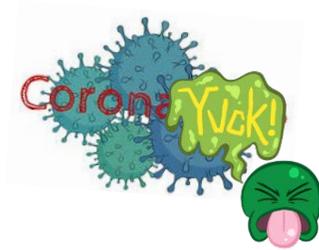


We All Wear Masks



A Social Skills Story by Ms. Debbie

Coronavirus is making a lot of people sick.



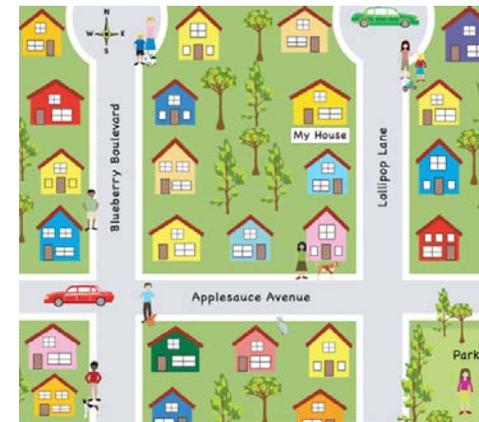
I don't want to get sick.

I don't want my friends and family to get sick.



I will wear a mask to protect myself, my friends, my family, and my community.

My friends and family have to wear masks too!



Wearing a mask might feel funny on my face.



It may take time for me to get used to wearing a mask, and that's okay.

I can get used to a mask by wearing it at home.

I can get used to a mask by playing pretend with my toys.





I can wear a homemade mask or a mask from the store.



The mask I wear will cover my mouth and my nose.



It should **COVER YOUR MOUTH, NOSE AND CHIN**, with the coloured side facing outwards.

I will only touch my mask to put it on and take it off.

I will wash or sanitize my hands if I accidentally touch my mask



I can ask a parent or teacher if I need to take a break from wearing a mask.



I will wear a mask
on the bus,
while at school,
when playing at the park,
at the grocery store,
anytime I am indoors,
and anytime I am near other people.



My classmates, bus driver, and teachers will be wearing
a mask too!



I **do not** have to wear a mask when I am at home.





Wearing a mask feels funny on my face.

It may take time for me to get used to wearing a mask, and that's okay.

My friends, family, teacher, and classmates will be wearing a mask too.



I like that I can take off my mask at home.



Wearing a mask can be hard.

It takes time for me to get used to new things, and that's okay.



It is important to wear a mask so that I can help keep myself, my family, my friends, and my community healthy.



THE END!