

# RECREATION<sup>AND</sup> LEISURE SERVICES

# DIRECTORY



 (716) 332-4170

 [info@parentnetworkwny.org](mailto:info@parentnetworkwny.org)

 [www.parentnetworkwny.org](http://www.parentnetworkwny.org)

 @ParentNetwork

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# THE RECREATION & LEISURE SERVICES DIRECTORY

2017

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the Western New York community but have not been personally verified as to their cost and quality. It is best to call the program with any specific questions.

Enjoy your adventures. Play, laugh and dance once a day.

Recreationally,

Susan Barlow

Parent Network of Western New York

**To order more copies of the directory please call (716) 332-4175**

For a downloadable version of the directory visit  
[www.parentnetworkwny.org](http://www.parentnetworkwny.org)



Supporting families and professionals to empower individuals with disabilities to reach their full potential.

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## AQUATICS

### WNY Adaptive Water Sports

#### Erie County

(Mail only) 3621 Stony Point Road, Grand Island, NY 14072

Phone: (716) 364-8219

[www.wnyadaptivewatersports.org](http://www.wnyadaptivewatersports.org)

[www.facebook.com/WNYAdaptiveWatersports](https://www.facebook.com/WNYAdaptiveWatersports)

**Age:** 10-70

Please call or check the website for more details on event times and places.

**Dates:** Seasonal, by appointment

**Time:** Various

**Cost:** Free programs include fishing, paddling, sailing, scuba and waterskiing.

Donations gratefully accepted.

**Wheelchair Accessibility:** Yes

## ART

### Albright-Knox Art Gallery

#### Erie County

Jennifer Foley

[jfoley@albrightknox.org](mailto:jfoley@albrightknox.org)

1285 Elmwood Avenue, Buffalo, NY 14222

Phone: (716) 270-8282

[www.albrightknox.org](http://www.albrightknox.org)

[www.facebook.com/Albright-KnoxArtGallery](https://www.facebook.com/Albright-KnoxArtGallery)

**Age:** Adults

The Albright-Knox offers free Verbal Description Sensory Tours for adults who are blind or partially sighted. An in-depth verbal description tour is enhanced by engaging several senses, often including, but not limited to, the sense of touch. Tours are given of select works from the Albright-Knox's collection.

**Dates:** First Saturday of each month **Time:** 10:30 am - 11:30 am

**Cost:** No fee - Groups only

**Wheelchair Accessibility:** Yes

### Arts Access

#### Erie County

[artsaccesswny@gmail.com](mailto:artsaccesswny@gmail.com)

95 Perry Street, Suite 402, Buffalo, NY 14203

Phone: (716) 362.8389 ext. 513

[www.arts-access.com](http://www.arts-access.com)

Arts Access aims to increase the accessibility of WNY arts and culture by connecting residents to free & low cost cultural opportunities and by promoting low-income individuals and their families are provided the chance to see live theatre, music, art and more through the Arts Access pass, and by promoting already existing discounts offered by area organizations.

**Dates:** all year round

**Time:** Varies

**Cost:** Varies

## **Burchfield Penney Art Center**

### **Erie County**

Education Department

burchfld@buffalostate.edu

Burchfield Penney Art Center, Education Department,  
Buffalo State College, 1300 Elmwood Avenue, Buffalo, NY 14222

**Phone:** (716) 878-6011

[www.burchfieldpenney.org](http://www.burchfieldpenney.org)

[www.facebook.com/BurchfieldPenneyArtCenter](https://www.facebook.com/BurchfieldPenneyArtCenter)

**Age:** All ages

Museum art based program- free workshop, food and music

**Dates:** Museum art based program, every 2nd Friday of the month

**Time:** 5:30 pm - 7:30 pm

**Cost:** Adults: \$10; Seniors (62 & over): \$8; Students (with ID): \$5; Children (age 10 & under): FREE when accompanied by a paid adult/senior admission

**Wheelchair Accessibility:** Yes

## **Locust Street Neighborhood Art Classes**

### **Erie County**

[info.locuststreetart@gmail.com](mailto:info.locuststreetart@gmail.com)

138 Locust Street, Buffalo, NY 14204

**Phone:** (716) 852-4562 **Fax:**

<https://www.facebook.com/artlocustst?fref=ts>

**Age:** 3-Senior Adult

Painting, drawing, ceramics, B&W film photography, animation

**Dates:** Various

**Time:** Various

## **Starlight Studio and Art Gallery Day Habilitation Program**

### **Erie County**

Carrie Marcotte

[starlight@ldawny.org](mailto:starlight@ldawny.org)

340 Delaware Avenue, Buffalo, NY 14202

**Phone:** (716) 842-1525 **Fax:**

[www.starlightstudio.org](http://www.starlightstudio.org)

[www.facebook.com/StarlightStudioandArtGallery](https://www.facebook.com/StarlightStudioandArtGallery)

**Dates:** Tours by appointment

**Time:** Monday-Friday 9 am - 4 pm

**Cost:** No fee. See waiver enrollment.

**Wheelchair Accessibility:** Yes

## BASEBALL

### **Niagara Frontier Challenger Little League**

#### **Erie County**

Jacqui Berger

[jacqui.berger@gmail.com](mailto:jacqui.berger@gmail.com)

(Mail only) 181 Bernhardt Drive, Snyder, NY 14226

**Phone:** (716) 839-1224

<http://melottlittleleague.org/>

**Age:** 4 and up

Provides an opportunity for adults and children 4 and up to play baseball, regardless of their challenges. Each player is encouraged to reach their individual highest level of play.

**Dates:** May - August

**Time:** Sunday mornings

**Cost:** \$60 a season.

**Wheelchair Accessibility:** Yes

### **The Miracle League of Grand Island & WNY**

#### **Erie County**

Scott McManigle

[smcmanigle@miracleleaguewny.org](mailto:smcmanigle@miracleleaguewny.org)

P.O. Box 833, Grand Island, NY 14072

**Phone:** (716) 773-2943

[www.miracleleaguewny.org](http://www.miracleleaguewny.org)

The Miracle League is designed to serve individuals who cannot be accommodated by established baseball leagues due to the special needs of their disabilities. The vision of the program is to provide any disabled individual, regardless of their level of disability, the opportunity to play league sports and enjoy the emotional and physical benefits of being part of a team sport.

**Dates:** June-August

**Time:** Various

**Wheelchair Accessibility:** Yes

### **Touching Bases of Erie County, Inc.**

#### **Erie County**

[h3r11s7@hotmail.com](mailto:h3r11s7@hotmail.com)

49 Hillside Parkway, Lancaster, NY 14086

**Phone:** (716) 681-4330

[www.touchingbases.org](http://www.touchingbases.org)

**Age:** 18 and up

Softball league of Erie County for adults with disabilities.

**Dates:** Monday & Tuesday evenings in August

**Time:** 6 pm-8pm

**Cost:** Registration \$40 per player

**Wheelchair Accessibility:** Yes

## BASKETBALL

### Youth Basketball Diversified

#### Erie County

Rita Lonski

rita\_lonski@amherst-basketball.com

4380 Main Street, Amherst, NY 14226

**Phone:** (716) 430-0870

**Age:** High School Students

This basketball league is for high school students who have a disability.

**Dates:** Once per week March through April

**Cost:** Free

No previous experience playing basketball is needed

## BIKING

### iCan Bike

#### Erie County

wnylearntoride@yahoo.com

Buffalo Niagara Court Center, 425 Meyer Road, West Seneca, NY 14224

**Phone:** (716) 817-7204

[www.icanshine.org/buffalo-ny](http://www.icanshine.org/buffalo-ny)

**Age:** 8+

Using adaptive bicycles, a specialized instructional program and trained staff to enable individuals with disabilities to learn to ride a two-wheel bicycle.

**Dates:** June 26-30, 2017

**Time:** 75 minutes each day - varies

**Cost:** \$175

Have a diagnosed disability, have a minimum inseam of 20 inches, weigh less than 220 pounds, be able to walk without assistive devices, be able to side-step quickly, and be able to willingly wear a properly fitted helmet.

## BOATING

### Buffalo River Canoe & Kayak Outfitters

#### Erie County

Allison Carr

paddlebuffalo@gmail.com

Mobile Unit -Departing @ 900 Harlem Road, West Seneca, NY 14224

**Phone:** (716) 771-2995

[www.paddlebuffalo.com](http://www.paddlebuffalo.com)

**Age:** 6+

Canoeing & Kayaking-groups & parties.

**Dates:** By appointment

**Time:** Various

**Cost:** Varies (\$20 and up) Special needs group discounts

**Wheelchair Accessible:** Yes



## **Excalibur Leisure Skills Center, Inc.**

### **Erie County**

James and Catherine Catalano  
90 North Drive, Buffalo, NY 14216

jim@excaliburls.com

**Phone:** (716) 831-3188

www.excaliburls.org

**Age:** All ages

Provides accessible boating and fishing opportunities for the developmentally challenged and disadvantaged.

The program site is located at the Safe Harbor Marina, 1111 Fuhrmann Boulevard, Buffalo NY 14203.

**Dates:** July 1st through October 15th - Rain or shine **Time:** Various - please call for reservations.

**Cost:** Donations accepted

**Wheelchair Accessibility:** Yes

## **WNY Adaptive Water Sports**

### **Erie County**

Tom Nowak or Tony Anderson

nowakrad@aol.com

**(Mail only)** 3621 Stony Point Road, Grand Island, NY 14072

**Phone:** (716) 364-8219

www.wnyadaptivewatersports.org

www.facebook.com/WNYAdaptiveWaterSports

**Age:** 10-70

Provides disabled veterans and individuals with physical disabilities the means, facilities and access to participate in water sports and other recreational activities to improve their quality of life. Water skiing, adaptive kayaking, boating, fishing, and sailing.

**Dates:** Seasonal, By appointment

**Time:** Various

**Cost:** Varies with programs. Donations gratefully accepted.

**Wheelchair Accessibility:** Yes

## **BOWLING**

### **Good Times of Olean**

#### **Cattaraugus County**

800R E. State Street, Olean, NY 14760

**Phone:** (716) 379-8210

www.gtofood.com

**Age:** All ages

Bumper bowling, arcade, mini-golf available

**Dates:** Year Round

**Time:** Varies

**Cost:** Varies by activity

**Wheelchair Accessibility:** Yes



**Jamestown Bowling Co.**

**Chautauqua County**

Jim Mee

850 Foote Avenue, Jamestown, NY 14701

**Phone:** (716) 483-1818

[www.jamestownbowling.com](http://www.jamestownbowling.com)

Bumper bowling is available

**Dates:** Year Round

**Cost:** Check website for updated pricing

**Wheelchair Accessibility:** Yes

**AMF Airport Lanes**

**Erie County**

3754 Genesee Street, Cheektowaga, NY 14225

[www.amf.com](http://www.amf.com)

**AMF Lancaster Lanes**

**Erie County**

4913 Transit Road, Depew, NY 14043

**Phone:** (716) 668-1000

**Age:** all ages

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** Yes

**Classic Lanes**

**Erie County**

1840 Military Road, Kenmore, NY 14217

**Phone:** (716) 873-3383

[www.classiclansny.com](http://www.classiclansny.com)

**Age:** all ages

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Dates:** Various **Time:** Various

**Wheelchair Accessibility:** Yes

**Kenmore Lanes**

**Erie County**

[kenmorelanes@yahoo.com](mailto:kenmorelanes@yahoo.com)

1691 Kenmore Avenue, Kenmore, NY 14217

**Phone:** (716) 875-5340

[www.kenmorelanes.net](http://www.kenmorelanes.net)

**Age:** all ages

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** Yes

## **Springville Lanes**

### **Erie County**

53 West Main Street, Springville, NY 14141

**Phone:** (716) 592-2260 **Fax:**

[www.facebook.com/Springville-Lanes-140052412685754/](http://www.facebook.com/Springville-Lanes-140052412685754/)

**Age:** all ages

Bowling with adaptive equipment (bumpers and one wooden ramp available). Lanes have complete wheelchair accessibility (LIMITED ACCESS INTO BUILDING) **\*\*Two steps into building\*\***

**Dates:** Various **Time:** Various

## **Transit Lanes**

### **Erie County**

7850 Transit Road, Williamsville, NY 14221

**Phone:** (716) 632-3838 **Fax:** (716) 632-3942

[www.transitlanes.net](http://www.transitlanes.net)

**Age:** all ages

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Dates:** Various **Time:** Various

**Wheelchair Accessibility:** Yes

## **Voelker's Bowling Center**

### **Erie County**

Glenn Voelker

686 Amherst Street, Buffalo, NY 14207

**Phone:** (716) 876-6020

**Fax:** (716) 873-6159

[www.voelkersbowling.net](http://www.voelkersbowling.net)

32 lanes all equipped with: automatic scoring, gutter bumpers, a folding, aluminum wheelchair ramp & ten sets of blind rails. Queen City Blind League bowls here, handicapped parking & wheelchair access, Marion Street lot has no steps.

**Dates:** Various

**Time:** Various

**Wheelchair Accessibility:** Yes

## **Wimbledon Lanes**

### **Erie County**

220 Center Road, West Seneca, NY 14224

**Phone:** (716) 674-3333

[www.wimbledonlanes.com](http://www.wimbledonlanes.com)

**Age:** All ages

Bowling with adaptive equipment (bumpers available). No ramp available - welcome to bring your own.

**Date and Time:** Please call the lanes for availability, open bowling may NOT be available all the above times.

**Allie Brandt Lanes****Niagara County**

alliebrandtlanes@gmail.com

6510 Lincoln Avenue, Lockport, NY 14094

**Phone:** (716) 433-5976

www.alliebrandtlanes.com

There are 36 lanes with bumper bowling. Challenger Sports runs for 24 weeks starting in October.

**Dates:** Year round

**Cost:** Check website for updated pricing

**Wheelchair Accessibility:** Yes

**Bennington Lanes****Wyoming County**

1374 Clinton Street Road, Bennington, NY 14011

**Phone:** (585) 591-2314

www.facebook.com/pg/bennington-lanes

**Age:** All ages

Bowling ramp available

**Dates:** Year round

**Cost:** Varies by activity

**Wheelchair Accessibility:** Yes

**Letchworth Pines****Wyoming County**

Kevin Sass

kevin@letchworthpines.com

6985 Fillmore Road, Portageville, NY 14536

**Phone:** (585) 468-2166

www.letchworthpines.com

Bumper bowling and ramps available for bowlers

**Dates:** Year round

**Cost:** Check website for updated pricing

**Wheelchair Accessibility:** Yes

## CAMPS (DAY & OVERNIGHT)

### Camp Turner

#### Cattaraugus County

John Mann

campturner@gmail.com

PO BOX 264, (9150 ASP 3), Salamanca, NY 14779

**Phone:** (716) 354-4555 **Fax:**

www.campturner.com

**Age:** 7-16

Camp Turner offers a traditional overnight camping program for boys and girls from ages 7 – 16. The camp is located in the gorgeous, pastoral hills of Allegany State Park in the woods amidst pristine streams and lakes. Partial financial assistance is available.

**Dates:** Sunday afternoons through Friday 6 pm - July 9th to mid August

**Time:** 2 pm Sunday through 6 pm Friday for Summer, Winter Camp available December 28-30 each year

**Cost:** Off season group rentals and food service available. 120 beds in winterized cabins. Full service commercial kitchen and dish room, 2400 feet of dining hall space with 120 chairs and 8' rectangular tables. Additional meeting space available.

