

RECREATION^{AND} LEISURE SERVICES

DIRECTORY



 (716) 332-4170

 info@parentnetworkwny.org

 www.parentnetworkwny.org

 @ParentNetwork

 @PNWNY

THE RECREATION & LEISURE SERVICES DIRECTORY

2017

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the Western New York community but have not been personally verified as to their cost and quality. It is best to call the program with any specific questions.

Enjoy your adventures. Play, laugh and dance once a day.

Recreationally,

Susan Barlow

Parent Network of Western New York

To order more copies of the directory please call (716) 332-4175

For a downloadable version of the directory visit
www.parentnetworkwny.org



Supporting families and professionals to empower individuals with disabilities to reach their full potential.

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AQUATICS

WNY Adaptive Water Sports

Erie County

(Mail only) 3621 Stony Point Road, Grand Island, NY 14072

Phone: (716) 364-8219

www.wnyadaptivewatersports.org

www.facebook.com/WNYAdaptiveWatersports

Age: 10-70

Please call or check the website for more details on event times and places.

Dates: Seasonal, by appointment

Time: Various

Cost: Free programs include fishing, paddling, sailing, scuba and waterskiing.

Donations gratefully accepted.

Wheelchair Accessibility: Yes

ART

Albright-Knox Art Gallery

Erie County

Jennifer Foley

jfoley@albrightknox.org

1285 Elmwood Avenue, Buffalo, NY 14222

Phone: (716) 270-8282

www.albrightknox.org

www.facebook.com/Albright-KnoxArtGallery

Age: Adults

The Albright-Knox offers free Verbal Description Sensory Tours for adults who are blind or partially sighted. An in-depth verbal description tour is enhanced by engaging several senses, often including, but not limited to, the sense of touch. Tours are given of select works from the Albright-Knox's collection.

Dates: First Saturday of each month **Time:** 10:30 am - 11:30 am

Cost: No fee - Groups only

Wheelchair Accessibility: Yes

Arts Access

Erie County

artsaccesswny@gmail.com

95 Perry Street, Suite 402, Buffalo, NY 14203

Phone: (716) 362.8389 ext. 513

www.arts-access.com

Arts Access aims to increase the accessibility of WNY arts and culture by connecting residents to free & low cost cultural opportunities and by promoting low-income individuals and their families are provided the chance to see live theatre, music, art and more through the Arts Access pass, and by promoting already existing discounts offered by area organizations.

Dates: all year round

Time: Varies

Cost: Varies

Burchfield Penney Art Center

Erie County

Education Department

burchfld@buffalostate.edu

Burchfield Penney Art Center, Education Department,
Buffalo State College, 1300 Elmwood Avenue, Buffalo, NY 14222

Phone: (716) 878-6011

www.burchfieldpenney.org

www.facebook.com/BurchfieldPenneyArtCenter

Age: All ages

Museum art based program- free workshop, food and music

Dates: Museum art based program, every 2nd Friday of the month

Time: 5:30 pm - 7:30 pm

Cost: Adults: \$10; Seniors (62 & over): \$8; Students (with ID): \$5; Children (age 10 & under): FREE when accompanied by a paid adult/senior admission

Wheelchair Accessibility: Yes

Locust Street Neighborhood Art Classes

Erie County

info.locuststreetart@gmail.com

138 Locust Street, Buffalo, NY 14204

Phone: (716) 852-4562 Fax:

<https://www.facebook.com/artlocustst?fref=ts>

Age: 3-Senior Adult

Painting, drawing, ceramics, B&W film photography, animation

Dates: Various

Time: Various

Starlight Studio and Art Gallery Day Habilitation Program

Erie County

Carrie Marcotte

starlight@ldawny.org

340 Delaware Avenue, Buffalo, NY 14202

Phone: (716) 842-1525 Fax:

www.starlightstudio.org

www.facebook.com/StarlightStudioandArtGallery

Dates: Tours by appointment

Time: Monday-Friday 9 am - 4 pm

Cost: No fee. See waiver enrollment.

Wheelchair Accessibility: Yes

BASEBALL

Niagara Frontier Challenger Little League

Erie County

Jacqui Berger

jacqui.berger@gmail.com

(Mail only) 181 Bernhardt Drive, Snyder, NY 14226

Phone: (716) 839-1224

<http://melottlittleleague.org/>

Age: 4 and up

Provides an opportunity for adults and children 4 and up to play baseball, regardless of their challenges. Each player is encouraged to reach their individual highest level of play.

Dates: May - August

Time: Sunday mornings

Cost: \$60 a season.

Wheelchair Accessibility: Yes

The Miracle League of Grand Island & WNY

Erie County

Scott McManigle

smcmanigle@miracleleaguewny.org

P.O. Box 833, Grand Island, NY 14072

Phone: (716) 773-2943

www.miracleleaguewny.org

The Miracle League is designed to serve individuals who cannot be accommodated by established baseball leagues due to the special needs of their disabilities. The vision of the program is to provide any disabled individual, regardless of their level of disability, the opportunity to play league sports and enjoy the emotional and physical benefits of being part of a team sport.

Dates: June-August

Time: Various

Wheelchair Accessibility: Yes

Touching Bases of Erie County, Inc.

Erie County

h3r11s7@hotmail.com

49 Hillside Parkway, Lancaster, NY 14086

Phone: (716) 681-4330

www.touchingbases.org

Age: 18 and up

Softball league of Erie County for adults with disabilities.

Dates: Monday & Tuesday evenings in August

Time: 6 pm-8pm

Cost: Registration \$40 per player

Wheelchair Accessibility: Yes

BASKETBALL

Youth Basketball Diversified

Erie County

Rita Lonski

rita_lonski@amherst-basketball.com

4380 Main Street, Amherst, NY 14226

Phone: (716) 430-0870

Age: High School Students

This basketball league is for high school students who have a disability.

Dates: Once per week March through April

Cost: Free

No previous experience playing basketball is needed

BIKING

iCan Bike

Erie County

wnylearntoride@yahoo.com

Buffalo Niagara Court Center, 425 Meyer Road, West Seneca, NY 14224

Phone: (716) 817-7204

www.icanshine.org/buffalo-ny

Age: 8+

Using adaptive bicycles, a specialized instructional program and trained staff to enable individuals with disabilities to learn to ride a two-wheel bicycle.

Dates: June 26-30, 2017

Time: 75 minutes each day - varies

Cost: \$175

Have a diagnosed disability, have a minimum inseam of 20 inches, weigh less than 220 pounds, be able to walk without assistive devices, be able to side-step quickly, and be able to willingly wear a properly fitted helmet.

BOATING

Buffalo River Canoe & Kayak Outfitters

Erie County

Allison Carr

paddlebuffalo@gmail.com

Mobile Unit -Departing @ 900 Harlem Road, West Seneca, NY 14224

Phone: (716) 771-2995

www.paddlebuffalo.com

Age: 6+

Canoeing & Kayaking-groups & parties.

Dates: By appointment

Time: Various

Cost: Varies (\$20 and up) Special needs group discounts

Wheelchair Accessible: Yes

Excalibur Leisure Skills Center, Inc.

Erie County

James and Catherine Catalano
90 North Drive, Buffalo, NY 14216

jim@excaliburls.com

Phone: (716) 831-3188

www.excaliburls.org

Age: All ages

Provides accessible boating and fishing opportunities for the developmentally challenged and disadvantaged.

The program site is located at the Safe Harbor Marina, 1111 Fuhrmann Boulevard, Buffalo NY 14203.

Dates: July 1st through October 15th - Rain or shine **Time:** Various - please call for reservations.

Cost: Donations accepted

Wheelchair Accessibility: Yes

WNY Adaptive Water Sports

Erie County

Tom Nowak or Tony Anderson

nowakrad@aol.com

(Mail only) 3621 Stony Point Road, Grand Island, NY 14072

Phone: (716) 364-8219

www.wnyadaptivewatersports.org

www.facebook.com/WNYAdaptiveWaterSports

Age: 10-70

Provides disabled veterans and individuals with physical disabilities the means, facilities and access to participate in water sports and other recreational activities to improve their quality of life. Water skiing, adaptive kayaking, boating, fishing, and sailing.

Dates: Seasonal, By appointment

Time: Various

Cost: Varies with programs. Donations gratefully accepted.

Wheelchair Accessibility: Yes

BOWLING

Good Times of Olean

Cattaraugus County

800R E. State Street, Olean, NY 14760

Phone: (716) 379-8210

www.gtofood.com

Age: All ages

Bumper bowling, arcade, mini-golf available

Dates: Year Round

Time: Varies

Cost: Varies by activity

Wheelchair Accessibility: Yes

Jamestown Bowling Co.

Chautauqua County

Jim Mee

850 Foote Avenue, Jamestown, NY 14701

Phone: (716) 483-1818

www.jamestownbowling.com

Bumper bowling is available

Dates: Year Round

Cost: Check website for updated pricing

Wheelchair Accessibility: Yes

AMF Airport Lanes

Erie County

3754 Genesee Street, Cheektowaga, NY 14225

www.amf.com

AMF Lancaster Lanes

Erie County

4913 Transit Road, Depew, NY 14043

Phone: (716) 668-1000

Age: all ages

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

Dates: Various

Time: Various

Wheelchair Accessibility: Yes

Classic Lanes

Erie County

1840 Military Road, Kenmore, NY 14217

Phone: (716) 873-3383

www.classiclansny.com

Age: all ages

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

Dates: Various **Time:** Various

Wheelchair Accessibility: Yes

Kenmore Lanes

Erie County

kenmorelanes@yahoo.com

1691 Kenmore Avenue, Kenmore, NY 14217

Phone: (716) 875-5340

www.kenmorelanes.net

Age: all ages

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

Dates: Various

Time: Various

Wheelchair Accessibility: Yes

Springville Lanes

Erie County

53 West Main Street, Springville, NY 14141

Phone: (716) 592-2260 **Fax:**

www.facebook.com/Springville-Lanes-140052412685754/

Age: all ages

Bowling with adaptive equipment (bumpers and one wooden ramp available). Lanes have complete wheelchair accessibility (LIMITED ACCESS INTO BUILDING) ****Two steps into building****

Dates: Various **Time:** Various

Transit Lanes

Erie County

7850 Transit Road, Williamsville, NY 14221

Phone: (716) 632-3838 **Fax:** (716) 632-3942

www.transitlanes.net

Age: all ages

Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

Dates: Various **Time:** Various

Wheelchair Accessibility: Yes

Voelker's Bowling Center

Erie County

Glenn Voelker

686 Amherst Street, Buffalo, NY 14207

Phone: (716) 876-6020

Fax: (716) 873-6159

www.voelkersbowling.net

32 lanes all equipped with: automatic scoring, gutter bumpers, a folding, aluminum wheelchair ramp & ten sets of blind rails. Queen City Blind League bowls here, handicapped parking & wheelchair access, Marion Street lot has no steps.

Dates: Various

Time: Various

Wheelchair Accessibility: Yes

Wimbledon Lanes

Erie County

220 Center Road, West Seneca, NY 14224

Phone: (716) 674-3333

www.wimbledonlanes.com

Age: All ages

Bowling with adaptive equipment (bumpers available). No ramp available - welcome to bring your own.

Date and Time: Please call the lanes for availability, open bowling may NOT be available all the above times.

Allie Brandt Lanes**Niagara County**

alliebrandtlanes@gmail.com

6510 Lincoln Avenue, Lockport, NY 14094

Phone: (716) 433-5976

www.alliebrandtlanes.com

There are 36 lanes with bumper bowling. Challenger Sports runs for 24 weeks starting in October.

Dates: Year round

Cost: Check website for updated pricing

Wheelchair Accessibility: Yes

Bennington Lanes**Wyoming County**

1374 Clinton Street Road, Bennington, NY 14011

Phone: (585) 591-2314

www.facebook.com/pg/bennington-lanes

Age: All ages

Bowling ramp available

Dates: Year round

Cost: Varies by activity

Wheelchair Accessibility: Yes

Letchworth Pines**Wyoming County**

Kevin Sass

kevin@letchworthpines.com

6985 Fillmore Road, Portageville, NY 14536

Phone: (585) 468-2166

www.letchworthpines.com

Bumper bowling and ramps available for bowlers

Dates: Year round

Cost: Check website for updated pricing

Wheelchair Accessibility: Yes

CAMPS (DAY & OVERNIGHT)

Camp Turner

Cattaraugus County

John Mann

campturner@gmail.com

PO BOX 264, (9150 ASP 3), Salamanca, NY 14779

Phone: (716) 354-4555 **Fax:**

www.campturner.com

Age: 7-16

Camp Turner offers a traditional overnight camping program for boys and girls from ages 7 – 16. The camp is located in the gorgeous, pastoral hills of Allegany State Park in the woods amidst pristine streams and lakes. Partial financial assistance is available.

Dates: Sunday afternoons through Friday 6 pm - July 9th to mid August

Time: 2 pm Sunday through 6 pm Friday for Summer, Winter Camp available December 28-30 each year

Cost: Off season group rentals and food service available. 120 beds in winterized cabins. Full service commercial kitchen and dish room, 2400 feet of dining hall space with 120 chairs and 8' rectangular tables. Additional meeting space available.

Wheelchair Accessibility: Yes

Adapted Recreation Program & Summer Day Camps

Erie County

Amy McMahon

Summer Day Camps - cheektowagacamps@gmail.com;

Adapted Recreation Program & Sports (including Special Olympics) -
cheekarp@gmail.com

275 Alexander Avenue, Cheektowaga, NY 14211

Phone: (716) 897-7205

Fax: (716) 897-7211

www.tocny.org

Age: Various

Sports, Saturday Recreation, Day Camp, & Community Outing

Dates: October through May (Adapted Rec Program), July through August (Day Camps)

Time: Various

Cost: Varies by program

No transportation available

Wheelchair Accessibility: Yes

Adult Fit and Fun

Erie County

Carrie Drabik

cdrabik@sabahinc.org

2607 Niagara Street, Buffalo, NY 14207

Phone: (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH_inc

The adaptive program is for adults facing physical, mental, and emotional challenges. Adult Day Habilitation programs or group homes with 20-30 individuals per session. Each group is assigned a specific day and time of the week to participate. This is on a weekly basis throughout the season.

