

## Having the Talk:

*Sexual Behavior,  
Reproduction, &  
Youth with Disabilities*

Parent Network of WNY

FREE workshop

Tuesday, May 11

6pm-8pm

**Register  
Today!**

[www.parentnetworkwny.org  
/events](http://www.parentnetworkwny.org/events)



## Sexual and Reproductive Health Rights

**Sexual and reproductive health rights (SRHR)** are defined as the physical, mental, emotional, and social well-being of people as related to sexuality. SRHR are a component of the basic human right to attain the best physical and mental health possible that is free from abuse, coercion, discrimination, and violence. SRHR need to be protected and respected.

Education is the best tool that parents can use to help protect their child's to **sexual and reproductive health rights**. Quality programs that teach children and youth about sexual health should include information about sexual and gender-based violence and discrimination, gender identity, sexual orientation, reproductive and contraception rights, STDs, pregnancy, and health care access. These topics are critically important for parents and children to discuss to help move the world closer to achieving **sexual and reproductive health rights** and equity for all people.

## “Sex Ed For All” Month

The month of May is “**Sex Ed for All**” month, providing a perfect opportunity for parents and caregivers to start a conversation about sexual health with their children. “Sex Ed for All” month started in 2019 to raise awareness on the need for sexual health education, sexual rights, and sexual healthcare. Read the 2019 press release here: <https://www.healthyteennetwork.org/news/press-release-launch-sex-ed-for-all-month/> to learn more about “**Sex Ed for All**” month.

Parents and youth can help raise awareness about the need for “**Sex Ed for All**” through social media campaigns and various events being offered during the month of May. Join the call to action from Advocates for Youth and over 100 SRHR organizations to receive a list of events and social media campaigns available in the month of May at <https://actionnetwork.org/forms/sex-ed-for-all-month>.

This is the last issue of the Sexual Health series of the Behavior Bulletin. Over the last several weeks the Behavior Bulletin provided information and resources on a variety of topics—sexual development, how and what to discuss with your children, why sexual health conversations are important, healthy relationships, consent, and digital media. “Sex Ed for All” month is the perfect time to start talking with your children about sexual health.

## Upcoming Events

Date/Time	Topic	Link
Thursday, April 29 7:00pm-7:45pm	Mindfulness Stress Reduction	<a href="https://parentnetworkwny.org/event/mindfulness-stress-reduction-series-4/">https://parentnetworkwny.org/event/mindfulness-stress-reduction-series-4/</a>
Saturday, May 1 9:00am-1:00pm	Overview of IEPs, 504 Plans, and Special Education	<a href="https://parentnetworkwny.org/event/family-empowerment-series-special-education/">https://parentnetworkwny.org/event/family-empowerment-series-special-education/</a>
Tuesday, May 11 6:00pm-8:00pm	Having the Talk: Sexual Behavior, Reproduction, and Youth with Disabilities	<a href="https://parentnetworkwny.org/event/having-the-talk-sexual-behavior-reproduction-and-youth-with-disabilities-2/">https://parentnetworkwny.org/event/having-the-talk-sexual-behavior-reproduction-and-youth-with-disabilities-2/</a>



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