm)

**Cost:** \$165.00/week with \$15 registration fee. Amherst residents.

\$225.00/week non residents if there is space

**Wheelchair Accessibility:** Yes

## CHEERLEADING

### **Buffalo Envy All Stars**

**Collen Bugman**

2600 Hamburg Turnpike, Space "H", Buffalo, NY 14218

**Phone:** (716) 289-6187

Erie

info@buffaloenvyallstars.com

www.buffaloenvyallstars.com

**Age:** No age limit

Athletes learn tumbling, dancing, stunting, and other cheerleading skills. The team practices once a week and has the opportunity to perform at several local and regional cheerleading competitions.

**Dates:** Year-round (training classes in May and June, season July - April)

**Time:** Fridays 5:30pm-7:00pm

**Cost:** Varies - Independent Health FlexFit card accepted

**Wheelchair Accessibility:** Yes

### **Elite Heat All Stars**

**Laura Voigt**

7330 Townline Road, North Tonawanda, NY 14150

**Phone:** (716) 636-0209

Niagara

eliteheatcheer@gmail.com

www.eliteheatbuffalo.com

**Age:** Ages 3 & up

Athletes learn cheer essentials, stunting and tumbling. Athletes work with helpers to ensure safety. The team practices once a week and performs in five local competitions.

**Dates:** September through April team practices.

Other activities available year round.

**Time:** Varies

**Cost:** \$280 for 8 Months

**Wheelchair Accessibility:** Yes

## CYCLING

### **WNY Hand-cycling & Adaptive Bicycling (Proposed Program)**

**Stephen Spitz**

**Phone:** (716) 961-8438

Erie

sspitzl@juno.com

Plans are to make this program part of the DS USA and US Hand Cycling Federation Chapters.

**Dates:** Various      **Time:** Various

**Cost:** Varies

**Wheelchair Accessibility:** Yes

## FISHING

### **Annual Fishing Derby**

**Mike Ranalli**

6812 Nash Road, North Tonawanda, NY 14120

**Phone:** (716) 731-3942

**Fax:** (716) 731-3320

Niagara

miker@wheatfield.ny.us

www.wheatfield.ny.us

Seniors over 50 vs. youth 16 and under fish for prizes. Prizes awarded for the largest fish in each category. Refreshments are served at the event. Site is Fairmount Park; Hank Biose Pond

**Dates:** Event usually held in June.      **Time:** Various

**Cost:** No fee. Pre-registration is required 1 wk before event.

*Pre-registration is required no later than one week before the event.*

**Wheelchair Accessibility:** Yes

### **Southtowns Walleye Association of WNY, Inc.      Mary Paufler**

5895 Southwestern Boulevard, Hamburg, NY 14075

**Phone:** (716) 648-7590 or (716) 649-8202 CLUB NUMBER

Erie

www.southtownswalleye.org

**Age:** No age limit

6-day fishing event for individuals with developmental disabilities

**Dates:** End of April      **Time:** Various

**Cost:** No fee

*Reservations required*

**Wheelchair Accessibility:** Yes

## GOLF

### **The First Tee of WNY**

(Mail only) P.O. Box 482, Buffalo, NY 14207  
Erie

[www.thefirstteewesternny.org](http://www.thefirstteewesternny.org)

**Age:** 5 - 18

A comprehensive youth development program that offers learning opportunities to WNY youths. Programs are conducted in partnership with local golf facilities, elementary & middle schools and organizations serving youth.

**Dates:** Various      **Time:** Various

**Cost:** Various

**Wheelchair Accessibility:** Yes

### **Andrew Bennett**

**Phone:** (716) 250-3355  
[tftwny.info@gmail.com](mailto:tftwny.info@gmail.com)

## HORSEBACK RIDING

### **Buffalo Therapeutic Riding Center, Inc. (BTRC)**

950 Amherst Street, Buffalo, NY 14216  
Erie

[www.btrc.com](http://www.btrc.com)

**Age:** 6-18 years cannot exceed 150 pounds

The only indoor riding facility in the City of Buffalo, this 15-year-old program offers classes for mentally and emotionally impaired, learning disabled and developmentally challenged children.

**Dates:** Monday afternoons 2:30 pm to 7 pm, April through November

**Cost:** \$400/4 week sessions (\$100 per week)

**Wheelchair Accessibility:** Yes

### **Susan Schoellkopf**

**Phone:** (716) 877-9295  
[becandbtrc@aol.com](mailto:becandbtrc@aol.com)

**Centaur Stride Therapeutic Horseback Riding  
& Experiential Learning Center**

**Claudia Monroe**

8488 Jones Road, Sherman, NY 14781  
Chautauqua  
www.centaurstride.org

**Phone:** (716) 326-4318  
claudiamonroe@centaurstride.org

Horseback riding to accommodate various disabilities, while focusing on safety, integration and challenge. Experiential learning to focus on social skills and group dynamics in a natural environment.

**Dates:** Various      **Time:** Scheduling by appt. only

**Cost:** \$30/lesson or package deal of 6/\$120 but must be used within 6 weeks

Programs are open to all in an integrated setting (some restrictions apply).

**Wheelchair Accessibility:** Yes

**Equi-Star Inc.**

**Miriam Smith**

2199 Fuller Road, Burt, NY 14208  
Niagara  
www.equistartheranch.org

**Phone:** (716) 778-8249

**Age:** No age limit

We provide therapeutic riding lessons for children and adults with varying conditions, such as Cerebral Palsy, Developmental Delays, Autism Spectrum Disorders, Trisomy 21, Anxiety, and much more. (Always looking for volunteers)

**Dates:** Various

**Time:** Daily & evening 6 days a week

**Cost:** \$90 per 6 week session

**Another address:** P.O. Box 25, Newfane, NY 14108

**Wheelchair Accessibility:** Yes

**High Hurdles Therapeutic Riding**

13339 Route 39, Sardinia, NY 14134

**Phone:** (716) 496-5551

Erie hhurdles@sasinc.org

[www.sasic.org/programsservices/highhurdles.aspx](http://www.sasic.org/programsservices/highhurdles.aspx)**Age:** 3+

Therapeutic riding and horsemanship for individuals who are physically, cognitively and emotionally challenged. Also, hands on field trips are available.

**Dates:** Session March through November; Private lessons year round**Time:** Monday-Saturday; morning-evening; closed sundays**Cost:** \$120 for 4 year session; \$40 private lessons**Wheelchair Accessibility:** Yes**Megan Stapley****Fax:** (716) 496-4010**Lothlorien Therapeutic Riding Center**

15 Reiter Road, East Aurora, NY 14052

Erie

[www.lothlorientrc.org](http://www.lothlorientrc.org)**Age:** 3+

Recreational adaptive horseback riding for adults and children of all ages with developmental disabilities. Accredited by PATH International.

Dates: March through November riding sessions (Winter program on Sat. Dec. - Feb.)

**Cost:** \$135/4 wk or \$195 / 6 wk session, \$145/4 wk or \$216 / 6 wks of private lessons (scholarships available)

*Must have the ability to ride*

**Wheelchair Accessibility:** Yes**Maggie McCooey****Phone:** (716) 655-1335

Maggie.McCooey1trc@hotmail.com

## ICE SPORTS

### **Adult Fit and Fun Day Skating**

2607 Niagara Street, Buffalo, NY 14207  
Erie

[www.sabahinc.org](http://www.sabahinc.org)

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

Adaptive Ice Skating programming for adults facing physical, mental, & emotional challenges. Adult Day Habilitation programs or group homes with 20-40 individuals per session.

**Dates:** Various

20-40 individuals per session

**Time:** Various

**Wheelchair Accessibility:** No

### **Buffalo Sabres Sled Hockey**

111 Caldwell Park (mail address only), West Seneca, NY 14224

**Phone:** (716) 481-9861

Erie

[www.buffalosabresledhockey.org](http://www.buffalosabresledhockey.org)

**Age:** 5 and up

Alternative style of hockey for those with disabilities is played on a sled with the same rules of ice hockey.

**Dates:** November - March    **Time:** Saturdays and Sundays with travel for games and tournaments

**Cost:** based on family income/sliding fee scale

*Must be able to sit upright*

**Wheelchair Accessibility:** Yes

**Keara Rupp**

**Phone:** (716) 326-9600 ext.18

[kvacanti@sabahinc.org](mailto:kvacanti@sabahinc.org)

**Eric Sauers**

[llgordon7@hotmail.com](mailto:llgordon7@hotmail.com)



**Buffalo Thunder Ice Hockey**

156 Tacoma Avenue, Buffalo, NY 14216  
Erie

[www.americanspecialhockey.org](http://www.americanspecialhockey.org)

**Age:** Dependent on skating ability and experience

Provides individuals with developmental disabilities the unique opportunity to play ice hockey. A coed, non-checking ice hockey team with individuals who love hockey and have some ice skating experience.

**Dates:** October - April

**Time:** Various

**Cost:** To be determined

**Wheelchair Accessibility:** Yes

**Gliding Stars of WNY**

1307 Military Road, Buffalo, NY 14217

**Phone:** (716) 608-8345

Erie

[www.glidingstars.org](http://www.glidingstars.org)

**Age:** 18 months+

Adaptive Ice Skating Program that serves individuals with disabilities in WNY. Nationwide including chapters in OH, PA, NY and FL.