Dates: From May through the end of June

Time: Various

Cost: Call for pricing information

20-30 individuals per session

Wheelchair Accessibility: Yes

Camp Crabapple

Erie County

Amy McMahan

cheektowagacamps@gmail.com

275 Alexander Avenue, Cheektowaga, NY 14211

Phone: (716) 897-7205

Age: 4-14

Six week program designed for youth with a developmental or physical disability. Wheelchair access and transportation is limited.

Dates: July - August (Monday - Friday)

Time: 8:30 am - 3:30 pm

Cost: Chktg res. \$828/ 6 wks or \$148/ wk, Non-res. \$967/ 6 wks or \$171/ wk;

OPWDD Eligible: Chktg res. \$703/ 6 wks or \$127/ wk, non-res. \$842/ 6 wks or \$150/ wk

Limited availability for one-on-one assistance.

Wheelchair Accessibility: Yes

Camp Ji-ik-Do-Wah-Gah

Erie County

Amy McMahan

cheektowagacamps@gmail.com

275 Alexander Avenue, Cheektowaga, NY 14211

Phone: (716) 897-7205 Fax:

Age: 4-13

Six week program for children who may have a learning disability, speech impairment, ADHD and/or are emotionally disturbed.

Dates: July - August (Monday - Friday) **Time:** Various

Cost: Chktg res. \$828/ 6 wks or \$148/ wk, Non-res. \$967/ 6 wks or \$171/ wk;

OPWDD Eligible: Chktg red. \$703/ 6 wks or \$127/ wk, Non-res. \$842/ 6 wks or \$150/ wk

Limited availability for one-on-one assistance.

Wheelchair Accessibility: Yes

Camp Special Place

Erie County

Nicole Fields

nfields@tonawanda.ny.us

299 Decatur Road, Tonawanda, NY 14223

Phone: (716) 831-1001

www.ttypr.com

Age: 5-15

This is a day camp for children with special needs ages 5 to 15 who have a condition preventing them from attending a regular day camp.

Dates: Space is limited - Registration starts April 3-June 2; Camp dates are Monday - Friday, July 10 through August 18

Time: 9am-3pm

Cost: \$75 per week for residents; \$110 per week for non-residents

Wheelchair Accessibility: Yes

Cradle Beach Camp

Erie County

admissions@cradlebeach.org

8038 Old Lake Shore Road, Angola, NY 14006

Phone: (716) 549-6307 ext. 205

www.cradlebeach.org

Age: 8-16

Residential camp designed for children with disabilities and those who come from economically disadvantaged backgrounds. Provides a healthy environment and organized activities to promote socialization, self-worth, and decision making.

Dates: June - August (sessions vary in length)

Time: Various

Cost: Based on family income/sliding fee scale - Children must be able to take care of personal needs

Wheelchair Accessibility: Yes

Heritage Centers Recess Program

Erie County

Erin Csuha

ecsuha@heritagecenters.org

2643 Main Street, Buffalo, NY 14214

Phone: (716) 833-8603 ext. 2279

www.heritagecenters.org

Age: 5-21

Five day program during the winter & spring school breaks

Dates: Various **Time:** Various

Cost: No fee (Child must be Medicaid waiver enrolled)

Pioneer Camp & Retreat Center

Erie County

Maria Inglut-Fetto

info@pioneercamp.org

9324 Lake Shore Road, Angola, NY 14006

Phone: (716) 549-1420

Fax: (716) 549-6018

www.pioneercamp.org

Age: 10+

Agape Camp is Pioneer's camp for those with Developmental & Intellectual Disabilities. We have a wide variety of activities that everyone can participate in. Some favorite activities include: interactive devotions, arts & crafts, off-site bowling trips, singing and campfires, special theme days, and swimming, boating, and beach time!

Dates: Summer, Week and Weekend Programs

Time: Various

Cost: Varies with length of program

Individuals with disabilities who have self care skills, non ambulatory individuals are welcome, evaluation of written application.

Wheelchair Accessibility: Yes

SABAH School Day Adaptive Physical Education Recreational Spring Program

Erie County

Carrie Drabik

cdrabik@sabahinc.org

2607 Niagara Street, Buffalo, NY 14207

Phone: (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH_inc

Each school is designated their own time slot each week to participate in adaptive sports programming.

Dates: Beginning of May through the first week of June

Time: Various

Cost: Free

This is a free School day for students, transportation must be provided by the district

Wheelchair Accessibility: Yes

Town of Amherst Youth & Recreation Department (Summer Day Camp)

Erie County

Janice Zapfel

jzapfel@amherst.ny.us

1615 Amherst Manor Drive, Williamsville, NY 14221

Phone: (716) 631-7132

Fax: (716) 626-9087

www.amherstyouthandrec.org

Age: 5-14

Summer day camp for youth ages 5 - 11 (five sites) and ages 12-14 (one site). Staff works with families to develop individualized implementation plans for each child with special needs.

Dates: June 26-August 18 **Time:** Monday-Friday (8am-5:30pm)

Cost: \$175 per week with a \$15 registration fee for Amherst residents; \$225 per week for non-residents if there is space

Wheelchair Accessibility: Yes

Camp EAGR

Mike Radell

mradell@epiny.org

Camp EAGR is held at the YMCA's beautiful Camp Weona, half way between Buffalo and Rochester

Phone: (585) 442-4430 Ext. 2741

www.epiny.org/epilepsy-camp-eagr.php

Age: 8-17 and siblings

Children from all over the Northeast, regardless of their seizure control, come to Camp EAGR in Upstate New York to experience a camp complete with swimming, hiking, canoeing, arts and crafts, nature, wall climbing and horseback riding – all of the things children without epilepsy do on a regular basis. With its highly-trained staff, complete with two nurse practitioners and neurologists, Camp EAGR provides the safe and fun environment that children with epilepsy need. Camp EAGR enables youngsters to experience things they might otherwise never have an opportunity to be exposed to, allows the children to discover that others have similar experiences with their seizures and also provides them with positive role models, as many of the volunteer counselors have epilepsy.

Dates: August 13-19, 2017

Cost: \$750 with scholarships available

Application should be in by April or May and can be picked up at the agency.

CHEERLEADING

Buffalo Envy All Stars Adaptive Cheerleading

Erie County

info@buffaloenvyallstars.com

2600 Hamburg Turnpike, Space "H", Buffalo, NY 14218

Phone: (716) 822-2572

www.buffaloenvyallstars.com/adaptive-cheer-program.html

Age: No age limit

Athletes learn tumbling, dancing, stunting, and other cheerleading skills. The team practices once a week and has the opportunity to perform at several local and regional cheerleading competitions.

Dates: Year-round (training classes in May and June, season July - April)

Time: Fridays 5:30pm-7:00pm

Cost: Varies

Wheelchair Accessibility: Yes

Elite Heat All Stars

Niagara County

Laura Voigt

eliteheatcheer@gmail.com

7330 Townline Road, North Tonawanda, NY 14150

Phone: (716) 636-0209 Fax:

www.eliteheatbuffalo.com

Age: Ages 3 & up

Athletes learn cheer essentials, stunting and tumbling. Athletes work with helpers to ensure safety. The team practices once a week and performs five local competitions.

Dates: September through April team practices. Other activities available year round.

Time: Varies

Cost: \$280 for 8 Months

Wheelchair Accessibility: Yes

CLUBS

Aktion Club

secretary@brightonkiwanisclub.org

Rochester, NY

www.aktionclubofbrighton.org/Brighton_Aktion_Club/Welcome.html

Age: Adults

Club has fundraisers, community projects and makes time for fun activities.

Dates: Various

Time: Various

To provide adults living with disabilities an opportunity to develop initiative, leadership skills and to serve their communities.

FAMILY ACTIVITIES

Au-Some Evenings at Explore & More Museum

Erie County

300 Gleed Avenue, East Aurora, NY

Phone: (716) 655-5131 Ext 14

Dates: First Friday of the month

Time: 5:30 pm to 8 pm

Cost: Free

Reservations required

Au-Some Swimmers

Erie County

Eric Poniatowski

eponiatowski@jccbuffalo.org

Jewish Community Center of Greater Buffalo, Buffalo, NY

Phone: (716) 886-3172 Ext 411

Dates: Saturdays, Tuesday evenings

Time: Various

Cost: Various

Game Night @ Lancaster Youth Bureau

Erie County

Micaela or Lynne

Lynne - thirtyoesntired@aol.com

, Lancaster, NY

Phone: (716) 683-4444

Video, board games and new friends you can meet. Parent participation required

Dates: Mondays (contact for exact dates)

Time: 6 - 8 pm

Exclusively for children with Asperger's, PDD-NOS or on the Autism Spectrum.

Au-some Aquarium

Niagara County

education@aquariumofniagara.org

701 Whirlpool Street, Niagara Falls, NY

Phone: (716) 285-3575 Ext 20

Sensory friendly environment where families with children on the autism spectrum can meet. Touch tank, art activities, info and gluten free snacks are provided.

Dates: First Friday of the month

Time: 6 - 8 pm

Cost: \$10 per family

FISHING

Fisherman's Landing

Erie County

East River Road at the Base of the South Grand Island Bridge, Grand Island, NY

Wheelchair Accessibility: Yes

Southtowns Walleye Association of WNY, Inc.

Erie County

Mary Paufler

5895 Southwestern Boulevard, Hamburg, NY 14075

Phone: (716) 648-7590 or (716) 649-8202 CLUB NUMBER

www.southtownswalleye.org

Age: No age limit

6-day fishing event for individuals with developmental disabilities

Dates: End of April

Time: Various

Cost: No fee

Reservations required

Wheelchair Accessibility: Yes

Annual Fishing Derby

Niagara County

Mike Ranalli

miker@wheatfield.ny.us

6812 Nash Road, North Tonawanda, NY 14120

Phone: (716) 731-3942

Fax: (716) 731-3320

www.wheatfield.ny.us

Seniors over 50 vs. youth 16 and under fish for prizes. Prizes awarded for the largest fish in each category. Refreshments are served at the event. Site is Fairmount Park; Hank Biose Pond

Dates: Event usually held in June.

Time: Various

Cost: No fee. Pre-registration is required no later than one week before the event.

Wheelchair Accessibility: Yes

FITNESS

SASi Adaptive Fitness Program

Erie County

info@movingmiracles.org

954 Union Road Suite 1, West Seneca, NY 14224

Phone: (716) 656-1321 www.movingmiracles.org

Age: 16+

The program curriculum targets resistance, endurance and cardio training resulting in distinct physical, cognitive, social and developmental benefits. We provide supervised, personalized exercise programs for teens and adults with special needs that are designed to be fun and effective, in a supportive environment.

Dates: Tuesday or Thursday evenings

Cost: \$30 registration/\$60 monthly group session fee

Wheelchair Accessibility: Yes

GOLF

The First Tee of WNY

Erie County

Andrew Bennett

tftwny.info@gmail.com

(Mail only) P.O. Box 482, Buffalo, NY 14207

Phone: (716) 250-3355

www.thefirstteewesternny.org

Age: 5 - 18

A comprehensive youth development program that offers learning opportunities to WNY youths. Programs are conducted in partnership with local golf facilities, elementary & middle schools and organizations serving youth.

Dates: Various

Time: Various

Cost: Various

Wheelchair Accessibility: Yes

GYM

Rolly Pollie SN@P Fit Gym, Special Needs Play (Northtowns)

Erie County

9630 Transit Road, East Amherst, NY 14051

Phone: (716) 689-6151

www.rpwny.com/special-needs-play

Age: 12 and under

SN@P FIT Gym, stands for Special Needs @ Play, an open play time dedicated to children with special needs and their families.

Dates: Monday, Thursday and Friday

Time: 4 - 5 pm

Cost: \$10 per child/\$15 per family

Rolly Pollie SN@P Fit Gym, Special Needs Play (Southtowns)

Erie County

4058 North Buffalo Road, Orchard Park, NY 14127

Phone: (716) 662-7424

www.rpwny.com/special-needs-play

Age: 12 and under

SN@P FIT Gym, stands for Special Needs @ Play, an open play time dedicated to children with special needs and their families.

Dates: Monday, Thursday and Friday

Time: 4 - 5 pm

Cost: \$10 per child/\$15 per family

Sensory Sundays @ Sky Zone

Erie County

425 Cayuga Road, Cheektowaga, NY

Phone: (716) 206-3300 Fax:

www.skyzone.com/buffalo

Join us for Sensory Sundays at Sky Zone where families with sensory challenges can jump and have fun together in a relaxed and supportive environment.

Dates: Sundays

Time: 9 am - 11 am

Cost: \$10 per jumper/\$25 per family (up to 4)

We Rock the Spectrum Northtowns

Erie County

info@werockthespectrumbuffalonorthtowns.com

5427 Transit Road, Williamsville, NY 14221

Phone: (716) 428-3434

www.werockthespectrumbuffalonorthtowns.com

Age: Infant and up

Our goal is to provide this sensory-based resource to our community; a place where all children can come together to improve their skills – communication, cognitive, social, emotional, behavioral, fine and gross motor.

Dates: All week

Time: 10 am - 1 pm, 3 pm - 6 pm

Cost: \$12 per child/siblings \$10 or all day pass for \$20

We Rock the Spectrum Southtowns

Erie County

info@werockthespectrumbuffalosouthtowns.com

6950 Erie Road, Derby, NY

Phone: (716) 562-7274

www.werockthespectrumbuffalosouthtowns.com

Age: Infant and up

Our goal is to provide this sensory-based resource to our community; a place where all children can come together to improve their skills – communication, cognitive, social, emotional, behavioral, fine and gross motor.

