

Want to feel less overwhelmed?  
Want to feel a sense of belonging?  
THIS IS THE PLACE FOR YOU.

# CHQ Family/Caregiver Support Group of Children with Special Needs



**No Judgements!**

**No Fee!**

**Every 1st & 3rd Thursday of the Month**

**6:30-7:30PM**

**Join Zoom Meeting:**

**Meeting ID: 826 7966 0440**

**Password: 028188**

**One tap mobile**

**+19292056099,, 82679660440#,,1#,028188# US (New York)**



If you have any questions contact us at (716) 332-4170 or [info@parentnetworkwny.org](mailto:info@parentnetworkwny.org) or join the group on Facebook for future dates, helpful hints and links:

**CHQ Support Group for Parents/Caregivers of Children with Special Needs**

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