**Dates:** Various

**Time:** Various

**Cost:** \$125 per person

**Wheelchair Accessibility:** Yes

**Elizabeth O'Donnell**

**Fax:** (716) 608-8346

[wstnyc@glidingstars.org](mailto:wstnyc@glidingstars.org)

**SABAH Hockey**

2607 Niagara Street, Buffalo, NY 14207

Erie [sabah@sabahinc.org](mailto:sabah@sabahinc.org)

[www.sabahinc.org](http://www.sabahinc.org)

**Sheila O'Brien**

**Phone:** (716) 362-9600 ext. 10

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

Held at Canalside in Buffalo. Over the past five years SABAH has offered a program to its skaters on the basic fundamentals of hockey, and even includes scrimmages.

**Dates:** January through March (Dates for January 2014 are TBD call for more information)

**Time:** Various

**Cost:** No charge

**Needed:** *Skates, a helmet, a stick, gloves, a jersey, & a skate bag to borrow during session.*

**Wheelchair Accessibility:** No

## **SABAH School Day Adaptive Physical Education**

### **Recreational Skating Programs**

**Keara Rupp**

2607 Niagara Street, Buffalo, NY 14207  
Erie

**Phone:** (716) 326-9600 ext.18

[kvacanti@sabahinc.org](mailto:kvacanti@sabahinc.org)

[www.sabahinc.org](http://www.sabahinc.org)

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

Each school is designated their own time slot each week to participate in adaptive ice skating programming.

**Dates:** October through March

**Time:** Various

*Free for School day students, transportation must be provided by the district*

**Wheelchair Accessibility:** No

### **SABAH Summer Skate**

**Keara Rupp**

2607 Niagara Street, Buffalo, NY 14207  
Erie

**Phone:** (716) 326-9600 ext.18

[kvacanti@sabahinc.org](mailto:kvacanti@sabahinc.org)

[www.sabahinc.org](http://www.sabahinc.org)

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

Come join us at Riverside Rink!

**Dates:** Wednesdays for six weeks starting July 10th, 2013. **Time:** 6:30pm

**Cost:** \$60

**Wheelchair Accessibility:** No

### **Spirited Athletes Bold At Heart (SABAH)**

**Sheila O'Brien**

2607 Niagara Street, Buffalo, NY 14207

**Phone:** (716) 362-9600

**Fax:** (716) 362-9601

Erie

[sabah@sabahinc.org](mailto:sabah@sabahinc.org)

[www.sabahinc.org](http://www.sabahinc.org)

**Age:** toddlers+

Ice skating for people with disabilities. Rinks located in Hamburg, City of Buffalo, Amherst, and Niagara Falls.

**Dates:** October through March/April

**Time:** Call for a schedule

**Cost:** \$185 for the season

**Wheelchair Accessibility:** Yes

## MISCELLANEOUS

### **Buffalo Philharmonic Education Programs**

499 Franklin Street, Buffalo, NY 14202

Erie

[www.bpo.org](http://www.bpo.org)

**Age:** All ages

**Dates:** Various

**Wheelchair Accessibility:** Yes

**Robin Parkinson**

**Phone:** (716) 242-7808

[rparkinson@bpo.org](mailto:rparkinson@bpo.org)

**Time:** Various

### **Fantastic Friends of Western New York**

**Phone:** 716/863-7393

Erie

[www.myfantasticfriends.org](http://www.myfantasticfriends.org)

[www.facebook.com/fantastic-friends-of-western-new-york](http://www.facebook.com/fantastic-friends-of-western-new-york)

**Age:** All ages

Fantastic Friends hosts fun monthly events for our special needs members ages 10 - teens and volunteer "buddies". Members are always paired with a 1:1 buddy at each event, who help them interact with other Fantastic Friends and participate in the event's activities. Events are always fun and creative, and provide a variety of social and learning experiences for our special needs members.

**Dates:** Varies by month

**Cost:** Varies

**Time:** Varies

**Debbie Cordone**

[fantasticfriends@gmail.com](mailto:fantasticfriends@gmail.com)

### **Martin's Fantasy Island**

2400 Grand Island, Grand Island, NY 14072

Erie

[www.martinsfantasyisland.com](http://www.martinsfantasyisland.com)

*Group trips*

**Dates:** Various

**Cost:** Varies

*For special needs groups only. Need proper ID from your agency.*

**Wheelchair Accessibility:** Yes

**Brendan Call**

**Phone:** (716) 773-7591

[groupsales@martinsfantasyisland.com](mailto:groupsales@martinsfantasyisland.com)

**Time:** Various

## MUSIC, DANCE & DRAMA

### **Buffalo Niagara Music Therapy Services**

**Elyse Kochmanski**

2211 Sheridan Drive, Suite 204, Tonawanda, NY 14223

**Phone:** (716) 243-2776

Erie

ekochmanski@bnmusictherapy.com

www.bnmusictherapy.com

**Age:** All ages

Provide individual or group therapy and adaptive music lessons. They provide services in home and at their clinic location in Williamsville.

**Dates:** By appointment

**Time:** Various

**Cost:** Varies

**Wheelchair Accessibility:** Yes

### **Danceability, Inc. Robin Bishop or Christine Dwyer**

Tops/George Urban Plaza, 3859 Union Road

Suite 600, Cheektowaga, NY 14225

Erie

**Phone:** (716) 651-0094

danceabilitywny@gmail.com

www.danceabilityinc.com

www.facebook.com/DanceabilityInc

**Age:** 3+

Danceability is an individualized dance, fitness and movement program serving the special needs community. Our studio is led by qualified staff and dedicated volunteers who create a nurturing environment that empowers our students to flourish and grow while promoting a healthy lifestyle.

**Dates:** Dates vary per program choice     **Time:** Times vary per program

**Cost:** \$600 Full season Sept-May, includes registration & performance fees. 8 wk Fitness Frenzy \$159 (offered 4x/yr). Scholarships available.

*Willingness to move with music to promote physical, social, and emotional wellness.*

**Wheelchair Accessibility:** Yes

**Drum 4 Health****Carolyn Zimmerman****Phone:** (716) 491-0031

Erie

carolyn@drum4health.net

www.drum4health.net

**Age:** Kids of all ages, 2 - 102+

Recreational music making/drum circles via a variety of drums and percussion instruments.

**Dates:** By appointment**Time:** Various**Cost:** Varies**Wheelchair Accessibility:** Yes**Elaine Urban**

142 East Street, Buffalo, NY 14207

**Phone:** (716) 877-9531

Erie

**Age:** All ages

Music therapy, piano/keyboard instruction

**Dates:** Various**Time:** Various**Wheelchair Accessibility:** Yes**Moving Miracles Dance Program****Sheila Dollas**954 Union Road Suite 1, West Seneca, NY 14224 **Phone:** (716) 656-1321

Erie

movingmiracles@verizon.net

info@movingmiracles.org

**Age:** 3+

A dance and movement program for children, adolescents and adults with special needs, serving the Buffalo and Western New York community. We offer classes in creative movement, ballet, tap, jazz and adult aerobics. Our dance season is nine months.

**Dates:** Various**Time:** Various**Cost:** Varies with programs.

There are annual registration &amp; costume/performance fees.

Some insurance providers are paying a % of tuition.

**Wheelchair Accessibility:** Yes

**Music/Drama/Entertainment****Bob Insana**

410 Grover Cleveland Highway, Amherst, NY 14226

**Phone:** (716) 832-8651 or (716) 628-6691

Erie

robertinsana@msn.com

**Age:** All ages

Guitarist, singer for any occasion or age. Drama workshop for all ages.

**Dates:** Various**Time:** Various**Cost:** Varies**Wheelchair Accessibility:** Yes**NATURE PRESERVES****Beaver Meadow Audubon Center**

1610 Welch Road, North Java, NY 14113

**Phone:** 1-800-377-1520

Wyoming

info@buffaloaudubon.org

www.buffaloaudubon.org

Beaver Meadow is a 324-acre nature sanctuary featuring 8 miles of trails, a visitor center, trailside exhibits and much more. Enjoy nature hikes, pond study, wildlife viewing, reptile adventures, games, and much more! Guided tours available.

**Dates:** Various**Time:** Various**Wheelchair Accessibility:** Yes**Beaver Meadows**

1610 Welch Road, North Java, NY 14113

**Phone:** (585) 457-3228

Wyoming

**Wheelchair Accessibility:** No**Botanical Gardens**

Buffalo, NY

**Phone:** (716) 696-3555

Erie

**Wheelchair Accessibility:** No

**Losson Trails**

Stiglmeier Park, Cheektowaga, NY 14211

**Phone:** (716) 897-7207

Erie

**Ellen Fischer****Fax:** (716) 897-7211

www.tocny.org

Stiglmeier Park is a 308 acre recreation facility in the Southeastern quarter of the town of Cheektowaga which hosts 15 nature trails, each with varying distances. There is a wooden boardwalk that is wheelchair accessible. Open to the public.

**Dates:** Various**Time:** Various**Wheelchair Accessibility:** Yes**Parks Interpretive Programs**

P.O. Box 1132, Niagara Falls, NY 14303

Niagara

**Barry Virgilio****Phone:** (716) 285-0516**Wheelchair Accessibility:** No**Penn Dixie Paleontological and Outdoor Education Center**

P.O. Box 772, Hamburg, NY 14075

Erie

www.penndixie.org

**Sarah Einhouse****Phone:** (716) 627-4560

sepenndixie@gmail.com

**Age:** 2-102 +

This classic geologic 54-acre site has been ranked the No.1 Fossil Park in the United States and provides opportunities to collect and keep all the fossils you find.