Dates: All week

Time: 10 am - 1 pm, 3 pm - 6 pm

Cost: \$12 per child/siblings \$10 or all day pass for \$20

HORSEBACK RIDING

Centaur Stride Therapeutic Horseback Riding & Experiential Learning Center

Chautauqua County

Claudia Monroe

claudiamonroe@centaurstride.org

8488 Jones Road, Sherman, NY 14781

Phone: (716) 326-4318

www.centaurstride.org

Horseback riding to accommodate various disabilities, while focusing on safety, integration and challenge. Experiential learning to focus on social skills and group dynamics in a natural environment.

Dates: Various

Time: Scheduling by apt. only

Cost: \$30/lesson or package deal of 6/\$120 but must be used within 6 weeks

Programs are open to all in an integrated setting (some restrictions apply).

Wheelchair Accessibility: Yes

Buffalo Therapeutic Riding Center, Inc. (BTRC)

Erie County

Susan Schoellkopf

becandbtrc@aol.com

950 Amherst Street, Buffalo, NY 14216

Phone: (716) 877-9295 **Fax:**

www.thebtrc.com

Age: 6-18 years cannot exceed 150 pounds

The only indoor riding facility in the City of Buffalo, this program offers classes for mentally and emotionally impaired, learning disabled and developmentally challenged children.

Dates: Monday afternoons 2:30 pm to 7 pm, May through November

Cost: Scholarships are available

Wheelchair Accessibility: Yes

High Hurdles Therapeutic Riding

Erie County

Megan Stapley

hhurdles@sasinc.org

13339 Route 39, Sardinia, NY 14134

Phone: (716) 496-5551

Fax: (716) 496-4010

www.sasinc.org/High-Hurdles

Age: 3+

Therapeutic riding and horsemanship for individuals who are physically, cognitively and emotionally challenged. Also, hands on field trips are available.

Dates: Session March through November; Private lessons year round

Time: Monday-Saturday; morning-evening; closed Sundays

Cost: \$360 for a 12 week session, or ride the entire season (March - November for \$1,080 which will be prorated if there is a late start to the season). Private lessons are \$40 per hour.

Wheelchair Accessibility: Yes

Lothlorien Therapeutic Riding Center

Erie County

Katie Macre

program.ltrc@gmail.com

15 Reiter Road, East Aurora, NY 14052

Phone: (716) 655-1335

www.lothlorientrc.org

Age: 3+

Adaptive horseback riding for adults and children with special needs.

Dates: March through November riding sessions

Time: Various

Cost: \$145/4 wk or \$205/6 wk session. Tuition assistance and family discounts available. Also offering Equivision and Veterans programs.

Must have the ability to ride

Wheelchair Accessibility: Yes

Equi-Star Inc.**Niagara County**

Peggy Sue Shiesley

pshiesley@gmail.org

2199 Fuller Road, Burt, NY 14208

Phone: (716) 602-6185

www.equistartheranch.org

Age: No age limit

We provide therapeutic riding lessons for children and adults with varying conditions, such as Cerebral Palsy, Developmental Delays, Autism Spectrum Disorders, Trisomy 21, Anxiety, and much more. (Always looking for volunteers)

Dates: Various**Time:** Daily & evening 6 days a week, lessons are 45 minutes**Cost:** \$150 per 6 week session**Wheelchair Accessibility:** Yes**ICE SPORTS****Adult Fit and Fun Skating****Erie County**

Carrie Drabik

cdrabik@sabahinc.org

2607 Niagara Street, Buffalo, NY 14207

Phone: (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH_inc

The adaptive program is for adults facing physical, mental, and emotional challenges. Adult Day Habilitation programs or group homes with 20-30 individuals per session.

Dates: From the middle of October through March**Time:** Various**Cost:** \$100 for the season per participant

Each group is assigned a specific day and time of the week to participate. This is on a weekly basis throughout the season.

Wheelchair Accessibility: Yes

Buffalo Sabres Sled Hockey

Erie County

Eric Sauers

llgordon7@hotmail.com

111 Caldwell Drive (mail address only), West Seneca, NY 14224

Phone: (716) 481-9861

www.buffalosabresledhockey.org

Age: 5 and up

Alternative style of hockey for those with disabilities is played on a sled with the same rules of ice hockey. Must be able to sit upright

Dates: September through March

Time: Saturdays and Sundays with travel for games and tournaments

Cost: based on family income/sliding fee scale

Wheelchair Accessibility: Yes

Buffalo Sabres Thunder Ice Hockey

Erie County

Mike Steffan

michaelsteffan@verizon.net

Phone: (716) 691-4530

www.wnyspecialhockey.com/index.html

Age: Dependent on skating ability and experience

Provides individuals with developmental disabilities the unique opportunity to play ice hockey. A coed, non-checking ice hockey team with individuals who love hockey and have some ice skating experience.

Dates: October - April **Time:** Various

Cost: \$100 fee

To play hockey for the Buffalo Sabres Thunder, a player should be comfortable skating on ice and be able to feel comfortable in the use of the protective hockey equipment. Previous skating experience is recommended.

Wheelchair Accessibility: Yes

Gliding Stars of WNY

Erie County

infogs@glidingstars.org

1307 Military Road, Buffalo, NY 14217

Phone: (716) 608-8345

Fax: (716) 608-8346

www.glidingstars.org/gliding-stars-of-western-new-york/

Adaptive Ice Skating Program that serves individuals with disabilities in WNY.

Nationwide including chapters in OH, PA, NY and FL.

Dates: September through April

Time: Various

A non-profit organization that provides adaptive ice skating programs to individuals of all ages with physical, mental, and/or emotional challenges.

Wheelchair Accessibility: Yes

SABAH School Day Adaptive Physical Education Recreational Winter Program

Erie County

Carrie Drabik cdrabik@sabahinc.org
2607 Niagara Street, Buffalo, NY 14207

Phone: (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH_inc

Each school is designated their own time slot each week to participate in adaptive sports programming.

Dates: Middle of October through March

Time: Various

Cost: Free (This is free for school day students, transportation to be provided by the district).

Free (This is a free School day for students, transportation must be provided by the district)

Wheelchair Accessibility: Yes

SABAH Summer Skate

Erie County

The Northtown Center at Amherst, 1615 Amherst Manor Drive, Williamsville, NY 14211

Phone: (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH_inc

During the summer ice session, skaters are provided with the necessary adaptive equipment and skating essentials for therapeutic skating during the summer months.

Dates: July and August

Cost: \$50

SABAH offers a summer ice skating program at the Northtown Center in Amherst for anyone challenged by a disability to work on skills throughout the off-season.

MISCELLANEOUS

Fantastic Friends of Western New York

Erie County

Debbie Cordone

fantasticfriendswny@gmail.com

Phone: (716) 863-7393

www.myfantasticfriends.org

www.facebook.com/fantastic-friends-of-western-new-york

Age: All ages

Fantastic Friends hosts a fun monthly events for our special needs members ages 10-teens and volunteer “buddies”. Members are always paired with a 1:1 buddy at each event, who help them interact with other Fantastic Friends and participate in the event’s activities. Events are always fun and creative, and provide a variety of social and learning experiences for our special needs members.

Dates: Varies by month

Time: Varies

Cost: Varies

Fantasy Island

Erie County

Suzanne Boutin-Irwin groups@fantasyislandny.com

2400 Grand Island, Grand Island, NY 14072

Phone: (716) 773-7591 Ext 3103

www.fantasyislandny.com

Group trip for 7 or more people. Companions cannot exceed the number of people with Special Needs. Meal Vouchers and catering available.

Dates: Open weekends starting May 13, please check website for daily operation times.

Time: Various

Cost: Groups of 7 or more \$12.99 per person with catering available. Please contact Suzanne for applicable forms.

For special needs groups only. Need proper ID from your agency.

Wheelchair Accessibility: Yes

MOVIES

Jamestown Sensory Friendly Films

Cattaraugus County

The Reg Lenna Center for the Arts, 116 East Third Street, Jamestown, NY

Phone: (716) 484-7070

Dates: Call for future dates

Cost: \$5

Wheelchair Accessibility: Yes

Buffalo Sensory Friendly Films

Erie County

AMC Maple Ridge 8, 4276 Maple Road, Suite C, Amherst, NY 14226

Phone: (716) 833-9545

Dates: 2nd and 4th Tuesday and Saturday of the month

Time: Tuesday at 7 pm; Saturday at 10 am

Cost: Saturday matinée \$7.29; Tuesday night \$9.49 child/\$12.49 adult

Wheelchair Accessibility: Yes

Sensory Friendly Films at FLIX

Erie County

FLIX Stadium 10, Lancaster, NY

Phone: (716) 668-1888 **Fax:**

The lights will be left on and the sound will be turned down. A raffle will be held at each screening.

Dates: First Saturday of each month

Cost: \$7.75

Wheelchair Accessibility: Yes

MUSEUMS

Darwin R. Barker Historical Museum

Chautauqua County

7 Day Street, Fredonia, NY 14063

Phone: (716) 672-2114

www.cclslib.org/fredonia/barker_historical_meuseum_main.htm

Age: all ages

The Barker Historical Museum is located in the heart of Fredonia, New York. The Museum includes an archive, two research libraries, and rotating exhibitions.

Dates: Tuesdays 4-8 pm, Saturdays 1-5 pm

Dunkirk Historical Museum

Chautauqua County

contact@dunkirkhistoricalmuseum.org

513 Washington Avenue, Dunkirk, NY 14048

Phone: (716) 366-3797

www.dunkirkhistoricalmuseum.org

The museum provides arts programs to its diverse cultural and ethnic community, these programs including artistic expressions focusing on storytelling, quilting, painting, photography, puppetry, pottery, dancing and music, all of these seeking to improve the community's quality of life.

Dates: April-August Monday, Wednesday, Friday; September-March -

Monday and Friday

Time: 1 pm - 4 pm

Buffalo & Erie County Naval & Military Park

Erie County

One Naval Park Cove, Buffalo, NY 14202

Phone: (716) 847-1773

www.buffalonaivalpark.org

The Buffalo Naval Park is a top family destination in Western New York, located on the waterfront in downtown Buffalo. The military park is the largest inland naval park in the United States. Explore the grounds, board the historic ships and enjoy historic exhibits and displays commemorating the sacrifice and history of our Armed Forces.

Dates: March 25 through End of October

Time: 10 am - 5 pm

Cost: Adult \$8.00, Child \$4.00, Senior \$6.00

Buffalo Fire Historical Society

Erie County

1850 William Street, Buffalo, NY 14206

Phone: (716) 892-8400

www.bfhsmuseum.com

The mission of the museum is to collect, preserve, exhibit and provide access to information and artifacts relating to firefighting in Buffalo, New York, the Buffalo Fire Department, fire safety and prevention and to teach the public about these goals.

Dates: Saturdays

Time: 10 am - 4 pm

Cost: free

Wheelchair Accessibility: Yes

Buffalo History Museum

Erie County

1 Museum Court, Buffalo, NY 14216

Phone: (716) 873-9644

www.buffalohistory.org

Major collections on the Holland Land Company, U.S. President Millard Fillmore, Seneca Indians, Buffalo Bills, the Pan-American Exposition, the Larkin Company, our vintage menu collection drive (seeking original menus from locally owned restaurants), the world's largest Buffalo Bills football memorabilia collection and much more. TBHM's collections tell the story of how Western New York has been a force in the development – human and material - of the United States and the world.

Dates: Tuesday-Sunday

Time: Tuesday, Thursday-Saturday 10 am - 5 pm, Wednesday 10 am - 8 pm, Sunday 12:00-5:00 pm

Cost: Members and children under 7 are free, adults \$7, seniors 60+ \$5.00, students 13-21 \$5.00 and children 7-12 \$2.50, veterans free

Wheelchair Accessibility: Yes

Buffalo Museum of Science

Erie County

1020 Humboldt Parkway, Buffalo, NY 14211

Phone: (716) 896-5200

www.sciencebuff.org

Since 2010, the BMS has been on an aggressive path to renovate all of the museum's permanent exhibit experiences, transforming its former diorama-based exhibits into eight highly interactive and immersive science studio exhibit spaces. These studios and accompanying workshop spaces leverage collections pieces as a foundation of history and information, and then combine them with immersive exhibits and environments to create modern exhibition spaces. The museum has also added the Explorations early childhood gallery to its permanent offerings, as well as the National Geographic 3D Cinema presented by M&T Bank.

Dates: all year round

Time: 10am - 4 pm

Cost: Adults \$11, Seniors 62+ \$9, Students & Military with ID \$9, Children 2-17 \$8, Children under 2 free

Wheelchair Accessibility: Yes

Buffalo Niagara Heritage Village

Erie County

info@bnhv.org

3755 Tonawanda Creek Road, Amherst, NY 14228

Phone: (716) 689-1440

www.bnhv.org

Our mission is to preserve and interpret the story of Buffalo Niagara for the people of today and the community of tomorrow.

Dates: Wednesday through Saturday, May through October

Time: Wednesday and Friday 9:30 am - 4:30 pm, Thursday 9:30 am - 8 pm, Saturday 12 pm - 4 pm

Cost: \$8 adults, \$6 children, military and seniors

Museum of disABILITY History

Erie County

3826 Main Street, Buffalo, NY 14226

Phone: (716) 629-3626

www.museumofdisability.org

The Museum of disABILITY History is dedicated to advancing the understanding, acceptance and independence of people with disabilities. The Museum's exhibits, collections, archives and educational programs create awareness and a platform for dialogue and discovery.

