Parent Network of WNY offers **FREE** family & caregiver groups that provide a welcoming environment for parents and other caregivers of young people with developmental disabilities to meet, share experiences, ask questions, learn about available resources and receive support.

**Family & Caregiver Group - Jamestown for Parents of Children with Developmental Disabilities**
Meets once a month on Saturdays from 10 am - 12 pm at the Prevention Works Offices. This group is open to caregivers of young people with developmental disabilities.

**Family & Caregiver - Buffalo Autism Group**
This group is in collaboration with The Children’s Guild Autism Center at Oishei Children’s Hospital. Meets once a month on Wednesdays from 6:30 – 8:30 pm at the Aspire Building in Cheektowaga.

**Family & Caregiver Group for Parents with Teenagers with Autism Spectrum Disorders**
This group is in collaboration with The Children’s Guild Autism Center at Oishei Children’s Hospital. All caregivers of teenagers with Autism Spectrum Disorders are welcome to attend, but the group is geared towards parents of teenagers who may be transitioning to higher education, employment and/or independent living. A group for teens with Asperger’s is available at the same time with prior registration. Meets once a month on Thursday from 6:00-7:30 pm at Dash’s Market on Hertel Avenue in Buffalo. A light dinner will be served.

**Family & Caregiver - Niagara Autism Group**
Meets once a month on Mondays from 6:30 – 8:30 pm at the Empower Children’s Academy. Childcare is available at this location with prior registration.

**Family & Caregiver Group - DDAWNY for Parents of Children with Developmental Disabilities**
Childcare is available at this location. This group meets once a month on Tuesdays from 5:30 to 6:45 pm at Aspire in Cheektowaga.

**FOR MORE INFORMATION**

email: info@parentnetworkwny.org | call: 716.332.4170
online: www.parentnetworkwny.org/family-and-caregiver-groups