**Dates:** Public days available on the website www.penndixie.org or by calling (716) 627-4560. Appointments may be scheduled at other times.

**Time:** Various**Cost:** Varies**Wheelchair Accessibility:** Yes**Tift Nature Preserve**

1200 Fuhrmann Boulevard, Buffalo, NY 14203

Erie

www.sciencebuff.org

**Phone:** (716)386-2419

Tift Nature Preserve is a 264-acre nature refuge dedicated to conservation and environmental education. Guided walks, groups, and workshops.

**Dates:** Various**Time:** Various**Cost:** No fee - donations appreciated.**Wheelchair Accessibility:** Yes

## PET THERAPY

### Therapy Dogs International

Sharey Edholm

Phone: (716) 695-2755

Erie

shareyedholm@yahoo.com

www.tdi-bod.org <http://www.facebook.com/TherapyDogsInternational>

Animal assisted therapy, visitation to sites

**Dates:** Various      **Time:** Various

**Cost:** No fee

**Wheelchair Accessibility:** Yes

### Through the Horse's Eyes

Dawn Samuelson

4696 Maple Grove Road, Bemus Point, NY 14712      **Phone:** (716) 386-2419

Chautauqua

grandviewfarm@windstream.net

www.throughthehorseseyes.org

Our professional staff can design a program that fits your organization's specific needs. This is a unique program that uses horses to read human behavior. Youth Life Skills Training, Behavior Training, etc.

**Dates:** Various

**Time:** Various

**Cost:** Varies

**Wheelchair Accessibility:** Yes

## RECREATION PROGRAMS

### Allentown Industries Adult Recreation

Katie McMahan

101 Oak Street, Buffalo, NY 14203

**Phone:** (716) 856-4202 ext. 1271

Erie

kmcmahan@heritagecenters.org

**Age:** 18+

Varied recreational activities, sporting events, dancing, movie night, parties, etc.

**Dates:** Various

**Time:** Various

**Cost:** Varies

*Developmentally disabled adults 18+ years.*

**Wheelchair Accessibility:** Yes



**Amherst Youth and Recreation  
Program for the Disabled**

5583 Main Street, Williamsville, NY 14221

**Phone:** (716) 631-7132

Erie

www.amherst.ny.us

Arts and crafts, cooking, socializing, swimming, gym classes and Special Olympics swimming.

**SITE:** Clearfield Community Center and Northtown Center at Amherst.

**Dates:** Various

**Time:** Various

**Cost:** Varies

*Must be an Amherst resident*

**Wheelchair Accessibility:** Yes

**Laura Ehrenreich**

**Fax:** (716) 626-9087

lmehrenreich@amherst.ny.us

**Challenged Athletes Participating in Sports**

120 Springfield Avenue, Tonawanda, NY 14150

Erie

www.capswny.com

We give individuals with disabilities a chance to play sports and to participate in various recreational activities that may be difficult to find elsewhere. We have been operating as Challenger Baseball since 1990, but have expanded to other sports.

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** Yes

**Ron Hoeltke**

**Phone:** (716) 837-2059

contact@capswny.com

**Children's Recreation Program**

340 Delaware Avenue, Buffalo, NY 14202

**Phone:** (716) 830-6395

Erie

**Age:** 12-18

Activities include: art classes, life skill training, shopping, trips to the park, etc. Saturday events include bowling, trips to the Niagara Aquarium, etc.

**Dates:** Various

**Time:** Various

**Cost:** No fees

*Must be waiver enrolled.*

**Wheelchair Accessibility:** No

**Chrissy Giroux**

**Fax:** (716) 853-1795

cgiroux@ldaofwny.org

**Club Escape Adult Recreation Program**

2555 Elmwood Avenue, Kenmore, NY 14217

**Phone:** (716) 874-7200 ext. 130

Erie

www.ldaofwny.org

**Age:** 18+

Club Escape Adult Recreation Program provides social and recreational activities for neurologically impaired/learning disabled adults to enhance social and life skills development.

**Dates:** Various**Time:** Evening & weekends**Cost:** Depends on event/various

*Must be 18 yrs old with a NYS OPWDD eligibility criteria & documentation of DD &/or neurological impairment/LD.*

**Wheelchair Accessibility:** No**Corey McClure****Fax:** (716) 874-7205

cmclure@ldaofwny.org

**Cultural Enrichment Programs**

560 Fillmore Avenue, Tonawanda, NY 14150

**Phone:** (716) 833-8603 ext. 2296

Erie

www.heritagecenters.org

**Age:** 9-18

Tonawanda After School Program focuses on culturally based learning activities involvement.

**Dates:** Various**Time:** Various**Cost:** Child must be Medicaid waiver enrolled

*Must have DD & live with natural family, be ambulatory & self toileting. No meds administered & no severe behaviors.*

**Wheelchair Accessibility:** Yes**Mary Marranca-Hood**

mhood@heritagecenters.org

**Dream Catchers**

63 Smith Street, Springville, NY 14141

**Phone:** (716) 860-0368

Erie

www.dream-katchers.net

**Age:** 16+

Provides activities to enhance the lives of developmentally disabled, physically and mentally challenged individuals. Nine theme dances a year, card making, crafts, bingo, and more. When other interests are expressed, arrangements can be made.

**Dates:** Various

**Time:** Various

**Cost:** Varies

*Need to be independent or have supervision*

**Wheelchair Accessibility:** Yes

**Find Your Niche (Youth with Asperger Syndrome/Autism) Marc Collins**

4540 Southwestern Blvd., Hamburg, NY 14075

**Phone:** (716) 646-5145

Erie

mcollins@townofhamburgny.com

www.hamburg-youth-rec-seniors.com

**Age:** 5-19

Sports covered may include: football, basketball, soccer, golf, general sports, and outdoor activities. This provides the participants with a general knowledge of various games and activities through a series of skills development stations.

**Dates:** Programs are seasonal

**Time:** Various

**Cost:** Varies

*For youth with Asperger syndrome and high functioning Autism.*

**Wheelchair Accessibility:** Yes

**Debbie Woodring**

**Fax:** (716) 794-3016

dream-katchers@hotmail.com

**Friends with Special Needs****Grace Bova****Phone:** (716) 681-8471

Erie

**Age:** 18+

Various social/recreational activities to points of interest in the WNY area.

**Dates:** Various**Time:** Various**Cost:** Varies

Must have reservations prior to attending any event.

**Wheelchair Accessibility:** Yes**Fun Night Out Recreation****Stephanie Speaker**

1200 East &amp; West Road, West Seneca, NY 14224

**Phone:** (716) 783-0633

Erie

stephaniespeaker@gmail.com

**Age:** 18+

Activities and events in Western New York scheduled according to interests.

**Dates:** Various**Time:** Various**Cost:** Varies

*For adults who live in group homes.*

**Wheelchair Accessibility:** Yes**Headway of WNY, Inc./Recreational Outings****Diana Landwehr**

976 Delaware Avenue, Buffalo, NY 14209

**Phone:** (716) 629-3636**Fax:** (716) 882-1289

Erie

headway@headwayofwny.org

www.headwayofwny.org

Recreational outings for individuals with brain injury and their family/friends. Events include Art Park, annual picnics, dinner outings, sports events, zoo trips, fundraisers, etc. This is the time to meet with others, share information and socialize.

**Dates:** Various**Time:** Various**Cost:** Varies

*Open to survivors of brain injuries, family and friends*

**Wheelchair Accessibility:** Yes

**IRE Individual Retirement Experience**

452 Delaware Avenue, Buffalo, NY 14202  
Erie

amclimans@csdd.net

**Ashley McLimans**

**Phone:** (716) 833.8002 ext. 360

www.csdd.org

Seniors who have developmental disabilities are offered opportunities to participate in integrated activities within their communities. Activities take place within and outside of local community centers, where men and women are able to participate in the activity of choice. A heart-healthy lunch is provided each day at no cost to the individual. There are various site locations across Erie County.

**Dates:** M-F

**Time:** Daytime Hours

**Cost:** None

**Wheelchair Accessibility:** Yes

**Leisure Education Services**

452 Delaware Avenue, Buffalo, NY 14204  
Erie

www.csdd.org

**Cheryl Houston**

**Phone:** (716) 896-2180 ext. 316

chouston@csdd.net

**Age:** 18+

Leisure education services offered on a small group basis with linkage to special interest opportunities.

**Dates:** Various

**Time:** Various

**Cost:** Varies

**Wheelchair Accessibility:** Yes

**Our Place**

Melissa's Coffee House, 5005 Sheridan Drive, Amherst, NY 14221

**Phone:** (716) 982-6292

Erie

p.ashleymisko@yahoo.com

**Ashley Misko**

An inclusive recreation and service program that provides an opportunity for young adults with disabilities to socialize with peers, organize events and participate in volunteer activities within the community.