Dates: Tuesday-Saturday

Time: Tuesday-Friday 10 am - 4 pm, Saturday 10 am - 2 pm

Cost: \$6 adults, \$3.50 students, seniors & human service employees, \$3.00 children 6-17, 5 and under free

Genesee Country Village & Museum

Genesee County

1410 Flint Hill Road, Mumford, NY 14511

Phone: (585) 538-6822

www.gcv.org

The mission of Genesee Country Village & Museum is to inspire excitement and curiosity about the past and an appreciation for its relevance today.

Visitors experience how life in small towns has changed over time through engaging and enjoyable encounters with the stories, objects, buildings and environments of Western New York.

Dates: Season opens on May 13, 2017 and closes October 9, 2017

Time: 10 am - 4 pm

Cost: Discounts for individuals with disabilities - Adult \$12, Senior \$10, Youth \$8 and aides are free.

Jell-O Gallery Museum

Genesee County

23 E. Main Street, LeRoy, NY 14482

Phone: (585) 768-7433

www.visitygeneseeny.com/destinations/jell-o-gallery-museum

Follow the JELL-O brick road, past the Victorian garden, to the JELL-O Gallery and see where it all began! JELL-O was invented here in Genesee County in 1897 and this museum is dedicated to all things JELL-O, including the history and marketing of "America's Most Famous Dessert." Marvel over the ads, TV commercials, molds, paintings and displays filled with fun facts!

Dates: January 1 - March 31 Weekdays, April 1 - December 31 - 7 days per week

Time: Winter, 10 am - 4 pm; Spring-Fall, Mon-Sat 10 am - 4 pm, Sunday 1 - 4 pm

Herschell Carrousel Factory Museum

Niagara County

info@carrouselmuseum.org

180 Thompson Street, North Tonawanda, NY 14120

Phone: (716) 693-1885

www.carrouselmuseum.org

A premier national historic site and community resource for all ages family recreation and learning that fosters an appreciation for the unique heritage of the carousel and related industries in the Niagara Region.

Dates: April - December

Time: Spring open Wednesday through Sunday, 12 pm to 4 pm; summer Monday through Saturday 10 am to 4 pm, Sundays 12 pm to 4 pm, Fall Wednesday through Sunday 12 pm to 4 pm.

Cost: Adult \$7, Seniors \$5, Children \$3.50 and under 2 are free

Medina Railroad Museum

Niagara County

medinarailroad@gmail.com

530 West Avenue, Medina, NY 14103

Phone: (866) 468-7630

www.medinarailroad.com

Age: all ages

Your Train Ticket also allows entry into our huge Train Museum. Our museum is filled with railroad artifacts. It has one of the biggest model-train layouts in the country and features fun train excursions all year round.

Dates: Tuesday through Sundays **Time:** 11 am - 5 pm

Cost: Adults \$8, Seniors \$7, Children under 18 \$6, Under 2 are free

Oak Orchard Lighthouse Museum

Niagara County

info@oakorchardlighthouse.org

14357 Ontario Street, Kent, NY 14477

Phone: (585) 230-7829

www.akor Orchardlighthouse.org

Age: all ages

Thousands have visited the Oak Orchard Lighthouse at Point Breeze, Oak Orchard Harbor on Lake Ontario since the historic reconstruction was completed in 2010. The lighthouse is one of the jewels in the Great Lakes Seaway Trail - the guest log has been signed by visitors from all around the world, including New Zealand, Turkey, Germany, Alaska, Ireland, Canada, and all states in the union.

Dates: Summer

Time: Call for a schedule

Cost: Donations accepted

MUSIC, DANCE & DRAMA

Buffalo Niagara Music Therapy Services

Erie County

Elyse Kochmanski

ekochmanski@bnmusictherapy.com

2211 Sheridan Drive, Suite 204, Tonawanda, NY 14223

Phone: (716) 243-2776

www.bnmusictherapy.com

Age: All ages

Provides individual or group therapy and adaptive music lessons. They provide services in home and at their clinic location in Tonawanda

Dates: By appointment - home/facility visits can be arranged.

Time: Various

Cost: Varies

Danceability, Inc.

Erie County

Robin Bishop or Christine Dwyer

danceabilitywny@gmail.com

Tops/George Urban Plaza, 3859 Union Road Suite 600, Cheektowaga, NY

Phone: (716) 651- 0094

www.danceabilityinc.com

www.facebook.com/DanceabilityInc

Age: 3+

Danceability is an individualized dance, fitness and movement program serving the special needs community. Our studio is led by qualified staff and dedicated volunteers who create a nurturing environment that empowers our students to flourish and grow while promoting a healthy lifestyle.

Dates: vary per program choice

Time: Times vary per program

Cost: varies - call for updated pricing by program

Willingness to move with music to promote physical, social, and emotional wellness.

Wheelchair Accessibility: Yes

Drum 4 Health

Erie County

Carolyn Zimmerman

carolyn@drum4health.net

Kenmore, NY 14217

Phone: (716) 491-0031

www.drum4health.net

Age: Kids of all ages, 2 - 102+

Recreational music making/drum circles via a variety of drums and percussion instruments.

Dates: By appointment

Time: Various

Cost: Varies

Wheelchair Accessibility: Yes

Elaine Urban

Erie County

Elaine Urban

142 East Street, Buffalo, NY 14207

Phone: (716) 877-9531 Fax:

Age: All ages

Music therapy, piano/keyboard instruction

Dates: Various

Time: Various

Wheelchair Accessibility: Yes

Moving Miracles Dance Program (Division of Sasi)

Erie County

Sheila Dollas

info@movingmiracles.org

954 Union Road Suite 1, West Seneca, NY 14224

Phone: (716) 656-1321

www.movingmiracles.org

Age: 3+

A dance and movement program for children, adolescents and adults with special needs, serving the Buffalo and Western New York community. We offer classes in creative movement, ballet, tap, jazz and adult aerobics. Our dance season is nine months.

Dates: Various **Time:** Various **Cost:** Varies with programs.

There are annual registration & costume/performance fees. Some insurance providers are paying a % of tuition.

Wheelchair Accessibility: Yes

Music/Drama/Entertainment

Erie County

Bob Insana

robertinsana@msn.com

410 Grover Cleveland Highway, Amherst, NY 14226

Phone: (716) 832-8651 or (716) 628-6691

Age: All ages

Guitarist, singer for any occasion or age. Drama workshop for all ages.

Dates: Various **Time:** Various **Cost:** Varies

Wheelchair Accessibility: Yes

NATURE PRESERVES

Pfeiffer Nature Center - Lillibridge Property

Cattaraugus County

naturalist@pfeiffernaturecenter.org

1974 Lillibridge Road, Portville, NY 14770

Phone: (716) 933-0187

www.pfeiffernaturecenter.org

Age: all ages

188 acres and 6 miles of hiking trails. One of our trails on this property is handicapped-accessible. It is home to a national & state registered historic cabin and is one of the largest privately held and easily accessible tracts of old-growth forest in our region. It boasts a beautiful NY State champion Tupteo tree, aged at over 500 years old!

Dates: year round

Time: dusk til dawn

Cost: free, donations welcomed

Pfeiffer Nature Center Eshelman Property

Cattaraugus County

naturalist@pfeiffernaturecenter.org

1420 Yubadam Road, Portville, NY 14770

Phone: (716) 933-0187

www.pfeiffernaturecenter.org

460 acres and has 3+ miles of trails through wetlands and secondary growth forest. Historically a small farm, this property has a variety of habitat, successional forest, wetlands, and mixed areas. Birders especially enjoy this property during migration events.

Dates: January through September

Time: dusk til dawn

Cost: free, donations welcomed

Roger Tory Peterson Institute of Natural History

Cattaraugus County

info@rtpi.org

311 Curtis Street, Jamestown, NY 14701

Phone: (716) 665-2473

www.rtpi.org

Dates: Year round closed on Mondays and holidays

Time: Tuesday-Saturday 10 am to 5 pm, Sunday 1 pm - 5 pm

Cost: Adults \$12, Seniors/Military \$10, Children & Students \$8, Family \$30

In 1984, the Roger Tory Peterson Institute of Natural History was founded in Peterson's hometown of Jamestown, New York, as an educational institution charged with preserving Peterson's lifetime body of work and making it available to the world for education.

Audubon Community Nature Center

Chautauqua County

info@auduboncnc.org

1600 Riverside Road, Jamestown, NY 14701

Phone: (716) 569-2345

Fax: (716) 569-2765

www.auduboncnc.org

A 600-acre wetland preserve that includes over five miles of trails, a native tree arboretum, picnic areas, a natural play space, and educational gardens for you to explore daily from dawn until dusk. You can visit Liberty, a non-releasable Bald Eagle, in her enclosure near the building. Public programs, animal ambassadors, and docents may also be available..

Dates: March-October 7 Days per week; November-February Saturday - Sunday

Time: Weekdays and Saturdays 10 am - 4:30 pm, Sundays 1 pm - 4:30 pm

Cost: varies

Botanical Gardens

Erie County

info@buffalogardens.com

2655 South Park Avenue, Buffalo, NY 14218

Phone: (716) 827-1584

www.buffalogardens.com

The historic Buffalo Botanical Gardens is a premier cultural destination that engages visitors through a distinct and unique plant collection.

Dates: Closed on holidays **Time:** 10 am - 5 pm

Cost: \$11 Adults, \$10 Seniors, \$9 students 13+, \$6 Kids 3-12, Kids 2 & under free

Wheelchair Accessibility: Yes

Losson Trails

Erie County

Ellen Fischer

Stiglmeier Park, Cheektowaga, NY 14211

Phone: (716) 897-7207

Fax: (716) 656-2280

www.tocny.org

Stiglmeier Park is a 308 acre recreation facility in the Southeastern quarter of the town of Cheektowaga which hosts 15 nature trails, each with varying distances. There is a wooden boardwalk that is wheelchair accessible. Open to the public.

Dates & Times: Various

Cost: free

Wheelchair Accessibility: Yes

Penn Dixie Paleontological and Outdoor Education Center

Erie County

Sarah Einhouse

sepenndixie@gmail.com

4050 North Street, Blasdell, NY 14219

Phone: (716) 627-4560

www.penndixie.org

This classic geologic 54-acre site has been ranked the No.1 Fossil Park in the United States and provides opportunities to collect and keep all the fossils you find. Observe planets, the moon, and constellations in the Penn Dixie Skies, observe over 143 identified nesting and migratory birds, explore and study wetlands, and have a hands-on experience learning about the natural sciences. There are over 4,100 feet of paved trails for wheel chairs, walkers, strollers, and wagons for visitors

Public days available on the website www.penndixie.org or by calling (716) 627-4560. Appointments may be scheduled at other times.

Wheelchair Accessibility: Yes

Tifft Nature Preserve

Erie County

tifftreservations@sciencebuff.org

1200 Fuhrmann Boulevard, Buffalo, NY 14203

Phone: (716)386-2419

www.sciencebuff.org

Tifft Nature Preserve is a 264-acre nature refuge dedicated to conservation and environmental education. Guided walks, groups, and workshops.

Dates: Trails open daily from dawn until dusk

Time: Visitor Center Wednesday-Saturday 1 am - 4 pm, Sunday 12 - 4 pm

Cost: No fee - donations appreciated.

Wheelchair Accessibility: Yes

Institute for Environmental Learning

Orleans County

Paul Schnell

12398 Platten Road, Lyndonville, NY 14094

Phone: (716) 765-2084

www.nfwhc.org/iel.htm

The public may visit our facility where selected predators--common and rare--can be observed and photographed up close. Situated on a 14-acre farm, the 19th century embankment barn has been converted into a large classroom for environmental education.

Iroquois National Wildlife Refuge

Orleans County

iroquois@fws.gov

1101 Casey Road, Basom, NY 14103

Phone: (585) 948-5445

www.fws.gov/refuge/iroquois

Iroquois National Wildlife Refuge, located in the rural towns of Alabama and Shelby mid-way between Rochester and Buffalo, NY has been described as one of the best kept secrets of Western New York. Teeming with wildlife and wild lands the refuge offers opportunities for the public to experience nature in all seasons.

Dates: Between March 1 - October 1 the majority of the refuge is designated a wildlife sanctuary with restricted access.

Time: Monday-Friday 7:30 am - 4 pm, year round; Spring & Fall weekends 9 am - 5 pm

Cost: free

To plan for your trip you should contact the refuge headquarters to gather pertinent information on the refuge and surrounding area.

Beaver Meadows**Wyoming County**

1610 Welch Road, North Java, NY 14113

Phone: (585) 457-3228

Buffalo Audubon Society & Beaver Meadow Audubon Center**Wyoming County**

info@buffaloaudubon.org

1610 Welch Road, North Java, NY 14113

Phone: (585) 457-3228

www.buffaloaudubon.org

Beaver Meadow is a 324-acre nature preserve in North Java, NY. The preserve features its namesake beaver meadow with its associated ponds, glacial kettle ponds, wetlands with a boardwalk trail, wooded uplands, meadows, a hawk watch, an arboretum, and eight miles of marked and groomed trails.

Dates: Closed Mondays and Major Holidays

Time: Tuesday-Saturday 9 am - 5 pm; Sunday 1 pm - 5 pm

Wheelchair Accessibility: Yes

Bergen Swamp Preservation Society

bergenswamp@gmail.com

Phone: (585) 548-7304

www.bergenswamp.org

Age: all ages

Bergen Swamp properties are special places where you will find unique associations of plants and animals. Bergen Swamp and Zurich Bog are listed on the National Registry of National Natural Landmarks. All Bergen Swamp properties are owned by the Bergen Swamp Preservation Society. They are open to the public by permission of the society. The chief goals of the Society are the protection and management of these unique communities, the education of the public about these areas and scientific research.