**Wheelchair Accessibility:** Yes

### Adapted Recreation Program & Summer Day Camps

#### Erie County

Amy McMahan

Summer Day Camps - cheektowagacamps@gmail.com;

Adapted Recreation Program & Sports (including Special Olympics) -  
cheekarp@gmail.com

275 Alexander Avenue, Cheektowaga, NY 14211

**Phone:** (716) 897-7205

**Fax:** (716) 897-7211

www.tocny.org

**Age:** Various

Sports, Saturday Recreation, Day Camp, & Community Outing

**Dates:** October through May (Adapted Rec Program), July through August (Day Camps)

**Time:** Various

**Cost:** Varies by program

No transportation available

**Wheelchair Accessibility:** Yes

## **Adult Fit and Fun**

### **Erie County**

Carrie Drabik

cdrabik@sabahinc.org

2607 Niagara Street, Buffalo, NY 14207

**Phone:** (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH\_inc

The adaptive program is for adults facing physical, mental, and emotional challenges. Adult Day Habilitation programs or group homes with 20-30 individuals per session. Each group is assigned a specific day and time of the week to participate. This is on a weekly basis throughout the season.

**Dates:** From May through the end of June

**Time:** Various

**Cost:** Call for pricing information

20-30 individuals per session

**Wheelchair Accessibility:** Yes

## **Camp Crabapple**

### **Erie County**

Amy McMahan

cheektowagacamps@gmail.com

275 Alexander Avenue, Cheektowaga, NY 14211

**Phone:** (716) 897-7205

**Age:** 4-14

Six week program designed for youth with a developmental or physical disability. Wheelchair access and transportation is limited.

**Dates:** July - August (Monday - Friday)

**Time:** 8:30 am - 3:30 pm

**Cost:** Chktg res. \$828/ 6 wks or \$148/ wk, Non-res. \$967/ 6 wks or \$171/ wk;

OPWDD Eligible: Chktg res. \$703/ 6 wks or \$127/ wk, non-res. \$842/ 6 wks or \$150/ wk

Limited availability for one-on-one assistance.

**Wheelchair Accessibility:** Yes

## **Camp Ji-ik-Do-Wah-Gah**

### **Erie County**

Amy McMahan

cheektowagacamps@gmail.com

275 Alexander Avenue, Cheektowaga, NY 14211

**Phone:** (716) 897-7205 Fax:

**Age:** 4-13

Six week program for children who may have a learning disability, speech impairment, ADHD and/or are emotionally disturbed.

**Dates:** July - August (Monday - Friday) **Time:** Various

**Cost:** Chktg res. \$828/ 6 wks or \$148/ wk, Non-res. \$967/ 6 wks or \$171/ wk;

OPWDD Eligible: Chktg red. \$703/ 6 wks or \$127/ wk, Non-res. \$842/ 6 wks or \$150/ wk

Limited availability for one-on-one assistance.

**Wheelchair Accessibility:** Yes

## **Camp Special Place**

### **Erie County**

Nicole Fields

nfields@tonawanda.ny.us

299 Decatur Road, Tonawanda, NY 14223

**Phone:** (716) 831-1001

www.ttypr.com

**Age:** 5-15

This is a day camp for children with special needs ages 5 to 15 who have a condition preventing them from attending a regular day camp.

**Dates:** Space is limited - Registration starts April 3-June 2; Camp dates are Monday - Friday, July 10 through August 18

**Time:** 9am-3pm

**Cost:** \$75 per week for residents; \$110 per week for non-residents

**Wheelchair Accessibility:** Yes

## **Cradle Beach Camp**

### **Erie County**

admissions@cradlebeach.org

8038 Old Lake Shore Road, Angola, NY 14006

Phone: (716) 549-6307 ext. 205 www.cradlebeach.org

**Age:** 8-16

Residential camp designed for children with disabilities and those who come from economically disadvantaged backgrounds. Provides a healthy environment and organized activities to promote socialization, self-worth, and decision making.

**Dates:** June - August (sessions vary in length)

**Time:** Various

**Cost:** Based on family income/sliding fee scale - Children must be able to take care of personal needs

**Wheelchair Accessibility:** Yes

## **Heritage Centers Recess Program**

### **Erie County**

Erin Csuha

ecsuha@heritagecenters.org

2643 Main Street, Buffalo, NY 14214

**Phone:** (716) 833-8603 ext. 2279

www.heritagecenters.org

**Age:** 5-21

Five day program during the winter & spring school breaks

**Dates:** Various **Time:** Various

**Cost:** No fee (Child must be Medicaid waiver enrolled)

## **Pioneer Camp & Retreat Center**

### **Erie County**

Maria Inglut-Fetto

info@pioneercamp.org

9324 Lake Shore Road, Angola, NY 14006

**Phone:** (716) 549-1420

**Fax:** (716) 549-6018

www.pioneercamp.org

**Age:** 10+

Agape Camp is Pioneer's camp for those with Developmental & Intellectual Disabilities. We have a wide variety of activities that everyone can participate in. Some favorite activities include: interactive devotions, arts & crafts, off-site bowling trips, singing and campfires, special theme days, and swimming, boating, and beach time!

**Dates:** Summer, Week and Weekend Programs

**Time:** Various

**Cost:** Varies with length of program

Individuals with disabilities who have self care skills, non ambulatory individuals are welcome, evaluation of written application.

**Wheelchair Accessibility:** Yes

## **SABAH School Day Adaptive Physical Education Recreational**

### **Spring Program**

#### **Erie County**

Carrie Drabik

cdrabik@sabahinc.org

2607 Niagara Street, Buffalo, NY 14207

Phone: (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH\_inc

Each school is designated their own time slot each week to participate in adaptive sports programming.

**Dates:** Beginning of May through the first week of June

**Time:** Various

**Cost:** Free

This is a free School day for students, transportation must be provided by the district

**Wheelchair Accessibility:** Yes



## **Town of Amherst Youth & Recreation Department (Summer Day Camp)**

### **Erie County**

Janice Zapfel

jzapfel@amherst.ny.us

1615 Amherst Manor Drive, Williamsville, NY 14221

**Phone:** (716) 631-7132

**Fax:** (716) 626-9087

[www.amherstyouthandrec.org](http://www.amherstyouthandrec.org)

**Age:** 5-14

Summer day camp for youth ages 5 - 11 (five sites) and ages 12-14 (one site). Staff works with families to develop individualized implementation plans for each child with special needs.

**Dates:** June 26-August 18      **Time:** Monday-Friday (8am-5:30pm)

**Cost:** \$175 per week with a \$15 registration fee for Amherst residents; \$225 per week for non-residents if there is space

**Wheelchair Accessibility:** Yes

### **Camp EAGR**

Mike Radell

mradell@epiny.org

Camp EAGR is held at the YMCA's beautiful Camp Weona, half way between Buffalo and Rochester

**Phone:** (585) 442-4430 Ext. 2741

[www.epiny.org/epilepsy-camp-eagr.php](http://www.epiny.org/epilepsy-camp-eagr.php)

**Age:** 8-17 and siblings

Children from all over the Northeast, regardless of their seizure control, come to Camp EAGR in Upstate New York to experience a camp complete with swimming, hiking, canoeing, arts and crafts, nature, wall climbing and horseback riding – all of the things children without epilepsy do on a regular basis. With its highly-trained staff, complete with two nurse practitioners and neurologists, Camp EAGR provides the safe and fun environment that children with epilepsy need. Camp EAGR enables youngsters to experience things they might otherwise never have an opportunity to be exposed to, allows the children to discover that others have similar experiences with their seizures and also provides them with positive role models, as many of the volunteer counselors have epilepsy.

**Dates:** August 13-19, 2017

**Cost:** \$750 with scholarships available

Application should be in by April or May and can be picked up at the agency.

## CHEERLEADING

### **Buffalo Envy All Stars Adaptive Cheerleading**

#### **Erie County**

info@buffaloenvyallstars.com

2600 Hamburg Turnpike, Space "H", Buffalo, NY 14218

**Phone:** (716) 822-2572

[www.buffaloenvyallstars.com/adaptive-cheer-program.html](http://www.buffaloenvyallstars.com/adaptive-cheer-program.html)

**Age:** No age limit

Athletes learn tumbling, dancing, stunting, and other cheerleading skills. The team practices once a week and has the opportunity to perform at several local and regional cheerleading competitions.

**Dates:** Year-round (training classes in May and June, season July - April)

**Time:** Fridays 5:30pm-7:00pm

**Cost:** Varies

**Wheelchair Accessibility:** Yes

### **Elite Heat All Stars**

#### **Niagara County**

Laura Voigt

eliteheatcheer@gmail.com

7330 Townline Road, North Tonawanda, NY 14150

**Phone:** (716) 636-0209 Fax:

[www.eliteheatbuffalo.com](http://www.eliteheatbuffalo.com)

**Age:** Ages 3 & up

Athletes learn cheer essentials, stunting and tumbling. Athletes work with helpers to ensure safety. The team practices once a week and performs five local competitions.

**Dates:** September through April team practices. Other activities available year round.

**Time:** Varies

**Cost:** \$280 for 8 Months

**Wheelchair Accessibility:** Yes

## CLUBS

### **Aktion Club**

secretary@brightonkiwanisclub.org

Rochester, NY

[www.aktionclubofbrighton.org/Brighton\\_Aktion\\_Club/Welcome.html](http://www.aktionclubofbrighton.org/Brighton_Aktion_Club/Welcome.html)

**Age:** Adults

Club has fundraisers, community projects and makes time for fun activities.

**Dates:** Various

**Time:** Various

To provide adults living with disabilities an opportunity to develop initiative, leadership skills and to serve their communities.

## FAMILY ACTIVITIES

### **Au-Some Evenings at Explore & More Museum**

#### **Erie County**

300 Gleed Avenue, East Aurora, NY

**Phone:** (716) 655-5131 Ext 14

**Dates:** First Friday of the month

**Time:** 5:30 pm to 8 pm

**Cost:** Free

Reservations required

### **Au-Some Swimmers**

#### **Erie County**

Eric Poniatowski

eponiatowski@jccbuffalo.org

Jewish Community Center of Greater Buffalo, Buffalo, NY

**Phone:** (716) 886-3172 Ext 411

**Dates:** Saturdays, Tuesday evenings

**Time:** Various

**Cost:** Various

### **Game Night @ Lancaster Youth Bureau**

#### **Erie County**

Micaela or Lynne

Lynne - thirtyoesntired@aol.com

, Lancaster, NY

**Phone:** (716) 683-4444

Video, board games and new friends you can meet. Parent participation required

**Dates:** Mondays (contact for exact dates)

**Time:** 6 - 8 pm

Exclusively for children with Asperger's, PDD-NOS or on the Autism Spectrum.

### **Au-some Aquarium**

#### **Niagara County**

education@aquariumofniagara.org

701 Whirlpool Street, Niagara Falls, NY

**Phone:** (716) 285-3575 Ext 20

Sensory friendly environment where families with children on the autism spectrum can meet. Touch tank, art activities, info and gluten free snacks are provided.

**Dates:** First Friday of the month

**Time:** 6 - 8 pm

**Cost:** \$10 per family

## FISHING

### **Fisherman's Landing**

#### **Erie County**

East River Road at the Base of the South Grand Island Bridge, Grand Island, NY

Wheelchair Accessibility: Yes

### **Southtowns Walleye Association of WNY, Inc.**

#### **Erie County**

Mary Paufler

5895 Southwestern Boulevard, Hamburg, NY 14075

**Phone:** (716) 648-7590 or (716) 649-8202 CLUB NUMBER

[www.southtownswalleye.org](http://www.southtownswalleye.org)

**Age:** No age limit

6-day fishing event for individuals with developmental disabilities

**Dates:** End of April

**Time:** Various

**Cost:** No fee

Reservations required

**Wheelchair Accessibility:** Yes

### **Annual Fishing Derby**

#### **Niagara County**

Mike Ranalli

[miker@wheatfield.ny.us](mailto:miker@wheatfield.ny.us)

6812 Nash Road, North Tonawanda, NY 14120

**Phone:** (716) 731-3942

**Fax:** (716) 731-3320

[www.wheatfield.ny.us](http://www.wheatfield.ny.us)

Seniors over 50 vs. youth 16 and under fish for prizes. Prizes awarded for the largest fish in each category. Refreshments are served at the event. Site is Fairmount Park; Hank Biose Pond

**Dates:** Event usually held in June.

**Time:** Various

**Cost:** No fee. Pre-registration is required no later than one week before the event.

**Wheelchair Accessibility:** Yes

## FITNESS

### **SASi Adaptive Fitness Program**

#### **Erie County**

info@movingmiracles.org

954 Union Road Suite 1, West Seneca, NY 14224

**Phone:** (716) 656-1321 [www.movingmiracles.org](http://www.movingmiracles.org)

**Age:** 16+

The program curriculum targets resistance, endurance and cardio training resulting in distinct physical, cognitive, social and developmental benefits. We provide supervised, personalized exercise programs for teens and adults with special needs that are designed to be fun and effective, in a supportive environment.

**Dates:** Tuesday or Thursday evenings

**Cost:** \$30 registration/\$60 monthly group session fee

**Wheelchair Accessibility:** Yes

## GOLF

### **The First Tee of WNY**

#### **Erie County**

Andrew Bennett

tftwny.info@gmail.com

(Mail only) P.O. Box 482, Buffalo, NY 14207

**Phone:** (716) 250-3355

[www.thefirstteewesternny.org](http://www.thefirstteewesternny.org)

**Age:** 5 - 18

A comprehensive youth development program that offers learning opportunities to WNY youths. Programs are conducted in partnership with local golf facilities, elementary & middle schools and organizations serving youth.

**Dates:** Various

**Time:** Various

**Cost:** Various

**Wheelchair Accessibility:** Yes

## GYM

### **Rolly Pollie SN@P Fit Gym, Special Needs Play (Northtowns)**

#### **Erie County**

9630 Transit Road, East Amherst, NY 14051

**Phone:** (716) 689-6151

[www.rpwny.com/special-needs-play](http://www.rpwny.com/special-needs-play)

**Age:** 12 and under

SN@P FIT Gym, stands for Special Needs @ Play, an open play time dedicated to children with special needs and their families.

**Dates:** Monday, Thursday and Friday

**Time:** 4 - 5 pm

**Cost:** \$10 per child/\$15 per family

## **Rolly Pollie SN@P Fit Gym, Special Needs Play (Southtowns)**

### **Erie County**

4058 North Buffalo Road, Orchard Park, NY 14127

**Phone:** (716) 662-7424

[www.rpwny.com/special-needs-play](http://www.rpwny.com/special-needs-play)

**Age:** 12 and under

SN@P FIT Gym, stands for Special Needs @ Play, an open play time dedicated to children with special needs and their families.

**Dates:** Monday, Thursday and Friday

**Time:** 4 - 5 pm

**Cost:** \$10 per child/\$15 per family

## **Sensory Sundays @ Sky Zone**

### **Erie County**

425 Cayuga Road, Cheektowaga, NY

**Phone:** (716) 206-3300 Fax:

[www.skyzone.com/buffalo](http://www.skyzone.com/buffalo)

Join us for Sensory Sundays at Sky Zone where families with sensory challenges can jump and have fun together in a relaxed and supportive environment.

**Dates:** Sundays

**Time:** 9 am - 11 am

**Cost:** \$10 per jumper/\$25 per family (up to 4)

## **We Rock the Spectrum Northtowns**

### **Erie County**

[info@werockthespectrumbuffalonorthtowns.com](mailto:info@werockthespectrumbuffalonorthtowns.com)

5427 Transit Road, Williamsville, NY 14221

**Phone:** (716) 428-3434

[www.werockthespectrumbuffalonorthtowns.com](http://www.werockthespectrumbuffalonorthtowns.com)

**Age:** Infant and up

Our goal is to provide this sensory-based resource to our community; a place where all children can come together to improve their skills – communication, cognitive, social, emotional, behavioral, fine and gross motor.