**Dates:** Various

**Time:** Various

**Cost:** \$100 annual membership fee

*Young adults who are independent in the community.*

**Wheelchair Accessibility:** Yes

**SABAH Night and Weekend Programming****Keara Rupp**2607 Niagara Street, Buffalo, NY 14207  
Erie**Phone:** (716) 326-9600 ext.18  
kvacanti@sabahinc.org

www.sabahinc.org

www.facebook.com/SABAH\_inc

Provides instruction for hundreds of New Yorkers with physical, cognitive or emotional challenges, beginning in September & running through the spring with weekly ice-skating sessions. Adaptive skating equipment & volunteers help to bring a fun learning environment.

**Dates:** Various**Time:** Various

*Serves developmental & recreational needs of children, youth and adults with all types of disabilities.*

**Wheelchair Accessibility:** No**Southeast Works Traditional Recreation Program** **Derrick Miranda**

181 Lincoln Street, Depew, NY 14043

**Phone:** (716) 683-7100 ext. 242**Fax:** (716) 683-7086

Erie

dmiranda@se-works.org

www.southeast-works.org

www.facebook.com/southeastworks

**Age:** 18+

Choose which events you would like to participate in by selecting from bi-monthly calendar. There is a fee for each event and additional spending money may be needed. Events, concerts, sporting events, painting pottery, dinner and movie night, and more.

**Dates:** Various**Time:** Evenings & weekends**Cost:** Varies, typically \$15-\$40

*Must have a developmental disability*

**Wheelchair Accessibility:** Yes

**Stepping Stones Therapeutics, PLLC**  
92 Riverview Court, Grand Island, NY 14072  
**Phone:** (716) 998-6092  
Erie  
www.steppingstonestherapy.com

**Jody R. Chadima**

**Fax:** (716) 773-6662

info@steppingstonestherapy.com

Programs encourage socialization, speech-language, gross and fine motor skills, and social/emotional/cognitive development.

**Dates:** Various

**Time:** Various

*Children must be receiving some type of early intervention service to take part in group.*

**Wheelchair Accessibility:** Yes

**Suburban Adult Services Recreation**

**Kim Schue**

960 West Maple Court, Elma, NY 14059

**Phone:** (716) 805-1555

**Fax:** (716) 805-1444

Erie

kschue@sasinc.org

www.sasinc.org

**Age:** 18+

A recreation and service program that provides an opportunity for young and older adults with disabilities to socialize with peers. Some events include: bowling, sporting events, festivals, fairs, parks, etc.

**Dates:** Various

**Time:** Various

**Cost:** No fee

*Must be waiver enrolled, living at home w/family & able to handle money.*

**Wheelchair Accessibility:** Yes

**Summer Turf Program (SABAH)**

**Keara Vacanti**

2607 Niagara Street, Buffalo, NY 14207

**Phone:** (716) 362-9600 ext. 18

Erie

kvacanti@sabahinc.org

www.sabahinc.org

**Age:** All ages

We're not just skating anymore! During the summer we will be playing volleyball, disc golf, floor hockey, and soccer as well as other miscellaneous summer games.

**Dates:** Various

**Time:** Various

**Cost:** Call for pricing information

**Wheelchair Accessibility:** Yes

**TRAC, Afterschool & Vacation Corporation Carrie Dyet/Scott Lisinsky**

4444 Bryant Stratton Way, Williamsville, NY 14221

**Phone:** (716) 631-5777 ext. 368

**Fax:** (716) 631-9234

Erie

cdyet@autism-services-inc.org

www.friendsofasi.org

**Age:** TRAC - No Age Limit; Vacation Camp - 21

A community based respite program. Participants are divided into groups by age. Activities are designed to assist individuals to develop recreational competence, leisure interest and socialization skills while providing respite time for family members.

**Dates:** Various

**Time:** Various

**Cost:** Free

*Diagnosis of Autism Spectrum Disorder*

**Wheelchair Accessibility:** Yes

**YC Challenger Sports**

209 East Main Street, Batavia, NY 14020

Genesee

www.geneseeYMCA.org

**Age:** 5 - 21 years

Recreational adaptive horseback riding for adults and children of all ages with developmental disabilities. Accredited by PATH International.

**Dates:** Various session, Year Round, call for session details

**Cost:** \$25/session

*Special needs individuals*

**Wheelchair Accessibility:** Yes

**YMCA**

101 East Fourth Street, Jamestown, NY 14701

**Phone:** (716) 664-2802

Cattaraugus

www.jamestownymca.org

We have a variety of programs for children to seniors.

Please call for more information

**Wheelchair Accessibility:** No

**Ronda Migliore**

**Fax:** (716) 488-7680

rpiazza@jamestownymca.org



**YWCA of Jamestown**

101 East Fourth Street, Jamestown, NY 14701

Chautauqua

[www.jamestownymca.org](http://www.jamestownymca.org)

Membership organization, main mission to empower women & eliminate racism.

**Time:** Times vary per program*Programs for men and women of all ages.***Wheelchair Accessibility:** Yes**Gina Bloomquist****Phone:** (716) 664-2802[gbloomquist@jamestownymca.org](mailto:gbloomquist@jamestownymca.org)**YWCA of Westfield**

58 South Portage Street, Westfield, NY 14787

**Phone:** (716) 326-2011

Cattaraugus

[www.ywcawestfield.org](http://www.ywcawestfield.org)

Membership organization, main mission to empower women & eliminate racism.

**Dates:** Check out websites for scheduled dates, times and programs.**Time:** Times vary per program*Programs for men and women of all ages.***Wheelchair Accessibility:** No**Brenda Backus****Fax:** (716) 326-2012**YWCA Team Program**

120 West Third Street, Suite 200, Jamestown, NY 14701

**Phone:** (716) 664-5860

Cattaraugus

[www.ywcaofjamestown.com/TEAM.com](http://www.ywcaofjamestown.com/TEAM.com)**Age:** 12-19 yrs old

Provides education, counseling and supportive services for pregnant teens, teen mothers, and their children.

**Dates:** Monday-Friday, following the Jamestown Public School calendar

*Young women, 12-19 years old, married or unmarried, who are at least 4 months pregnant or have a child under age 2 1/2. Young women with a goal of completing a high school education, while receiving help with motherhood challenges.*

**Wheelchair Accessibility:** No**Lindsey Isaac-Lopus**

## RESPIRE

### **Bornhava Respite Program**

25 Chateau Terrace, Snyder, NY 14226

**Phone:** (716) 839-1655

Erie

**Age:** 2-7

After school respite and recreation for children. Activities include social skills, games, and recreation.

**Wheelchair Accessibility:** Yes

**Lauren Hayes**

**Fax:** (716) 839-1656

### **Community Services for the Developmentally Disabled**     **Emily McClellan**

2180 Genesee Street, Buffalo, NY 14211     **Phone:** (716) 896-2180 ext. 319

An after school, break, and Saturday respite program.

**Wheelchair Accessibility:** Yes

### **Cradle Beach Respite (Weekend Program)**

8038 Old Lakeshore Road, Angola, NY 14006

**Phone:** (716) 549-6307 ext. 214

Erie

[www.cradlebeach.org](http://www.cradlebeach.org)

**Age:** 9+

Weekend respite and recreation; 4 sessions in the spring and 4 sessions in the fall.

**Dates:** Various

**Time:** 7pm Friday-3pm Sunday

**Cost:** Home & Community Medicaid Waiver Program

*Developmentally disabled individuals living with family in WNY.*

**Wheelchair Accessibility:** Yes

**Sarah Lefevre**

[slefevre@cradlebeach.org](mailto:slefevre@cradlebeach.org)

**Opportunities Unlimited Supplemental Group Day Hab & Respite  
Recreation Programs**

**Lori Flaughner**

2510 Niagara Falls Blvd., Niagara Falls, NY 14304

**Phone:** (716) 504-2617 ext. 230

Niagara

lflaughner@opportunitieslimited.org

**Age:** 10-21 & 18+

**Dates:** Various

**Time:** Various

**Cost:** Varies

*Niagara County residents only, must be Medicaid eligible & living with family.*

**Wheelchair Accessibility:** Yes

**People Inc. Elmwood Late Afternoon Respite Program**

**Carolyn Porter**

2128 Elmwood Ave., Buffalo, NY 14207

**Phone:** (716) 566-4871

Erie

**Age:** 12+

Late afternoon respite program

**Dates:** Various

**Time:** Various

**Cost:** No fees

**Wheelchair Accessibility:** Yes

**Recreation Hourly Respite**

**Robyn Repman**

7 Community Drive, Amherst, NY 14225

**Phone:** (716) 505-5668

Erie

[www.aspirewny.org](http://www.aspirewny.org)

**Age:** 18+

Diverse cultural sports and general leisure time activities. On-site respite with some community outings.

**Dates:** 2 - 3 Saturdays per month **Time:** 9:30 am - 4:30 pm **Cost:** Varies

*Must be waiver enrolled.*

**Wheelchair Accessibility:** Yes

## RETREAT CENTERS

### **Dunkirk Conference Center**

3602 East Lake Road, Dunkirk, NY 14048  
Chautauqua  
www.dunkirkcc.com

**Julie LaGrow**

**Phone:** (716) 366-1900  
eriejulie2@yahoo.com

Retreat Center with wheelchair accessible grounds, buildings, and swimming pool. Life guards on duty. Groups can rent - call to rent

**Cost:** Varies

**Wheelchair Accessibility:** Yes

## ROCK CLIMBING

### **Niagara Climbing Center**

1333 Strad Avenue, North Tonawanda, NY 14120  
Niagara  
www.niagaraclimbingcenter.com

**Rhonda McGuire**

**Phone:** (716) 695-1248  
mcguire@niagaraclimbingcenter.com

www.facebook.com/NiagaraClimbingCenter

**Age:** All ages

Stretch your mind and body in a controlled and fun indoor rock climbing environment. Niagara Climbing Center can bring the 24 foot high portable climbing wall to you. Professionally trained staff is provided by the Center.