Dates: By appointment

Cost: Free

NEW YORK STATE PARKS

NY Park Access Pass

ALL Counties

Access Park Pass, State Parks, Albany, NY 12238

Phone: (518) 474-2324

www.parks.ny.gov/admission/access-pass/

Pass for free admission to NYS Parks, historical sites, arboretums and recreational areas for individuals, groups and seniors. Applications are available at any NYS park facility. To qualify for an Individual Access Pass, an applicant must be a resident of New York State, must provide proof of disability, in the form of certification from the appropriate agency or by a physician, as described on the application and must provide a recent photo that will be affixed to the Access Pass.

Allegany State Park

Cattaraugus County

2373 ASP, Route 1 - Ste 3, Salamanca, NY 14779

Phone: (716) 354-9121

Lake Erie State Park

Chautauqua County

5905 Lake Road, Brocton, NY 14716

Phone: (716) 792-9214

Letchworth State Park

Wyoming County

1 Letchworth State Park, Castile, NY 14427

Phone: (585) 493-3600

WNY Parks with Wheelchair Accessible Cabins

Phone: 1-800-456-2267

www.nysparks.com

Allegany State Park

2373 ASP, Route 1, Suite 3,

Salamanca, NY 14779

Phone: (716) 354-9121

Lake Erie State Park
5905 Lake Road
Brockton, NY 14716
Phone: (716) 792-9214

Letchworth State Park
1 Letchworth State Park
Castile, NY 14427
Phone: (585) 493-3600

OPEN PLAY

Sweet Charlotte's Erie County

10255 Main Street, Suite 9, Clarence, NY
Phone: (716) 320-5848
www.sweetcharlottes.org

Age: children under 10

Enjoy yourselves in a relaxed, clean, and safe environment where ALL children are welcome and encouraged to explore our space using their own imagination and creativity to play in a way that makes them happy. Crafts are also available for busy little hands.

Dates: Monday through Wednesday, Friday and Saturday

Time: MTWF 9 am -3 pm, Saturday 9 am - 12 pm

Cost: \$10 for first child. \$8 for each additional child

PET THERAPY

Therapy Dogs International

Erie County

Sharey Edholm shareyedholm@yahoo.com

Phone: (716) 465-2467

www.tdi-dog.org

<http://www.facebook.com/TherapyDogsInternational>

Animal assisted therapy, visitation to sites

RECREATION DEPARTMENTS

Cattaraugus County Youth Recreation

Cattaraugus County

200 Erie Street, Little Valley, NY 14755

Phone: (716) 938-9111

www.nyconnects.ny.gov/services/cattaraugus-co-youth-bureau-sofa6784

Age: 0-21 years

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Olean Recreation Department

Cattaraugus County

John Anastasia janastasia@cityofolean.org

101 East State Street, Olean, NY 14760

Phone: (716) 376-5698

www.cityofolean.org/youth/index.html

Various sports and events.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Dunkirk Youth Bureau and Recreation Commission

Chautauqua County

Ryan Hall

rhall@cityofdunkirk.com

338 Central Avenue, Dunkirk, NY 14048

Phone: (716) 366-9886

www.dunkirktoday.com/city-offices/youth-and-rec/recreation-department

Age: youth

Dates, Time and Cost: Various

The Dunkirk Recreation Department offers a variety of leagues and activities for all ages to enjoy.

Amherst Youth & Recreation Department

Erie County

1615 Amherst Manor Drive, Williamsville, NY 14221

Phone: (716) 631-7132

www.amherstyouthandrec.org

Program activities are held at various Recreation and Community Center locations throughout the town. Amherst is home to over 20 outdoor park/playground locations which encompass both active and passive recreation. Park amenities include playgrounds, shelters, bike paths, tennis courts, sports fields and picnic areas. Picnic shelters and select facilities are available for rental by large groups. Two beautiful pools along with a splash park are available for resident use during the summer months.

Aurora Dept. of Parks & Recreation

Erie County

Chris Musshafen

recreation@townofaurora.com

300 Glead Avenue, East Aurora, NY 14052

Phone: (716) 652-8866

www.aurorany.myrec.com/info/default.aspx

Recreation programs for the Town of East Aurora.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Cheektowaga Youth & Recreation and Adapted Recreation

Erie County

275 Alexander Avenue, Cheektowaga, NY 14211

Phone: (716) 897-7218 (Recreation Center Arena, (716) 656-2289 Dartwood Community Center, (716) 897-7205 Adapted Recreation Office, (716) 656-2294 Softball Office

www.tocny.org/Departments/YouthRecreationalServices.aspx

Age: 5-21

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Grand Island Parks & Recreation

Erie County

recreation@grand-island.ny.us

3278 Whitehaven Road, Grand Island, NY 14072

Phone: (716) 773-9680

www.grandislandny.us/departments/recreation_dept.php

Age: all ages

Swimming, volleyball, basketball, holiday events and more

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Hamburg Recreation Department

Erie County

4540 Southwestern Blvd., Hamburg, NY 14075

Phone: (716) 646-5154

www.hamburg-youth-rec-seniors.com

Age: all ages

Adaptive, Youth and Adult Recreation available.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Lackawanna Recreation & Parks Department

Erie County

230 Martin Road, Lackawanna, NY 14218

Phone: (716) 827-6455

www.lackawannany.gov/departments/recreation/

Age: all ages

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Orchard Park Recreation Department

Erie County

oprec@orchardparkny.org

200 North Lake Drive, Orchard Park, NY 14127

Phone: (716) 662-6450

www.oprec.org

Age: all ages

Various sports and events available.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Tonawanda Youth, Parks & Recreation Dept.

Erie County

Jeff Ehlers

299 Decatur Avenue, Tonawanda, NY 14223

Phone: (716) 831-1001

tonawanda.ny.us/index.php/departments/youth-parks-recreation

Age: youth

We will establish a network of youth development and family enrichment programs and services that enable youth to acquire assets to become productive, functional and fully integrated members of the community.

Dates, Time and Cost: Various

The Town of Tonawanda Department of Youth, Parks and Recreation will be responsible for providing quality facilities, grounds, programs and leisure and family enrichment services to all residents of the Town of Tonawanda and Village of Kenmore.

Town of Alden Recreation

Erie County

Daniel Moultrup

dmoultrup1@verizon.net

Phone: (716) 937-7393

www2.erie.gov/alden/index.php?q=recreation

Age: all ages

Year round sports activities and community events.

Dates, Time and Cost: Various

The Alden Recreation Department provides a year round recreation program for youth, adults and Sr. citizens using Alden Town Parks, Alden Community / Sr. Center, Town Hall and Alden Central School facilities.

Town of Clarence Recreation Department

Erie County

Clifford Trapper

ctrapper@clarence.ny.us

10510 Main Street, Clarence, NY 14031

Phone: (716) 407-2162

www2.erie.gov/clarence/index.php?q=recreation-department

Age: all ages

Year round sports activities and community events.

Dates, Time and Cost: Various

The Recreation Department provides a wide variety of opportunities for indoor and outdoor activities.

West Seneca Recreation Department

Erie County

recdept1@twсны.org

900 Mill Road #211, West Seneca, NY 14224

Phone: (716) 674-6086

www.westseneca.net/index.php?q=youth_recreation

Age: youth

Softball, swimming, camps, basketball, and many other sports and holiday activities

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Genesee County Youth Bureau

Genesee County

Jocelyn Sikorski

2 Bank Street, Batavia, NY 14020

Phone: (585) 344-3960

www.batavianewyork.com/youth-bureau

Age: youth

Programs and activities are provided in the area of Youth Empowerment, Cultural Enrichment, Recreation, and Education. The Youth Bureau operates a Youth Center, Open Gym Program, Summer Recreation Program, Homework Assistance, Youth Advocacy, Community Service and more.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

North Tonawanda Department of Youth, Recreation and Parks

Niagara County

110 Goundry Street, North Tonawanda, NY 14120

Phone: (716) 695-8582

www.ntparksrec.com/info/facilities/details.aspx?FacilityID=14706

Age: youth

Year round sports activities and community events.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Town of Cambria Recreation Department

Niagara County

townclerk@townofcambria.com

4160 Upper Mountain Road, Sanborn, NY 14132

Phone: (716) 433-7664

www.townofcambria.com/recreation.asp

Age: all ages

The Town of Cambria offers Summer Day Recreation and Baseball Programs for the youth of our community ages 5 years through 16 years old.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Town of Lewiston Recreation Department

Niagara County

Michael Dashineau

lewportsports@yahoo.com

1375 Ridge Road, Lewiston, NY 14092

Phone: (716) 754-8213 ext 237, 254

www.leaguelineup.com/welcome.asp?url=lewistonandporterya

Age: youth

Year round sports activities and community events.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Town of Niagara Recreation

Niagara County

Johnathan Haseley

7000 Lockport Road, Niagara Falls, NY 14305

Phone: (716) 297-5243 Ext 1

www.townofniagararecreation.com/index.html

Age: all ages

Year round sports activities and community events.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Town of Pendleton**Niagara County**

Steve Lorenzo

6570 Campbell Blvd, Lockport, NY 14094

Phone: (716) 625-8833 ext 110

www.pendletonny.us/recreation/

Age: all ages

Year round sports activities and community events.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Town of Porter Recreation**Niagara County**

3265 Creek Road, Youngstown, NY

Phone: (716) 745-3730

www.townofporter.net/departments-faq/recreation/

Age: youth

Year round sports activities and community events.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Town of Wheatfield Recreation Department**Niagara County**

Mike Ranalli

miker@wheatfield.ny.us

6812 Nash Road, Wheatfield, NY 14120

Phone: (716) 731-3942

www.wheatfield.ny.us/159/Recreation

Age: all ages

Year round sports activities and community events.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Wyoming County Youth Bureau**Wyoming County**

8 Perry Avenue, Warsaw, NY 14569

Phone: (585) 786-8850

www.wyomingco.net/youthbureau/main.html

Age: youth

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

RECREATION PROGRAMS

YMCA of Jamestown

Cattaraugus County

101 East Fourth Street, Jamestown, NY 14701

Phone: (716) 664-2802 **Fax:** (716) 488-7680

www.jamestownymca.org

We have a variety of programs for children to seniors.

Dates, Time and Cost: Various

Please call for more information

YWCA of Jamestown

Cattaraugus County

401 North Main Street, Jamestown, NY 14701

Phone: (716) 488-2237

www.jamestownymca.org

We have a variety of programs for children to seniors.

Dates, Time and Cost: Various

Programs for men and women of all ages.

YWCA of Westfield

Cattaraugus County

ywadmin@ywcawestfield.org

58 South Portage Street, Westfield, NY 14787

Phone: (716) 326-2011

Fax: (716) 326-2012

www.ywcawestfield.org

Membership organization, main mission to empower women & eliminate racism.

Dates, Time and Cost: Various

Programs for men and women of all ages.

Allentown Industries Adult Recreation

Erie County

Katie McMahan

kmcmahan@heritagecenters.org

101 Oak Street, Buffalo, NY 14203

Phone: (716) 856-4202 ext. 1271

Age: 18+

Recreational activities include, sporting events, dancing, movie night, parties, etc.

Dates, Time and Cost: Various

Developmentally disabled adults 18+ years.

Boys & Girls Clubs of Buffalo

Erie County

jbriggs@bgcbuffalo.org

282 Babcock Street, Buffalo, NY 14210

Phone: (716) 825-1016

Age: youth

Boys & Girls Clubs of Buffalo provides diversified activities that meet the interest of all youth in 5 Core Areas: Character & Leadership Development, Education & Career Development, Health & Life Skills, Sports, Fitness & Recreation, and The Arts. Today, Boys & Girls Clubs of Buffalo serves over 4,500 youth between the ages of 6-18 regardless of race, religion, and culture.

Dates, Time and Cost: Various

Check website for more detailed information on programs available.

Challenged Athletes Participating in Sports (CAPS)

Erie County

Jeff Hocutt

jeff5388@yahoo.com

24 Honey Bee Lane, Amherst, NY 14228

Phone: (716) 691-6467

www.capswny.com

Age: All ages

We have been operating as Challenger Baseball since 1990, but have expanded to other sports.

Dates, Time and Cost: Various

Since 2006, we have been giving children and young adults with physical and mental developmental disabilities the chance to locally participate in sports and recreational activities.

Wheelchair Accessibility: Yes

Cultural Enrichment Programs

Erie County

Sharon Morrissey

smorrissey@heritagecenters.org

560 Fillmore Avenue, Tonawanda, NY 14150

Phone: (716) 833-8603 ext. 2299

www.heritagecenters.org

Age: 9-18

Tonawanda After School Program focuses on culturally based learning activities involvement.

Dates: Various

Time: Various

Cost: Child must be Medicaid waiver enrolled

Must have DD & live with natural family, be ambulatory & self toileting. No meds administered & no severe behaviors.

Wheelchair Accessibility: Yes

Find Your Niche (Youth with Asperger's Syndrome/Autism)

Erie County

Marc Collins

mcollins@townofhamburgny.com

4540 Southwestern Blvd., Hamburg, NY 14075

Phone: (716) 646-5145

www.hamburg-youth-rec-seniors.com

Age: 5-19

Sports covered may include: football, basketball, soccer, golf, general sports, and outdoor activities. This provides the participants with a general knowledge of various games and activities through a series of skills development stations.

Dates: Programs are seasonal

For youth with Asperger's syndrome and high functioning Autism.

Wheelchair Accessibility: Yes

Fun Night Out Recreation

Erie County

Stephanie Speaker

stephaniespeaker@gmail.com

1200 East & West Road, West Seneca, NY 14224

Phone: (716) 339-9602

Age: 18+

Activities and events in Western New York scheduled according to interests.