**Dates:** All week

**Time:** 10 am - 1 pm, 3 pm - 6 pm

**Cost:** \$12 per child/siblings \$10 or all day pass for \$20

## **We Rock the Spectrum Southtowns**

### **Erie County**

info@werockthespectrumbuffalosouthtowns.com

6950 Erie Road, Derby, NY

**Phone:** (716) 562-7274

www.werockthespectrumbuffalosouthtowns.com

**Age:** Infant and up

Our goal is to provide this sensory-based resource to our community; a place where all children can come together to improve their skills – communication, cognitive, social, emotional, behavioral, fine and gross motor.

**Dates:** All week

**Time:** 10 am - 1 pm, 3 pm - 6 pm

**Cost:** \$12 per child/siblings \$10 or all day pass for \$20

## **HORSEBACK RIDING**

### **Centaur Stride Therapeutic Horseback Riding & Experiential Learning Center**

#### **Chautauqua County**

Claudia Monroe

claudiamonroe@centaurstride.org

8488 Jones Road, Sherman, NY 14781

**Phone:** (716) 326-4318

www.centaurstride.org

Horseback riding to accommodate various disabilities, while focusing on safety, integration and challenge. Experiential learning to focus on social skills and group dynamics in a natural environment.

**Dates:** Various

**Time:** Scheduling by apt. only

**Cost:** \$30/lesson or package deal of 6/\$120 but must be used within 6 weeks

Programs are open to all in an integrated setting (some restrictions apply).

**Wheelchair Accessibility:** Yes



## **Buffalo Therapeutic Riding Center, Inc. (BTRC)**

### **Erie County**

Susan Schoellkopf

becandbtrc@aol.com

950 Amherst Street, Buffalo, NY 14216

**Phone:** (716) 877-9295 **Fax:**

www.thebtrc.com

**Age:** 6-18 years cannot exceed 150 pounds

The only indoor riding facility in the City of Buffalo, this program offers classes for mentally and emotionally impaired, learning disabled and developmentally challenged children.

**Dates:** Monday afternoons 2:30 pm to 7 pm, May through November

**Cost:** Scholarships are available

**Wheelchair Accessibility:** Yes

## **High Hurdles Therapeutic Riding**

### **Erie County**

Megan Stapley

hhurdles@sasinc.org

13339 Route 39, Sardinia, NY 14134

**Phone:** (716) 496-5551

**Fax:** (716) 496-4010

[www.sasinc.org/High-Hurdles](http://www.sasinc.org/High-Hurdles)

**Age:** 3+

Therapeutic riding and horsemanship for individuals who are physically, cognitively and emotionally challenged. Also, hands on field trips are available.

**Dates:** Session March through November; Private lessons year round

**Time:** Monday-Saturday; morning-evening; closed Sundays

**Cost:** \$360 for a 12 week session, or ride the entire season (March - November for \$1,080 which will be prorated if there is a late start to the season). Private lessons are \$40 per hour.

**Wheelchair Accessibility:** Yes

## **Lothlorien Therapeutic Riding Center**

### **Erie County**

Katie Macre

program.ltrc@gmail.com

15 Reiter Road, East Aurora, NY 14052

**Phone:** (716) 655-1335

[www.lothlorientrc.org](http://www.lothlorientrc.org)

**Age:** 3+

Adaptive horseback riding for adults and children with special needs.

**Dates:** March through November riding sessions

**Time:** Various

**Cost:** \$145/4 wk or \$205/6 wk session. Tuition assistance and family discounts available. Also offering Equivision and Veterans programs.

Must have the ability to ride

**Wheelchair Accessibility:** Yes

**Equi-Star Inc.****Niagara County**

Peggy Sue Shiesley

pshiesley@gmail.org

2199 Fuller Road, Burt, NY 14208

**Phone:** (716) 602-6185

www.equistartheranch.org

**Age:** No age limit

We provide therapeutic riding lessons for children and adults with varying conditions, such as Cerebral Palsy, Developmental Delays, Autism Spectrum Disorders, Trisomy 21, Anxiety, and much more. (Always looking for volunteers)

**Dates:** Various**Time:** Daily & evening 6 days a week, lessons are 45 minutes**Cost:** \$150 per 6 week session**Wheelchair Accessibility:** Yes**ICE SPORTS****Adult Fit and Fun Skating****Erie County**

Carrie Drabik

cdrabik@sabahinc.org

2607 Niagara Street, Buffalo, NY 14207

**Phone:** (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH\_inc

The adaptive program is for adults facing physical, mental, and emotional challenges. Adult Day Habilitation programs or group homes with 20-30 individuals per session.

**Dates:** From the middle of October through March**Time:** Various**Cost:** \$100 for the season per participant

Each group is assigned a specific day and time of the week to participate. This is on a weekly basis throughout the season.

**Wheelchair Accessibility:** Yes

## **Buffalo Sabres Sled Hockey**

### **Erie County**

Eric Sauers

llgordon7@hotmail.com

111 Caldwell Drive (mail address only), West Seneca, NY 14224

**Phone:** (716) 481-9861

[www.buffalosabresledhockey.org](http://www.buffalosabresledhockey.org)

**Age:** 5 and up

Alternative style of hockey for those with disabilities is played on a sled with the same rules of ice hockey. Must be able to sit upright

**Dates:** September through March

**Time:** Saturdays and Sundays with travel for games and tournaments

**Cost:** based on family income/sliding fee scale

**Wheelchair Accessibility:** Yes

## **Buffalo Sabres Thunder Ice Hockey**

### **Erie County**

Mike Steffan

michaelsteffan@verizon.net

**Phone:** (716) 691-4530

[www.wnyspecialhockey.com/index.html](http://www.wnyspecialhockey.com/index.html)

**Age:** Dependent on skating ability and experience

Provides individuals with developmental disabilities the unique opportunity to play ice hockey. A coed, non-checking ice hockey team with individuals who love hockey and have some ice skating experience.

**Dates:** October - April **Time:** Various

**Cost:** \$100 fee

To play hockey for the Buffalo Sabres Thunder, a player should be comfortable skating on ice and be able to feel comfortable in the use of the protective hockey equipment. Previous skating experience is recommended.

**Wheelchair Accessibility:** Yes

## **Gliding Stars of WNY**

### **Erie County**

[infogs@glidingstars.org](mailto:infogs@glidingstars.org)

1307 Military Road, Buffalo, NY 14217

**Phone:** (716) 608-8345

**Fax:** (716) 608-8346

[www.glidingstars.org/gliding-stars-of-western-new-york/](http://www.glidingstars.org/gliding-stars-of-western-new-york/)

Adaptive Ice Skating Program that serves individuals with disabilities in WNY.

Nationwide including chapters in OH, PA, NY and FL.

**Dates:** September through April

**Time:** Various

A non-profit organization that provides adaptive ice skating programs to individuals of all ages with physical, mental, and/or emotional challenges.

**Wheelchair Accessibility:** Yes

## **SABAH School Day Adaptive Physical Education Recreational Winter Program**

### **Erie County**

Carrie Drabik cdrabik@sabahinc.org  
2607 Niagara Street, Buffalo, NY 14207

**Phone:** (716) 326-9600

[www.sabahinc.org](http://www.sabahinc.org)

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

Each school is designated their own time slot each week to participate in adaptive sports programming.

**Dates:** Middle of October through March

**Time:** Various

**Cost:** Free (This is free for school day students, transportation to be provided by the district).

**Free** (This is a free School day for students, transportation must be provided by the district)

**Wheelchair Accessibility:** Yes

## **SABAH Summer Skate**

### **Erie County**

The Northtown Center at Amherst, 1615 Amherst Manor Drive, Williamsville, NY 14211

**Phone:** (716) 326-9600

[www.sabahinc.org](http://www.sabahinc.org)

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

During the summer ice session, skaters are provided with the necessary adaptive equipment and skating essentials for therapeutic skating during the summer months.

**Dates:** July and August

**Cost:** \$50

SABAH offers a summer ice skating program at the Northtown Center in Amherst for anyone challenged by a disability to work on skills throughout the off-season.

## MISCELLANEOUS

### **Fantastic Friends of Western New York**

#### **Erie County**

Debbie Cordone

fantasticfriendswny@gmail.com

**Phone:** (716) 863-7393

[www.myfantasticfriends.org](http://www.myfantasticfriends.org)

[www.facebook.com/fantastic-friends-of-western-new-york](http://www.facebook.com/fantastic-friends-of-western-new-york)

**Age:** All ages

Fantastic Friends hosts a fun monthly events for our special needs members ages 10-teens and volunteer “buddies”. Members are always paired with a 1:1 buddy at each event, who help them interact with other Fantastic Friends and participate in the event’s activities. Events are always fun and creative, and provide a variety of social and learning experiences for our special needs members.

**Dates:** Varies by month

**Time:** Varies

**Cost:** Varies

### **Fantasy Island**

#### **Erie County**

Suzanne Boutin-Irwin [groups@fantasyislandny.com](mailto:groups@fantasyislandny.com)

2400 Grand Island, Grand Island, NY 14072

**Phone:** (716) 773-7591 Ext 3103

[www.fantasyislandny.com](http://www.fantasyislandny.com)

Group trip for 7 or more people. Companions cannot exceed the number of people with Special Needs. Meal Vouchers and catering available.

**Dates:** Open weekends starting May 13, please check website for daily operation times.

**Time:** Various

**Cost:** Groups of 7 or more \$12.99 per person with catering available. Please contact Suzanne for applicable forms.

For special needs groups only. Need proper ID from your agency.

**Wheelchair Accessibility:** Yes

## MOVIES

### **Jamestown Sensory Friendly Films**

#### **Cattaraugus County**

The Reg Lenna Center for the Arts, 116 East Third Street, Jamestown, NY

Phone: (716) 484-7070

Dates: Call for future dates

**Cost:** \$5

**Wheelchair Accessibility:** Yes

## **Buffalo Sensory Friendly Films**

### **Erie County**

AMC Maple Ridge 8, 4276 Maple Road, Suite C, Amherst, NY 14226

**Phone:** (716) 833-9545

**Dates:** 2nd and 4th Tuesday and Saturday of the month

**Time:** Tuesday at 7 pm; Saturday at 10 am

**Cost:** Saturday matinee \$7.29; Tuesday night \$9.49 child/\$12.49 adult

**Wheelchair Accessibility:** Yes

## **Sensory Friendly Films at FLIX**

### **Erie County**

FLIX Stadium 10, Lancaster, NY

**Phone:** (716) 668-1888 **Fax:**

The lights will be left on and the sound will be turned down. A raffle will be held at each screening.

**Dates:** First Saturday of each month

**Cost:** \$7.75

**Wheelchair Accessibility:** Yes

## **MUSEUMS**

### **Darwin R. Barker Historical Museum**

#### **Chautauqua County**

7 Day Street, Fredonia, NY 14063

**Phone:** (716) 672-2114

[www.cclslib.org/fredonia/barker\\_historical\\_meuseum\\_main.htm](http://www.cclslib.org/fredonia/barker_historical_meuseum_main.htm)

**Age:** all ages

The Barker Historical Museum is located in the heart of Fredonia, New York. The Museum includes an archive, two research libraries, and rotating exhibitions.

**Dates:** Tuesdays 4-8 pm, Saturdays 1-5 pm

### **Dunkirk Historical Museum**

#### **Chautauqua County**

[contact@dunkirkhistoricalmuseum.org](mailto:contact@dunkirkhistoricalmuseum.org)

513 Washington Avenue, Dunkirk, NY 14048

**Phone:** (716) 366-3797

[www.dunkirkhistoricalmuseum.org](http://www.dunkirkhistoricalmuseum.org)

The museum provides arts programs to its diverse cultural and ethnic community, these programs including artistic expressions focusing on storytelling, quilting, painting, photography, puppetry, pottery, dancing and music, all of these seeking to improve the community's quality of life.

**Dates:** April-August Monday, Wednesday, Friday; September-March -

Monday and Friday

**Time:** 1 pm - 4 pm

## **Buffalo & Erie County Naval & Military Park**

### **Erie County**

One Naval Park Cove, Buffalo, NY 14202

**Phone:** (716) 847-1773

[www.buffalonaivalpark.org](http://www.buffalonaivalpark.org)

The Buffalo Naval Park is a top family destination in Western New York, located on the waterfront in downtown Buffalo. The military park is the largest inland naval park in the United States. Explore the grounds, board the historic ships and enjoy historic exhibits and displays commemorating the sacrifice and history of our Armed Forces.

**Dates:** March 25 through End of October

**Time:** 10 am - 5 pm

**Cost:** Adult \$8.00, Child \$4.00, Senior \$6.00

## **Buffalo Fire Historical Society**

### **Erie County**

1850 William Street, Buffalo, NY 14206

**Phone:** (716) 892-8400

[www.bfhsmuseum.com](http://www.bfhsmuseum.com)

The mission of the museum is to collect, preserve, exhibit and provide access to information and artifacts relating to firefighting in Buffalo, New York, the Buffalo Fire Department, fire safety and prevention and to teach the public about these goals.

**Dates:** Saturdays

**Time:** 10 am - 4 pm

**Cost:** free

**Wheelchair Accessibility:** Yes

## **Buffalo History Museum**

### **Erie County**

1 Museum Court, Buffalo, NY 14216

**Phone:** (716) 873-9644

[www.buffalohistory.org](http://www.buffalohistory.org)

Major collections on the Holland Land Company, U.S. President Millard Fillmore, Seneca Indians, Buffalo Bills, the Pan-American Exposition, the Larkin Company, our vintage menu collection drive (seeking original menus from locally owned restaurants), the world's largest Buffalo Bills football memorabilia collection and much more. TBHM's collections tell the story of how Western New York has been a force in the development – human and material - of the United States and the world.

**Dates:** Tuesday-Sunday

**Time:** Tuesday, Thursday-Saturday 10 am - 5 pm, Wednesday 10 am - 8 pm, Sunday 12:00-5:00 pm

**Cost:** Members and children under 7 are free, adults \$7, seniors 60+ \$5.00, students 13-21 \$5.00 and children 7-12 \$2.50, veterans free

**Wheelchair Accessibility:** Yes



## **Buffalo Museum of Science**

### **Erie County**

1020 Humboldt Parkway, Buffalo, NY 14211

**Phone:** (716) 896-5200

[www.sciencebuff.org](http://www.sciencebuff.org)

Since 2010, the BMS has been on an aggressive path to renovate all of the museum's permanent exhibit experiences, transforming its former diorama-based exhibits into eight highly interactive and immersive science studio exhibit spaces. These studios and accompanying workshop spaces leverage collections pieces as a foundation of history and information, and then combine them with immersive exhibits and environments to create modern exhibition spaces. The museum has also added the Explorations early childhood gallery to its permanent offerings, as well as the National Geographic 3D Cinema presented by M&T Bank.

**Dates:** all year round

**Time:** 10am - 4 pm

**Cost:** Adults \$11, Seniors 62+ \$9, Students & Military with ID \$9, Children 2-17 \$8, Children under 2 free

**Wheelchair Accessibility:** Yes

## **Buffalo Niagara Heritage Village**

### **Erie County**

[info@bnhv.org](mailto:info@bnhv.org)

3755 Tonawanda Creek Road, Amherst, NY 14228

**Phone:** (716) 689-1440

[www.bnhv.org](http://www.bnhv.org)

Our mission is to preserve and interpret the story of Buffalo Niagara for the people of today and the community of tomorrow.