**Dates:** By appointment

**Time:** Various

**Cost:** \$10 per person (12+ climbers or more) or \$200/hour & Ctr. Can bring the stone to you.

**Wheelchair Accessibility:** Yes

## RUNNING

### **RACIN! Rollin' Athletic Club Inclusion Network**

**Luther Vucic**

95 Franklin Street - Rm 625, Buffalo, NY 14202

Erie

racin.buffalo@gmail.com

www.buffaloracin.org

**Age:** All ages

The mission of RACIN! Is to improve the physical, social and emotional lives of people with developmental disabilities through regular physical activity and involvement in the local racing scene. Together, we run, walk and roll!

**Dates:** Inquire for events      **Time:** Various

**Cost:** No Cost

*For athletes with impairments that need extra support to run.*

**Wheelchair Accessibility:** Yes

## SCUBA DIVING

### **Phoenix SCUBA & Water Sports**

**Carole Anderson or Tony Anderson**

619 Ridge Road, Lackawanna, NY 14218

**Phone:** (716) 822-2816

**Fax:** (716) 822-2817

Erie

dive@phoenixscuba.com

www.phoenixscuba.com

Adaptive SCUBA Diving for the physically disabled with cognitive challenges.

**Dates:** Various

**Time:** Various

**Cost:** Varies

**Wheelchair Accessibility:** Yes

## SKIING

### **Bill Lounsbury Adapted Ski Program**

Holiday Valley Resort, Ellicottville, NY 14731

**Phone:** (716) 699-2345 ext. 4413

Cattaraugus

[www.lounsburyadaptive.org](http://www.lounsburyadaptive.org)

Adapted ski programs for physically and mentally challenged individuals. We can accommodate a wide variety of disabilities, including people with wheelchairs.

**Dates:** December 26th through mid-March

(The Penguin Paddle is held in February)

**Time:** Various

**Cost:** \$40 for one lesson \$120 for a book of four lessons

*Call for details; cost includes lift ticket, two hours of private instruction and equipment use*

**Wheelchair Accessibility:** Yes

### **Hills Angels Adaptive Snow Sports Program**

Lower East Hill Road, Colden, NY 14033

Erie

[www.Bscakiarea.com/programs/HillsAngel](http://www.Bscakiarea.com/programs/HillsAngel)

**Dates:** Call for details

**Time:** Various

**Cost:** Various (Lift and equipment rentals)

**Phone:** (716) 941-5654

### **Kissing Bridge Adaptive Ski Program**

10296 State Road, Glenwood, NY 14069

**Phone:** (716) 648-6895 or (716) 743-5289

Erie

[www.kbski.com](http://www.kbski.com)

**Age:** 4+

The Adaptive Ski Program at Kissing Bridge helps physically and developmentally challenged individuals learn to ski. One hour lessons available for 6 weeks.

**Dates:** Various

**Time:** Various

**Cost:** Various (Lift and equipment rentals)

**Wheelchair Accessibility:** Yes

**Nancy Maressa**

**Fax:** 662-9894

[nancymaressa@realtor.com](mailto:nancymaressa@realtor.com)

## **The Phoenix Adaptive Program**

Holimont, Ellicottville, NY 14731

**Phone:** (716) 699-8159

Cattaraugus

[www.Holimont.com/adaptive/](http://www.Holimont.com/adaptive/)

Adapted ski programs. We can accommodate a wide variety of disabilities.

**Dates:** Lessons offered during the season, open to members and non-members, a special 4-day Christmas Camp

**Time:** Various, Single lessons offered Saturdays and Sundays

**Cost:** Various (Lift and equipment rentals)

*Call for details; cost includes lift ticket, two hours of private instruction and equipment use*

**Wheelchair Accessibility:** Yes

## **SKY DIVING**

### **Air Adventures**

Beebe Road, Wilson, NY 14172

Niagara

[www.frontierskydivers.com](http://www.frontierskydivers.com)

**Age:** 18+

Skydiving with an expert, experienced tandem master. Tandem parachute method of skydiving is actually a parachute/free fall sky-dive. The student is tightly attached to the front of an expert. A worthwhile trip to just go and watch.

**Dates:** By appointment

**Time:** Various

**Cost:** Varies

**Wheelchair Accessibility:** Yes

**Joe Eberhardt**

**Phone:** (716) 759-3483

## SOCCER

### **Independence Foundation Power Wheelchair Soccer**    **Chris Muller**

Elma Boys & Girls Club, 2080 Girdle Road, Elma, NY 14059

**Phone:** (716) 685-3976

Erie

[www.theindependencefoundation.org](http://www.theindependencefoundation.org)

**Age:** 7+

Power wheelchair soccer. Call for more information.

**Dates:** Various

**Time:** 4pm-6pm

**Cost:** \$25 registration (may be waived)

**Wheelchair Accessibility:** Yes

### **SABAH Soccer Camp**

2607 Niagara Street, Buffalo, NY 14207

Erie

[www.sabahinc.org](http://www.sabahinc.org)

Adaptive Soccer Clinic

**Dates:** June 8th, Look for a date next year! Time:

**Cost:** \$20

**Wheelchair Accessibility:** No

**Keara Rupp**

**Phone:** (716) 326-9600 ext.18

[kvacanti@sabahinc.org](mailto:kvacanti@sabahinc.org)

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

### **TOP Soccer**

The Village Glen, 162 Mill Street, Williamsville, NY 14221

**Phone:** (716) 580-3468

Erie

[www.amherstsoccer.com](http://www.amherstsoccer.com)

The Outreach Program (TOP) for Soccer is a community based soccer program for young athletes with disabilities.

**Dates:** Begins in November each year

**Time:** Saturdays

**Cost:** \$30 for 14 week session (includes uniform kit)

**Wheelchair Accessibility:** No

**Rob Anderson**

[rob@amherstsoccer.com](mailto:rob@amherstsoccer.com)



**TOPSoccer****Gina Terbot**

Kenan Center, 433 Locust Street, Lockport, NY 14094

**Phone:** (716) 731-3591

Niagara

fallsterbots@roadrunner.com

www.nyswysa.org

**Age:** 5-21

Soccer program for kids who have not had a place in the traditional youth soccer system.

**Dates:** Saturday Evenings**Time:** 6:30pm - 8:30pm**Cost:** \$30 (with Uniform)*Physical or Mental Disability***Wheelchair Accessibility:** Yes**TOURS & CLASSES****Arcade & Attica Railroad**

278 Main Street, Arcade, NY 14009

**Phone:** (585) 492-3100

Wyoming

www.arcadeandatticarr.com#

Train has new wheelchair accessible ramp/car in which it has up to 12 wheelchair spaces available. Check out our website for various events.

**Dates:** Various**Time:** Various**Cost:** \$12 per person (20 or more \$1 discount)**Wheelchair Accessibility:** Yes**Jewish Community Center Exercise Classes****Ann Vorberger**

787 Delaware Avenue, Buffalo, NY 14209

**Phone:** (716) 688-4114 ext. 367

Erie

**Dates:** 6 or 8 week classes**Time:** Various**Cost:** \$5 per person/per classes**Wheelchair Accessibility:** No**JoAnn Fabric Educational Classes****Marie**

4101 Transit Road, Buffalo, NY 14221

**Phone:** (716) 631-0372

Erie

**Dates:** Various**Time:** Various**Cost:** Varies**Wheelchair Accessibility:** No

**Lewis Appaloosa Farm Tour****Camille O'Reilly****Phone:** (716) 741-9304**Wheelchair Accessibility:** No**SPCA Serving Erie County NY****Mary Jo Sicurella**

205 Ensminger Road, Tonawanda, NY 14150

**Phone:** (716) 629-3538**Fax:** (716) 875-8100

Erie

[www.yourspca.org](http://www.yourspca.org)[www.facebook.com/SPCAServingErieCounty](http://www.facebook.com/SPCAServingErieCounty)**Age:** All ages

During your tour of the SPCA Tonawanda shelter you'll visit the lobby, dog kennels, and the Educational Farm. Topics include pet safety, pet ownership, wildlife, how to become an ambassador for animals, and careers with animals.

**Dates:** Tours are generally on Tuesday and Thursday evenings. Call for availability. Presentations given on any day, providing there is an educator available.

**Time:** Tours generally at 6pm

**Cost:** \$35

*Please call 4-6 weeks in advance so we can accommodate your request.*

**Wheelchair Accessibility:** Yes**The Museum of disABILITY History**

3826 Main Street, Buffalo, NY 14226

**Phone:** (716) 629-3626

Erie

[www.museumofdisability.org](http://www.museumofdisability.org)**Age:** All ages

The Museum of disABILITY History, a project of People Inc., is dedicated to the collection, preservation, and display of artifacts relating to the history of people with disabilities. Traveling exhibits are available. Please call for details.