Dates, Time and Cost: Various

Headway of WNY, Inc./Recreational Outings

Erie County

Ginny Haynes

support@headwayofwny.org

976 Delaware Avenue, Buffalo, NY 14209

Phone: (716) 408-3100

Fax: (716) 993-1289

www.headwayofwny.org

Recreational outings for individuals with brain injury and their family/friends that can be prescheduled. Events include Art Park, annual picnics, dinner outings, sports events, zoo trips, fundraisers, etc. This is the time to meet with others, share information and socialize. Please contact for more information to set up an outing.

Dates, Time and Cost: Various

Open to survivors of brain injuries, family and friends

Wheelchair Accessibility: Yes

I-Learn

Erie County

April Kirby

akirby@ldaofwny.org

2555 Elmwood Avenue, Kenmore, NY 14217

Phone: (716) 874-7200 ext. 136

Fax: (716) 874-7205

www.ldaofwny.org

Age: 18+

Club Escape Adult Recreation Program provides social and recreational activities for neurologically impaired/learning disabled adults to enhance social and life skills development.

Dates & Times: Various Evening & weekends

Cost: Depends on event

Must be 18 yrs old with a NYS OPWDD eligibility criteria & documentation of DD &/or neurological impairment/LD.

Our Place

Erie County

Ashley Misko

Melissa's Coffee House, 5005 Sheridan Drive, Amherst, NY 14221

Phone: (716) 982-6292

www.amherstyouthfoundation.org/melissas-coffee-house.html

An inclusive recreation and service program that provides an opportunity for young adults with disabilities to socialize with peers, organize events and participate in volunteer activities within the community.

Dates, Time and Cost: Various

Young adults who are independent in the community.

Wheelchair Accessibility: Yes

SABAH Night and Weekend Programming

Erie County

2607 Niagara Street, Buffalo, NY 14207

Phone: (716) 326-9600

www.sabahinc.org

www.facebook.com/SABAH_inc

Provides instruction for hundreds of New Yorkers with physical, cognitive or emotional challenges, beginning in September & running through the spring with weekly ice-skating sessions. Adaptive skating equipment & volunteers help to bring a fun learning environment.

Dates: Various

Time: Various

Cost: \$195

Serves developmental & recreational needs of children, youth and adults with all types of disabilities.

Saturday, After School and Vacation Camp Services

Erie County

Carrie Dyet/Scott Lisinsky ext. 397
40 Hazelwood Drive, Amherst, NY 14228

Phone: (716) 631-5777

Fax: (716) 631-9234

www.friendsofasi.org

A community based respite program. Participants are divided into groups by age. Activities are designed to assist individuals to develop recreational competence, leisure interest and socialization skills while providing respite time for family members.

Dates, Time and Cost: Various

Diagnosis of ASD

Wheelchair Accessibility: Yes

Southeast Works Traditional Recreation Program

Erie County

Sarah Loeffler
181 Lincoln Street, Depew, NY 14043

sloeffler@se-works.org

Phone: (716) 683-7100 ext. 249

Fax: (716) 683-7086

www.southeast-works.org

www.facebook.com/southeastworks

Age: 18+

Choose which events you would like to participate in by selecting from bi-monthly calendar. There is a fee for each event and additional spending money may be needed. Events, concerts, sporting events, painting pottery, dinner and movie night, and more.

Dates & Time: Evenings & weekends

Cost: Varies, typically \$15-\$40

Must have a developmental disability

Wheelchair Accessibility: Yes

Suburban Adult Services Recreation

Erie County

Kim Schue

kschue@sasinc.org

960 West Maple Court, Elma, NY 14059

Phone: (716) 805-1555

Fax: (716) 805-1444

www.sasinc.org

Age: 18+

A recreation and service program that provides an opportunity for young and older adults with disabilities to socialize with peers. Some events include: bowling, sporting events, festivals, fairs, parks, etc.

Dates & Time: Various

Cost: Varies - cost of activity is expected at time of event.

Must be waiver enrolled, living at home w/family & able to handle money.

Wheelchair Accessibility: Yes

Summer Turf Program (SABAH)

Erie County

Carrie Drabik

cdrabik@sabahinc.org

2607 Niagara Street, Buffalo, NY 14207

Phone: (716) 362-9600

www.sabahinc.org

Age: All ages

We're not just skating anymore! During the summer we will be playing volleyball, disc golf, floor hockey, and soccer as well as other miscellaneous summer games.

Call for more information

Wheelchair Accessibility: Yes

Therapeutic Recreation Contact

Erie County

Gateway-Longview, Inc., 10 Symphony Circle, Buffalo, NY 14201

Phone: (716) 783-3100

www.gateway-longview.org/therapeutic-recreation/

Age: youth

Sports, Music and Drama, Arts and Crafts, Nature and Outdoors, Mental Linguistic

Date, Time & Cost: varies, please contact for more information

The purpose of Therapeutic Recreation is to explore, educate, develop and facilitate a youth's attitude, philosophy, skills, knowledge and practice of healthy leisure and recreation activities for both themselves and their families within their homes and communities.

YC Challenger Sports

Genesee County

209 East Main Street, Batavia, NY 14020

Phone: (585) 343-4203

www.geneseeYMCA.org

Age: 5 - 21 years

Recreational adaptive horseback riding for adults and children of all ages with developmental disabilities. Accredited by PATH International.

Dates: Various session, Year Round, call for session details **Time:** Sundays

Cost: \$25/session

Wheelchair Accessibility: Yes

WNY Challenger Sports League

Niagara County

challengersportswny@yahoo.com

Phone: (716) 696-2463 Fax:

www.wnychallengersports.com

Age: All Ages

Baseball, Bowling, Golf, Volleyball, Basketball, Soccer and Football

Date, Time & Cost: varies, please contact for more information

Each player has a physical or mental condition that limits their participation in other competitive sports programs. Games are structured to allow all players to be involved as they are able. Traditional rules are modified and the focus is always on having fun while learning the game. It's okay to not play. We try to be very flexible and there is never pressure for the players to participate. Volunteer Buddies are assigned to players needing assistance in any of the sports.

RESPIRE

Aspire Respite Programs

Erie County

info@aspirewny.org

2356 North Forest Road, Getzville, NY 14068

Phone: (716) 838-0047

www.aspirewny.org/respire-recreation/

Age: all ages

Diverse cultural sports and general leisure time activities. On-site respite with some community outings.

Dates: Afterschool, Hourly, Free Standing and Saturday Recreational respite

Time: 9:30 am - 4:30 pm (Saturdays only)

Cost: free

Must be waiver enrolled.

Wheelchair Accessibility: Yes

Community Services for the Developmentally Disabled

Erie County

2180 Genesee Street, Buffalo, NY 14211

Phone: (716) 896-2180 ext. 319

www.csdd.net/supporting-families-seniors/

An after school, break, and Saturday respite program.

Wheelchair Accessibility: Yes

Community Services for the Developmentally Disabled

Erie County

180 Oak Street, Buffalo, NY 14203

Phone: (716) 883-8002

Age: all ages

Parents and guardians are you looking for a safe and positive place for your child, adolescent or young adult? Our Respite Programs offer planned short-term and time-limited opportunities for families and care providers to have some personal time.

Dates: Saturday, Weekend and Stay Late

Cost: free

Must be waiver enrolled.

Wheelchair Accessibility: Yes

Cradle Beach Respite (Weekend Program)

Erie County

Dale Decker, Jr.

ddecker@cradlebeach.org

8038 Old Lakeshore Road, Angola, NY 14006

Phone: (716) 549-6307 ext. 206

www.cradlebeach.org

Age: 8+

Weekend respite and recreation; four sessions in the spring and four sessions in the fall.

Dates: Various

Time: 7pm Friday-3pm Sunday

Cost: Home & Community Medicaid Waiver Program

Developmentally disabled individuals living with family in WNY.

Wheelchair Accessibility: Yes

People Inc.

Erie County

1219 North Forest Road, Williamsville, NY 14231

Phone: (716) 817-7400

www.people-inc.org/disabilities_services_home/respite_services

Age: all ages

Program offers individual opportunity for socialization, arts and crafts, cooking, sensory activities, assistance with homework and community outings.

Date & Time: Varies

Cost: free

Must be waiver enrolled.

Wheelchair Accessibility: Yes

People Inc. Afternoon Respite Programs

Erie and Niagara County

Lockport, Amherst, Kenmore, Buffalo, Hamburg and East Aurora Locations

Phone: 716/683-7100 ext 238 or 240

Age: Varies by location, school age and up

Afternoon Respite Programs

Dates: Monday-Friday

Time: 2 - 6 pm

Cost: No out of pocket costs if eligible for OPWDD services

Wheelchair Accessibility: Yes

Opportunities Unlimited Supplemental Group Day Hab & Respite Recreation Programs

Niagara County

Lori Flaughner

lflaughner@oppunlimited.org

2510 Niagara Falls Blvd., Niagara Falls, NY 14304

Phone: (716) 504-2617 ext. 230

Age: 10-18, 19+

Dates, Times and Cost: varies

Niagara County residents only, must be Medicaid eligible & living with family.

Wheelchair Accessibility: Yes, limited

RETREAT CENTERS

Dunkirk Conference Center

Chautauqua County

exec.director@dunkirkcc.com

3602 East Lake Road, Dunkirk, NY 14048

Phone: (716) 366-1900

www.dunkirkcc.com

Retreat Center with wheelchair accessible grounds, buildings, and swimming pool. Life guards on duty. Groups can rent.

Dates: Call to rent

Time: Call to rent

Cost: Varies

Wheelchair Accessibility: Yes

ROCK CLIMBING

Niagara Climbing Center

Niagara County

Rhonda McGuire

m McGuire@niagaraclimbingcenter.com

1333 Strad Avenue, North Tonawanda, NY 14120

Phone: (716) 695-1248

www.niagaraclimbingcenter.com

www.facebook.com/NiagaraClimbingCenter

Age: All ages

Stretch your mind and body in a controlled and fun indoor rock climbing environment. Niagara Climbing Center can bring the 24 foot high portable climbing wall to you. Professionally trained staff is provided by the Center.

Dates: By appointment

Time: Various

Cost: \$10 per person (10+ climbers or more) or \$200/hour & Ctr. can bring the stone to you.

Wheelchair Accessibility: Yes

RUNNING

RACIN! Rollin' Athletic Club Inclusion Network

Erie County

Frank Cammarata

frank.a.cammarata@erie.gov

95 Franklin Street - Rm 625, Buffalo, NY 14202

Phone: (716) 858-6233

Fax: (716) 858-6411

www.buffaloracin.org

Age: All ages

The mission of RACIN! Is to improve the physical, social and emotional lives of people with developmental disabilities through regular physical activity and involvement in the local racing scene. Together, we run, walk and roll!

Dates: Inquire for events

Time: Various

Cost: No Cost

For athletes with impairments that extra support to run.

Wheelchair Accessibility: Yes

SCUBA DIVING

Phoenix SCUBA & Water Sports

Erie County

Carole Anderson or Tony Anderson

dive@phoenixscuba.com

619 Ridge Road, Lackawanna, NY 14218

Phone: (716) 822-2816

Fax: (716) 822-2817

www.phoenixscuba.com

Adaptive SCUBA Diving for the physically disabled with cognitive challenges.

Dates, Time & Cost: Varies

Wheelchair Accessibility: Yes

SENSORY PLAY

Sensational Fun

Erie County

info@sensationalfun.org

2881 Southwestern Blvd., Orchard Park, NY 14127

Phone: (716) 674-7001

www.sensationalfun.org

Age: no age limits

We aim to provide a family oriented play place where children with special needs can learn and interact with others, while still being themselves in a safe, engaging, and understanding environment. It is the goal of Sensational Fun to provide an array of sports, clubs, camps, and special programs which are adapted to the unique abilities of our special needs community.

Dates & Times: Tuesday & Wednesday 10 am - 7 pm, Thursday 10 am - 5:30 pm, 5:30 pm - 7 pm teens only; Friday and Saturday 10 am - 6 pm and Sunday 11 am - 2 pm

Cost: \$9 for all day play

Equipment has weight limits of 175-320 lbs.

Wheelchair Accessibility: Yes

Fun Friends - Open Gym

Niagara County

Brendan McDermott

recreation@villageoflewiston.net

145 N. 4th Street, Lewiston, NY 14092

Phone: (716) 754-1990

Age: Families with children with disabilities aged 5-12

Students from the Exceptional Education program at Buffalo State, State University of New York and the Physical Therapy program at University at Buffalo along with recreation staff will be leading the activities.

Dates: September - May

Time: Varies

Cost: Free

Bill Lounsbury Adapted Ski Program

Cattaraugus County

Mary Ellen Racich

lapski@hotmail.com

PO Box 370, 6557 Holiday Valley Resort, Ellicottville, NY 14731

Phone: (716) 699-2345 ext. 4413

www.lounsburyadaptive.org

Age: 5+

Adapted ski programs for physically and mentally challenged individuals.

We can accommodate a wide variety of disabilities, including people with wheelchairs.

Dates: December 26th through mid-March (Penguin Paddle is held in February)

Time: Various

Cost: \$50 for one lesson \$120 for a book of four lessons

Call for details; cost includes lift ticket, two hours of private instruction and equipment use

Wheelchair Accessibility: Yes

The Phoenix Adaptive Program

Cattaraugus County

Holimont, Ellicottville, NY 14731

Phone: (716) 699-8159

www.Holimont.com/adaptive/

Staffed by dedicated volunteers and trained instructors, this program provides a safe, compassionate skiing environment. Each student is matched up with an instructor and a volunteer.

Dates: Lessons offered during the season, open to members and non-members, a special 4-day Christmas Camp

Time: Various, Single lessons offered Saturdays and Sundays

Cost: Various (Lift and equipment rentals)

Adaptive ski/snowboard program focusing on the instruction and guidance for adults and children with special needs.