**Dates:** Wednesday through Saturday, May through October

**Time:** Wednesday and Friday 9:30 am - 4:30 pm, Thursday 9:30 am - 8 pm, Saturday 12 pm - 4 pm

**Cost:** \$8 adults, \$6 children, military and seniors

## **Museum of disABILITY History**

### **Erie County**

3826 Main Street, Buffalo, NY 14226

**Phone:** (716) 629-3626

[www.museumofdisability.org](http://www.museumofdisability.org)

The Museum of disABILITY History is dedicated to advancing the understanding, acceptance and independence of people with disabilities. The Museum's exhibits, collections, archives and educational programs create awareness and a platform for dialogue and discovery.

**Dates:** Tuesday-Saturday

**Time:** Tuesday-Friday 10 am - 4 pm, Saturday 10 am - 2 pm

**Cost:** \$6 adults, \$3.50 students, seniors & human service employees, \$3.00 children 6-17, 5 and under free

## **Genesee Country Village & Museum**

### **Genesee County**

1410 Flint Hill Road, Mumford, NY 14511

**Phone:** (585) 538-6822

[www.gcv.org](http://www.gcv.org)

The mission of Genesee Country Village & Museum is to inspire excitement and curiosity about the past and an appreciation for its relevance today.

Visitors experience how life in small towns has changed over time through engaging and enjoyable encounters with the stories, objects, buildings and environments of Western New York.

**Dates:** Season opens on May 13, 2017 and closes October 9, 2017

**Time:** 10 am - 4 pm

**Cost:** Discounts for individuals with disabilities - Adult \$12, Senior \$10, Youth \$8 and aides are free.

## **Jell-O Gallery Museum**

### **Genesee County**

23 E. Main Street, LeRoy, NY 14482

**Phone:** (585) 768-7433

[www.visitygeneseeny.com/destinations/jell-o-gallery-museum](http://www.visitygeneseeny.com/destinations/jell-o-gallery-museum)

Follow the JELL-O brick road, past the Victorian garden, to the JELL-O Gallery and see where it all began! JELL-O was invented here in Genesee County in 1897 and this museum is dedicated to all things JELL-O, including the history and marketing of "America's Most Famous Dessert." Marvel over the ads, TV commercials, molds, paintings and displays filled with fun facts!

**Dates:** January 1 - March 31 Weekdays, April 1 - December 31 - 7 days per week

**Time:** Winter, 10 am - 4 pm; Spring-Fall, Mon-Sat 10 am - 4 pm, Sunday 1 - 4 pm

## **Herschell Carrousel Factory Museum**

### **Niagara County**

[info@carrouselmuseum.org](mailto:info@carrouselmuseum.org)

180 Thompson Street, North Tonawanda, NY 14120

**Phone:** (716) 693-1885

[www.carrouselmuseum.org](http://www.carrouselmuseum.org)

A premier national historic site and community resource for all ages family recreation and learning that fosters an appreciation for the unique heritage of the carousel and related industries in the Niagara Region.

**Dates:** April - December

**Time:** Spring open Wednesday through Sunday, 12 pm to 4 pm; summer Monday through Saturday 10 am to 4 pm, Sundays 12 pm to 4 pm, Fall Wednesday through Sunday 12 pm to 4 pm.

**Cost:** Adult \$7, Seniors \$5, Children \$3.50 and under 2 are free

## **Medina Railroad Museum**

### **Niagara County**

medinarailroad@gmail.com

530 West Avenue, Medina, NY 14103

**Phone:** (866) 468-7630

[www.medinarailroad.com](http://www.medinarailroad.com)

**Age:** all ages

Your Train Ticket also allows entry into our huge Train Museum. Our museum is filled with railroad artifacts. It has one of the biggest model-train layouts in the country and features fun train excursions all year round.

**Dates:** Tuesday through Sundays      **Time:** 11 am - 5 pm

**Cost:** Adults \$8, Seniors \$7, Children under 18 \$6, Under 2 are free

## **Oak Orchard Lighthouse Museum**

### **Niagara County**

info@oakorchardlighthouse.org

14357 Ontario Street, Kent, NY 14477

**Phone:** (585) 230-7829

[www.akor Orchardlighthouse.org](http://www.akor Orchardlighthouse.org)

**Age:** all ages

Thousands have visited the Oak Orchard Lighthouse at Point Breeze, Oak Orchard Harbor on Lake Ontario since the historic reconstruction was completed in 2010. The lighthouse is one of the jewels in the Great Lakes Seaway Trail - the guest log has been signed by visitors from all around the world, including New Zealand, Turkey, Germany, Alaska, Ireland, Canada, and all states in the union.

**Dates:** Summer

**Time:** Call for a schedule

**Cost:** Donations accepted

## **MUSIC, DANCE & DRAMA**

### **Buffalo Niagara Music Therapy Services**

#### **Erie County**

Elyse Kochmanski

[ekochmanski@bnmusictherapy.com](mailto:ekochmanski@bnmusictherapy.com)

2211 Sheridan Drive, Suite 204, Tonawanda, NY 14223

**Phone:** (716) 243-2776

[www.bnmusictherapy.com](http://www.bnmusictherapy.com)

**Age:** All ages

Provides individual or group therapy and adaptive music lessons. They provide services in home and at their clinic location in Tonawanda

**Dates:** By appointment - home/facility visits can be arranged.

**Time:** Various

**Cost:** Varies

**Danceability, Inc.****Erie County**

Robin Bishop or Christine Dwyer

danceabilitywny@gmail.com

Tops/George Urban Plaza, 3859 Union Road Suite 600, Cheektowaga, NY

**Phone:** (716) 651- 0094

www.danceabilityinc.com

www.facebook.com/DanceabilityInc

**Age:** 3+

Danceability is an individualized dance, fitness and movement program serving the special needs community. Our studio is led by qualified staff and dedicated volunteers who create a nurturing environment that empowers our students to flourish and grow while promoting a healthy lifestyle.

**Dates:** vary per program choice**Time:** Times vary per program**Cost:** varies - call for updated pricing by program

Willingness to move with music to promote physical, social, and emotional wellness.

**Wheelchair Accessibility:** Yes**Drum 4 Health****Erie County**

Carolyn Zimmerman

carolyn@drum4health.net

Kenmore, NY 14217

Phone: (716) 491-0031

www.drum4health.net

**Age:** Kids of all ages, 2 - 102+

Recreational music making/drum circles via a variety of drums and percussion instruments.

**Dates:** By appointment**Time:** Various**Cost:** Varies**Wheelchair Accessibility:** Yes**Elaine Urban****Erie County**

Elaine Urban

142 East Street, Buffalo, NY 14207

**Phone:** (716) 877-9531 **Fax:****Age:** All ages

Music therapy, piano/keyboard instruction

**Dates:** Various**Time:** Various**Wheelchair Accessibility:** Yes

## **Moving Miracles Dance Program (Division of Sasi)**

### **Erie County**

Sheila Dollas

info@movingmiracles.org

954 Union Road Suite 1, West Seneca, NY 14224

**Phone:** (716) 656-1321

www.movingmiracles.org

**Age:** 3+

A dance and movement program for children, adolescents and adults with special needs, serving the Buffalo and Western New York community. We offer classes in creative movement, ballet, tap, jazz and adult aerobics. Our dance season is nine months.

**Dates:** Various      **Time:** Various      **Cost:** Varies with programs.

There are annual registration & costume/performance fees. Some insurance providers are paying a % of tuition.

**Wheelchair Accessibility:** Yes

## **Music/Drama/Entertainment**

### **Erie County**

Bob Insana

robertinsana@msn.com

410 Grover Cleveland Highway, Amherst, NY 14226

**Phone:** (716) 832-8651 or (716) 628-6691

**Age:** All ages

Guitarist, singer for any occasion or age. Drama workshop for all ages.

**Dates:** Various      **Time:** Various      **Cost:** Varies

**Wheelchair Accessibility:** Yes

## **NATURE PRESERVES**

### **Pfeiffer Nature Center - Lillibridge Property**

#### **Cattaraugus County**

naturalist@pfeiffernaturecenter.org

1974 Lillibridge Road, Portville, NY 14770

**Phone:** (716) 933-0187

www.pfeiffernaturecenter.org

**Age:** all ages

188 acres and 6 miles of hiking trails. One of our trails on this property is handicapped-accessible. It is home to a national & state registered historic cabin and is one of the largest privately held and easily accessible tracts of old-growth forest in our region. It boasts a beautiful NY State champion Tupteo tree, aged at over 500 years old!

**Dates:** year round

**Time:** dusk til dawn

**Cost:** free, donations welcomed

## **Pfeiffer Nature Center Eshelman Property**

### **Cattaraugus County**

naturalist@pfeiffernaturecenter.org

1420 Yubadam Road, Portville, NY 14770

**Phone:** (716) 933-0187

[www.pfeiffernaturecenter.org](http://www.pfeiffernaturecenter.org)

460 acres and has 3+ miles of trails through wetlands and secondary growth forest. Historically a small farm, this property has a variety of habitat, successional forest, wetlands, and mixed areas. Birders especially enjoy this property during migration events.

**Dates:** January through September

**Time:** dusk til dawn

**Cost:** free, donations welcomed

## **Roger Tory Peterson Institute of Natural History**

### **Cattaraugus County**

info@rtpi.org

311 Curtis Street, Jamestown, NY 14701

**Phone:** (716) 665-2473

[www.rtpi.org](http://www.rtpi.org)

**Dates:** Year round closed on Mondays and holidays

**Time:** Tuesday-Saturday 10 am to 5 pm, Sunday 1 pm - 5 pm

**Cost:** Adults \$12, Seniors/Military \$10, Children & Students \$8, Family \$30

In 1984, the Roger Tory Peterson Institute of Natural History was founded in Peterson's hometown of Jamestown, New York, as an educational institution charged with preserving Peterson's lifetime body of work and making it available to the world for education.

## **Audubon Community Nature Center**

### **Chautauqua County**

info@auduboncnc.org

1600 Riverside Road, Jamestown, NY 14701

**Phone:** (716) 569-2345

**Fax:** (716) 569-2765

[www.auduboncnc.org](http://www.auduboncnc.org)

A 600-acre wetland preserve that includes over five miles of trails, a native tree arboretum, picnic areas, a natural play space, and educational gardens for you to explore daily from dawn until dusk. You can visit Liberty, a non-releasable Bald Eagle, in her enclosure near the building. Public programs, animal ambassadors, and docents may also be available..

**Dates:** March-October 7 Days per week; November-February Saturday - Sunday

**Time:** Weekdays and Saturdays 10 am - 4:30 pm, Sundays 1 pm - 4:30 pm

**Cost:** varies

## **Botanical Gardens**

### **Erie County**

info@buffalogardens.com

2655 South Park Avenue, Buffalo, NY 14218

**Phone:** (716) 827-1584

www.buffalogardens.com

The historic Buffalo Botanical Gardens is a premier cultural destination that engages visitors through a distinct and unique plant collection.

**Dates:** Closed on holidays      **Time:** 10 am - 5 pm

**Cost:** \$11 Adults, \$10 Seniors, \$9 students 13+, \$6 Kids 3-12, Kids 2 & under free

**Wheelchair Accessibility:** Yes

## **Losson Trails**

### **Erie County**

Ellen Fischer

Stiglmeier Park, Cheektowaga, NY 14211

**Phone:** (716) 897-7207

**Fax:** (716) 656-2280

www.tocny.org

Stiglmeier Park is a 308 acre recreation facility in the Southeastern quarter of the town of Cheektowaga which hosts 15 nature trails, each with varying distances. There is a wooden boardwalk that is wheelchair accessible. Open to the public.

**Dates & Times:** Various

**Cost:** free

**Wheelchair Accessibility:** Yes

## **Penn Dixie Paleontological and Outdoor Education Center**

### **Erie County**

Sarah Einhouse

sepenndixie@gmail.com

4050 North Street, Blasdell, NY 14219

**Phone:** (716) 627-4560

www.penndixie.org

This classic geologic 54-acre site has been ranked the No.1 Fossil Park in the United States and provides opportunities to collect and keep all the fossils you find. Observe planets, the moon, and constellations in the Penn Dixie Skies, observe over 143 identified nesting and migratory birds, explore and study wetlands, and have a hands-on experience learning about the natural sciences. There are over 4,100 feet of paved trails for wheel chairs, walkers, strollers, and wagons for visitors

Public days available on the website [www.penndixie.org](http://www.penndixie.org) or by calling (716) 627-4560. Appointments may be scheduled at other times.

**Wheelchair Accessibility:** Yes



## **Tift Nature Preserve**

### **Erie County**

tiftreservations@sciencebuff.org

1200 Fuhrmann Boulevard, Buffalo, NY 14203

**Phone:** (716)386-2419

[www.sciencebuff.org](http://www.sciencebuff.org)

Tift Nature Preserve is a 264-acre nature refuge dedicated to conservation and environmental education. Guided walks, groups, and workshops.

**Dates:** Trails open daily from dawn until dusk

**Time:** Visitor Center Wednesday-Saturday 1 am - 4 pm, Sunday 12 - 4 pm

**Cost:** No fee - donations appreciated.

**Wheelchair Accessibility:** Yes

## **Institute for Environmental Learning**

### **Orleans County**

Paul Schnell

12398 Platten Road, Lyndonville, NY 14094

**Phone:** (716) 765-2084

[www.nfwhc.org/iel.htm](http://www.nfwhc.org/iel.htm)

The public may visit our facility where selected predators--common and rare--can be observed and photographed up close. Situated on a 14-acre farm, the 19th century embankment barn has been converted into a large classroom for environmental education.

## **Iroquois National Wildlife Refuge**

### **Orleans County**

iroquois@fws.gov

1101 Casey Road, Basom, NY 14103

**Phone:** (585) 948-5445

[www.fws.gov/refuge/iroquois](http://www.fws.gov/refuge/iroquois)

Iroquois National Wildlife Refuge, located in the rural towns of Alabama and Shelby mid-way between Rochester and Buffalo, NY has been described as one of the best kept secrets of Western New York. Teeming with wildlife and wild lands the refuge offers opportunities for the public to experience nature in all seasons.

**Dates:** Between March 1 - October 1 the majority of the refuge is designated a wildlife sanctuary with restricted access.

**Time:** Monday-Friday 7:30 am - 4 pm, year round; Spring & Fall weekends 9 am - 5 pm

**Cost:** free

To plan for your trip you should contact the refuge headquarters to gather pertinent information on the refuge and surrounding area.



**Beaver Meadows****Wyoming County**

1610 Welch Road, North Java, NY 14113

**Phone:** (585) 457-3228

**Buffalo Audubon Society & Beaver Meadow Audubon Center****Wyoming County**

info@buffaloaudubon.org

1610 Welch Road, North Java, NY 14113

**Phone:** (585) 457-3228

[www.buffaloaudubon.org](http://www.buffaloaudubon.org)

Beaver Meadow is a 324-acre nature preserve in North Java, NY. The preserve features its namesake beaver meadow with its associated ponds, glacial kettle ponds, wetlands with a boardwalk trail, wooded uplands, meadows, a hawk watch, an arboretum, and eight miles of marked and groomed trails.

**Dates:** Closed Mondays and Major Holidays

**Time:** Tuesday-Saturday 9 am - 5 pm; Sunday 1 pm - 5 pm

**Wheelchair Accessibility:** Yes

**Bergen Swamp Preservation Society**

bergenswamp@gmail.com

**Phone:** (585) 548-7304

[www.bergenswamp.org](http://www.bergenswamp.org)

**Age:** all ages

Bergen Swamp properties are special places where you will find unique associations of plants and animals. Bergen Swamp and Zurich Bog are listed on the National Registry of National Natural Landmarks. All Bergen Swamp properties are owned by the Bergen Swamp Preservation Society. They are open to the public by permission of the society. The chief goals of the Society are the protection and management of these unique communities, the education of the public about these areas and scientific research.