**Time:** Sundays & Mondays-Closed, Tuesday-Friday-10am-4pm,  
Saturdays 10am-2pm

**Wheelchair Accessibility:** Yes

**Tops Cooking School**

3980 Maple Road/N.Bailey, Amherst, NY 14226  
Erie

www.topsmarkets.com

**Grace Hanusin****Phone:** (716) 515-2000

cookingschool.t00041@topsmarkets.com

**Age:** 3+

Hands-on kids classes. Healthy lifestyle classes are covered in part by BC/BS of WNY and Independent Health. Offer private classes for special needs groups. Provide cooking classes and demonstrations to any age, taught by qualified Registered Dietitians. Offer hands on and demo classes for adults. Visit website for complete class listings.

**Dates:** By appointment**Time:** Various**Cost:** Varies

*Learn more at [www.topsmarkets.com](http://www.topsmarkets.com); go to "Department" then "The Cooking School."*

**Wheelchair Accessibility:** Yes**Tops Cooking School**

355 Orchard Park Road, West Seneca, NY 14224  
Erie

www.topsmarkets.com

**Noreen Mallia****Phone:** (716) 517-3006

cookingschool.t00049@topsmarkets.com

**Age:** 3+

Cooking demonstrations and hands-on lessons. Healthy Lifestyle Classes may be covered by insurance if you have Independent Health or Blue Cross/Blue Shield of WNY. Visit website for list of classes. Topsmarkets.com click on the word Departments, then Cooking.

**Dates:** By appointment**Time:** Various**Cost:** Varies**Wheelchair Accessibility:** Yes

## WHEELCHAIR SPORTS

### **Canisius College**

**Phone:** (940) 765-8410

Erie

**Age:** All ages

Basketball, football, track, tennis, archery, etc. for people in wheelchairs (manual only at this time, power chairs some time in the future). Even those not in wheelchairs but with a disability are welcome. Please contact Lauren for more information.

**Dates:** Year Round

**Time:** TBD

**Cost:** Free

**Wheelchair Accessibility:** Yes

**Lauren Cavanaugh**

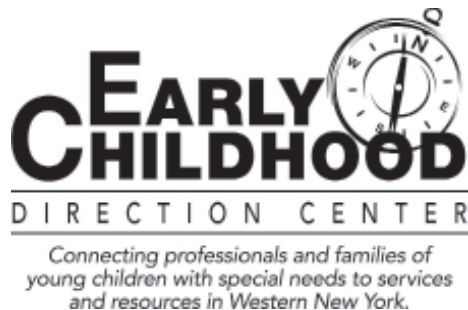
cavanau7@canisius.edu

## ADDITIONAL RESOURCES



Access Buffalo provides accessibility-friendly information about entertainment attractions, hotels, and restaurants in the Western New York area so that customers with developmental disabilities and/or those who use wheelchairs can make informed choices about where to stay, dine, and enjoy entertainment.

**Contact Steve Truesdale or David Whalen  
(716) 836-0822 ext 317  
Visit their website for more information**



The ECDC provides free information, referral, technical assistance and support to families, professionals, and community agencies concerned with children birth to five with suspected or diagnosed delays or disabilities. They provide ongoing community training programs for both the parents and professionals.

**Visit their website for more information  
[ecdc@kaleidahealth.org](mailto:ecdc@kaleidahealth.org)**

# RECREATION DEPARTMENTS

## **Amherst Youth & Recreation Department**

Address: 1615 Amherst Manor Drive  
Williamsville, NY 14221  
Phone: (716) 433-7266 ext.1221

## **Aurora Dept. of Parks & Recreation**

Address: 5 South Grove Street  
East Aurora, NY  
Phone: (716) 652-8866

## **Cattaraugus County Youth Recreation**

Address: 200 Erie Street  
Little Valley, NY 14755  
Phone: (716) 938-2601

## **Cheektowaga Youth & Recreation**

Address: 275 Alexander Avenue  
Cheektowaga, NY 14211  
Phone: (716) 897-7207

## **Town of Evans Recreation**

Address: 999 Sturgeon Point Road  
Derby, NY 14047  
Phone: (716) 947-4452

## **Grand Island Parks & Recreation**

Address: 3278 Whitehaven Road  
Grand Island, NY 14072  
Phone: (716) 773-9680

## **Hamburg Recreation Department**

Address: 4540 Southwestern Blvd.  
Hamburg, NY 14075  
Phone: (716) 646-5154

# RECREATION DEPARTMENTS

## **Lackawanna Recreation & Parks Department**

Address: 230 Martin Road  
Lackawanna, NY 14218  
Phone: (716) 827-6455

## **Olean Recreation Department**

Address: 101 East State Street  
Olean, NY 14760  
Phone: (716) 376-5666

## **Olean Youth Board**

Address: 101 East State Street  
Olean, NY 14760  
Phone: (716) 376-5645

## **Orchard Park Recreation Department**

Address: 200 North Lake Drive  
Orchard Park, NY 14127  
Phone: (716) 662-6450

## **Therapeutic Recreation Contact**

Gateway-Longview, Inc., NY  
Phone: (716) 558-3223

## **Tonawanda Youth, Parks & Recreation Dept.**

Address: 2440 Sheridan Drive  
Tonawanda, NY 14150  
Phone: (716) 831-1001

## **West Seneca Recreation Department**

Address: 50 Legion Parkway  
West Seneca, NY 14224  
Phone: (716) 831-1001

# NEW YORK STATE PARKS

## WNY Park Access Pass

- Address: Access Park Pass-State Parks, Albany, New York 12238
- Program: Pass for free admission to New York State Parks, historical sites, arboretums and recreational areas for individuals, groups and seniors.
- To apply: Applications are available at any New York State Park Facility. Submit by mail to the above address.
- Criteria: Developmental Disabled individuals must submit documentation.
- Phone: (518) 474-2324
- TTY: (518) 486-1899
- Website: [www.nysparks.com](http://www.nysparks.com)  
(no Access Pass info is available on the site, just park info)

## WNY Parks with Wheelchair Accessible Cabins

- Website: [www.nysparks.com](http://www.nysparks.com)  
(select accommodations)

Allegany State Park  
2373 ASP, Route 1, Suite 3, Salamanca, New York 14779  
Phone: (716) 354-9121

Lake Erie State Park  
5905 Lake Road, Brockton, New York 14716  
Phone: (716) 792-9214

Letchworth State Park  
1 Letchworth State Park, Castile, New York 14427  
Phone: (585) 493-3600



## PUBLICITY & CLUBS

### **Aktion Club**

Sponsor: Kiwanis

Program: The Aktion Club is a community-service group for adults living with disabilities. It has fundraisers, community projects and takes time for fun activities.

Criteria: Adult

Cost: \$10 for the yr. (\$5 to club treasury)

Contact: East Aurora Aktion Club  
Don Bach (716) 655-0195

West Seneca Aktion Club  
John Blando (716) 674-6161

Buffalo Aktion Club  
Kevin Lakowski-Heritage Ctr.  
(716) 833-8603

### **Disabled Dealer Magazine**

Program: A free monthly magazine for publishing your upcoming events or any special articles. This magazine covers Upstate New York and Western New York, also includes Want Ads.

Cost: No fee

Contact: Mary Gabalski

Phone: (866) 366-6869

Email: [www.DisabledDealer.com](http://www.DisabledDealer.com)

(NOTE: Some of the numbers listed above may not have corresponding pages in the directory but have been provided as additional sources.)

# SPECIAL OLYMPICS

## New Region/Area Contacts

The individuals listed below for each program are the volunteer Area Coordinators who are responsible for the day-to-day management of the local program.

### Main

Headquarters: Special Olympics NY, Inc.  
Phone: 1-800-836-6976  
Address: 504 Balltown Road  
Schenectady, New York 12304

### Special Olympics New York Western Region

Contact: Dan Kuberka  
Phone: (716) 580-3346  
Email: dkuberka@nyso.org

### Canisius Special Olympics

Contact: Dr. Lauren Cavanaugh  
Phone: (716) 888-8264  
Email: cavanau7@canisius.edu

### Niagara/Orleans

Contact: Liz Baker  
Phone: (585) 638-6684

### Erie

Contact: Deborah Fleetwood  
Phone: (716) 677-0144  
Email: soec23@hotmail.com

### Claddagh Commission Special Olympic Training Website:

[www.specialolympictraining.blogspot.com](http://www.specialolympictraining.blogspot.com)

### Chautauqua

Contact: Robert Gold  
Phone: (716) 569-3255

### Allegany/Cattaraugus

Contact: Lisa Corrigan  
Phone: (585) 586-7400 ext. 107

# VACATIONS

(Note: Do a web search under dream tours for “developmentally disabled”  
for pages and pages of vacation resources)

## ***People and Places***

Address: 76 Riley Street  
East Aurora, NY 14052  
Phone: (716) 937-1813

## ***Search Beyond Adventures***

Address: 4603 Bloomington Avenue  
Minneapolis, MN 55405  
Phone: (800) 800-9979

## ***The Guided Tour, Inc.***

Address: 7900 Old York Road - Ste 111-B  
Elkins Park, PA 19027  
Phone: (800) 783-5841