Wheelchair Accessibility: Yes

Hills Angels Adaptive Snow Sports Program

Erie County

Kathy

office@buffaloskiclub.com

Lower East Hill Road, Colden, NY 14033

www.Buffaloskiclub.com/programs/HillsAngel

Staff work with participants and their companions to tailor sessions to the skier or snow boarders needs. Our goal is to train participants and companions with the skills to ski independently.

Dates: Saturdays and Sundays

Time: 10:30 am and 1:30 pm prearranged coaching sessions

Cost: 7 week session \$100 non members / \$25 per single session or \$50 members / \$20 single session

Join the Hills Angels adaptive coaches for two hour sessions designed for children and adults with physical disabilities and developmental delays.

SKY DIVING

Air Adventures

Niagara County

Joe Eberhardt

Beebe Road, Wilson, NY 14172

Phone: (716) 759-3483

www.frontierskydivers.com

Age: 18+

Skydiving with an expert, experienced tandem master. Tandem parachute method of skydiving is actually a parachute/free fall sky-dive. The student is tightly attached to the front of an expert. A worthwhile trip to just go and watch.

Dates: By appointment

Time: Various

Cost: Varies

Wheelchair Accessibility: Yes

SOCCER

TOPSoccer

Cattaraugus County

Dave Talbot

dt22stpfc@yahoo.com

Olean Middle School, 401 Wayne Street, Olean, NY 14760

www.nyswysa.org

Age: 5-21

Soccer program for kids who have not had a place in the traditional youth soccer system.

Dates: Saturday Evenings

Time: 4 to 6 pm

Physical or Mental Disability

Wheelchair Accessibility: Yes

TOPSoccer

Erie County

topsoccer@amherstsoccer.com

The Village Glen, 162 Mill Street, Williamsville, NY 14221

Phone: (716) 580-3468

www.amherstsoccer.com

Age: Various

The Outreach Program (TOP) for Soccer is a community based soccer program for young athletes with disabilities.

Dates: November - March

Time: Saturdays

Cost: Various

SOFTBALL

EMW Elma/Marilla/Wales "Dream League"

Erie County

nicolekapturowski@emwbaseball.org

Elma/Marilla/Wales, NY

www.emwbaseballorg (Click on Dream League)

Age: 5-16

In the Dream League, every player bats every inning, batters swing until they get a hit (with or without assistance), players are safe on the bases, there are no outs and every player scores a run each inning. Safety balls are used and the ball is pitched by an adult coach or hit off a tee. Players are assisted by "buddies" who provide encouragement and assistance as needed. Every team and each player win every game.

Dates: Saturdays, starts in May

Cost: \$75

SPECIAL OLYMPICS

Canisius Special Olympics

Erie County

Dr. Lauren Cavanaugh

cavanau7@canisius.edu

2001 Main Street, Buffalo, NY 14208

Phone: (716) 888-8264

Special Olympics NY - Canisius Griffins

Age: Any age

Basketball, Softball, Floor Hockey

Dates: Year Round

Time: Mondays or Wednesdays 6:00 - 7:30 pm

Cost: Free!

Qualify under special olympics

Wheelchair Accessibility: Yes

Special Olympics New York Western Region

Erie County

Dan Kuberka

dkuberka@nyso.org

2810 Wehrle Drive, Suite 12, Williamsville, NY 14221

Phone: (716) 580-3346 ext.204

Fax: 580-3941

www.specialolympics-ny.org/western/

Age: 6+

To provide year-round sports training and athletic competition in a variety of Olympic-style sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Date, Time & Cost: Varies

Wheelchair Accessibility: Yes

SWIMMING

Clarence Learn to Swim Adaptive Program

Erie County

CLTSDirector@gmail.com

Either at Clarence Middle or Clarence High Schools, Clarence, NY

www.clarencelearntoswim.com

Age: 4-16

Level 1 - Water Safety and Recreation; Level 2 Stroke Mechanics

Program starts in April

THEATERS

Alleyway Theatre

Erie County

Phone: (716) 852-2600

BSC Performing Arts Center - Rockwell Hall

Erie County

1300 Elmwood Avenue, Buffalo, NY 14222

Phone: (716) 878-3005

www.buffalostatepac.org

Irish Classical Theatre

Erie County

Phone: (716) 853-4282

Shakespeare in the Park

Erie County

Phone: (716) 876-7430

Shea's Performing Arts Center

Erie County

646 Main Street, Buffalo, NY 14202

Phone: (716) 847-1410

www.sheas.org

Summerfare Musical Theatre

Erie County

Phone: (716) 839-8540

Theatre of Youth

Erie County

Phone: (716) 884-4400

Unique Theatre Company

Erie County

Vienna Haak, Executive Producer; Beth Geyer, Artistic Director

99 Hartwell, Buffalo, NY 14216

Phone: (716) 243-8889

Age: All ages depending on needs of the theatre production

Unique Theatre Company is a theatre company dedicated to providing a venue where persons with disabilities can learn and express themselves through playwriting, acting and all things related to theatre experience.

Dates: One time per year play produced at local theatre, two times per year writing group, individualized playwriting assistance, one time per year auditions.

Darien Lake Performing Arts

Genesee County

9993 Alleghany Road, Darien Center, NY 14040

Phone: (585) 599-4641

TOURS & CLASSES

Tops Cooking School

Erie County

Noreen Mallia

355 Orchard Park Road, West Seneca, NY 14224

Phone: (716) 517-3006

www.topsmarkets.com

Age: 3+

Cooking demonstrations and hands-on lessons. Health Lifestyle Classes may be covered by insurance if you have Independent Health or Blue Cross/Blue Shield of WNY. Visit website for list of classes. Topsmarkets.com click on the word Departments, then Cooking School, then Calendar.

Dates: Call to register **Time:** check online for current schedule

Cost: Varies

The Cooking Schools are proud to cater to your cooking needs in every way possible from "Hands On" classes to elegant menus with area Chefs and Instructors, in our state of the art Viking kitchens!

Wheelchair Accessibility: Yes

Tops Cooking School

Erie County

Grace Hanusin es

3980 Maple Road/N.Bailey, Amherst, NY 14226

Phone: (716) 515-2000

www.topsmarkets.com

Age: 3+

Hands-on kids classes. Health lifestyle classes are covered in part by BC/BS of WNY and Independent Health. Offer private classes for special needs groups. Provide cooking classes and demonstrations to any age, taught by qualified Registered Dietitians. Offer hands on and demo classes for adults. Visit website for complete class listings.

Dates: By appointment

Time: Various

Cost: Varies

The Cooking Schools are proud to cater to your cooking needs in every way possible from "Hands On" classes to elegant menus with area Chefs and Instructors, in our state of the art Viking kitchens!

Wheelchair Accessibility: Yes

Arcade & Attica Railroad

Wyoming County

278 Main Street, Arcade, NY 14009

Phone: (585) 492-3100

www.aarailroad.com

Train has new wheelchair accessible ramp/car in which it has up to 12 wheelchair spaces available. Check out our website for various events.

Dates: Various

Time: Various

Cost: \$17 adult, \$15 child, \$15 Senior

Wheelchair Accessibility: Yes

VACATIONS

People and Places

Erie County

vacations@people-and-places.org

76 Riley Street, East Aurora, NY 14052

Phone: (716) 937-1813

www.people-and-places.org

We are a not-for-profit, 501(c) 3 organization providing small group, year-round vacation opportunities for persons with developmental and intellectual disabilities. Vacation experiences have been provided since 1975. Since that time, vacationers from around the country have traveled extensively throughout the United States, Europe, the Caribbean, and Mexico

Exceptional Vacations

info@exceptional-vacations.com

9070 Kimberly Blvd., Suite 50, Boca Ration, FL 33434

Phone: (866) 748-8747

Fax: (6+2) 852-0960

www.exceptional-vacations.com

Age: all ages

Exceptional Vacations provides a wonderful opportunity for personal growth, normalization and socialization in a safe and fun atmosphere. We have professional staff committed to providing our travelers with the experience of a lifetime. The small group size on our vacations allows us to give the necessary attention to the special needs of all our travelers. Our travel packages are all inclusive. Vacationers only need to bring the desire for a new and rewarding experience.

Date, Time & Cost: Varies

Exceptional Vacations Provides High Quality Vacations for Individuals with Developmental Disabilities and Other Special Needs.

Wheelchair Accessibility: Yes

New Directions Travel

hello@newdirectionstravel.org

5276 Hollister Ave., Suite 207, Santa Barbara, CA 93111

Phone: (805) 967-2841

www.newdirectionstravel.org

New Directions for people with disabilities, inc. (New Directions Travel) is a 501(c)(3) non-profit organization providing leisure and educational travel opportunities for adults who have mild to moderate intellectual and or developmental disabilities, such as cerebral palsy, Down Syndrome and autism. Since 1985, we have taken over 18,000 people with special needs on tours all over the world.

Date, Time & Cost: Varies

Search Beyond Adventures

4603 Bloomington Avenue, Minneapolis, MN 55405

Phone: (800) 800-9979

www.searchbeyond.com

We have six program divisions. Our main Search Beyond Adventures tours is the largest and offers tours all over the world. For customers in the Minnesota and western Wisconsin areas we also operate three to four day weekend Potato Tours. Likewise, in New England we offer three day weekend Sweet Pickle Tours throughout the New England region. For travelers needing a high level of assistance (1:1 ratio) we operate five day Pumpernickel Places. Check out My Vacation for individualized supervised retreats in the Orlando, FL area. Browse the links on the right to learn more about any of these types of tours.

Date, Time & Cost: Varies

Founded in 1979 Search Beyond Adventures provides all-inclusive escorted vacations for travelers with disabilities and special needs, ages 17 and up. Most of our travelers have developmental disabilities, although some participants may also have a physical disability. Many of our tours can accommodate wheelchair users.

Wheelchair Accessibility: Yes

The Guided Tour, Inc.

gtour400@aol.com

7900 Old York Road - Ste 111-B, Elkins Park, PA 19027

Phone: (800) 783-5841

www.guidedtours.com

Age: 17+

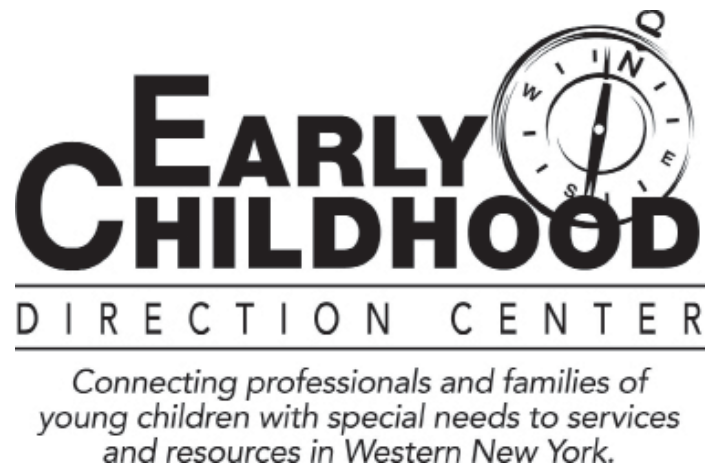
Date, Time & Cost: Varies

ADDITIONAL RESOURCES



Access Buffalo provides accessibility-friendly information about entertainment attractions, hotels, and restaurants in the Western New York area so that customers with developmental disabilities and/or those who use wheelchairs can make informed choices about where to stay, dine, and enjoy entertainment.

**Contact Steve Truesdale or David Whalen
(716) 836-0822 ext 317
Visit their website for more information**



The ECDC provides free information, referral, technical assistance and support to families, professionals, and community agencies concerned with children birth to five with suspected or diagnosed delays or disabilities. They provide ongoing community training programs for both the parents and professionals.

**Visit their website for more information
ecdc@kaleidahealth.org**

AT A GLANCE PHONE NUMBERS

Adapted Recreation Program & Summer Day Camps	(716) 897-7205
Adult Fit and Fun	(716) 326-9600
Adult Fit and Fun Skating	(716) 326-9600
Air Adventures	(716) 759-3483
Albright-Knox Art Gallery	(716) 270-8282
Allegany State Park	(716) 354-9121
Allentown Industries Adult Recreation	(716) 856-4202 ext. 1271
Alleyway Theatre	(716) 852-2600
Allie Brandt Lanes	(716) 433-5976
AMF Lancaster Lanes	(716) 668-1000
Amherst Youth & Recreation Department	(716) 631-7132
Annual Fishing Derby	(716) 731-3942
Aquarium of Niagara Falls	(716) 285-3575
Arcade & Attica Railroad	(585) 492-3100
Arts Access	(716) 362.8389 ext. 513
Arts Council for Chautauqua	(716) 664-2465
Aspire Respite Programs	(716) 838-0047
Audubon Community Nature Center	(716) 569-2345
Aurora Dept. of Parks & Recreation	(716) 652-8866
Au-some Aquarium	(716) 285-3575 Ext 20
Au-Some Evenings at Explore & More Museum	(716) 655-5131 Ext 14
Au-Some Swimmers	(716) 886-3172 Ext 411
Beaver Meadows	(585) 457-3228
Bennington Lanes	(585) 591-2314
Bergen Swamp Preservation Society	(585) 548-7304
Bill Lounsbury Adapted Ski Program	(716) 699-2345 ext. 4413
Botanical Gardens	(716) 827-1584
Boys & Girls Clubs of Buffalo	(716) 825-1016
BSC Performing Arts Center - Rockwell Hall	(716) 878-3005
Buffalo & Erie County Naval & Military Park	(716) 847-1773
Buffalo Audubon Society & Beaver Meadow Audubon Center	(585) 457-3228
Buffalo Bandits	(716) 855-4444
Buffalo Bills Hotline	(716) 312-8933
Buffalo Bills Ticket Office	(716) 312-8900
Buffalo Bisons Baseball	(716) 846-2000
Buffalo Convention Center	(716) 855-5555
Buffalo Envy All Stars Adaptive Cheerleading	(716) 822-2572
Buffalo Fire Historical Society	(716) 892-8400
Buffalo History Museum	(716) 873-9644