**Dates:** By appointment

**Cost:** Free

## **NEW YORK STATE PARKS**

### **NY Park Access Pass**

#### **ALL Counties**

Access Park Pass, State Parks, Albany, NY 12238

**Phone:** (518) 474-2324

[www.parks.ny.gov/admission/access-pass/](http://www.parks.ny.gov/admission/access-pass/)

Pass for free admission to NYS Parks, historical sites, arboretums and recreational areas for individuals, groups and seniors. Applications are available at any NYS park facility. To qualify for an Individual Access Pass, an applicant must be a resident of New York State, must provide proof of disability, in the form of certification from the appropriate agency or by a physician, as described on the application and must provide a recent photo that will be affixed to the Access Pass.

### **Allegany State Park**

#### **Cattaraugus County**

2373 ASP, Route 1 - Ste 3, Salamanca, NY 14779

**Phone:** (716) 354-9121

### **Lake Erie State Park**

#### **Chautauqua County**

5905 Lake Road, Brocton, NY 14716

**Phone:** (716) 792-9214

### **Letchworth State Park**

#### **Wyoming County**

1 Letchworth State Park, Castile, NY 14427

**Phone:** (585) 493-3600

### **WNY Parks with Wheelchair Accessible Cabins**

**Phone:** 1-800-456-2267

[www.nysparks.com](http://www.nysparks.com)

### **Allegany State Park**

2373 ASP, Route 1, Suite 3,

Salamanca, NY 14779

**Phone:** (716) 354-9121

**Lake Erie State Park**  
5905 Lake Road  
Brockton, NY 14716  
**Phone:** (716) 792-9214

**Letchworth State Park**  
1 Letchworth State Park  
Castile, NY 14427  
**Phone:** (585) 493-3600

## **OPEN PLAY**

### **Sweet Charlotte's Erie County**

10255 Main Street, Suite 9, Clarence, NY  
Phone: (716) 320-5848  
[www.sweetcharlottes.org](http://www.sweetcharlottes.org)

**Age:** children under 10

Enjoy yourselves in a relaxed, clean, and safe environment where ALL children are welcome and encouraged to explore our space using their own imagination and creativity to play in a way that makes them happy. Crafts are also available for busy little hands.

**Dates:** Monday through Wednesday, Friday and Saturday

**Time:** MTWF 9 am -3 pm, Saturday 9 am - 12 pm

**Cost:** \$10 for first child. \$8 for each additional child

## **PET THERAPY**

### **Therapy Dogs International**

#### **Erie County**

Sharey Edholm [shareyedholm@yahoo.com](mailto:shareyedholm@yahoo.com)

Phone: (716) 465-2467

[www.tdi-dog.org](http://www.tdi-dog.org)

<http://www.facebook.com/TherapyDogsInternational>

Animal assisted therapy, visitation to sites

## RECREATION DEPARTMENTS

### **Cattaraugus County Youth Recreation**

#### **Cattaraugus County**

200 Erie Street, Little Valley, NY 14755

**Phone:** (716) 938-9111

[www.nyconnects.ny.gov/services/cattaraugus-co-youth-bureau-sofa6784](http://www.nyconnects.ny.gov/services/cattaraugus-co-youth-bureau-sofa6784)

**Age:** 0-21 years

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

### **Olean Recreation Department**

#### **Cattaraugus County**

John Anastasia [janastasia@cityofolean.org](mailto:janastasia@cityofolean.org)

101 East State Street, Olean, NY 14760

**Phone:** (716) 376-5698

[www.cityofolean.org/youth/index.html](http://www.cityofolean.org/youth/index.html)

Various sports and events.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

### **Dunkirk Youth Bureau and Recreation Commission**

#### **Chautauqua County**

Ryan Hall

[rhall@cityofdunkirk.com](mailto:rhall@cityofdunkirk.com)

338 Central Avenue, Dunkirk, NY 14048

**Phone:** (716) 366-9886

[www.dunkirktoday.com/city-offices/youth-and-rec/recreation-department](http://www.dunkirktoday.com/city-offices/youth-and-rec/recreation-department)

**Age:** youth

**Dates, Time and Cost:** Various

The Dunkirk Recreation Department offers a variety of leagues and activities for all ages to enjoy.

## **Amherst Youth & Recreation Department**

### **Erie County**

1615 Amherst Manor Drive, Williamsville, NY 14221

**Phone:** (716) 631-7132

[www.amherstyouthandrec.org](http://www.amherstyouthandrec.org)

Program activities are held at various Recreation and Community Center locations throughout the town. Amherst is home to over 20 outdoor park/playground locations which encompass both active and passive recreation. Park amenities include playgrounds, shelters, bike paths, tennis courts, sports fields and picnic areas. Picnic shelters and select facilities are available for rental by large groups. Two beautiful pools along with a splash park are available for resident use during the summer months.

## **Aurora Dept. of Parks & Recreation**

### **Erie County**

Chris Musshafen

[recreation@townofaurora.com](mailto:recreation@townofaurora.com)

300 Glead Avenue, East Aurora, NY 14052

**Phone:** (716) 652-8866

[www.aurorany.myrec.com/info/default.aspx](http://www.aurorany.myrec.com/info/default.aspx)

Recreation programs for the Town of East Aurora.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## **Cheektowaga Youth & Recreation and Adapted Recreation**

### **Erie County**

275 Alexander Avenue, Cheektowaga, NY 14211

**Phone:** (716) 897-7218 (Recreation Center Arena, (716) 656-2289 Dartwood Community Center, (716) 897-7205 Adapted Recreation Office, (716) 656-2294 Softball Office

[www.tocny.org/Departments/YouthRecreationalServices.aspx](http://www.tocny.org/Departments/YouthRecreationalServices.aspx)

**Age:** 5-21

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## **Grand Island Parks & Recreation**

### **Erie County**

recreation@grand-island.ny.us

3278 Whitehaven Road, Grand Island, NY 14072

**Phone:** (716) 773-9680

[www.grandislandny.us/departments/recreation\\_dept.php](http://www.grandislandny.us/departments/recreation_dept.php)

**Age:** all ages

Swimming, volleyball, basketball, holiday events and more

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## **Hamburg Recreation Department**

### **Erie County**

4540 Southwestern Blvd., Hamburg, NY 14075

**Phone:** (716) 646-5154

[www.hamburg-youth-rec-seniors.com](http://www.hamburg-youth-rec-seniors.com)

**Age:** all ages

Adaptive, Youth and Adult Recreation available.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## **Lackawanna Recreation & Parks Department**

### **Erie County**

230 Martin Road, Lackawanna, NY 14218

**Phone:** (716) 827-6455

[www.lackawannany.gov/departments/recreation/](http://www.lackawannany.gov/departments/recreation/)

**Age:** all ages

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## **Orchard Park Recreation Department**

### **Erie County**

[oprec@orchardparkny.org](mailto:oprec@orchardparkny.org)

200 North Lake Drive, Orchard Park, NY 14127

**Phone:** (716) 662-6450

[www.oprec.org](http://www.oprec.org)

**Age:** all ages

Various sports and events available.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## **Tonawanda Youth, Parks & Recreation Dept.**

### **Erie County**

Jeff Ehlers

299 Decatur Avenue, Tonawanda, NY 14223

**Phone:** (716) 831-1001

[tonawanda.ny.us/index.php/departments/youth-parks-recreation](http://tonawanda.ny.us/index.php/departments/youth-parks-recreation)

**Age:** youth

We will establish a network of youth development and family enrichment programs and services that enable youth to acquire assets to become productive, functional and fully integrated members of the community.

**Dates, Time and Cost:** Various

The Town of Tonawanda Department of Youth, Parks and Recreation will be responsible for providing quality facilities, grounds, programs and leisure and family enrichment services to all residents of the Town of Tonawanda and Village of Kenmore.

## **Town of Alden Recreation**

### **Erie County**

Daniel Moultrup

[dmoultrup1@verizon.net](mailto:dmoultrup1@verizon.net)

**Phone:** (716) 937-7393

[www2.erie.gov/alden/index.php?q=recreation](http://www2.erie.gov/alden/index.php?q=recreation)

**Age:** all ages

Year round sports activities and community events.

**Dates, Time and Cost:** Various

The Alden Recreation Department provides a year round recreation program for youth, adults and Sr. citizens using Alden Town Parks, Alden Community / Sr. Center, Town Hall and Alden Central School facilities.

## **Town of Clarence Recreation Department**

### **Erie County**

Clifford Trapper

[ctrapper@clarence.ny.us](mailto:ctrapper@clarence.ny.us)

10510 Main Street, Clarence, NY 14031

**Phone:** (716) 407-2162

[www2.erie.gov/clarence/index.php?q=recreation-department](http://www2.erie.gov/clarence/index.php?q=recreation-department)

**Age:** all ages

Year round sports activities and community events.

**Dates, Time and Cost:** Various

The Recreation Department provides a wide variety of opportunities for indoor and outdoor activities.

## **West Seneca Recreation Department**

### **Erie County**

recdept1@twсны.org

900 Mill Road #211, West Seneca, NY 14224

**Phone:** (716) 674-6086

[www.westseneca.net/index.php?q=youth\\_recreation](http://www.westseneca.net/index.php?q=youth_recreation)

**Age:** youth

Softball, swimming, camps, basketball, and many other sports and holiday activities

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## **Genesee County Youth Bureau**

### **Genesee County**

Jocelyn Sikorski

2 Bank Street, Batavia, NY 14020

**Phone:** (585) 344-3960

[www.batavianewyork.com/youth-bureau](http://www.batavianewyork.com/youth-bureau)

**Age:** youth

Programs and activities are provided in the area of Youth Empowerment, Cultural Enrichment, Recreation, and Education. The Youth Bureau operates a Youth Center, Open Gym Program, Summer Recreation Program, Homework Assistance, Youth Advocacy, Community Service and more.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## **North Tonawanda Department of Youth, Recreation and Parks**

### **Niagara County**

110 Goundry Street, North Tonawanda, NY 14120

**Phone:** (716) 695-8582

[www.ntparksrec.com/info/facilities/details.aspx?FacilityID=14706](http://www.ntparksrec.com/info/facilities/details.aspx?FacilityID=14706)

**Age:** youth

Year round sports activities and community events.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.



**Town of Cambria Recreation Department**

**Niagara County**

townclerk@townofcambria.com

4160 Upper Mountain Road, Sanborn, NY 14132

**Phone:** (716) 433-7664

[www.townofcambria.com/recreation.asp](http://www.townofcambria.com/recreation.asp)

**Age:** all ages

The Town of Cambria offers Summer Day Recreation and Baseball Programs for the youth of our community ages 5 years through 16 years old.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

**Town of Lewiston Recreation Department**

**Niagara County**

Michael Dashineau

[lewportsports@yahoo.com](mailto:lewportsports@yahoo.com)

1375 Ridge Road, Lewiston, NY 14092

**Phone:** (716) 754-8213 ext 237, 254

[www.leaguelineup.com/welcome.asp?url=lewistonandporterya](http://www.leaguelineup.com/welcome.asp?url=lewistonandporterya)

**Age:** youth

Year round sports activities and community events.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

**Town of Niagara Recreation**

**Niagara County**

Johnathan Haseley

7000 Lockport Road, Niagara Falls, NY 14305

**Phone:** (716) 297-5243 Ext 1

[www.townofniagararecreation.com/index.html](http://www.townofniagararecreation.com/index.html)

**Age:** all ages

Year round sports activities and community events.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

**Town of Pendleton****Niagara County**

Steve Lorenzo

6570 Campbell Blvd, Lockport, NY 14094

**Phone:** (716) 625-8833 ext 110

[www.pendletonny.us/recreation/](http://www.pendletonny.us/recreation/)

**Age:** all ages

Year round sports activities and community events.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

**Town of Porter Recreation****Niagara County**

3265 Creek Road, Youngstown, NY

**Phone:** (716) 745-3730

[www.townofporter.net/departments-faq/recreation/](http://www.townofporter.net/departments-faq/recreation/)

**Age:** youth

Year round sports activities and community events.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

**Town of Wheatfield Recreation Department****Niagara County**

Mike Ranalli

[miker@wheatfield.ny.us](mailto:miker@wheatfield.ny.us)

6812 Nash Road, Wheatfield, NY 14120

**Phone:** (716) 731-3942

[www.wheatfield.ny.us/159/Recreation](http://www.wheatfield.ny.us/159/Recreation)

**Age:** all ages

Year round sports activities and community events.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

**Wyoming County Youth Bureau****Wyoming County**

8 Perry Avenue, Warsaw, NY 14569

**Phone:** (585) 786-8850

[www.wyomingco.net/youthbureau/main.html](http://www.wyomingco.net/youthbureau/main.html)

**Age:** youth

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

## RECREATION PROGRAMS

### **YMCA of Jamestown**

#### **Cattaraugus County**

101 East Fourth Street, Jamestown, NY 14701

**Phone:** (716) 664-2802 **Fax:** (716) 488-7680

[www.jamestownymca.org](http://www.jamestownymca.org)

We have a variety of programs for children to seniors.

**Dates, Time and Cost:** Various

Please call for more information

### **YWCA of Jamestown**

#### **Cattaraugus County**

401 North Main Street, Jamestown, NY 14701

**Phone:** (716) 488-2237

[www.jamestownymca.org](http://www.jamestownymca.org)

We have a variety of programs for children to seniors.

**Dates, Time and Cost:** Various

Programs for men and women of all ages.

### **YWCA of Westfield**

#### **Cattaraugus County**

[ywadmin@ywcawestfield.org](mailto:ywadmin@ywcawestfield.org)

58 South Portage Street, Westfield, NY 14787

**Phone:** (716) 326-2011

**Fax:** (716) 326-2012

[www.ywcawestfield.org](http://www.ywcawestfield.org)

Membership organization, main mission to empower women & eliminate racism.

**Dates, Time and Cost:** Various

Programs for men and women of all ages.

### **Allentown Industries Adult Recreation**

#### **Erie County**

Katie McMahan

[kmcmahan@heritagecenters.org](mailto:kmcmahan@heritagecenters.org)

101 Oak Street, Buffalo, NY 14203

**Phone:** (716) 856-4202 ext. 1271

**Age:** 18+

Recreational activities include, sporting events, dancing, movie night, parties, etc.

**Dates, Time and Cost:** Various

Developmentally disabled adults 18+ years.

**Boys & Girls Clubs of Buffalo**

**Erie County**

jbriggs@bgcbuffalo.org

282 Babcock Street, Buffalo, NY 14210

**Phone:** (716) 825-1016

**Age:** youth

Boys & Girls Clubs of Buffalo provides diversified activities that meet the interest of all youth in 5 Core Areas: Character & Leadership Development, Education & Career Development, Health & Life Skills, Sports, Fitness & Recreation, and The Arts. Today, Boys & Girls Clubs of Buffalo serves over 4,500 youth between the ages of 6-18 regardless of race, religion, and culture.

**Dates, Time and Cost:** Various

Check website for more detailed information on programs available.

**Challenged Athletes Participating in Sports (CAPS)**

**Erie County**

Jeff Hocutt

jeff5388@yahoo.com

24 Honey Bee Lane, Amherst, NY 14228

**Phone:** (716) 691-6467

www.capswny.com

**Age:** All ages

We have been operating as Challenger Baseball since 1990, but have expanded to other sports.