## ***Tulip Travel, Inc.***

Address: 911 Old Liverpool Road  
Liverpool, NY 13088  
Phone: (716) 461-4852

## THEATRE PHONE #'S

|                             |                |
|-----------------------------|----------------|
| Alleyway Theatre            | (716) 852-2600 |
| BSC Performing Arts Center  | (716) 878-3005 |
| Darien Lake Performing Arts | (585) 599-4641 |
| Irish Classical Theatre     | (716) 853-4282 |
| Shea's Performing Arts      | (716) 847-1410 |
| Studio Arena Theatre        | (716) 856-5650 |
| Summerfare Musical Theatre  | (716) 839-8540 |
| Shakespeare in the Park     | (716) 876-7430 |
| Theatre of Youth            | (716) 884-4400 |

## AT A GLANCE PHONE NUMBERS

|   |                          |
|---|--------------------------|
| Adams Art Gallery                                   | (716) 366-7450           |
| Adapted Recreation Program & Summer Day Camps       | (716) 897-7205           |
| Adult Fit and Fun                                   | (716) 326-9600 ext.18    |
| Adult Fit and Fun Day Skating                       | (716) 326-9600 ext.18    |
| Air Adventures                                      | (716) 759-3483           |
| Aktion Club   | (716) 655-0195           |
| Albright-Knox Art Gallery                           | (716) 270-8249 ext. 8249 |
| Albright-Knox Art Gallery                           | (716) 882-8700           |
| Allegany State Park                                 | (716) 354-9121           |
| Allentown Industries Adult Recreation               | (716) 856-4202 ext. 1271 |
| Alleyway Theatre                                    | (716) 852-2600           |
| AMF Lancaster Lanes                                 | (716) 668-1000           |
| AMF Mil-Sher Lanes                                  | (716) 873-3383           |
| AMF Thruway Lanes                                   | (716) 896-8507           |
| Amherst Youth & Recreation Department               | (716) 433-7266 ext.1221  |
| Amherst Youth & Recreation Program for the Disabled | (716) 631-7132           |
| Annual Fishing Derby                                | (716) 731-3942           |
| Aquarium of Niagara Falls                           | (716) 285-3575           |
| Arcade & Attica Railroad                            | (585) 492-3100           |
| Arts Council for Chautauqua                         | (716) 664-2465           |
| Aurora Dept. of Parks & Recreation                  | (716) 652-8866           |
| Barker Historical Museum                            | (716) 672-2114           |
| Beaver Meadow Audubon Center                        | 1-800-377-1520           |
| Beaver Meadows                                      | (585) 457-3228           |
| Bill Lounsbury Adapted Ski Program                  | (716) 699-2345 ext. 4413 |
| Bornhava Respite Program                            | (716) 839-1655           |
| Botanical Gardens                                   | (716) 696-3555           |
| BSC Performing Arts Center - Rockwell Hall          | (716) 878-3005           |
| Buffalo Bandits                                     | (716) 855-4100           |
| Buffalo Bills Hotline                               | (716) 672-4366           |
| Buffalo Bills Ticket Office                         | (716) 649-0015           |
| Buffalo Bisons Baseball                             | (716) 846-2000           |
| Buffalo Convention Center                           | (716) 855-5514           |
| Buffalo Envy All Stars                              | (716) 289-6187           |
| Buffalo Museum of Science                           | (716) 896-5200           |
| Buffalo Naval Park                                  | (716) 847-1773           |

## AT A GLANCE PHONE NUMBERS

|   |                          |
|---|--------------------------|
| Buffalo Niagara Music Therapy Services  | (716) 243-2776           |
| Buffalo Philharmonic Education Programs                                       | (716) 242-7808           |
| Buffalo River Canoe & Kayak Outfitters  | (716) 771-2995           |
| Buffalo Sabres  | (716) 855-4170           |
| Buffalo Sabres Sled Hockey  | (716) 481-9861           |
| Buffalo Therapeutic Riding Center, Inc. (BTRC)                                | (716) 877-9295           |
| Buffalo Thunder Ice Hockey  | (716) 691-4530           |
| Buffalo Zoo   | (716) 837-3900           |
| Burchfield Penney Art Center  | (716) 878-6011           |
| Burchfield Penney Center  | (716) 878-6011           |
| Camp Crabapple  | (716) 897-7205           |
| Camp Eager  | (716) 883-5396           |
| Camp Jil-IK-DO-WAH-GAH  | (716) 897-7205           |
| Camp Kiwanis  | (716) 833-8603 ext. 2279 |
| Camp Special Place  | (716) 831-1001           |
| Camp Turner   | (716) 354-4555           |
| Campground Reservation NYS  | (800) 456-CAMP           |
| Canisius College  | (940) 765-8410           |
| Canisius Special Olympics   | (716) 888-8264           |
| Cattaraugus Choral Society  | (716) 945-1003           |
| Cattaraugus County Youth Recreation   | (716) 938-2601           |
| Cattaraugus Tourist Bureau  | (716) 938-9111           |
| Centaur Stride Therapeutic Horseback Riding &<br>Experiential Learning Center | (716) 326-4318           |
| Challenged Athletes Participating in Sports                                   | (716) 837-2059           |
| Challenger Baseball, Mel Ott Little League                                    | (716) 839-1224           |
| Chautauqua Art Association Galleries  | (716) 357-2771           |
| Chautauqua Belle  | (716) 753-2403           |
| Chautauqua Institute  | (800) 836-ARTS           |
| Cheektowaga Youth & Recreation  | (716) 897-7207           |
| Children's Recreation Program   | (716) 830-6395           |
| Club Escape Adult Recreation Program  | (716) 874-7200 ext. 130  |
| Community Music Project   | (716) 664-2227           |
| Community Services for the Developmentally Disabled                           | (716) 896-2180 ext. 319  |
| Cradle Beach Camp   | (716) 549-6307 ext. 205  |
| Cradle Beach Respite (Weekend Program)  | (716) 549-6307 ext. 214  |

## AT A GLANCE PHONE NUMBERS

|   |                          |
|---|--------------------------|
| Cultural Enrichment Programs                          | (716) 833-8603 ext. 2296 |
| Danceability, Inc.                                    | (716) 651- 0094          |
| Darien Lake Performing Arts                           | (585) 599-4641           |
| Dream Katchers  | (716) 860-0368           |
| Drum 4 Health   | (716) 491-0031           |
| Dunkirk Conference Center                             | (716) 366-1900           |
| Dunkirk Historical Museum                             | (716) 366-3797           |
| Dunkirk/Fredonia Players                              | (716) 679-1067           |
| ECC Recreation Leadership Program                     | (716) 851-1745           |
| Elaine Urban  | (716) 877-9531           |
| Elite Heat All Stars                                  | (716) 636-0209           |
| Equi-Star Inc.  | (716) 778-8249           |
| Erie County Recreation Department                     | (716) 858-8355           |
| Evans   | (716) 947-4452           |
| Excalibur Leisure Skills Center, Inc.                 | (716) 831-3188           |
| Exceptional Artworks                                  | (716) 532-5522           |
| Find Your Niche (Youth with Asperger Syndrome/Autism) | (716) 646-5145           |
| First Niagara Center                                  | (716) 855-4142           |
| Fredonia Chamber Players                              | (716) 673-3463           |
| Friends with Special Needs                            | (716) 681-8471           |
| Fun Night Out Recreation                              | (716) 783-0633           |
| Genesee County Museum                                 | (585) 538-6822           |
| Gliding Stars of WNY                                  | (716) 608-8345           |
| Grand Island Parks & Recreation                       | (716) 773-9680           |
| Hamburg Recreation Department                         | (716) 646-5154           |
| Headway of WNY, Inc./Recreational Outings             | (716) 629-3636           |
| Heritage Centers Recess Program                       | (716) 833-8603 ext. 2279 |
| Heritage Centers Summer Fun Club                      | (716) 833-8603 ext. 2279 |
| High Hurdles Therapeutic Riding                       | (716) 496-5551           |
| Hills Angels Adaptive Snow Sports Program             | (716) 941-5654           |
| Independence Foundation Power Wheelchair Soccer       | (716) 685-3976           |
| IRE Individual Retirement Experience                  | (716) 833.8002 ext. 360  |
| Irish Classical Theatre                               | (716) 853-4282           |
| Jamestown Concert Association                         | (716) 487-1522           |
| Jamestown Prendergast Library                         | (716) 484-7135           |
| Jewish Community Center Exercise Classes              | (716) 688-4114 ext. 367  |