AT A GLANCE PHONE NUMBERS

Buffalo Museum of Science	(716) 896-5200
Buffalo Naval Park	(716) 847-1773
Buffalo Niagara Heritage Village	(716) 689-1440
Buffalo Niagara Music Therapy Services	(716) 243-2776
Buffalo River Canoe & Kayak Outfitters	(716) 771-2995
Buffalo Sabres	(716) 855-4100
Buffalo Sabres Sled Hockey	(716) 481-9861
Buffalo Sabres Thunder Ice Hockey	(716) 691-4530
Buffalo Sensory Friendly Films	(716) 833-9545
Buffalo Therapeutic Riding Center, Inc. (BTRC)	(716) 877-9295
Buffalo Zoo	(716) 837-3900
Burchfield Penney Art Center	(716) 878-6011
Camp Crabapple	(716) 897-7205
Camp Eager	(585) 442-4430 Ext. 2741
Camp Ji-ik-Do-Wah-Gah	(716) 897-7205
Camp Special Place	(716) 831-1001
Camp Turner	(716) 354-4555
Canisius Special Olympics	(716) 888-8264
Cattaraugus County Youth Recreation	(716) 938-9111
Cattaraugus Tourist Bureau	(800) 331-0543
Centaur Stride Therapeutic Horseback Riding & Experiential Learning Center	(716) 326-4318
Challenged Athletes Participating in Sports (CAPS)	(716) 691-6467
Chautauqua Belle	(716) 269-2355
Chautauqua Institute	(800) 836-ARTS
Cheektowaga Youth & Recreation and Adapted Recreation (Recreation Center Arena)	(716) 897-7218
Dartwood Community Center	(716) 656-2289
Adapted Recreation Office	(716) 897-7205
Softball Office	(716) 656-2294
Classic Lanes	(716) 873-3383
Community Music Project	(716) 664-2227
Community Services for the Developmentally Disabled	(716) 896-2180 ext. 319
Community Services for the Developmentally Disabled	(716) 883-8002
Cradle Beach Camp	(716) 549-6307 ext. 205
Cradle Beach Respite (Weekend Program)	(716) 549-6307 ext. 206
Cultural Enrichment Programs	(716) 833-8603 ext. 2299
Danceability, Inc.	(716) 651-0094
Darien Lake Performing Arts	(585) 599-4641

AT A GLANCE PHONE NUMBERS

Darwin R. Barker Historical Museum	(716) 672-2114
Drum 4 Health	(716) 491-0031
Dunkirk Conference Center	(716) 366-1900
Dunkirk Historical Museum	(716) 366-3797
Dunkirk Youth Bureau and Recreation Commission	(716) 366-9886
Elaine Urban	(716) 877-9531
Elite Heat All Stars	(716) 636-0209
Equi-Star Inc.	(716) 602-6185
Erie County Recreation Department	(716) 858-8355
Excalibur Leisure Skills Center, Inc.	(716) 831-3188
Exceptional Artworks	(315) 435-2155
Exceptional Vacations	(866) 748-8747
Fantastic Friends of Western New York	(716) 863-7393
Fantasy Island	(716) 773-7591 Ext 3103
Find Your Niche (Youth with Asperger Syndrome/Autism)	(716) 646-5145
Fredonia School of Music	(716) 673-3463
Fun Friends - Open Gym	(716) 754-1990
Fun Night Out Recreation	(716) 339-9602
Game Night @ Lancaster Youth Bureau	(716) 683-4444
Genesee Country Village & Museum	(585) 538-6822
Genesee County Youth Bureau	(585) 344-3960
Gliding Stars of WNY	(716) 608-8345
Good Times of Olean	(716) 379-8210
Grand Island Parks & Recreation	(716) 773-9680
Hamburg Recreation Department	(716) 646-5154
Headway of WNY, Inc./Recreational Outings	(716) 408-3100
Heritage Centers Recess Program	(716) 833-8603 ext. 2279
Herschell Carrousel Factory Museum	(716) 693-1885
High Hurdles Therapeutic Riding	(716) 496-5551
iCan Bike	(716) 817-7204
I-Learn	(716) 874-7200 ext. 136
Institute for Environmental Learning	(716) 765-2084
Irish Classical Theatre	(716) 853-4282
Iroquois National Wildlife Refuge	(585) 948-5445
Jamestown Bowling Co.	(716) 483-1818
Jamestown Concert Association	(716) 487-1522
Jamestown Prendergast Library	(716) 484-7135
Jamestown Sensory Friendly Films	(716) 484-7070
Jell-O Gallery Museum	(585) 768-7433

AT A GLANCE PHONE NUMBERS

Kenan Center Lockport	(716) 433-2617
Kenmore Lanes	(716) 875-5340
Key Bank Center	(716) 855-4100
Kleinhans Music Hall	(716) 885-5000
Lackawanna Recreation & Parks Department	(716) 827-6455
Lake Erie State Park	(716) 792-9214
Lancaster Opera House	(716) 683-1776
Letchworth Pines	(585) 468-2166
Letchworth State Park	(585) 493-3600
Lewiston Art Park	(716) 754-4375
Locust Street Neighborhood Art Classes	(716) 852-4562
Losson Trails	(716) 897-7207
Lothlorien Therapeutic Riding Center	(716) 655-1335
Maid of the Mist	(716) 284-8897
Mansfield Coach & Cutter	(716) 938-6315
Marineland	(905) 356-9565
McClurg Mansion	(716) 326-2977
Medina Railroad Museum	(866) 468-7630
Moving Miracles Dance Program (Division of Sasi)	(716) 656-1321
Museum of disABILITY History	(716) 629-3626
Music/Drama/Entertainment	(716) 832-8651 or (716) 628-6691
New Directions Travel	(805) 967-2841
Niagara Climbing Center	(716) 695-1248
Niagara Frontier Challenger Little League	(716) 839-1224
North Tonawanda Dept, of Youth, Recreation and Parks	(716) 695-8582
NY Park Access Pass	(518) 474-2324
Oak Orchard Lighthouse Museum	(585) 230-7829
Olean Recreation Department	(716) 376-5698
Opportunities Unlimited Supplemental Group Day Hab & Respite Recreation Programs	(716) 504-2617 ext. 230
Orchard Park Recreation Department	(716) 662-6450
Our Place	(716) 982-6292
Parks Interpretive Programs*	(716) 282-5154
Penn Dixie Paleontological and Outdoor Education Center	(716) 627-4560
People and Places	(716) 937-1813
People Inc.	(716) 817-7400
People Inc. Afternoon Respite Programs	716/683-7100 ext 238 or 240
Pfeiffer Nature Center - Lillibridge Property	(716) 933-0187
Pfeiffer Nature Center Eshelman Property	(716) 933-0187
Phoenix SCUBA & Water Sports	(716) 822-2816

AT A GLANCE PHONE NUMBERS

Pioneer Camp & Retreat Center	(716) 549-1420
RACIN! Rollin' Athletic Club Inclusion Network	(716) 858-6233
Reserve America	(518) 474-0456
Roger Tory Peterson Institute of Natural History	(716) 665-2473
Rolly Pollie SN@P Fit Gym, Special Needs Play (Northtowns)	(716) 689-6151
Rolly Pollie SN@P Fit Gym, Special Needs Play (Southtowns)	(716) 662-7424
SABAH Night and Weekend Programming	(716) 326-9600
SABAH School Day Adaptive Physical Education Recreational Spring and Winter Programs	(716) 326-9600
SABAH Soccer Camp	(716) 326-9600 ext.18
SABAH Summer Skate	(716) 326-9600
SASi Adaptive Fitness Program	(716) 656-1321
Saturday, After School and Vacation Camp Services	(716) 631-5777
Search Beyond Adventures	(800) 800-9979
Sensational Fun	(716) 674-7001
Sensory Friendly Films at FLIX	(716) 668-1888
Sensory Sundays @ Sky Zone	(716) 206-3300
Shakespeare in the Park	(716) 876-7430
Shea's Performing Arts Center	(716) 847-1410
Southeast Works Traditional Recreation Program	(716) 683-7100 ext. 249
Southtowns Walleye Association of WNY, Inc.	(716) 648-7590
Special Olympics New York Western Region	(716) 580-3346 ext.204
Springville Lanes	(716) 592-2260
Starlight Studio and Art Gallery Day Habilitation Program	(716) 842-1525
Suburban Adult Services Recreation	(716) 805-1555
Summer Turf Program (SABAH)	(716) 362-9600
Summerfare Musical Theatre	(716) 839-8540
Sweet Charlotte's	(716) 320-5848
The First Tee of WNY	(716) 250-3355
The Guided Tour, Inc.	(800) 783-5841
The Miracle League of Grand Island & WNY	(716) 773-2943
The Phoenix Adaptive Program	(716) 699-8159
Theatre of Youth	(716) 884-4400
Therapeutic Recreation Contact	(716) 783-3100
Therapy Dogs International	(716) 465-2467
Tifft Nature Preserve	(716)386-2419
Tonawanda Youth, Parks & Recreation Dept.	(716) 831-1001
Tops Cooking School	(716) 517-3006
Tops Cooking School	(716) 515-2000
TOPSoccer	(716) 580-3468

AT A GLANCE PHONE NUMBERS

Touching Bases of Erie County, Inc.	(716) 681-4330
Town of Alden Recreation	(716) 937-7393
Town of Amherst Youth & Recreation Department (Summer Day Camp)	(716) 631-7132
Town of Cambria Recreation Department	(716) 433-7664
Town of Clarence Recreation Department	(716) 407-2162
Town of Lewiston Recreation Department	(716) 754-8213 ext 237, 254
Town of Niagara Recreation	(716) 297-5243 Ext 1
Town of Pendleton	(716) 625-8833 ext 110
Town of Porter Recreation	(716) 745-3730
Town of Wheatfield Recreation Department	(716) 731-3942
Transit Lanes	(716) 632-3838
Unique Theatre Company	(716) 243-8889
Voelker's Bowling Center	(716) 876-6020
We Rock the Spectrum Northtowns	(716) 428-3434
We Rock the Spectrum Southtowns	(716) 562-7274
West Seneca Recreation Department	(716) 674-6086
Wimbledon Lanes	(716) 674-3333
WNY Adaptive Water Sports	(716) 364-8219
WNY Adaptive Water Sports	(716) 553-7670
WNY Challenger Sports League	(716) 696-2463
WNY Hand-cycling & Adaptive Bicycling (Proposed Program)	(716) 961-8438
WNY Parks with Wheelchair Accessible Cabins	1-800-456-2267
Wyoming County Youth Bureau	(585) 786-8850
YC Challenger Sports	(585) 343-4203
YMCA of Jamestown	(716) 664-2802
Youth Basketball Diversified	(716) 430-0870
YWCA of Jamestown	(716) 488-2237
YWCA of Westfield	(716) 326-2011

USEFUL WEBSITES

www.parentnetworkwny.org

The Parent Network of Western New York

www.wchob.org/ecdc

Early Childhood Direction Center

www.erie.gov/ecod

Erie County Office for the Disabled

www.buffaloplace.com

The Buffalo Place

www.beenews.com

The Bee News

www.iloveny.com

I Love New York

www.ddawny.org

The Developmental Disabilities Alliance of Western New York

www.nfrps.homestead.org

The Niagara Frontier Recreation & Parks Society

Central Referral Services website for locating services for
people with developmental disabilities:

www.ddinfoink.org

SUPPORT PARENT NETWORK OF WNY



EMBRACE THE DIFFERENCE™

Parent Network of WNY is now a part of Reeds Jenss Embrace the Difference program.

The program was created by Robyn Zimmer, a mother of a child with developmental differences. She was motivated by the many challenges faced each day by people with chronic illness, physical, emotional and developmental disabilities.

She in turn designed the Embrace The Difference symbol to show support, acceptance and kindness no matter what differences we may have, which is now developed into a successful jewelry line. \$10 of every piece of jewelry sold, is then donated back to the charity of the purchaser's choice.

www.embracethedifference.org

Support Parent Network Of New York State 1 Inc.

When you shop at smile.amazon.com,
Amazon donates.

[Go to smile.amazon.com](http://smile.amazon.com)

The Amazon Smile logo features the word "amazon" in its signature lowercase font with a curved arrow underneath, followed by the word "smile" in a clean, lowercase sans-serif font. The entire logo is centered within a solid orange rectangular background.

Amazon Smile is a way for anyone who shops at Amazon.com to give back to the charity of their choice at no cost to them! For every purchase that you make, amazon donates .5% back to Parent Network of WNY.

It's easy to do:

Visit: smile.amazon.com

(It is the exact same website as amazon.com and still has all of your account information, the smile in front of it just notifies amazon that the percentage goes to a charity)

Select Parent Network of New York State 1 Inc. from the list

Shop away!

Recreation & Leisure Service Directory Change Form

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the WNY community but have not been personally verified as to their quality. It is best to call the program with any specific questions. Parent Network of WNY maintains the Recreation & Leisure Service Directory which is distributed to families, individuals and service providers.

The form below is used to update information about any changes to this Directory Please complete the information requested below for all changes. Please circle one option for the information provided on this form:

	Add	Update	Remove
CATEGORY			
PROGRAM			
ADDRESS			
CITY/STATE			
ZIP CODE			
COUNTY			
WEBSITE			
CONTACT PERSON			
PHONE			
FAX NUMBER			
EMAIL			
AGE			
COST			
DATE			
TIME			
CRITERIA			
ACTIVITIES			
WHEELCHAIR ACCESSIBILITY			
SPONOR			
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For the electronic version of this form please go to: www.parentnetworkwny.org/Programs/MSC



“You can learn more about a man in an hour of play than in a lifetime of conversation.”

-Plato



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