**Dates, Time and Cost:** Various

Since 2006, we have been giving children and young adults with physical and mental developmental disabilities the chance to locally participate in sports and recreational activities.

**Wheelchair Accessibility:** Yes

**Cultural Enrichment Programs**

**Erie County**

Sharon Morrissey

smorrissey@heritagecenters.org

560 Fillmore Avenue, Tonawanda, NY 14150

**Phone:** (716) 833-8603 ext. 2299

www.heritagecenters.org

**Age:** 9-18

Tonawanda After School Program focuses on culturally based learning activities involvement.

**Dates:** Various

**Time:** Various

**Cost:** Child must be Medicaid waiver enrolled

Must have DD & live with natural family, be ambulatory & self toileting. No meds administered & no severe behaviors.

**Wheelchair Accessibility:** Yes

## **Find Your Niche (Youth with Asperger's Syndrome/Autism)**

### **Erie County**

Marc Collins

mcollins@townofhamburgny.com

4540 Southwestern Blvd., Hamburg, NY 14075

**Phone:** (716) 646-5145

www.hamburg-youth-rec-seniors.com

**Age:** 5-19

Sports covered may include: football, basketball, soccer, golf, general sports, and outdoor activities. This provides the participants with a general knowledge of various games and activities through a series of skills development stations.

**Dates:** Programs are seasonal

For youth with Asperger's syndrome and high functioning Autism.

**Wheelchair Accessibility:** Yes

## **Fun Night Out Recreation**

### **Erie County**

Stephanie Speaker

stephaniespeaker@gmail.com

1200 East & West Road, West Seneca, NY 14224

**Phone:** (716) 339-9602

**Age:** 18+

Activities and events in Western New York scheduled according to interests.

**Dates, Time and Cost:** Various

## **Headway of WNY, Inc./Recreational Outings**

### **Erie County**

Ginny Haynes

support@headwayofwny.org

976 Delaware Avenue, Buffalo, NY 14209

**Phone:** (716) 408-3100

**Fax:** (716) 993-1289

www.headwayofwny.org

Recreational outings for individuals with brain injury and their family/friends that can be prescheduled. Events include Art Park, annual picnics, dinner outings, sports events, zoo trips, fundraisers, etc. This is the time to meet with others, share information and socialize. Please contact for more information to set up an outing.

**Dates, Time and Cost:** Various

Open to survivors of brain injuries, family and friends

**Wheelchair Accessibility:** Yes

## **I-Learn**

### **Erie County**

April Kirby

akirby@ldaofwny.org

2555 Elmwood Avenue, Kenmore, NY 14217

**Phone:** (716) 874-7200 ext. 136

**Fax:** (716) 874-7205

[www.ldaofwny.org](http://www.ldaofwny.org)

**Age:** 18+

Club Escape Adult Recreation Program provides social and recreational activities for neurologically impaired/learning disabled adults to enhance social and life skills development.

**Dates & Times:** Various Evening & weekends

**Cost:** Depends on event

Must be 18 yrs old with a NYS OPWDD eligibility criteria & documentation of DD &/or neurological impairment/LD.

## **Our Place**

### **Erie County**

Ashley Misko

Melissa's Coffee House, 5005 Sheridan Drive, Amherst, NY 14221

**Phone:** (716) 982-6292

[www.amherstyouthfoundation.org/melissas-coffee-house.html](http://www.amherstyouthfoundation.org/melissas-coffee-house.html)

An inclusive recreation and service program that provides an opportunity for young adults with disabilities to socialize with peers, organize events and participate in volunteer activities within the community.

**Dates, Time and Cost:** Various

Young adults who are independent in the community.

**Wheelchair Accessibility:** Yes

## **SABAH Night and Weekend Programming**

### **Erie County**

2607 Niagara Street, Buffalo, NY 14207

**Phone:** (716) 326-9600

[www.sabahinc.org](http://www.sabahinc.org)

[www.facebook.com/SABAH\\_inc](http://www.facebook.com/SABAH_inc)

Provides instruction for hundreds of New Yorkers with physical, cognitive or emotional challenges, beginning in September & running through the spring with weekly ice-skating sessions. Adaptive skating equipment & volunteers help to bring a fun learning environment.

**Dates:** Various

**Time:** Various

**Cost:** \$195

Serves developmental & recreational needs of children, youth and adults with all types of disabilities.

## **Saturday, After School and Vacation Camp Services**

### **Erie County**

Carrie Dyet/Scott Lisinsky ext. 397  
40 Hazelwood Drive, Amherst, NY 14228

**Phone:** (716) 631-5777

**Fax:** (716) 631-9234

[www.friendsofasi.org](http://www.friendsofasi.org)

A community based respite program. Participants are divided into groups by age. Activities are designed to assist individuals to develop recreational competence, leisure interest and socialization skills while providing respite time for family members.

**Dates, Time and Cost:** Various

Diagnosis of ASD

**Wheelchair Accessibility:** Yes

## **Southeast Works Traditional Recreation Program**

### **Erie County**

Sarah Loeffler  
181 Lincoln Street, Depew, NY 14043

[sloeffler@se-works.org](mailto:sloeffler@se-works.org)

**Phone:** (716) 683-7100 ext. 249

**Fax:** (716) 683-7086

[www.southeast-works.org](http://www.southeast-works.org)

[www.facebook.com/southeastworks](http://www.facebook.com/southeastworks)

**Age:** 18+

Choose which events you would like to participate in by selecting from bi-monthly calendar. There is a fee for each event and additional spending money may be needed. Events, concerts, sporting events, painting pottery, dinner and movie night, and more.

**Dates & Time:** Evenings & weekends

**Cost:** Varies, typically \$15-\$40

Must have a developmental disability

**Wheelchair Accessibility:** Yes

## **Suburban Adult Services Recreation**

### **Erie County**

Kim Schue

kschue@sasinc.org

960 West Maple Court, Elma, NY 14059

**Phone:** (716) 805-1555

**Fax:** (716) 805-1444

www.sasinc.org

**Age:** 18+

A recreation and service program that provides an opportunity for young and older adults with disabilities to socialize with peers. Some events include: bowling, sporting events, festivals, fairs, parks, etc.

**Dates & Time:** Various

**Cost:** Varies - cost of activity is expected at time of event.

Must be waiver enrolled, living at home w/family & able to handle money.

**Wheelchair Accessibility:** Yes

## **Summer Turf Program (SABAH)**

### **Erie County**

Carrie Drabik

cdrabik@sabahinc.org

2607 Niagara Street, Buffalo, NY 14207

**Phone:** (716) 362-9600

www.sabahinc.org

**Age:** All ages

We're not just skating anymore! During the summer we will be playing volleyball, disc golf, floor hockey, and soccer as well as other miscellaneous summer games.

Call for more information

**Wheelchair Accessibility:** Yes

## **Therapeutic Recreation Contact**

### **Erie County**

Gateway-Longview, Inc., 10 Symphony Circle, Buffalo, NY 14201

**Phone:** (716) 783-3100

www.gateway-longview.org/therapeutic-recreation/

**Age:** youth

Sports, Music and Drama, Arts and Crafts, Nature and Outdoors, Mental Linguistic

**Date, Time & Cost:** varies, please contact for more information

The purpose of Therapeutic Recreation is to explore, educate, develop and facilitate a youth's attitude, philosophy, skills, knowledge and practice of healthy leisure and recreation activities for both themselves and their families within their homes and communities.



## **YC Challenger Sports**

### **Genesee County**

209 East Main Street, Batavia, NY 14020

**Phone:** (585) 343-4203

[www.geneseeYMCA.org](http://www.geneseeYMCA.org)

**Age:** 5 - 21 years

Recreational adaptive horseback riding for adults and children of all ages with developmental disabilities. Accredited by PATH International.

**Dates:** Various session, Year Round, call for session details      **Time:** Sundays

**Cost:** \$25/session

**Wheelchair Accessibility:** Yes

## **WNY Challenger Sports League**

### **Niagara County**

[challengersportswny@yahoo.com](mailto:challengersportswny@yahoo.com)

**Phone:** (716) 696-2463 Fax:

[www.wnychallengersports.com](http://www.wnychallengersports.com)

**Age:** All Ages

Baseball, Bowling, Golf, Volleyball, Basketball, Soccer and Football

**Date, Time & Cost:** varies, please contact for more information

Each player has a physical or mental condition that limits their participation in other competitive sports programs. Games are structured to allow all players to be involved as they are able. Traditional rules are modified and the focus is always on having fun while learning the game. It's okay to not play. We try to be very flexible and there is never pressure for the players to participate. Volunteer Buddies are assigned to players needing assistance in any of the sports.

## **RESPIRE**

### **Aspire Respite Programs**

#### **Erie County**

[info@aspirewny.org](mailto:info@aspirewny.org)

2356 North Forest Road, Getzville, NY 14068

**Phone:** (716) 838-0047

[www.aspirewny.org/respire-recreation/](http://www.aspirewny.org/respire-recreation/)

**Age:** all ages

Diverse cultural sports and general leisure time activities. On-site respite with some community outings.

**Dates:** Afterschool, Hourly, Free Standing and Saturday Recreational respite

**Time:** 9:30 am - 4:30 pm (Saturdays only)

**Cost:** free

Must be waiver enrolled.

**Wheelchair Accessibility:** Yes

## **Community Services for the Developmentally Disabled**

### **Erie County**

2180 Genesee Street, Buffalo, NY 14211

**Phone:** (716) 896-2180 ext. 319

[www.csdd.net/supporting-families-seniors/](http://www.csdd.net/supporting-families-seniors/)

An after school, break, and Saturday respite program.

**Wheelchair Accessibility:** Yes

## **Community Services for the Developmentally Disabled**

### **Erie County**

180 Oak Street, Buffalo, NY 14203

**Phone:** (716) 883-8002

**Age:** all ages

Parents and guardians are you looking for a safe and positive place for your child, adolescent or young adult? Our Respite Programs offer planned short-term and time-limited opportunities for families and care providers to have some personal time.

**Dates:** Saturday, Weekend and Stay Late

**Cost:** free

Must be waiver enrolled.

**Wheelchair Accessibility:** Yes

## **Cradle Beach Respite (Weekend Program)**

### **Erie County**

Dale Decker, Jr.

[ddecker@cradlebeach.org](mailto:ddecker@cradlebeach.org)

8038 Old Lakeshore Road, Angola, NY 14006

**Phone:** (716) 549-6307 ext. 206

[www.cradlebeach.org](http://www.cradlebeach.org)

**Age:** 8+

Weekend respite and recreation; four sessions in the spring and four sessions in the fall.

**Dates:** Various

**Time:** 7pm Friday-3pm Sunday

**Cost:** Home & Community Medicaid Waiver Program

Developmentally disabled individuals living with family in WNY.

**Wheelchair Accessibility:** Yes

**People Inc.**

**Erie County**

1219 North Forest Road, Williamsville, NY 14231

**Phone:** (716) 817-7400

[www.people-inc.org/disabilities\\_services\\_home/respite\\_services](http://www.people-inc.org/disabilities_services_home/respite_services)

**Age:** all ages

Program offers individual opportunity for socialization, arts and crafts, cooking, sensory activities, assistance with homework and community outings.

**Date & Time:** Varies

**Cost:** free

Must be waiver enrolled.

**Wheelchair Accessibility:** Yes

**People Inc. Afternoon Respite Programs**

**Erie and Niagara County**

Lockport, Amherst, Kenmore, Buffalo, Hamburg and East Aurora Locations

**Phone:** 716/683-7100 ext 238 or 240

**Age:** Varies by location, school age and up

Afternoon Respite Programs

**Dates:** Monday-Friday

**Time:** 2 - 6 pm

**Cost:** No out of pocket costs if eligible for OPWDD services

**Wheelchair Accessibility:** Yes

**Opportunities Unlimited Supplemental Group Day Hab & Respite Recreation Programs**

**Niagara County**

Lori Flaughner

[lflaughner@oppunlimited.org](mailto:lflaughner@oppunlimited.org)

2510 Niagara Falls Blvd., Niagara Falls, NY 14304

**Phone:** (716) 504-2617 ext. 230

**Age:** 10-18, 19+

**Dates, Times and Cost:** varies

Niagara County residents only, must be Medicaid eligible & living with family.

**Wheelchair Accessibility:** Yes, limited

## RETREAT CENTERS

### **Dunkirk Conference Center**

#### **Chautauqua County**

exec.director@dunkirkcc.com

3602 East Lake Road, Dunkirk, NY 14048

**Phone:** (716) 366-1900

[www.dunkirkcc.com](http://www.dunkirkcc.com)

Retreat Center with wheelchair accessible grounds, buildings, and swimming pool. Life guards on duty. Groups can rent.

**Dates:** Call to rent

**Time:** Call to rent

**Cost:** Varies

**Wheelchair Accessibility:** Yes

## ROCK CLIMBING

### **Niagara Climbing Center**

#### **Niagara County**

Rhonda McGuire

[m McGuire@niagaraclimbingcenter.com](mailto:m McGuire@niagaraclimbingcenter.com)

1333 Strad Avenue, North Tonawanda, NY 14120

**Phone:** (716) 695-1248

[www.niagaraclimbingcenter.com](http://www.niagaraclimbingcenter.com)

[www.facebook.com/NiagaraClimbingCenter](http://www.facebook.com/NiagaraClimbingCenter)

**Age:** All ages

Stretch your mind and body in a controlled and fun indoor rock climbing environment. Niagara Climbing Center can bring the 24 foot high portable climbing wall to you. Professionally trained staff is provided by the Center.

**Dates:** By appointment

**Time:** Various

**Cost:** \$10 per person (10+ climbers or more) or \$200/hour & Ctr. can bring the stone to you.

**Wheelchair Accessibility:** Yes

## RUNNING

### **RACIN! Rollin' Athletic Club Inclusion Network**

#### **Erie County**

Frank Cammarata

frank.a.cammarata@erie.gov

95 Franklin Street - Rm 625, Buffalo, NY 14202

**Phone:** (716) 858-6233

**Fax:** (716) 858-6411

www.buffaloracin.org

**Age:** All ages

The mission of RACIN! Is to improve the physical, social and emotional lives of people with developmental disabilities through regular physical activity and involvement in the local racing scene. Together, we run, walk and roll!

**Dates:** Inquire for events

**Time:** Various

**Cost:** No Cost

For athletes with impairments that extra support to run.

**Wheelchair Accessibility:** Yes

## SCUBA DIVING

### **Phoenix SCUBA & Water Sports**

#### **Erie County**

Carole Anderson or Tony Anderson

dive@phoenixscuba.com

619 Ridge Road, Lackawanna, NY 14218

**Phone:** (716) 822-2816

**Fax:** (716) 822-2817

www.phoenixscuba.com

Adaptive SCUBA Diving for the physically disabled with cognitive challenges.

**Dates, Time & Cost:** Varies

**Wheelchair Accessibility:** Yes

## SENSORY PLAY

### **Sensational Fun**

#### **Erie County**

info@sensationalfun.org

2881 Southwestern Blvd., Orchard Park, NY 14127

**Phone:** (716) 674-7001

www.sensationalfun.org

**Age:** no age limits

We aim to provide a family oriented play place where children with special needs can learn and interact with others, while still being themselves in a safe, engaging, and understanding environment. It is the goal of Sensational Fun to provide an array of sports, clubs, camps, and special programs which are adapted to the unique abilities of our special needs community.

**Dates & Times:** Tuesday & Wednesday 10 am - 7 pm, Thursday 10 am - 5:30 pm, 5:30 pm - 7 pm teens only; Friday and Saturday 10 am - 6 pm and Sunday 11 am - 2 pm

**Cost:** \$9 for all day play

Equipment has weight limits of 175-320 lbs.