## AT A GLANCE PHONE NUMBERS

|   |                                       |
|---|---------------------------------------|
| JoAnn Fabric Educational Classes  | (716) 631-0372                        |
| Kenan Center Lockport   | (716) 433-2617                        |
| Kenmore Lanes   | (716) 875-5340                        |
| Kissing Bridge Adaptive Ski Program   | (716) 648-6895<br>or (716) 743-5289   |
| Kleinhans Music Hall  | (716) 883-3560                        |
| Lackawanna Recreation & Parks Department  | (716) 827-6455                        |
| Lake Erie State Park  | (716) 792-9214                        |
| Lancaster Opera House   | (716) 683-1776                        |
| Leisure Education Services  | (716) 896-2180 ext. 316               |
| Letchworth State Park   | (585) 493-3600                        |
| Lewis Appaloosa Farm Tour   | (716) 741-9304                        |
| Lewiston Art Park   | (800) 659-7275                        |
| Locust Street Neighborhood Art Classes  | (716) 852-4562                        |
| Losson Trails   | (716) 897-7207                        |
| Lothlorien Therapeutic Riding Center  | (716) 655-1335                        |
| Maid of the Mist  | (716) 284-8897                        |
| Mansfield Coach & Cutter  | (716) 938-6315                        |
| Marineland  | (905) 356-2142                        |
| Martin's Fantasy Island   | (716) 773-7591                        |
| McClurg Mansion   | (716) 326-2977                        |
| Moving Miracles Dance Program   | (716) 656-1321                        |
| Museum of disABILITY History  | (716) 629-3626                        |
| Music/Drama/Entertainment   | (716) 832-8651 or 0<br>(716) 628-6691 |
| Niagara Climbing Center   | (716) 695-1248                        |
| NY Park Access Pass   | (518) 474-2324                        |
| Olean Recreation Department   | (716) 376-5666                        |
| Olean Youth Board   | (716) 376-5645                        |
| Opportunities Unlimited Supplemental<br>Group Day Hab & Respite Recreation Programs | (716) 504-2617 ext. 230               |
| Orchard Park Recreation Department  | (716) 662-6450                        |
| Our Place   | (716) 982-6292                        |
| Parks Interpretive Programs   | (716) 285-0516                        |
| Penn Dixie Paleontological and Outdoor Education Center                             | (716) 627-4560                        |
| People and Places   | (716) 937-1813                        |



## AT A GLANCE PHONE NUMBERS

|   |                                    |
|---|------------------------------------|
| People Inc. Elmwood Late Afternoon Respite Program                            | (716) 566-4871                     |
| Phoenix SCUBA & Water Sports  | (716) 822-2816                     |
| Pioneer Camp & Retreat Center   | (716) 549-1420                     |
| Recreation Hourly Respite   | (716) 505-5668                     |
| SABAH Football Camp   | (716) 326-9600 ext.18              |
| SABAH Hockey  | (716) 362-9600 ext. 10             |
| SABAH Night and Weekend Programming   | (716) 326-9600 ext.18              |
| SABAH School Day Adaptive Physical Education<br>Recreational Program          | (716) 326-9600 ext.18              |
| SABAH School Day Adaptive Physical Education<br>Recreational Skating Programs | (716) 326-9600 ext.18              |
| SABAH Soccer Camp   | (716) 326-9600 ext.18              |
| SABAH Summer Skate  | (716) 326-9600 ext.18              |
| Search Beyond Adventures  | (800) 800-9979                     |
| Shakespeare in the Park   | (716) 876-7430                     |
| Shea's Performing Arts Center   | (716) 847-1410                     |
| Southeast Works Traditional Recreation Program                                | (716) 683-7100 ext. 242            |
| Southtowns Walleye Association of WNY, Inc.<br>or Club Number                 | (716) 648-7590 /<br>(716) 649-8202 |
| SPCA Serving Erie County NY   | (716) 629-3538                     |
| Special Olympics New York Western Region                                      | (716) 580-3346 ext.204             |
| Spirited Athletes Bold At Heart (SABAH)                                       | (716) 362-9600                     |
| Springville Lanes   | (716) 592-2260                     |
| Starlight Studio and Art Gallery Day Habilitation Program                     | (716) 842-1525                     |
| Stepping Stones Therapeutics, PLLC  | (716) 998-6092                     |
| Suburban Adult Services Recreation  | (716) 805-1555                     |
| Summer Turf Program (SABAH)   | (716) 362-9600 ext. 18             |
| Summerfare Musical Theatre  | (716) 839-8540                     |
| The First Tee of WNY  | (716) 250-3355                     |
| The Guided Tour, Inc.   | (800) 783-5841                     |
| The Miracle League of Grand Island & WNY                                      | (716) 773-2943                     |
| The Museum of disABILITY History  | (716) 629-3626                     |
| The Phoenix Adaptive Program  | (716) 699-8159                     |
| Theatre of Youth  | (716) 884-4400                     |
| Therapeutic Recreation Contact  | (716) 558-3223                     |
| Therapy Dogs International  | (716) 695-2755                     |
| Through the Horse's Eyes  | (716) 386-2419                     |

## AT A GLANCE PHONE NUMBERS

|  |                         |
|--|-------------------------|
| Tifft Nature Preserve  | (716)386-2419           |
| Tonawanda Youth, Parks & Recreation Dept.                          | (716) 831-1001          |
| TOP Soccer   | (716) 580-3468          |
| Tops Cooking School  | (716) 515-2000          |
| Tops Cooking School  | (716) 517-3006          |
| TOPSoccer  | (716) 731-3591          |
| Touching Bases of Erie County, Inc.                                | (716) 681-4330          |
| Town of Amherst Youth &<br>Recreation Department (Summer Day Camp) | (716) 631-7132          |
| TRAC, Afterschool & Vacation Corperation                           | (716) 631-5777 ext. 368 |
| Transit Lanes  | (716) 632-3838          |
| Tulip Travel, Inc.   | (716) 461-4852          |
| Voelker's Bowling Center   | (716) 876-6020          |
| West Seneca Recreation Department                                  | (716) 831-1001          |
| Wimbledon Lanes  | (716) 674-3333          |
| WNY Adaptive Water Sports  | (716) 553-7670          |
| WNY Hand-cycling & Adaptive Bicycling (Proposed Program)           | (716) 961-8438          |
| WNY Parks with Wheelchair Accessible Cabins                        | 1-800-456-2267          |
| YC Challenger Sports   | (585) 343-4203          |
| YMCA   | (716) 664-2802          |
| YWCA of Jamestown  | (716) 664-2802          |
| YWCA of Westfield  | (716) 326-2011          |
| YWCA Team Program  | (716) 664-5860          |

## USEFUL WEBSITES

[www.parentnetworkwny.org](http://www.parentnetworkwny.org)

The Parent Network of Western New York

[www.wchob.org/ecdc](http://www.wchob.org/ecdc)

Early Childhood Direction Center

[www.erie.gov/ecod](http://www.erie.gov/ecod)

Erie County Office for the Disabled

[www.buffaloplace.com](http://www.buffaloplace.com)

The Buffalo Place

[www.beenews.com](http://www.beenews.com)

The Bee News

[www.iloveny.com](http://www.iloveny.com)

I Love New York

[www.ddawny.org](http://www.ddawny.org)

The Developmental Disabilities Alliance of Western New York

[www.nfrps.homestead.org](http://www.nfrps.homestead.org)

The Niagara Frontier Recreation & Parks Society

Central Referral Services website for locating services for  
people with developmental disabilities:

[www.ddinfoink.org](http://www.ddinfoink.org)

# SUPPORT PARENT NETWORK OF WNY



## EMBRACE THE DIFFERENCE™

Parent Network of WNY is now a part of Reeds Jenss Embrace the Difference program.

The program was created by Robyn Zimmer, a mother of a child with developmental differences. She was motivated by the many challenges faced each day by people with chronic illness, physical, emotional and developmental disabilities.

She in turn designed the Embrace The Difference symbol to show support, acceptance and kindness no matter what differences we may have, which is now developed into a successful jewelry line. \$10 of every piece of jewelry sold, is then donated back to the charity of the purchase's choice.

[www.embracethedifference.org](http://www.embracethedifference.org)

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### Support Parent Network Of New York State 1 Inc.

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Amazon donates.

[Go to smile.amazon.com](http://smile.amazon.com)

**amazonsmile**

Amazon Smile is a way for anyone who shops at Amazon.com to give back to the charity of their choice at no cost to them! For every purchase that you make, amazon donates .5% back to Parent Network of WNY.

It's easy to do:

Visit: [smile.amazon.com](http://smile.amazon.com)

(It is the exact same website as [amazon.com](http://amazon.com) and still has all of your account information, the smile in front of it just notifies amazon that the percentage goes to a charity)

Select Parent Network of New York State 1 Inc. from the list

Shop away!

## Recreation & Leisure Service Directory Change Form

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the WNY community but have not been personally verified as to their quality. It is best to call the program with any specific questions. Parent Network of WNY maintains the Recreation & Leisure Service Directory which is distributed to families, individuals and service providers.

The form below is used to update information about any changes to this Directory Please complete the information requested below for all changes. Please circle one option for the information provided on this form:

|                          | Add | Update | Remove |
|--------------------------|-----|--------|--------|
| CATEGORY                 |     |        |        |
| PROGRAM                  |     |        |        |
| ADDRESS                  |     |        |        |
| CITY/STATE               |     |        |        |
| ZIP CODE                 |     |        |        |
| COUNTY                   |     |        |        |
| WEBSITE                  |     |        |        |
| CONTACT PERSON           |     |        |        |
| PHONE                    |     |        |        |
| FAX NUMBER               |     |        |        |
| EMAIL                    |     |        |        |
| AGE                      |     |        |        |
| COST                     |     |        |        |
| DATE                     |     |        |        |
| TIME                     |     |        |        |
| CRITERIA                 |     |        |        |
| ACTIVITIES               |     |        |        |
| WHEELCHAIR ACCESSIBILITY |     |        |        |
| SPONOR                   |     |        |        |
| FACEBOOK                 |     |        |        |

*For the electronic version of this form please go to: [www.parentnetworkwny.org/Programs/MSC](http://www.parentnetworkwny.org/Programs/MSC)*







*“You can learn more about a man in an hour of play than in a lifetime of conversation.”*

-Plato



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