

W – Workshop	SP – Spanish Event
G – Group	FE – Family Event
C - Conference	O – Online

Date & Time		Title and Description	Location
Online Workshops & Support Groups			
G	Thursday November 18 6:30 - 8:00 PM	Chautauqua County Family & Caregiver Support Group - Provide a welcoming environment for parents, family members and other caregivers of individuals with developmental disabilities to meet, share experiences, ask questions, and receive support.	https://us02web.zoom.us/j/82679660440?pwd=VlJsWE9OVjI0ODlwK1E0c2dCNDBMdz09 Meeting ID: 826 7966 0440 Password: 028188 Or in person @ 880 East Second Street Jamestown, NY 14701
O	Wednesday November 22 6:00 - 8:00 PM	Understanding the Functional Behavior Assessment Process - Is Your Child Having Behavior Problems at School? You will learn when, why and how to request a Functional Behavior Assessment (FBA)/Behavior Intervention Plan (BIP) to help get your child's behavior back on track.	Webinar – Sign up for free at www.parentnetworkwny.org/events
O	Monday November 29 5:00 – 6:30 pm	Student-Directed IEPs (Individualized Education Plans) – GET INVOLVED! Understanding Student-Led IEPs and CSE Meetings • Is your child's voice heard at their meetings? • Did they help create a goal for their IEP? • Learn more about working with the school district to help your child learn how to advocate for themselves.	Webinar – Sign up for free at www.parentnetworkwny.org/events
O	Tuesday November 30 6:00 –8:00 pm	Holiday Anxiety....Let it go! - Holidays are a time of stress, but holidays are also about LOVE. This workshop will give you the tools to “Let It Go” and help you and your family cope with the stressors brought on by holidays. You will feel more empowered to enjoy and experience love and joy this holiday season.	Webinar – Sign up for free at www.parentnetworkwny.org/events
W	Wednesday December 1 6:00 – 8:00 pm	Bullying & Promoting Well-Being for Students with Disabilities - In this workshop, parents, caregivers, or educators of children with disabilities learn to recognize the signs of a bullying situation and how to talk to a child. Learn about the supports and services that can be built into the Individualized Education Program (IEP) to promote social growth and well-being.	Chautauqua Children's Gym 3469 East Main Road, Suite E Dunkirk, New York 14048
G	Monday December 6 6:30 - 8:00 PM	Northtowns Family/Caregiver Support Group - Provide a welcoming environment for parents, family members and other caregivers of individuals with developmental disabilities to meet, share experiences, ask questions, and receive support.	https://zoom.us/j/99541728957?pwd=a1Q4djhNRnhKaktJblhZbC84RC8rQT09
G	Tuesday December 7 5:30 - 7:00 PM	FAMILY & CAREGIVER GROUP – Provide a welcoming environment for parents, family members and other caregivers of individuals with developmental disabilities to meet, share experiences, ask questions, and receive support.	https://zoom.us/j/96127043675?pwd=QzA5Z0tRVWczQUVITnhVXY2OVhBnUT09 Meeting ID: 961 2704 3675 Passcode: 632607
O	Tuesday December 7 11 am – 12:30 pm	Transitioning from Preschool (CPSE) to Kindergarten Special Education (CSE) - You will learn about working together with your school district during the transition from the Committee on Preschool Education (CPSE) to Committee on Preschool Special Education (CSE). We will cover topics such as the transition process, timeline and commonly used terms.	Webinar – Sign up for free at www.parentnetworkwny.org/events
O	Wednesday December 8 6:00 – 7:30 pm	Transition on the Individualized Education Plan (IEP) – What does your teen want to do after high school? Help teens decide what they want to do after high school and how to get there. Help teens prepare to be independent adults.	Webinar – Sign up for free at www.parentnetworkwny.org/events
O	Wednesday December 8 6:00 – 8:00 pm	Speak- Up! Skills for Effective Advocacy & How to Prepare for Meeting- This workshop is for parents, caregivers, and individuals with disabilities who participate in various meetings with professionals throughout a school year. The class will provide you with tips on how to be prepared and organized. You will learn how to be a powerful advocate (someone who speaks up).	Webinar – Sign up for free at www.parentnetworkwny.org/events

O	Thursday December 9 3:00 – 4:30 pm	A Family’s Guide to Student-Directed IEPs - GET INVOLVED! Understanding Student-Led IEPs and CSE Meetings. Is your child’s voice heard at their meetings? Did they help create a goal for their IEP? Learn more about working with the school district to help your child learn how to advocate for themselves.	Webinar – Sign up for free at www.parentnetworkwny.org/events
W	Thursday December 9 6:00 – 8:00 pm	Having The Talk: Sexual Behavior, Reproduction and Youth with Disabilities - Would you like to have a more comfortable conversation about sexuality and sexual identity with your family member with a disability? Do you want to learn what words to use so that you can “have the talk” or answer questions about how their bodies are changing? Learn the value of early and ongoing discussions and appropriate social behavior at home and in the community.	Parent Network of WNY 1021 Broadway Street 4 th Floor, Room 442 Buffalo, NY 14212
G	Monday December 13 7:00 - 8:00 PM	Down Syndrome Parent Group - A welcoming environment for parents and other caregivers of children with autism spectrum disorders to meet, share experiences, ask questions, and receive support.	https://zoom.us/j/91473020954?pwd=bn0wYkUwOFUyVitQKzlwYlJDbHN2QT09 Meeting ID: 914 7302 0954 Passcode: 902265
G	Thursday December 16 6:30 - 8:00 PM	Chautauqua County Family & Caregiver Support Group - Provide a welcoming environment for parents, family members and other caregivers of individuals with developmental disabilities to meet, share experiences, ask questions, and receive support.	https://us02web.zoom.us/j/82679660440?pwd=VlJsWE90VlI0ODIwK1E0c2dCNDBMdz09 Meeting ID: 826 7966 0440 Password: 028188 Or in person 880 East Second Street Jamestown, NY 14701
O	Saturday January 8 9:00 -11:00 AM	A Parent's Guide to Special Education (formerly Parent Member) – Learn about the Special Education Process and the Individualized Education Plan! Gain understanding about procedures, NYS regulations, and strategies to promote a parent’s understanding and participation in an Individualized Education Plan (IEP) meeting. This course is required to receive a Parent Member Certificate to support a parent of a child with a disability in an IEP meeting.	Webinar – Sign up for free at www.parentnetworkwny.org/events
O	Tuesday January 11 6:00 –8:00 pm	How to Protect My Child's Future Through Guardianship, Wills & Trusts - Planning for the future is especially important when you have a child with a disability. This workshop provides parents & caregivers with an overview of things to think about: guardianship, wills, and trusts. The class will help you to understand your options as you begin to think about plans for your special needs child.	Webinar – Sign up for free at www.parentnetworkwny.org/events

All workshops are **FREE to attend** (unless otherwise stated)
Childcare and transportation are not provided. **Childcare & transportation stipend available.**
Check your local TV broadcaster for cancellations