**Wheelchair Accessibility:** Yes

### **Fun Friends - Open Gym**

#### **Niagara County**

Brendan McDermott

recreation@villageoflewiston.net

145 N. 4th Street, Lewiston, NY 14092

**Phone:** (716) 754-1990

**Age:** Families with children with disabilities aged 5-12

Students from the Exceptional Education program at Buffalo State, State University of New York and the Physical Therapy program at University at Buffalo along with recreation staff will be leading the activities.

**Dates:** September - May

**Time:** Varies

**Cost:** Free

### **Bill Lounsbury Adapted Ski Program**

#### **Cattaraugus County**

Mary Ellen Racich

[lapski@hotmail.com](mailto:lapski@hotmail.com)

PO Box 370, 6557 Holiday Valley Resort, Ellicottville, NY 14731

**Phone:** (716) 699-2345 ext. 4413

[www.lounsburyadaptive.org](http://www.lounsburyadaptive.org)

**Age:** 5+

Adapted ski programs for physically and mentally challenged individuals.

We can accommodate a wide variety of disabilities, including people with wheelchairs.

**Dates:** December 26th through mid-March (Penguin Paddle is held in February)

**Time:** Various

**Cost:** \$50 for one lesson \$120 for a book of four lessons

Call for details; cost includes lift ticket, two hours of private instruction and equipment use

**Wheelchair Accessibility:** Yes

### **The Phoenix Adaptive Program**

#### **Cattaraugus County**

Holimont, Ellicottville, NY 14731

Phone: (716) 699-8159

[www.Holimont.com/adaptive/](http://www.Holimont.com/adaptive/)

Staffed by dedicated volunteers and trained instructors, this program provides a safe, compassionate skiing environment. Each student is matched up with an instructor and a volunteer.

**Dates:** Lessons offered during the season, open to members and non-members, a special 4-day Christmas Camp

**Time:** Various, Single lessons offered Saturdays and Sundays

**Cost:** Various (Lift and equipment rentals)

Adaptive ski/snowboard program focusing on the instruction and guidance for adults and children with special needs.

**Wheelchair Accessibility:** Yes

## **Hills Angels Adaptive Snow Sports Program**

### **Erie County**

Kathy

office@buffaloskiclub.com

Lower East Hill Road, Colden, NY 14033

[www.Buffaloskiclub.com/programs/HillsAngel](http://www.Buffaloskiclub.com/programs/HillsAngel)

Staff work with participants and their companions to tailor sessions to the skier or snow boarders needs. Our goal is to train participants and companions with the skills to ski independently.

**Dates:** Saturdays and Sundays

**Time:** 10:30 am and 1:30 pm prearranged coaching sessions

**Cost:** 7 week session \$100 non members / \$25 per single session or \$50 members / \$20 single session

Join the Hills Angels adaptive coaches for two hour sessions designed for children and adults with physical disabilities and developmental delays.

## **SKY DIVING**

### **Air Adventures**

#### **Niagara County**

Joe Eberhardt

Beebe Road, Wilson, NY 14172

**Phone:** (716) 759-3483

[www.frontierskydivers.com](http://www.frontierskydivers.com)

**Age:** 18+

Skydiving with an expert, experienced tandem master. Tandem parachute method of skydiving is actually a parachute/free fall sky-dive. The student is tightly attached to the front of an expert. A worthwhile trip to just go and watch.

**Dates:** By appointment

**Time:** Various

**Cost:** Varies

**Wheelchair Accessibility:** Yes



## SOCCER

### **TOPSoccer**

#### **Cattaraugus County**

Dave Talbot

dt22stpfc@yahoo.com

Olean Middle School, 401 Wayne Street, Olean, NY 14760

www.nyswysa.org

**Age:** 5-21

Soccer program for kids who have not had a place in the traditional youth soccer system.

**Dates:** Saturday Evenings

**Time:** 4 to 6 pm

Physical or Mental Disability

**Wheelchair Accessibility:** Yes

### **TOPSoccer**

#### **Erie County**

topsoccer@amherstsoccer.com

The Village Glen, 162 Mill Street, Williamsville, NY 14221

**Phone:** (716) 580-3468

www.amherstsoccer.com

**Age:** Various

The Outreach Program (TOP) for Soccer is a community based soccer program for young athletes with disabilities.

**Dates:** November - March

**Time:** Saturdays

**Cost:** Various

## SOFTBALL

### **EMW Elma/Marilla/Wales "Dream League"**

#### **Erie County**

nicolekapturowski@emwbaseball.org

Elma/Marilla/Wales, NY

www.emwbaseballorg (Click on Dream League)

**Age:** 5-16

In the Dream League, every player bats every inning, batters swing until they get a hit (with or without assistance), players are safe on the bases, there are no outs and every player scores a run each inning. Safety balls are used and the ball is pitched by an adult coach or hit off a tee. Players are assisted by "buddies" who provide encouragement and assistance as needed. Every team and each player win every game.

**Dates:** Saturdays, starts in May

**Cost:** \$75

## SPECIAL OLYMPICS

### Canisius Special Olympics

#### Erie County

Dr. Lauren Cavanaugh

cavanau7@canisius.edu

2001 Main Street, Buffalo, NY 14208

**Phone:** (716) 888-8264

Special Olympics NY - Canisius Griffins

**Age:** Any age

Basketball, Softball, Floor Hockey

**Dates:** Year Round

**Time:** Mondays or Wednesdays 6:00 - 7:30 pm

**Cost:** Free!

Qualify under special olympics

**Wheelchair Accessibility:** Yes

### Special Olympics New York Western Region

#### Erie County

Dan Kuberka

dkuberka@nyso.org

2810 Wehrle Drive, Suite 12, Williamsville, NY 14221

**Phone:** (716) 580-3346 ext.204

**Fax:** 580-3941

[www.specialolympics-ny.org/western/](http://www.specialolympics-ny.org/western/)

**Age:** 6+

To provide year-round sports training and athletic competition in a variety of Olympic-style sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

**Date, Time & Cost:** Varies

**Wheelchair Accessibility:** Yes

## SWIMMING

### Clarence Learn to Swim Adaptive Program

#### Erie County

CLTSDirector@gmail.com

Either at Clarence Middle or Clarence High Schools, Clarence, NY

[www.clarencelearntoswim.com](http://www.clarencelearntoswim.com)

**Age:** 4-16

Level 1 - Water Safety and Recreation; Level 2 Stroke Mechanics

Program starts in April

## **THEATERS**

### **Alleyway Theatre**

Erie County

Phone: (716) 852-2600

### **BSC Performing Arts Center - Rockwell Hall**

Erie County

1300 Elmwood Avenue, Buffalo, NY 14222

Phone: (716) 878-3005

[www.buffalostatepac.org](http://www.buffalostatepac.org)

### **Irish Classical Theatre**

Erie County

Phone: (716) 853-4282

### **Shakespeare in the Park**

Erie County

Phone: (716) 876-7430

### **Shea's Performing Arts Center**

Erie County

646 Main Street, Buffalo, NY 14202

Phone: (716) 847-1410

[www.sheas.org](http://www.sheas.org)

### **Summerfare Musical Theatre**

Erie County

Phone: (716) 839-8540

### **Theatre of Youth**

Erie County

Phone: (716) 884-4400

## **Unique Theatre Company**

### **Erie County**

Vienna Haak, Executive Producer; Beth Geyer, Artistic Director

99 Hartwell, Buffalo, NY 14216

**Phone:** (716) 243-8889

**Age:** All ages depending on needs of the theatre production

Unique Theatre Company is a theatre company dedicated to providing a venue where persons with disabilities can learn and express themselves through playwriting, acting and all things related to theatre experience.

**Dates:** One time per year play produced at local theatre, two times per year writing group, individualized playwriting assistance, one time per year auditions.

## **Darien Lake Performing Arts**

### **Genesee County**

9993 Alleghany Road, Darien Center, NY 14040

Phone: (585) 599-4641

## **TOURS & CLASSES**

### **Tops Cooking School**

#### **Erie County**

Noreen Mallia

355 Orchard Park Road, West Seneca, NY 14224

**Phone:** (716) 517-3006

[www.topsmarkets.com](http://www.topsmarkets.com)

**Age:** 3+

Cooking demonstrations and hands-on lessons. Health Lifestyle Classes may be covered by insurance if you have Independent Health or Blue Cross/Blue Shield of WNY. Visit website for list of classes. Topsmarkets.com click on the word Departments, then Cooking School, then Calendar.

**Dates:** Call to register **Time:** check online for current schedule

**Cost:** Varies

The Cooking Schools are proud to cater to your cooking needs in every way possible from "Hands On" classes to elegant menus with area Chefs and Instructors, in our state of the art Viking kitchens!

**Wheelchair Accessibility:** Yes

## **Tops Cooking School**

### **Erie County**

Grace Hanusin es

3980 Maple Road/N.Bailey, Amherst, NY 14226

**Phone:** (716) 515-2000

[www.topsmarkets.com](http://www.topsmarkets.com)

**Age:** 3+

Hands-on kids classes. Health lifestyle classes are covered in part by BC/BS of WNY and Independent Health. Offer private classes for special needs groups. Provide cooking classes and demonstrations to any age, taught by qualified Registered Dietitians. Offer hands on and demo classes for adults. Visit website for complete class listings.

**Dates:** By appointment

**Time:** Various

**Cost:** Varies

The Cooking Schools are proud to cater to your cooking needs in every way possible from "Hands On" classes to elegant menus with area Chefs and Instructors, in our state of the art Viking kitchens!

**Wheelchair Accessibility:** Yes

## **Arcade & Attica Railroad**

### **Wyoming County**

278 Main Street, Arcade, NY 14009

**Phone:** (585) 492-3100

[www.aarailroad.com](http://www.aarailroad.com)

Train has new wheelchair accessible ramp/car in which it has up to 12 wheelchair spaces available. Check out our website for various events.

**Dates:** Various

**Time:** Various

**Cost:** \$17 adult, \$15 child, \$15 Senior

**Wheelchair Accessibility:** Yes

## VACATIONS

### People and Places

#### Erie County

vacations@people-and-places.org

76 Riley Street, East Aurora, NY 14052

**Phone:** (716) 937-1813

www.people-and-places.org

We are a not-for-profit, 501(c) 3 organization providing small group, year-round vacation opportunities for persons with developmental and intellectual disabilities. Vacation experiences have been provided since 1975. Since that time, vacationers from around the country have traveled extensively throughout the United States, Europe, the Caribbean, and Mexico

### Exceptional Vacations

info@exceptional-vacations.com

9070 Kimberly Blvd., Suite 50, Boca Ration, FL 33434

**Phone:** (866) 748-8747

**Fax:** (6+2) 852-0960

www.exceptional-vacations.com

**Age:** all ages

Exceptional Vacations provides a wonderful opportunity for personal growth, normalization and socialization in a safe and fun atmosphere. We have professional staff committed to providing our travelers with the experience of a lifetime. The small group size on our vacations allows us to give the necessary attention to the special needs of all our travelers. Our travel packages are all inclusive. Vacationers only need to bring the desire for a new and rewarding experience.

**Date, Time & Cost:** Varies

Exceptional Vacations Provides High Quality Vacations for Individuals with Developmental Disabilities and Other Special Needs.

**Wheelchair Accessibility:** Yes

### New Directions Travel

hello@newdirectionstravel.org

5276 Hollister Ave., Suite 207, Santa Barbara, CA 93111

**Phone:** (805) 967-2841

www.newdirectionstravel.org

New Directions for people with disabilities, inc. (New Directions Travel) is a 501(c)(3) non-profit organization providing leisure and educational travel opportunities for adults who have mild to moderate intellectual and or developmental disabilities, such as cerebral palsy, Down Syndrome and autism. Since 1985, we have taken over 18,000 people with special needs on tours all over the world.

**Date, Time & Cost:** Varies

## **Search Beyond Adventures**

4603 Bloomington Avenue, Minneapolis, MN 55405

**Phone:** (800) 800-9979

[www.searchbeyond.com](http://www.searchbeyond.com)

We have six program divisions. Our main Search Beyond Adventures tours is the largest and offers tours all over the world. For customers in the Minnesota and western Wisconsin areas we also operate three to four day weekend Potato Tours. Likewise, in New England we offer three day weekend Sweet Pickle Tours throughout the New England region. For travelers needing a high level of assistance (1:1 ratio) we operate five day Pumpernickel Places. Check out My Vacation for individualized supervised retreats in the Orlando, FL area. Browse the links on the right to learn more about any of these types of tours.

**Date, Time & Cost:** Varies

Founded in 1979 Search Beyond Adventures provides all-inclusive escorted vacations for travelers with disabilities and special needs, ages 17 and up. Most of our travelers have developmental disabilities, although some participants may also have a physical disability. Many of our tours can accommodate wheelchair users.

**Wheelchair Accessibility:** Yes

## **The Guided Tour, Inc.**

[gtour400@aol.com](mailto:gtour400@aol.com)

7900 Old York Road - Ste 111-B, Elkins Park, PA 19027

**Phone:** (800) 783-5841

[www.guidedtours.com](http://www.guidedtours.com)

**Age:** 17+

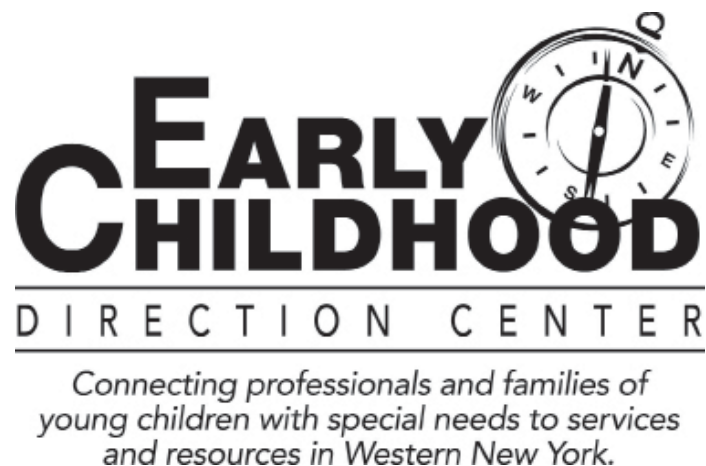
**Date, Time & Cost:** Varies

## ADDITIONAL RESOURCES



Access Buffalo provides accessibility-friendly information about entertainment attractions, hotels, and restaurants in the Western New York area so that customers with developmental disabilities and/or those who use wheelchairs can make informed choices about where to stay, dine, and enjoy entertainment.

**Contact Steve Truesdale or David Whalen  
(716) 836-0822 ext 317  
Visit their website for more information**



The ECDC provides free information, referral, technical assistance and support to families, professionals, and community agencies concerned with children birth to five with suspected or diagnosed delays or disabilities. They provide ongoing community training programs for both the parents and professionals.

**Visit their website for more information  
[ecdc@kaleidahealth.org](mailto:ecdc@kaleidahealth.org)**



## AT A GLANCE PHONE NUMBERS

Adapted Recreation Program & Summer Day Camps	(716) 897-7205
Adult Fit and Fun	(716) 326-9600
Adult Fit and Fun Skating	(716) 326-9600
Air Adventures	(716) 759-3483
Albright-Knox Art Gallery	(716) 270-8282
Allegany State Park	(716) 354-9121
Allentown Industries Adult Recreation	(716) 856-4202 ext. 1271
Alleyway Theatre	(716) 852-2600
Allie Brandt Lanes	(716) 433-5976
AMF Lancaster Lanes	(716) 668-1000
Amherst Youth & Recreation Department	(716) 631-7132
Annual Fishing Derby	(716) 731-3942
Aquarium of Niagara Falls	(716) 285-3575
Arcade & Attica Railroad	(585) 492-3100
Arts Access	(716) 362.8389 ext. 513
Arts Council for Chautauqua	(716) 664-2465
Aspire Respite Programs	(716) 838-0047
Audubon Community Nature Center	(716) 569-2345
Aurora Dept. of Parks & Recreation	(716) 652-8866
Au-some Aquarium	(716) 285-3575 Ext 20
Au-Some Evenings at Explore & More Museum	(716) 655-5131 Ext 14
Au-Some Swimmers	(716) 886-3172 Ext 411
Beaver Meadows	(585) 457-3228
Bennington Lanes	(585) 591-2314
Bergen Swamp Preservation Society	(585) 548-7304
Bill Lounsbury Adapted Ski Program	(716) 699-2345 ext. 4413
Botanical Gardens	(716) 827-1584
Boys & Girls Clubs of Buffalo	(716) 825-1016
BSC Performing Arts Center - Rockwell Hall	(716) 878-3005
Buffalo & Erie County Naval & Military Park	(716) 847-1773
Buffalo Audubon Society & Beaver Meadow Audubon Center	(585) 457-3228
Buffalo Bandits	(716) 855-4444
Buffalo Bills Hotline	(716) 312-8933
Buffalo Bills Ticket Office	(716) 312-8900
Buffalo Bisons Baseball	(716) 846-2000
Buffalo Convention Center	(716) 855-5555
Buffalo Envy All Stars Adaptive Cheerleading	(716) 822-2572
Buffalo Fire Historical Society	(716) 892-8400
Buffalo History Museum	(716) 873-9644

## AT A GLANCE PHONE NUMBERS

Buffalo Museum of Science	(716) 896-5200
Buffalo Naval Park	(716) 847-1773
Buffalo Niagara Heritage Village	(716) 689-1440
Buffalo Niagara Music Therapy Services	(716) 243-2776
Buffalo River Canoe & Kayak Outfitters	(716) 771-2995
Buffalo Sabres	(716) 855-4100
Buffalo Sabres Sled Hockey	(716) 481-9861
Buffalo Sabres Thunder Ice Hockey	(716) 691-4530
Buffalo Sensory Friendly Films	(716) 833-9545
Buffalo Therapeutic Riding Center, Inc. (BTRC)	(716) 877-9295
Buffalo Zoo	(716) 837-3900
Burchfield Penney Art Center	(716) 878-6011
Camp Crabapple	(716) 897-7205
Camp Eager	(585) 442-4430 Ext. 2741
Camp Ji-ik-Do-Wah-Gah	(716) 897-7205
Camp Special Place	(716) 831-1001
Camp Turner	(716) 354-4555
Canisius Special Olympics	(716) 888-8264
Cattaraugus County Youth Recreation	(716) 938-9111
Cattaraugus Tourist Bureau	(800) 331-0543
Centaur Stride Therapeutic Horseback Riding & Experiential Learning Center	(716) 326-4318
Challenged Athletes Participating in Sports (CAPS)	(716) 691-6467
Chautauqua Belle	(716) 269-2355
Chautauqua Institute	(800) 836-ARTS
Cheektowaga Youth & Recreation and Adapted Recreation (Recreation Center Arena)	(716) 897-7218
Dartwood Community Center	(716) 656-2289
Adapted Recreation Office	(716) 897-7205
Softball Office	(716) 656-2294
Classic Lanes	(716) 873-3383
Community Music Project	(716) 664-2227
Community Services for the Developmentally Disabled	(716) 896-2180 ext. 319
Community Services for the Developmentally Disabled	(716) 883-8002
Cradle Beach Camp	(716) 549-6307 ext. 205
Cradle Beach Respite (Weekend Program)	(716) 549-6307 ext. 206
Cultural Enrichment Programs	(716) 833-8603 ext. 2299
Danceability, Inc.	(716) 651- 0094
Darien Lake Performing Arts	(585) 599-4641

## AT A GLANCE PHONE NUMBERS

Darwin R. Barker Historical Museum	(716) 672-2114
Drum 4 Health	(716) 491-0031
Dunkirk Conference Center	(716) 366-1900
Dunkirk Historical Museum	(716) 366-3797
Dunkirk Youth Bureau and Recreation Commission	(716) 366-9886
Elaine Urban	(716) 877-9531
Elite Heat All Stars	(716) 636-0209
Equi-Star Inc.	(716) 602-6185
Erie County Recreation Department	(716) 858-8355
Excalibur Leisure Skills Center, Inc.	(716) 831-3188
Exceptional Artworks	(315) 435-2155
Exceptional Vacations	(866) 748-8747
Fantastic Friends of Western New York	(716) 863-7393
Fantasy Island	(716) 773-7591 Ext 3103
Find Your Niche (Youth with Asperger Syndrome/Autism)	(716) 646-5145
Fredonia School of Music	(716) 673-3463
Fun Friends - Open Gym	(716) 754-1990
Fun Night Out Recreation	(716) 339-9602
Game Night @ Lancaster Youth Bureau	(716) 683-4444
Genesee Country Village & Museum	(585) 538-6822
Genesee County Youth Bureau	(585) 344-3960
Gliding Stars of WNY	(716) 608-8345
Good Times of Olean	(716) 379-8210
Grand Island Parks & Recreation	(716) 773-9680
Hamburg Recreation Department	(716) 646-5154
Headway of WNY, Inc./Recreational Outings	(716) 408-3100
Heritage Centers Recess Program	(716) 833-8603 ext. 2279
Herschell Carrousel Factory Museum	(716) 693-1885
High Hurdles Therapeutic Riding	(716) 496-5551
iCan Bike	(716) 817-7204
I-Learn	(716) 874-7200 ext. 136
Institute for Environmental Learning	(716) 765-2084
Irish Classical Theatre	(716) 853-4282
Iroquois National Wildlife Refuge	(585) 948-5445
Jamestown Bowling Co.	(716) 483-1818
Jamestown Concert Association	(716) 487-1522
Jamestown Prendergast Library	(716) 484-7135
Jamestown Sensory Friendly Films	(716) 484-7070
Jell-O Gallery Museum	(585) 768-7433

## AT A GLANCE PHONE NUMBERS

Kenan Center Lockport	(716) 433-2617
Kenmore Lanes	(716) 875-5340
Key Bank Center	(716) 855-4100
Kleinhans Music Hall	(716) 885-5000
Lackawanna Recreation & Parks Department	(716) 827-6455
Lake Erie State Park	(716) 792-9214
Lancaster Opera House	(716) 683-1776
Letchworth Pines	(585) 468-2166
Letchworth State Park	(585) 493-3600
Lewiston Art Park	(716) 754-4375
Locust Street Neighborhood Art Classes	(716) 852-4562
Losson Trails	(716) 897-7207
Lothlorien Therapeutic Riding Center	(716) 655-1335
Maid of the Mist	(716) 284-8897
Mansfield Coach & Cutter	(716) 938-6315
Marineland	(905) 356-9565
McClurg Mansion	(716) 326-2977
Medina Railroad Museum	(866) 468-7630
Moving Miracles Dance Program (Division of Sasi)	(716) 656-1321
Museum of disABILITY History	(716) 629-3626
Music/Drama/Entertainment	(716) 832-8651 or (716) 628-6691
New Directions Travel	(805) 967-2841
Niagara Climbing Center	(716) 695-1248
Niagara Frontier Challenger Little League	(716) 839-1224
North Tonawanda Dept, of Youth, Recreation and Parks	(716) 695-8582
NY Park Access Pass	(518) 474-2324
Oak Orchard Lighthouse Museum	(585) 230-7829
Olean Recreation Department	(716) 376-5698
Opportunities Unlimited Supplemental Group Day Hab & Respite Recreation Programs	(716) 504-2617 ext. 230
Orchard Park Recreation Department	(716) 662-6450
Our Place	(716) 982-6292
Parks Interpretive Programs*	(716) 282-5154
Penn Dixie Paleontological and Outdoor Education Center	(716) 627-4560
People and Places	(716) 937-1813
People Inc.	(716) 817-7400
People Inc. Afternoon Respite Programs	716/683-7100 ext 238 or 240
Pfeiffer Nature Center - Lillibridge Property	(716) 933-0187
Pfeiffer Nature Center Eshelman Property	(716) 933-0187
Phoenix SCUBA & Water Sports	(716) 822-2816

## AT A GLANCE PHONE NUMBERS

Pioneer Camp & Retreat Center	(716) 549-1420
RACIN! Rollin' Athletic Club Inclusion Network	(716) 858-6233
Reserve America	(518) 474-0456
Roger Tory Peterson Institute of Natural History	(716) 665-2473
Rolly Pollie SN@P Fit Gym, Special Needs Play (Northtowns)	(716) 689-6151
Rolly Pollie SN@P Fit Gym, Special Needs Play (Southtowns)	(716) 662-7424
SABAH Night and Weekend Programming	(716) 326-9600
SABAH School Day Adaptive Physical Education Recreational Spring and Winter Programs	(716) 326-9600
SABAH Soccer Camp	(716) 326-9600 ext.18
SABAH Summer Skate	(716) 326-9600
SASi Adaptive Fitness Program	(716) 656-1321
Saturday, After School and Vacation Camp Services	(716) 631-5777
Search Beyond Adventures	(800) 800-9979
Sensational Fun	(716) 674-7001
Sensory Friendly Films at FLIX	(716) 668-1888
Sensory Sundays @ Sky Zone	(716) 206-3300
Shakespeare in the Park	(716) 876-7430
Shea's Performing Arts Center	(716) 847-1410
Southeast Works Traditional Recreation Program	(716) 683-7100 ext. 249
Southtowns Walleye Association of WNY, Inc.	(716) 648-7590
Special Olympics New York Western Region	(716) 580-3346 ext.204
Springville Lanes	(716) 592-2260
Starlight Studio and Art Gallery Day Habilitation Program	(716) 842-1525
Suburban Adult Services Recreation	(716) 805-1555
Summer Turf Program (SABAH)	(716) 362-9600
Summerfare Musical Theatre	(716) 839-8540
Sweet Charlotte's	(716) 320-5848
The First Tee of WNY	(716) 250-3355
The Guided Tour, Inc.	(800) 783-5841
The Miracle League of Grand Island & WNY	(716) 773-2943
The Phoenix Adaptive Program	(716) 699-8159
Theatre of Youth	(716) 884-4400
Therapeutic Recreation Contact	(716) 783-3100
Therapy Dogs International	(716) 465-2467
Tifft Nature Preserve	(716)386-2419
Tonawanda Youth, Parks & Recreation Dept.	(716) 831-1001
Tops Cooking School	(716) 517-3006
Tops Cooking School	(716) 515-2000
TOPSoccer	(716) 580-3468

## AT A GLANCE PHONE NUMBERS

Touching Bases of Erie County, Inc.	(716) 681-4330
Town of Alden Recreation	(716) 937-7393
Town of Amherst Youth & Recreation Department (Summer Day Camp)	(716) 631-7132
Town of Cambria Recreation Department	(716) 433-7664
Town of Clarence Recreation Department	(716) 407-2162
Town of Lewiston Recreation Department	(716) 754-8213 ext 237, 254
Town of Niagara Recreation	(716) 297-5243 Ext 1
Town of Pendleton	(716) 625-8833 ext 110
Town of Porter Recreation	(716) 745-3730
Town of Wheatfield Recreation Department	(716) 731-3942
Transit Lanes	(716) 632-3838
Unique Theatre Company	(716) 243-8889
Voelker's Bowling Center	(716) 876-6020
We Rock the Spectrum Northtowns	(716) 428-3434
We Rock the Spectrum Southtowns	(716) 562-7274
West Seneca Recreation Department	(716) 674-6086
Wimbledon Lanes	(716) 674-3333
WNY Adaptive Water Sports	(716) 364-8219
WNY Adaptive Water Sports	(716) 553-7670
WNY Challenger Sports League	(716) 696-2463
WNY Hand-cycling & Adaptive Bicycling (Proposed Program)	(716) 961-8438
WNY Parks with Wheelchair Accessible Cabins	1-800-456-2267
Wyoming County Youth Bureau	(585) 786-8850
YC Challenger Sports	(585) 343-4203
YMCA of Jamestown	(716) 664-2802
Youth Basketball Diversified	(716) 430-0870
YWCA of Jamestown	(716) 488-2237
YWCA of Westfield	(716) 326-2011



## USEFUL WEBSITES

[www.parentnetworkwny.org](http://www.parentnetworkwny.org)  
The Parent Network of Western New York

[www.wchob.org/ecdc](http://www.wchob.org/ecdc)  
Early Childhood Direction Center

[www.erie.gov/ecod](http://www.erie.gov/ecod)  
Erie County Office for the Disabled

[www.buffaloplace.com](http://www.buffaloplace.com)  
The Buffalo Place

[www.beenews.com](http://www.beenews.com)  
The Bee News

[www.iloveny.com](http://www.iloveny.com)  
I Love New York

[www.ddawny.org](http://www.ddawny.org)  
The Developmental Disabilities Alliance of Western New York

[www.nfrps.homestead.org](http://www.nfrps.homestead.org)  
The Niagara Frontier Recreation & Parks Society

Central Referral Services website for locating services for  
people with developmental disabilities:

[www.ddinfoink.org](http://www.ddinfoink.org)

# SUPPORT PARENT NETWORK OF WNY



## EMBRACE THE DIFFERENCE™

Parent Network of WNY is now a part of Reeds Jenss Embrace the Difference program.

The program was created by Robyn Zimmer, a mother of a child with developmental differences. She was motivated by the many challenges faced each day by people with chronic illness, physical, emotional and developmental disabilities.

She in turn designed the Embrace The Difference symbol to show support, acceptance and kindness no matter what differences we may have, which is now developed into a successful jewelry line. \$10 of every piece of jewelry sold, is then donated back to the charity of the purchaser's choice.

[www.embracethedifference.org](http://www.embracethedifference.org)

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### Support Parent Network Of New York State 1 Inc.

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Amazon donates.

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**amazonsmile**

Amazon Smile is a way for anyone who shops at Amazon.com to give back to the charity of their choice at no cost to them! For every purchase that you make, amazon donates .5% back to Parent Network of WNY.

It's easy to do:

Visit: [smile.amazon.com](https://smile.amazon.com)

(It is the exact same website as [amazon.com](https://amazon.com) and still has all of your account information, the smile in front of it just notifies amazon that the percentage goes to a charity)

Select Parent Network of New York State 1 Inc. from the list

Shop away!



## Recreation & Leisure Service Directory Change Form

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the WNY community but have not been personally verified as to their quality. It is best to call the program with any specific questions. Parent Network of WNY maintains the Recreation & Leisure Service Directory which is distributed to families, individuals and service providers.

The form below is used to update information about any changes to this Directory Please complete the information requested below for all changes. Please circle one option for the information provided on this form:

	Add	Update	Remove
CATEGORY			
PROGRAM			
ADDRESS			
CITY/STATE			
ZIP CODE			
COUNTY			
WEBSITE			
CONTACT PERSON			
PHONE			
FAX NUMBER			
EMAIL			
AGE			
COST			
DATE			
TIME			
CRITERIA			
ACTIVITIES			
WHEELCHAIR ACCESSIBILITY			
SPONOR			
FACEBOOK			

*For the electronic version of this form please go to: [www.parentnetworkwny.org/Programs/MSC](http://www.parentnetworkwny.org/Programs/MSC)*





*“You can learn more about a man in an hour of play than in a lifetime of conversation.”*

-Plato



(716) 332-4170



info@parentnetworkwny.org



www.parentnetworkwny.org



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